



MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN

Muttambalam P.O., Kanjikuzhy, Kottayam- 686004

(Affiliated to Mahatma Gandhi University)

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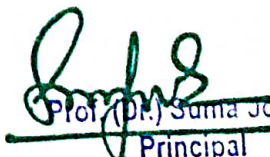
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INTERNAL QUALITY ASSURANCE CELL

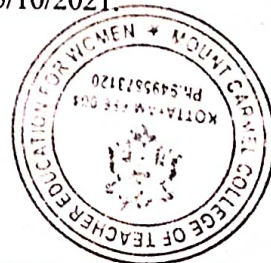
Action Taken Report 2021-2022

- An orientation programme was organised to highlight the importance of a teacher's role, led by Rt. Rev. Msgr. Jose Navaz, Chancellor, Diocese of Vijayapuram on 01/06/2021.
- Celebrated World Environmental Day with competitions including Nature Photography, Fallen Leaf Art, and Robust Cookery on 05/06/2021.
- An orientation programme for teaching and non-teaching was organized by the institution. Spiritual orientation was given by Rev. Fr. Bobby Jose, and educational orientation was given by Rev. Sr. (Dr.) Alice Mathew CSST on 07/06/2021.
- The first session of the Carmel Forum Webinar Series focused on educational topics using the Google platform. The Presidential address was given by Rev. Sr. Dr. Vinitha CSST, Manager, and the Inaugural address by Dr. Sunila Thomas, Associate Professor, Titus II Teachers College. Dr. Lissy Koshi hosted the session titled "From a Teacher's Diary" conducted on 18/06/2021.
- Initiated mentor- mentee programmes for the academic year.
- Continued the value-added courses for the new batch of students. Also, the Add on certificate courses in Computer Application and Counselling Training.
- International Yoga Day was organized by the health club. Dr. Sharon Anna Thomas delivered keynote address-Yoga and naturopathy. Poster Designing competition was conducted on 21/06/2021.
- The National Reading Week was celebrated with a webinar introducing students to the world of writers and media persons conducted on 25/06/2021.
- A quiz competition was conducted by the Mathematics Association 'Ganithika' as part of the National Statistics Day celebration on 29/06/2021.
- The BIOS club organized a quiz programme on World Zoonose Day on 05/07/2021.
- The second session of the Carmel Forum Webinar Series was on "Teacher Metamorphosis," with Dr. Joju John, Assistant Professor, Mar Theophilus Training College, as the resource person. 14/07/2021.

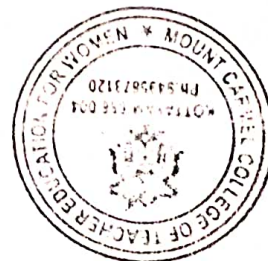



Prof. (Dr.) Suma Joseph
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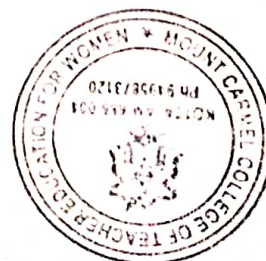
- Competitions and messages were conducted on the Festal day of Our Lady of Mount Carmel, on 16/07/2021.
- The third session of the Carmel Forum Webinar Series was on 'Self-transformation through Mindfulness,' led by Dr Giby Geevarughese, Associate Professor, Mar Theophilus Training College, on 06/08/2021.
- Research proposal presentation by M.Ed. 2020- 2022 batch via Google Meet. Prof. (Dr.) P. J. Jacob, Former Research Director, Mahatma Gandhi University, served as the expert in the session on 13/08/2021.
- Independence Day was celebrated on 14/08/2021, and a message was given by Dr Sumy M. Scaria, Assistant Professor, Karmela Rani Training College, Kerala. An Independence Day quiz competition and exhibition were organised by Social Science Association, Archives.
- A webinar on "Anti-Drugs and Narcotics: Innovative Strategies for Addiction Free Campus" was conducted on 14/08/2021.
- Onam was celebrated in the online platform.
- The pending AQARs for the years 2015-2016, 2016-2017, 2017-2018, 2018-2019 were successfully uploaded by 30/08/2021.
- Preparation for the AQAR 2019 – 2020 was initiated.
- Teacher's Day Celebration was conducted to uphold the value of education on 06/09/2021.
- B. Ed. Students adopted Sr. Alphonsa UP school, Chennamattom, Kottayam and organized free extension classes on 13/09/2021 and initiated varied teaching learning activities.
- The fourth session of the Carmel Forum Webinar Series was on "Inclusive Education," presented by Ms. Chippy Babu on 14/09/2021.
- The fifth session of the Carmel Forum Webinar series focused on 'Strengthening Teacher-Student Interaction in the Current Pandemic Situation' was conducted on 01/10/2021, and Ms. Reshma Merin Abraham served as the resource person.
- The Social Science Association – 'Archives' organised the Gandhi Jayanti Celebration on 02/10/2021.
- A PTA meeting was held to inform the students of the ongoing B.Ed. batch and their parents about the nature of the online classes to be conducted due to the COVID pandemic situation on 05/10/2021.
- A webinar on 'Stress Management' was conducted to help staff and students manage stress-related issues, led by Rev. Sr. Jain CSST on 05/10/2021.



- A gender awareness programme titled 'Kannal' was organised on the topic 'Break the Silence' on 11/10/2021.
- An orientation class for the M.Ed. 2020 batch was held by Principal Dr. Mary Sheba Jose on 01/11/2021.
- 'Kerala Piravi' day was celebrated and Bharana Bhasha Mathrubhasha (Mother-tongue as Official Language) Pledge was read on 01/11/2021
- out on Kerala Piravi Day, followed by cultural activities.
- The first General Body meeting of the PTA for the new B.Ed. Batch 2021-2022 was held in the College auditorium on 03/11/2021. The details regarding the B.Ed. Programme as well as the rules and regulations were disseminated to the parents and students.
- Decided to conduct Orientation classes as part of student Induction programme on the following areas namely, Introduction to the College, Programme orientation, Vision and Mission, Introduction to Swayam/MOOC courses, Familiarisation to Add on programmes, Introduction to value added courses, Familiarisation to Elective courses, Library orientation, code of conduct, rules and regulations, Extension activities, functioning of various clubs and associations, singing classes, interactions with alumni, Heads of the model school and adopted school. It was also decided to conduct the entry-level tests.
- Entry level tests for the B. Ed. and M. Ed. Students were administered.
- Various programmes like seminar presentations, essay competitions, and poster-making competitions were arranged for the students as part of the Communal Harmony Week Celebration from 19/11/2021 to 25/11/2021.
- Conducted an informative session on 'Ensuring the Mental Health of the Student Community during the COVID pandemic period' as part of the webinar series 'Carmel Forum' on 30/11/2021. Ms. Renu Binu served as the resource person.
- A Health Awareness Class was given by Ms. Amala Jayan following World AIDS Day on 01/12/2021.
- Various clubs and associations related to each optional subject were inaugurated by Sr. Sunanda CSST on 02/12/2021.
- An orientation for Communicative English was conducted by Mr. Rajesh Mohan from Overseas English Academy, Ernakulam, aimed at improving the communicative skills of the students on 08/12/2021.



- The seventh session of the Carmel Forum Webinar Series focused on “Teacher Resilience: Coping with Uncertainty,” presented by Dr. Sumy M. Scaria, Assistant Professor, Karmela Rani Training College, Kollam, on 15/12/2021.
- Conducted a workshop on ‘Making Artistic Products’ by Ms. Sharu Raveendranath on 17/12/2021.
- Conducted an eye camp in collaboration with Vasan Eye Care Hospital, Kottayam on 18/12/2021.
- ARITHMETICA 2K21, the Mathematical Day celebration, was organised by Ganithika’ the Mathematics club, on 22/12/2021 as part of the National Mathematics Day Celebration.
- Visited Abhaya Bhavan and adopted school, Sr. Alphonsa UP School, Chennamattom, with Christmas gifts for marginalized students on 22/ 12/2021.
- Jana mythri Police officers, Mr. Sunil Kumar and Ms. Ambika from the West Police Station, Kottayam, conducted an awareness programme on the ‘Nirbhaya App’ for students, addressing safety issues they might encounter on 23/12/2021.
- The eight-session of the Carmel Forum Webinar series focused on ‘Media Addiction and Related Hazards’ given by Ms. Amala Jayan on 10/01/2022.
- In collaboration with the District Social Justice Department, an online awareness programme on the “Law of Protection and Welfare of Parents and Senior Citizens-2007” was organized. The resource persons were Advocate Shincy Gopi and Sri. Senzen Joseph, with organization support from Smt. Chithra P. H. on 07/01/2022.
- A seminar on 'Family Counselling - Marriage Laws and Rights' was conducted by the Department of Minority Welfare, Government of Kerala, with Mr. Sanju T Kurian as the resource person 13/01/2022.
- The Physical Science Association “Scientia” organized various activities focused on ‘Celebration of Women in Science’ on 18/01/2022.
- The English Association “Daffodils” presented a language-related programme "Thesaurus" for building vocabulary on 19/01/2022.
- The M.Ed. Association 'Educere' organized ‘EXPEDITIOUS 2K22’ – various educational presentations and competitions on 21/01/2022.
- The Natural Science Association ‘BIOS’ organized “Aloha Aina” based on the United Nations Theme for the year 2022-International Year of Basic Sciences for Sustainable Development on 20/01/2022.



- The Social Science Association 'Archives' organized a virtual Republic Day Celebration named 'Metonia 2K22, A series of presentations and competitions conducted on 25/01/2022.
- Conducted various training programmes on handicrafts for the B. Ed. And M. Ed. Students on 27/01/2022, 02/02/2022, 04/02/2022 and 07/02/2022.
- A letter writing workshop organized by the English Association 'Daffodils' trained students in formal and informal letter writing on 09/02/2022.
- Conducted Gender awareness programme by District Child Development Office and Women Empowerment Centre, Government of Kerala on 16/02/2022.
- Workshop on Yoga was organized. Dr. Augustine George, Associate Professor, Physical Education Government Medical College Kottayam served as the Resource person on 21/02/2022.
- Workshop conducted on 'Vedic Mathematics techniques for arithmetic operations' on 24/02/2022
- Conducted a session of Carmel Forum on 'Academic Streaming with NEP 2020' by Dr Ashok Alex, Associate professor, Peet Memorial Training College, Mavelikara, on 25/02/2022.
- An Orientation to K-TET coaching was conducted in collaboration with St. Thomas College of Teacher Education, Mylacomb, on 01/03/2022.
- Conducted and participated in a Debate on 'Dowry system will come to an end' in support of the Women and Child Development Directorate, Thiruvananthapuram on 02/03/2022.
- An online quiz competition was conducted by the Physical Science Association 'SCIENTIA' as part of the 'Aurora 2022', National Science Day celebration on 03/03/2022.
- As part of the International Women's Day Celebration, a Webinar on "Gender Equality Today for a Sustainable Tomorrow" by Dr Sisy Jose, Associate Professor, Government College of Nursing, Kottayam, was held on 08/03/2022, and various competitions were organised.
- K -TET coaching was inaugurated in collaboration with St. Joseph's Training College, Mannanam and St. Thomas College, Mylacombu, on 12/03/2022.
- A webinar on 'Incorporating Multiple Intelligences in the Classroom' by Alumna, Mrs Sreevidhya, Teacher, Indian School, Salalah, Oman, on 18/03/2022 as part of the webinar series Carmel Forum.



- As part of the Adult Literacy programme, Ms Anju C. took a class at Govt Model HSS, Kottayam, on 20/03/2022.
- Installation of MOODLE Learning Management System in the institution on 20/03/2022.
- A campus placement screening session was organised with Bethlehem International School, Kottayam on 22/ 03/ 2022.
- A medical camp was conducted within the college campus by Medical Centre Hospital, Kottayam on 23/03/2022.
- 'Changathi', an adult education Programme conducted for other state Labourers on 04/04/2022.
- A survey on literacy of other state labourers was conducted on 10/04/2022.
- Full-fledged Wi-Fi connectivity was installed in the M.Ed. department on 21/04/2022.
- A webinar on Intellectual Property Rights was organised in collaboration with NIPAM on 21/04/2022. Mrs. Devika R. Nair, NIPAM Officer, led the session.
- MOODLE Training Programme organized to equip staff in using learning management systems on 22/04/2022.
- RFID integrated library software with KOHA Software was updated on 05/05/2022.
- MOU Signed with Loreto College, Kolkata and Jesus and Mary College, New Delhi on 15/05/2022 for organizing collaborative programmes like webinars and training.
- A talk on Child Rights by Ms. Anju Alphonsa Paul was conducted as part of the Carmel Forum Webinar Series on 23/05/2022.
- Alumni Meet 2022 was conducted online, and students from previous batches participated.
- Collected comprehensive feedback during internship and further actions taken.
- Collected feedback on curriculum and teaching and learning process from students and stakeholders. Also, collected self-appraisal report of staff.
- Implemented an Office Automation System for smoother administrative processes on 31/ 05/ 2022.
- Academic and administrative audit conducted by the end of May 2022.
- Conducted UGC Sponsored Add on Courses in Computer Applications and Counselor Training.
- Conducted value added courses in Arts and Craft, Fabrication of Eco friendly products and communicative English



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