



Estd. 1953

# **MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN**

**Muttambalam P.O., Kanjikuzhy, Kottayam- 686004**  
*(Recognised by NCTE, Affiliated to Mahatma Gandhi University)*

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## **CRITERION II**

### **TEACHING-LEARNING AND EVALUATION**

#### **2.4: Competency and Skill Development**

**2.4.10: Nature of internee engagement during internship consists**

**Sample copies for each of selected activities claimed**

**MOUNT CARMEL COLLEGE OF  
TEACHER EDUCATION FOR WOMEN  
KOTTAYAM - 686004**



**B.Ed. Degree Programme 2022 - 2024  
SCHOOL INTERNSHIP DIARY**

Name : ..ALEENA..BENNY.....

Reg. No. : ...223240114546.....

Optional Subject: ..MATHEMATICS.....

Name of the School: ..ST..JOSEPH'S..CONVENT..GHSS..KOTTAYAM

Certified that this is a bonafide record of ...ALEENA...BENNY.....  
.....who had undertaken School Internship Programme at  
.....ST..JOSEPH'S..CONVENT.....GHSS..KOTTAYAM.....  
from ..07/08/2023..... to ..25/11/2023.....

Date: 24/11/2023

Seal:



Signature of the Head of the Institution  
Headmistress  
St. Joseph's CGHS  
Kottayam

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
1	07/08/2023	5 <sup>th</sup> period 40 minutes	VIII B	Mathematics	Concept of Polygons.	Assignment.
2	08/08/2023	1 <sup>st</sup> period 40 minutes	VIII B	Mathematics	Sum of angles	Homework.
3	08/08/2023	3 <sup>rd</sup> period	VIII B	Mathematics	Outer angles	Homework.
4	09/08/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Unchanging sum	Homework.
5	09/08/2023	4 <sup>th</sup> period	VIII B	Mathematics	Regular polygons	Quiz.
6	10/08/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Angles and its relation	Homework.
7	11/08/2023	1 <sup>st</sup> period	VIII B	Mathematics	Problem Lesson	Tests.
8	11/08/2023	2 <sup>nd</sup> period	VIII B	Health and physical <i>Recreation</i>	Free hand Exercises (sketch)	Follow up activity.

  
 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
9	04/09/2023	5 <sup>th</sup> period	VIII B	Mathematics	Product of sums	follow up activity.
10	07/09/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Problem Lesson I	follow up activity
11	04/09/2023	3 <sup>rd</sup> period	VII B	Health and physical education	Free hand exercise (sketch)	follow up activity.
12	08/09/2023	1 <sup>st</sup> period	VIII B	Mathematics	Problem Lesson II	Tests.
13	11/09/2023	5 <sup>th</sup> period	VIII B	Mathematics	Square of a sum	Assignment.
14	12/09/2023	1 <sup>st</sup> period	VII B	Mathematics	Problem Lesson	follow up activity
15	12/09/2023	2 <sup>nd</sup> period	VII B	Health and physical education	Free hand exercise (sketch)	follow up activity

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## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
16	13/09/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Product of differences	Follow up activity
17	14/09/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Problem lesson	Test.
18	14/09/2023	6 <sup>th</sup> period	VIII B	Mathematics	Square of difference.	Follow up activity.
19	18/09/2023	2 <sup>nd</sup> period	VIII B	Mathematics	sum of squares and sum of difference	Assignment.
20	20/09/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Product of sum and difference	Follow up activity
21	20/09/2023	4 <sup>th</sup> period	VIII B	Mathematics	Problem lesson	Test.
22	21/09/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Difference of square of two natural numbers	Follow up activity.
23	21/09/2023	6 <sup>th</sup> period	VIII B	Mathematics	Problem Lesson I	Follow up activity

  
 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
24	21/09/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Problem Lesson II	Follow up activity.
25	23/09/2023	1 <sup>st</sup> period	VIII B	Mathematics	Problem Lesson III	Follow up activity.
26	14/09/2023	7 <sup>th</sup> period	VIII B	Mathematics	mathematical pattern drawing	Tests.
27	23/09/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Pythagorean triples	Assignment.
28	25/09/2023	3 <sup>rd</sup> period	VIII B	Mathematics	concept of simple interest	Follow up activity.
29	25/09/2023	5 <sup>th</sup> period	VIII B	Mathematics	simple interest	Follow up activity.
30	25/09/2023	4 <sup>th</sup> period	VIII B	Biology	Keeping diversity (class observation of peer voice)	Quiz.
31	26/09/2023	1 <sup>st</sup> period	VIII B	Mathematics	concept of compound interest	follow up activity.

  
 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
32	26/09/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Compound Interest	Follow up activity.
33	26/09/2023	2 <sup>nd</sup> period	VIII B	Health and Physical Education	Yogic Exercises	Tests.
34	27/09/2023	2 <sup>nd</sup> period	VIII B	Compound Interest Mathematics. (problem)	Compound Interest (problem lesson)	Follow up activity
35	29/09/2023	1 <sup>st</sup> period	VIII B	Mathematics	changing time	Quiz.
36	29/09/2023	3 <sup>rd</sup> period	VIII B	Mathematics	Increasing and Decreasing	Follow up activity.
37	30/09/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Problem Lesson	Tests.
38	30/09/2023	5 <sup>th</sup> period	IX B	Physics	Rotation (class observation Divya)	Project.



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## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
39	30/09/2023	6 <sup>th</sup> period	VIII B	Mathematics	Problem Lesson	Follow up activity
40	05/10/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Concept of Ratio	Assignment.
41	06/10/2023	1 <sup>st</sup> period	VIII B	Mathematics	Part Relations	Follow up activity
42	09/10/2023	5 <sup>th</sup> period	VIII B	Mathematics	Problem Lesson	Test.
43	10/10/2023	1 <sup>st</sup> period	VIII B	Mathematics	changing times	Quiz
44	10/10/2023	4 <sup>th</sup> period	VI B	Value Education	Team work	Follow up activity.
45	09/10/2023	3 <sup>rd</sup> period	VIII B	Health and Physical Education	Logic Exercises	Tests.
46	11/10/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Problem Lesson	Tests

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## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
47	11/10/2023	4 <sup>th</sup> period	<u>VIII</u> A	Value Education	Honesty	Project.
48	12/10/2023	2 <sup>nd</sup> period	<u>VIII</u> B	Mathematics	Achievement Test	Test.
49	16/10/2023	5 <sup>th</sup> period	<u>VIII</u> B	Mathematics	Concept of Three quantities	Follow up activity.
50	16/10/2023	2 <sup>nd</sup> period	<u>VII</u> B	Health and physical Education	Diabetes	Assignment.
51	16/10/2023	4 <sup>th</sup> period	<u>VIII</u> B	Health and Physical Education	Artificial Respiration	Project.
52	17/10/2023	1 <sup>st</sup> period	<u>VIII</u> B	Mathematics	Three quantities	Follow up activity.
53	17/10/2023	2 <sup>nd</sup> period	<u>VIII</u> B	Health and physical Education	Yogic Exercises	Follow up activity.

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## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
54	19/10/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Problem Lesson	Quiz.
55	20/10/2023	1 <sup>st</sup> period	VIII B	Mathematics	Problem Lesson	Tests.
56	20/10/2023	4 <sup>th</sup> period	VIII B	Mathematics	Problem Lesson	Follow up activity.
57	25/10/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Construction of square	Follow up activity.
58	26/10/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Construction of square patterns	Follow up activity.
59	27/10/2023	1 <sup>st</sup> period	VIII B	Mathematics	Construction of rectangle method I	Test.
60	28/10/2023	1 <sup>st</sup> period	VIII B	Mathematics	Construction of rectangle method II	Test.

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## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
61	28/10/2023	3 <sup>rd</sup> period	VIII B	Mathematics	Construction of rectangles pattern	Assignment.
62	30/10/2023	5 <sup>th</sup> period	VIII B	Mathematics	Construction of trapezium I	Follow up activity
63	31/10/2023	1 <sup>st</sup> period	VIII R	Mathematics	Construction of trapezium II	Test.
64	31/10/2023	3 <sup>rd</sup> period	VIII B	Mathematics	Construction of Isosceles trapezium	Follow up activity.
65	01/11/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Self Assessment Test	Test.
66	02/11/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Construction of trapezium pattern	Assignment.
67	03/11/2023	1 <sup>st</sup> period	VIII B	Mathematics	Construction of trapezium pattern	Test.
68	04/11/2023	5 <sup>th</sup> period	VIII R	Mathematics	Construction of Quadrilaterals I	Follow up activity.


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## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
69	07/11/2023	1 <sup>st</sup> period	VIII B	Mathematics	Diagnostic test	Test.
70	08/11/2023	2 <sup>nd</sup> period	VIII B	mathematics	Remedial class III	Tests
71	09/11/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Remedial class II	Follow up activity -
72	10/11/2023	1 <sup>st</sup> period	VIII B	Mathematics	Remedial class I	Quiz
73	13/11/2023	5 <sup>th</sup> period	VIII B	Mathematics	Construction of Quadrilateral II	Follow up activity.
74	14/11/2023	1 <sup>st</sup> period	VIII B	Mathematics	Construction of Quadrilateral (Review)	Tests.
75	15/11/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Question paper discussion I	Tests.
76	16/11/2023	2 <sup>nd</sup> period	VIII B	Drama and Art <small>Education</small>	Kalkakal	Follow up activity.
77	17/11/2023	1 <sup>st</sup> period	VIII B	Mathematics	Question paper discussion II	Test
78	20/11/2023	2 <sup>nd</sup> period	VIII B	Mathematics	LAC lesson I	Follow up activity
79	21/11/2023	1 <sup>st</sup> period	VIII B	Mathematics	Revision of Topic	Test.
80	22/11/2023	2 <sup>nd</sup> period	VIII B	Mathematics	Monthly test	Test
82	24/11/2023	2 <sup>nd</sup> period	VIII B	Mathematics	LAC observation lesson II	Follow up activity.

  
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 Follow up activity.

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
07/08/2023	10 minutes	Morning Assembly			
	40 minutes	Substitution class - VI B	Academic	Art works	25
08/08/2023	40 minutes	Substitution class - VI B	Academic	Interactive	30
09/08/2023	15 minutes	mid day meal serving	Administrative	participant	80
	80 minutes	Maharashtrani Anam celebration	Cultural	Managing discipline	
10/08/2023	15 minutes	serving mid day meal	Administrative	participant	80
	40 minutes	Substitution class - VI B	Academic	Interactive	
11/08/2023	40 minutes	Awareness on Hiroshima Nagasaki Day	Administrative	participant Extension	

  
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## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
14/8/2023	1 day	Onam celebration	Cultural	organising games Managing discipline, participated in thiruvathira.	
16/08/2023	90 minutes	Disciple duty	Administrative	Invigilator.	30
17/8/2023	2 1/2 hours	Exam duty	Administrative	Invigilator	32
18/8/2023	3 hrs	Disciple duty	Administrative	Invigilator	52
19/8/2023	15 minute	Mid-day meal serving	Administrative	participant.	
19/8/2023	2 hours	Exam duty	Administrative	Invigilator	
19/8/2023	15 minutes	mid-day meal serving	Administrative	participant.	

  
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## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
21/8/2023	2 hours	Exam duty	Administrative	Invigilator.	
	15 minutes	mid-day meal serving	Administrative	participant.	
22/8/2023	3 hours	Disciple duty	Administrative	Invigilator.	
	15 minutes	mid-day meal serving	Administrative	participant.	
24/8/2023	2 1/2 hours	Exam duty	Administrative	participant.	
24/08/2023	40 minutes	Exam exam sheet	Administrative	Invigilator.	
07/09/2023	60 minutes	substitution class - I, II	Academic	Interactive.	
08/09/2023	2 1/2 hr	Participation in PTA	Administrative	Serving tea and biscuits.	
08/09/2023	15 minutes	Mid-day meal serving	Administrative	participant.	



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## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
11/09/2023	40 minutes	substitution class <u>V</u> B	Academic	Art works.	
	15 minutes	servicing midday meal	Administrative	Sewing.	
12/09/2023	30 minutes	foundress day celebration	Cultural	participant.	
	2 hour	sports day	Cultural/ Sports	Organizing.	
13/09/2023	1 hour	Organising youth festival	Cultural	preparation.	
	2 hour	conducting dance practice	Cultural	Teacher.	
	15 minutes	servicing mid day meal	Administrative	servicing.	
14/09/2023	40 minutes	substitution class <u>VIII</u> B	Academic	Maths class	
	1 hour.	Exhibition	Administrative	participant.	

  
 Signature of the Teacher in charge



## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
14/09/2023	2 hours	National seminar presentation preparation	Administrative	Preparing	
	40 minutes	substitution class - <u>VII</u> B	Academic	Maths class.	
	2 hours	Mathematical club activity (geometrical patterns)	Academic	supervision.	
15/09/2023	1 day	Youth festival	Cultural	Judges, display	
18/09/2023	40 minutes	science club (ozone day)	Academic	participant.	
	40 minutes	substitution class - <u>VI</u> B	Academic	Teacher.	
19/09/2023		serving mid day meal	Administrative	serving.	
	1 day	Taking students to participate in sports competition of Kottayam zone	sports	Guiding and supervising.	



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## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
20/09/2023	40 minutes	substitution class - <u>VIII</u> B	Academic	Teaching math	
	40 minutes	substitution class - <u>VII</u> B	Academic	Teacher.	
21/09/2023	40 minutes	substitution class - <u>VIII</u> B	Academic	Teaching math.	
	40 minutes	substitution class - <u>VIII</u> B	Academic	Teaching math.	
	15 minutes	mid day meal serving	Administrative	serving.	
25/09/2023	40 minutes	Peer evaluation Venezia	Assessment	observation.	
	40 minutes	substitution class - <u>III</u> B	Academic	Teacher.	
	40 minutes	substitution class - <u>VIII</u> B	Academic	Teaching math	
	15 minutes	serving mid day meal	Administrative	serving.	
26/09/2023	40 minutes	substitution class - <u>VIII</u> B	Academic	Teaching math.	

  
 Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
27/09/2023	15 minutes	servicing mid day meal	Administrative	servicing.	
	40 minutes	substitution class - IV	Academic	Teacher.	
29/09/2023	15 minutes	servicing mid day meal	Administrative	servicing.	
	30 minutes	Heart day	Academic	participant.	
	40 minutes	substitution class - VIII R	Academic	Maths class.	
30/09/2023	40 minutes	substitution class - VI B	Academic	Teacher.	
	40 minutes	Gandhi Jayanti → Drawing competition, Quiz	Academic	supervising.	
	15 minutes	mid day meal servicing	Administrative	servicing	
	40 minutes	Peer evaluation Divya	Assessment	observation.	

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Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
4/10/2023	1 day	sports day @ SH Mount	Sports	Guiding and Supervising	
5/10/2023	15 minutes	serving mid day meal	Administrative	serving.	
	40 minutes	substitution class - V B	Academic	Teacher.	
6/10/2023	40 minutes	substitution class - II A, B	Academic	Art works.	
	40 minutes	substitution class - I	Academic	Maths addition.	
9/10/2023	15 minutes	serving mid day meal	Administrative	serving.	
10/10/2023	40 minutes	substitution class - VI B	Academic	value education.	
	15 minutes	serving mid day meal	Administrative	serving.	
	30 minutes	Maintaining school garden	Extension	Helping	
11/10/2023	40 minutes	substitution class - IX A	Academic	value education.	

  
 Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
16/10/2023	40 minutes	substitution class - <u>VIA</u> B	Academic	Health Education class	
	40 minutes	substitution class - <u>VIII</u> B	Academic	Health Education class.	
17/10/2023	15 minutes	serving mid day meal	Administrative	serving.	
19/10/2023	15 minutes	serving mid day meal	Administrative	serving.	
20/10/2023	40 minutes	substitution class - <u>VIII</u> B	Academic	Maths class	
	40 minutes	substitution class - <u>I</u>	Academic	Teacher.	
25/10/2023	40 minutes	substitution class - <u>VIA</u> B	Academic	Teacher.	
26/10/2023	40 minutes	substitution class - <u>V</u> B	Academic	Maths fractions.	
	15 minutes	serving mid day meal	Administrative	serving.	
29/10/2023	40 minutes	Reading test at <u>VIII</u> B	Extension	Invigilator.	
	15 minutes	serving mid day meal	Administrative	serving.	
28/10/2023	40 minutes	substitution class - <u>VIIA</u> B	Academic	maths class	

  
 Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
30/10/2023	60 minutes	substitution class - <u>III</u>	Academic	Teacher.	
31/10/2023	40 minutes	substitution class - <u>VIII</u> B	Academic	Maths class.	
	3 hours	Kerala piravi decoration preparation	Cultural	Decoration.	
1/11/2023	30 minutes	Kerala piravi celebrations	Cultural	participant.	
	80 minutes	substitution class - <u>I</u>	Academic	Maths Addition class.	
	15 minutes	mid day meal serving	Administrative	serving.	
2/11/2023	40 minutes	substitution class - <u>VIII</u> B	Academic	maths class.	
	10 minutes	Mid day meal serving	Administrative	serving.	
3/11/2023	40 minutes	substitution class - <u>VI</u> B	Academic	Teacher	
	40 minutes	substitution class - <u>VIII</u> B	Academic	Teacher.	

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## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
6/11/2023	1 hour	Remedial class	Academic	Teaching	
6/11/2023	40 minutes	substitution class - VIII B	Academic	Maths Remedial class	
	15 minutes	mid day meal serving	Administrative	Serving.	
7/11/2023	40 minutes	substitution class - I	Academic	Maths Numbers	
	40 minutes	substitution class - VI B	Academic	Moral class	
	15 minutes	mid day meal serving	Administrative	Serving	
7/11/2023	15 minutes	serving mid day meal	Administrative	serving	
9/11/2023	40 minutes	International Science day celebration	Cultural	participate	
	15 minutes	Serving mid day meal	Administrative	Serving.	
10/11/2023	40 minutes	substitution class - VI B	Academic	Moral class	
	15 minutes	Serving mid day meal	Administrative	Serving.	

  
 Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
13/11/2023	40 minutes	Substitution class - II	Academic	Teacher.	
13/11/2023	15 minutes	Mid day meal serving	Administrative	sewing.	
	15 minutes	children's day preparation	Cultural	Decorative.	
14/11/2023	3 hours	Kalotsavam @ Baker school	Cultural	Guiding and instructing.	
15/11/2023	40 minutes	substitution class - IV	Academic	Teacher.	
16/11/2023	1 hour	National Integration exhibition preparation	Administrative	Arranging and conducting.	
17/11/2023	1 day	Exhibition @ classroom near school	Administrative	Conducting.	
20/11/2023	40 minutes	substitution class - IV	Academic	Teaching	
21/11/2023	80 minutes	Substitution class - VII, VIII A	Academic	Teacher.	
22/11/2023	2 1/2 hours	Math Exam conducting - VA, VII A, B, VI A	Administrative	Invigilation.	
23/11/2023					

24/11/2023

  
 Signature of the Teacher in charge



## Nature of Programmes / Activities

<p style="text-align: center;"><b>Academic</b></p> <ul style="list-style-type: none"><li>• Substitution classes</li><li>• Subject club activities</li><li>• Question paper discussion</li><li>• Revision, Remedial teaching</li><li>• Catering to the needs of diverse learners</li><li>• Planning and conducting enrichment activities etc.</li></ul>	<p style="text-align: center;"><b>Cultural/ sports</b></p> <ul style="list-style-type: none"><li>• Celebration of days of importance</li><li>• Arts fest</li><li>• Sports meet</li><li>• Organising/ conducting cultural/ literary competitions</li><li>• Conducting practice sessions for students</li><li>• Judges for competitions etc.</li></ul>
<p style="text-align: center;"><b>Administrative</b></p> <ul style="list-style-type: none"><li>• Time table preparation for substitution classes, tests, examinations, remedial teaching etc.</li><li>• Exam invigilation</li><li>• Discipline duties</li><li>• Serving Mid-day meal</li><li>• Duty as Volunteer</li><li>• Maintaining documents/ registers, writing reports etc.</li><li>• Grooming students for academic fairs/ fest and exhibitions</li><li>• Participation in PTA, MPTA, Class PTA etc.</li></ul>	<p style="text-align: center;"><b>Assessment</b></p> <ul style="list-style-type: none"><li>• Setting question papers</li><li>• Evaluation of exam papers</li><li>• Preparation of result sheets, progress report</li><li>• Analysis of the test results</li><li>• Preparation and administration of achievement test, diagnostic test, student self-assessment</li><li>• Peer assessment and case study</li><li>• Assessment using digital tools etc.</li></ul>
<p style="text-align: center;"><b>Extension/ Outreach</b></p> <ul style="list-style-type: none"><li>• Awareness talks</li><li>• Communicative English classes</li><li>• Planting trees/ maintaining school garden</li><li>• Free tuition</li><li>• Arranging Laboratory/ Library</li><li>• Participation in the Extension activities of the School</li><li>• Student mentoring/ counselling etc.</li></ul>	<p style="text-align: center;"><i>Any other relevant activities</i></p>

**MOUNT CARMEL COLLEGE OF  
TEACHER EDUCATION FOR WOMEN  
KOTTAYAM - 686004**



**B.Ed. Degree Programme 2022 - 2024  
SCHOOL INTERNSHIP DIARY**

Name : ..AMRVTHA..ALEX.....

Reg. No. : ..223240114556.....

Optional Subject: ..PHYSICAL..SCIENCE.....

Name of the School: ..ST..ANNE'S.....GHSS..KOTTAYAM.....

Certified that this is a bonafide record of ..Amrutha Alex.....

.....who had undertaken School Internship Programme at

..St..Anne's GHSS Kottayam.....

from ..07-08-2023..... to ..24-11-2023.....

Date: 23/11/23



*Jeenu Thomas*

Signature of the Head of the Institution

# Student Teacher Engagement During Internship

## A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
1.	8/8/2023	IV	VIII.B	Physics	Reference body, Distance, Displacement	- Explain why displacement can be zero
2.	8/8/2023	I	IX.B	Chemistry	Law of conservation of mass	- Implication of law of mass conservation in nature
3.	7/8/2023	III	VIII.B	Physics	Acceleration, Retardation	- Prepare sign boards on giving awareness about the harmful effects of accidents.
4.	8/8/2023	I	IX.B	Chemistry	Balancing of chemical equation	- Balance the given equations.
5.	8/8/2023	VI	IX.A	Chemistry	Electronegativity, Polar nature	- Compare the properties of ionic and covalent bonds
6.	9/8/2023	VII	IX.B	Chemistry	Oxidation and Reduction	- List the oxidised atom, reduced atom from the given equation.
7.	12/8/2023	VIII	IX.A	Chemistry	Valency, Chemical formula	- Find out the chemical formula of given elements
8.	14/8/2023	III	IX.B	Chemistry	Oxidation number	- Identify the oxidation no of the given element.

  
 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
9.	4/9/2023	VIII	VIII.C	Chemistry	Chemical & physical changes	- List out examples from daily life
10.	8/9/2023	III	IX.B	Chemistry	Method of determination of oxidation number	- Find the oxidation number of $MnO_2$
11.	14/9/2023	VIII	VIII.C	Chemistry	Thermochemical reactions	- Give examples
12.	12/9/2023	VII	IX.B	Chemistry	Nature of reactants and rate of chemical reactions	- Find out the daily life examples.
13.	12/9/2023	V	VIII.C	Chemistry	Photochemical reactions	- Find daily life examples.
14.	13/9/2023	I	IX.B	Chemistry	Concentration and rate of reactions	- Prepare a note on the factors influencing rate of a reaction
15.	18/9/2023	III	IX.B	Chemistry	Surface area and rate of reactions	- Find daily life examples
16.	21/9/2023	V	VIII.C	Chemistry	Chemical changes - Electrolysis	- Merits and demerits of electrochemical cells.

  
 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
17.	13/9/2023	I	IX.B	Chemistry	Temperature and rate of reaction	- Find examples from daily life.
18.	19/9/2023	I	IX.B	Chemistry	Catalyst and rate of reaction	- Find examples from daily life
19.	22/9/2023	VI	VIII.C	Chemistry	Electroplating	- Draw the arrangement to plate gold ornaments
20.	22/9/2023	VI	VIII.C	Chemistry	Different type of cells	- Report on environmental pollution on earth.
21.	22/9/2023	VII	IX.B	Chemistry	Periodic table and into the history	- prepare a note on the classification of elements
22.	25/9/2023	VIII	VIII.C	Chemistry	Environmental friendly changes	- <del>Conduct a seminar on the topic of elements</del>
23.	22/9/2023	I	IX.B	Chemistry	Mendeleev's periodic law and modern periodic law	- prepare a note on earlier classification of elements

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 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
24.	23/9/23	VII	IX.B	Chemistry	Triads and law of Octaves	- Fill in the blanks (contributions - name of scientists)
25.	24/9/23	III	IX.B	Chemistry	Electronic configuration and position in periodic table.	- Find the uses of transition elements.
26.	25/9/23	I	IX.B	Chemistry	Electronic configuration and group number	- Write electronic configuration of given elements
27.	23/9/23	VIII	VIII.C	Chemistry	General characteristics of metals	- List out the uses of metals.
28.	24/9/23	IV	VIII.C	Chemistry	Hardness and metallic lustre	- Metals like Na and K are stored in kerosene. Why?
29.	25/9/23	IV	VIII.C	Chemistry	Malleability and ductility	- Daily life uses of metals (malleability & ductility)
30.	25/9/23	I	IX.B	Chemistry	Electronic configuration & group number	- Prepare a note on transition elements
31.	26/9/23	VII	IX.B	Chemistry	Representative elements and noble gases	- Find 5 metals, non-metals, metalloids.

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 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
32.	26/9/23	VII	IX.B	Chemistry	Lanthanoides and actinoides	- Find the use of transition elements
33.	26/9/23	VIII	VIII.C	Chemistry	Thermal conductivity and electrical conductivity	- List the name of metals that conduct electricity
34.	27/9/23	V	VIII.C	Chemistry	Conductivity and density of metals	- Find mp, bp of Ag, Au
35.	27/9/23	VI	VIII.B	Physics	Magnetic flux density	- Make a list of substances attracted by a magnet
36.	1/11/23	V	VIII.B	Physics	Magnetic Induction	- Observe the diagrams and fill up the blanks
37.	16/10/23	III	VIII.B	Physics	Magnetic Induction in soft iron and steel.	- Complete the table.
38.	17/10/23	IV	VIII.B	Physics	Permeability, electromagnet	- Explain how a strong permanent magnet can be made.
39.	16/10/23	V	IX.C	Physics	Force of gravity	- Why artificial satellites revolve around earth

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Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
40.	18/10/23	VI	IX.C	Physics	Universal law of gravitation	- Examples of gravity.
41.	19/10/23	IV	IX.C	Physics	Force of attraction	- Problem
42.	19/10/23	IV	IX.C	Physics	Problem - Universal law of gravitation	- Problem
43.	19/10/23	IV	IX.C	Physics	Problem - " "	- Problem
44.	26/10/23	IV	IX.C	Physics	Problem	Problem - gravitation
45.	26/10/23	IV	IX.C	Physics	Problem - gravitation	- Problem - gravitation
46.	27/10/23	VII	IX.C	Physics	Problem - gravitation	- Problem - gravitation
47.	27/10/23	VII	IX.C	Physics	Feather & coin experiment	- Problem - gravitation

Signature of the  Mentor Teacher



## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
48.	28/10/23	VI	IX.C	Physics	Equations of motion using $g$	- Why the objects in the earth doesn't attract earth?
49.	28/10/23	VI	IX.C	Physics	Mass and Weight	- Problem on mass and weight
50.	28/10/23	VI	IX.C	Physics	Freefall & weightlessness	- Why does a freely falling body experiences weightlessness?

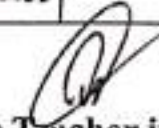
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 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
7/8/23	10:30-11:10	Revision - Physics (Onam-exam) - 8B	Academic	Teacher	46
7/8/23	12:40-1:20	Revision - Chemistry (Onam-exam)	Academic	Teacher	56
8/8/23	11:10-11:45	Revision - Physics (Onam-exam) - 9B	Academic	Teacher	44
8/8/23	12:40-1:20	Revision - Physics (Onam-exam) - 8B	Academic	Teacher	47
8/8/23	11:45-12:00	Noon meal - distribution	Administrative	Participant	
8/8/23	12:00-12:30	Discipline duty	Administrative	Instructor	
8/8/23	01:10-01:50	Revision - Chemistry (Onam-exam) - 9A	Academic	Teacher	55
9/8/23	10:30-11:10	Revision - Physics (8A)	Academic	Teacher	47
9/8/23	2:00-2:30	Revision - Chemistry (9B)	Academic	Teacher	56
9/8/23	11:45-12:00	Noon feeding	Administrative	Participant	

  
 Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
10/8/23	10:30-11:10	Revision - physics (8A)	Academic	Teacher	46
10/8/23	11:45-12:00	Revision - chemistry (9A)	Academic	Teacher	55
10/8/23	9:40-10:20	Substitution (7A)	Academic	Teacher	
11/8/23	11:10-11:45	Revision (8A) - physics	Academic	Teacher	43
11/8/23	11:45-12:00	Noon meal	Administrative	Participant	
14/8/23	9:00-10:00	Question paper bundling	Administrative	Trainer	
15/8/23	9:00-10:00	Question paper bundling	Administrative	Trainer	
16/8/23	9:00-12:00	Exam invigilation	Administrative	Instructor	30
16/8/23	1-2:00pm	Exam invigilation	Administrative	Instructor	30
16/8/23	2:00-3:00	Competition (Independence day - NSS)	Cultural	Volunteer	50
17/8/23	2:00-3:00	Exam invigilation	Administrative	Instructor	30

  
 Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
18/8/23	11:45-12:00	Noon meal	Administrative	Participatory	
18/8/23	12:30-3:15	Exam invigilation	Administrative	Instructor	30
21/8/23	10:00-12:00	Exam invigilation	Administrative	Instructor	30
24/8/23	12:30-2:00	Exam invigilation	Administrative	Instructor	30
25/8/23	9:00-12:30	Onam celebration	Cultural	Volunteers	Whole school.
4/9/23	9:40-10:20	Substitution (5B)	Academics	Teachers	41
4/9/23	2:00-2:30	Substitution (7B)	Academics	Teachers	36
6/9/23	2:30-3:00	Substitution (6C)	Academics	Teachers	29
7/9/23	2:00-3:00	Malayalam Quiz (9th std)	Extension	Volunteers	75
8/9/23	9:00-9:40	Substitution (5C)	Academics	Teachers	41

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Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
11/9/23	9.40-10.20	Substitution (8C)	Academics	Teacher	43
13/9/23	9.40-10.20	Physical Education (6A)	Academics	Trainer	39
13/9/23	10.30-11.10	Physical Education (5B)	Academics	Trainer	26
15/9/23	9.00-9.40	Substitution (5C)	Academics	Teacher	29
15/9/23	12.40-1.10	Substitution (6C)	Academics	Teacher	31
18/9/23	11.10-11.45	Substitution (5C)	Academics	Teacher	27
19/9/23	2.00-3.00	Sports meet parade practice	Sports	Teacher	
20/9/23	9.40-10.20	Physical Education (6A)	Academics	Trainer	33
20/9/23	11.00-12.00	Sports meet chest number preparation	Sports	Volunteer	
21/9/23	9.40-10.20	Peer Evaluation - Anjali Scaria	Assessment	Trainee	
21/9/23	11.10-11.45	Value Education class - VII-B	Academics	Teacher	45

  
 Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
21/9/23	1:10-1:50	Peer evaluation - Mariya Xavier	Assessment	Trainee	-
27/9/23	9:40-10:20	Physical education (6A)	Academics	Teachers	29
27/9/23	10:30-11:10	Substitution (5C)	Academics	Teacher	31
28/9/23	9:40-10:20	Substitution (6B)	Academics	Teacher	35
30/9/23	2:30-3:00	Substitution (8C)	Academics	Teacher	44
4/10/23	9:00-9:40	Substitution (8C)	Academics	Teacher	45
4/10/23	10:30-11:10	Physical Education (7A)	Academics	Trainer	42
4/10/23	11:10-11:45	Substitution (6B)	Academics	Teacher	26
5/10/23	9:00-9:40	Substitution (8C)	Academics	Teacher	44
5/10/23	2:00-2:30	Art Education (9C)	Academics	Teacher	56

  
 Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

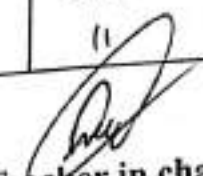
Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
6/10/23	12.45-2.00	Colour-India competition - Certificate writing	Cultural	Volunteers	
7/10/23	11.10-12.45	Colour India competition - Certificate writing	"	"	
10/10/23	10.30-11.10	Substitution (7A)	Academics	Teacher	31
11/10/23	11.10-11.45	Substitution (6B)	Academics	Teacher	29
13/10/23	2.30-3.00	Extra class (Experiment demonstration)	Academics	Teacher.	56
13/10/23	9.00-9.40	Substitution (6A)	Academics	Teacher	38
16/10/23	9.40-10.20	Physical Education (8.B)	Academics	Trainer	45
17/10/23	11.10-11.45	physical education (7C)	Academics	Trainer	40
18/10/23	2.00-2.30	physical education (5A)	Academics	Trainer	33

Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
18/10/23	2.00-2.30	Extra class - chemistry	Academics	Teacher	54
20/10/23	10.30-11.10	substitution (5C)	"	"	26
21/10/23	12.45-1.15	Art Education (7B)	"	"	35
21/10/23	10.30-11.10	Value Education (7B)	"	"	34
23/10/23	3.00-4.00	Extra class - physics - 9C	"	"	56
24/10/23	3.00-4.00	Extra class - physics - 9C	"	"	54
24/10/23	2.00-3.00	Substitution - physics - 9C	"	"	54
25/10/23	3.00-4.00	Extra class - physics - 9C	"	"	52
26/10/23	9.00-9.40	Substitution - 9C - physics	"	"	51
26/10/23	2.00-2.30	"	"	"	"

  
 Signature of the Teacher in charge



## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
26/10/23	3:00-4:00	Extra class - physics - 9C	Academics	Teacher	51
27/10/23	12:45-3:00	Exam invigilation - Midterm	Academics	Teacher	30
28/10/23	12:45-3:00	Exam invigilation - Midterm	Academics	Teacher	30
30/10/23	12:45-3:00	" " "	Academics	Teacher	30
31/10/23	12:45-3:00	Question paper bundling	Administration	Trainee	
1/11/23	9:00-9:40	Substitution (6A)	Academics	Trainee	29
18/10/23	2:30-3:00	Club activity (8C)	Academics	Teacher	45
7/10/23	9:00-9:40	Club activity (9B)	Academics	Teacher	56
2/11/23	2:00-3:00	National Unity Day Celebration	Extension	Trainee	100
3/11/23	9:40-10:20	Substitution (7C)	Academics	Teacher	37
3/11/23	10:30-11:10	Substitution (8D)	Academics	Teacher	123

  
 Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School


Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
3/11/23	2.00-2.30	Substitution (5B)	Academics	Teacher	28
3/11/23	2.30-3.00	Substitution (6B)	Academics	Teacher	30
6/11/23	9.00-9.40	Substitution (8C)	Academics	Teacher	44
6/11/23	10.30-11.10	Extra class (8B)	Academics	Teacher	46
6/11/23	2.00-2.30	Substitution (5A)	Academics	Teacher	26
7/11/23	10.30-11.10	Physical education (7B, 6A)	Academics	Trainers	54
7/11/23	11.10-11.45	Extra class (8B)	Academics	Teacher	46
8/11/23	12.40-1.10	Extra class (8B)	Academics	Teacher	42
9/11/23	11.10-11.45	Extra class (9C)	Academics	Teacher	49
9/11/23	12.30-1.10	Extra class (9C)	Academics	Teacher	49

Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
10/11/23	2.00-3.00	Practice session - English skit	Cultural	<del>Classroom</del> Volunteers	8
11/11/23	1.30-3.00	practice session	Cultural	Volunteers	8
13/11/23	9.00-9.40	Substitution (EB)	Academic	Teachers	27
14/11/23	9.00-10.00	children's day programme	Extension	Volunteers	
14/11/23	2.30-3.00	Substitution (9c) - Extra class	Academics	Teachers	53
15/11/23	12.40-1.10	Extra class (EB)	Academics	Teachers	45
16/11/23	11.10-11.45	Extra class (9c)	Academics	Teachers	48
17/11/23	2.00-2.30	Extra class (9c)	Academics	Teachers	54
17/11/23	9.00-9.40	Substitution (EB)	Academics	Teachers	45

  
 Signature of the Teacher in charge

## Nature of Programmes / Activities

<p><b>Academic</b></p> <ul style="list-style-type: none"> <li>• Substitution classes</li> <li>• Subject club activities</li> <li>• Question paper discussion</li> <li>• Revision, Remedial teaching</li> <li>• Catering to the needs of diverse learners</li> <li>• Planning and conducting enrichment activities etc.</li> </ul>	<p><b>Cultural/ sports</b></p> <ul style="list-style-type: none"> <li>• Celebration of days of importance</li> <li>• Arts fest</li> <li>• Sports meet</li> <li>• Organising/ conducting cultural/ literary competitions</li> <li>• Conducting practice sessions for students</li> <li>• Judges for competitions etc.</li> </ul>
<p><b>Administrative</b></p> <ul style="list-style-type: none"> <li>• Time table preparation for substitution classes, tests, examinations, remedial teaching etc.</li> <li>• Exam invigilation</li> <li>• Discipline duties</li> <li>• Serving Mid-day meal</li> <li>• Duty as Volunteer</li> <li>• Maintaining documents/ registers, writing reports etc.</li> <li>• Grooming students for academic fairs/ fest and exhibitions</li> <li>• Participation in PTA, MPTA, Class PTA etc.</li> </ul>	<p><b>Assessment</b></p> <ul style="list-style-type: none"> <li>• Setting question papers</li> <li>• Evaluation of exam papers</li> <li>• Preparation of result sheets, progress report</li> <li>• Analysis of the test results</li> <li>• Preparation and administration of achievement test, diagnostic test, student self-assessment</li> <li>• Peer assessment and case study</li> <li>• Assessment using digital tools etc.</li> </ul>
<p><b>Extension/ Outreach</b></p> <ul style="list-style-type: none"> <li>• Awareness talks</li> <li>• Communicative English classes</li> <li>• Planting trees/ maintaining school garden</li> <li>• Free tuition</li> <li>• Arranging Laboratory/ Library</li> <li>• Participation in the Extension activities of the School</li> <li>• Student mentoring/ counselling etc.</li> </ul>	

Months: August, September

Subject: Chemistry

## INTERNSHIP TIMETABLE

DAY \ TIME	9:00-9:40 am	9:40-10:20 am	10:30-11:10 am	11:10 am - 11:45 am	12:30-1:10 pm	1:10-1:50 pm	2:00-2:30 pm	2:30-3:00 pm				
MONDAY	—	—	IX·B	—	—	—	—	VIII·C				
TUESDAY	IX·B	—	—	—	—	—	—	—				
WEDNESDAY	—	—	—	—	—	—	IX·B	—				
THURSDAY	—	—	—	—	VIII·C	—	—	—				
FRIDAY	—	—	—	—	—	—	—	—				

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Months : October , November

Subject : Physics

## INTERNSHIP TIMETABLE

DAY \ TIME	9:00-9:40 am	9:40-10:20 am	10:30-11:10 am	11:10 am - 11:45 am	12:30 - 1:10 pm	1:10-1:50 pm	2:00 - 2:30 pm	2:30 - 3:00 pm				
MONDAY	—	—	VIII·B	—	—	—	—	—				
TUESDAY	—	—	—	VIII·B	—	IX·C	—	—				
WEDNESDAY	—	—	—	—	VIII·B	—	—	—				
THURSDAY	—	—	—	IX·C	—	—	—	—				
FRIDAY	—	—	—	—	—	—	IX·C	—				

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**MOUNT CARMEL COLLEGE OF  
TEACHER EDUCATION FOR WOMEN  
KOTTAYAM - 686004**



**B.Ed. Degree Programme 2022 - 2024  
SCHOOL INTERNSHIP DIARY**

Name : ANJALY SCARIA

Reg. No. : 223240114557

Optional Subject: PHYSICAL SCIENCE

Name of the School: St. Anne's G.H.S. Kottayam

Certified that this is a bonafide record of ANJALY SCARIA  
.....who had undertaken School Internship Programme at  
St. Anne's G.H.S. Kottayam  
from 07-08-2023 to 25/11/2023

Date:

Seal



Jay Thomas

Signature of the Head of the Institution

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
1	07/08/2023	2 <sup>nd</sup>	8C	Chemistry	Elements and compounds	Follow-up activity.
2	07/08/2023	4 <sup>th</sup>	8C	Chemistry	Origin of names and symbols of elements.	Follow-up activity.
3	07/08/2023	8 <sup>th</sup>	8C	Chemistry.	Atoms and molecules.	Assignment.
4	09/08/23	6 <sup>th</sup>	9B	Physics	Unbalanced external force and motion.	Test.
5	08/08/23	7 <sup>th</sup>	9A	Physics.	Equation showing v-t relation and u-t relation.	follow-up activity.
6	08/08/23	8 <sup>th</sup>	9A	Physics.	Third equation of motion	assignment.
7	09/08/23	2 <sup>nd</sup>	9C	Physics	Equation showing v-t relation and u-t relation.	follow-up activity.
8	09/08/23	7 <sup>th</sup>	8C	Chemistry	Compounds.	Assignment.
9	10/08/23	2 <sup>nd</sup>	9A	Physics.	Problems solutions, Equations of motion.	Test.

  
 Signature of the Mentor Teacher



## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
10	10/06/23	7 <sup>th</sup>	9A	Physics	Let us assess motion and laws of motion.	Follow-up activity.
11	10/06/23	3 <sup>rd</sup>	8C	Chemistry	Chemical equations	Assignment
12	10/05/23	4 <sup>th</sup>	9C	Physics	Third equation of motion.	Follow-up activity.
13	10/08/23	5 <sup>th</sup>	8C	Chemistry	Let us assess	test.
14	09/08/23	1 <sup>st</sup>	9B	Physics	Unbalanced external force and motion.	Follow-up activity.
15	10/08/23	4 <sup>th</sup>	8C	Chemistry	Revisions	Test.
16	11/08/23	7 <sup>th</sup>	9C	Physics	let us assess	Follow-up activity.
17	14/08/23	5 <sup>th</sup>	9A	Physics	Revisions (Equations of motion)	Test.

  
 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
18	14/08/23	8 <sup>th</sup>	8C	Chemistry	Basic constituents of matter - examination	tests.
19	04/09/23	5 <sup>th</sup>	9C	Chemistry	Oxidation and Reduction.	Follow-up activity.
20	07/09/23	2 <sup>nd</sup> , 3 <sup>rd</sup>	9C	Chemistry	Oxidation and Reduction	Followup activity
21	07/09/23	6, 7	8B	Chemistry	Physical and Chemical change	Assignment
22	08/09/23	2 <sup>nd</sup>	9C	Chemistry	Problem solving-oxidation & reduction	Test.
23	07/09/23	4 <sup>th</sup> , 5 <sup>th</sup>	9C	Chemistry	Oxidation number	Follow-up activities

  
 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
24	12/08/23	1 <sup>st</sup>	9B	Physics.	Mass and inertia, Momentum	Follow-up-activity
25	11/08/23	8 <sup>th</sup>	9B	Physics.	External unbalanced force, Galileo's observation	Follow-up activity
26	15/08/23	3 <sup>rd</sup>	9B	Physics.	Newton's 1 <sup>st</sup> law of motion, inertia of rest, inertia of motion	Follow-up activity
27	12/08/23	5 <sup>th</sup>	9B	Physics	Newton's 2 <sup>nd</sup> law of motion,	Assignment.
28	14/08/23	3 <sup>rd</sup>	9B	Physics.	Impulse.	Follow-up-activity
29	12/09/23	3 <sup>rd</sup>	8B	Chemistry.	Photo chemical reactions.	Follow-up activity
30	08/09/23	3 <sup>rd</sup>	9C	Chemistry	Method of determination of oxidation number	Follow-up activity

  
 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
31.	11/09/23	5 <sup>th</sup>	9C	Chemistry.	Redox reaction and Rate of chemical reaction.	Follow-up activity
32.	11/09/23	5 <sup>th</sup>	9C	Chemistry	Nature of reactants and rate of chemical reaction	Follow-up activity
33.	14/09/23.	6 <sup>th</sup>	8B	Chemistry	Thermo chemical reaction.	Follow-up activity
34.	12/09/23	7 <sup>th</sup>	9C	Chemistry	Concentration and rate of chemical reaction.	Follow-up activity
35.	14/09/23.	3 <sup>rd</sup>	9C	Chemistry.	Redox reaction and rate of chemical reaction (unit test)	Test
36.	15/09/23	6 <sup>th</sup>	9C	Chemistry	<del>Concentration</del> <sup>Surface area</sup> and rate of chemical reaction	Follow-up activity

  
 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
37	18/09/23	5 <sup>th</sup>	9C	Chemistry	Temperature and rate of chemical reactions.	Follow-up activity
38	19/09/23	5 <sup>th</sup>	8B	Chemistry	Thermo chemical reactions	Follow-up activity
39	21/09/23	2 <sup>nd</sup>	9C	Chemistry	Catalyst and rate of chemical reactions.	Follow-up activity
40	21/09/23	6 <sup>th</sup>	8B	Chemistry	Electrochemical reactions.	Follow-up activity
41	25/09/23	5 <sup>th</sup>	9C	Chemistry	Let us assess	Test
42	26/09/23	7 <sup>th</sup>	9C	Chemistry	Unit test	Test
43	26/09/23	3 <sup>rd</sup>	8B	Chemistry	Electrolysis.	Follow-up activity

  
 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
44.	29/09/23	2 <sup>nd</sup>	8B	Chemistry	Different types of cells.	Follow-up activity
45.	29/09/23	6 <sup>th</sup>	8B	Chemistry.	Changed practices, environmental friendly changes.	project.
46.	30/09/23	1 <sup>st</sup> , 2 <sup>nd</sup>	9C	Chemistry.	Periodic table and its history	Follow-up activity
47.	30/09/23	2 <sup>nd</sup>	9C	Chemistry.	Triads and law of octaves	Follow-up activity
48.	03/10/23	3 <sup>rd</sup>	8B	Chemistry	Chemical changes (unit test)	Test
49.	03/10/23	5 <sup>th</sup>	9C	Chemistry.	Mendeleev's periodic law, and Modern periodic law	Follow-up-activity
50.	05/10/23	5 <sup>th</sup>	9C	Chemistry	Electronic configurations and position in periodic table	Assignment

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 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
51	05/10/23	2 <sup>nd</sup>	8B	Chemistry	Class test, revision - Chemical changes.	Follow-up, Test
52	09/10/23	3 <sup>rd</sup>	9C	Chemistry	Period number and family.	Follow-up activity.
53	10/10/23	6 <sup>th</sup>	9C	Chemistry	Representative elements, Noble gases.	Follow-up activity
54	10/10/23	2 <sup>nd</sup>	8B	Chemistry	General characteristics of <sup>metals</sup>	Seminar.
55	10/10/23	7 <sup>th</sup>	9C	Chemistry	Transition elements and Lanthanoids and Actinoids.	Assignment.
56	10/10/23	3 <sup>rd</sup>	8B	Chemistry	Malleability and ductility	Follow-up activity
57	11/10/23	5 <sup>th</sup>	8B	Chemistry	Hardness and metallic lustre	Follow-up activity
58	12/10/23	2 <sup>nd</sup>	8B	Chemistry	Sonosity of metals and Density of metals	Follow-up activity.

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 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
59.	13/10/23	5 <sup>th</sup>	8B	Chemistry	Thermal conductivity, Electrical conductivity	Homework assignment
60.	16/10/23	3 <sup>rd</sup>	8B	Chemistry	Metals - Unit test	Test
61	25/10/23	6 <sup>th</sup>	9A	Physics	Force of Gravity, Mass.	Follow-up activity
62	31/10/23	3 <sup>rd</sup>	8C	Physics	Magnetic flux density	Assignment
63.	01/11/23	8 <sup>th</sup>	8C	Magnetic Induction Physics	Magnetic Induction	Follow-up activity
64	06/11/23	2 <sup>th</sup>	8C	Physics	Permeability, Electromagnet	Follow-up activity.
65	07/11/23	8 <sup>th</sup>	8C	Physics	Magnetic induction in soft iron and steel	Follow-up activity.
66.	26/10/23	5 <sup>th</sup>	9A	Physics	Universal law of gravitation	Follow-up activity

  
 Signature of the Mentor Teacher



## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
67	29/10/23	5 <sup>th</sup>	9A	Physics	Force of Gravity	assignment
68	30/10/23	8 <sup>th</sup>	9A	Physics	Acceleration due to gravity	Follow-up activity
69	30/10/23	Special class	9A	Physics	Feather and coin experiment	Follow-up activity
70	31/10/23	2 <sup>nd</sup>	9A	Physics	Equation of motion using g	Test
71	17/11/23	8 <sup>th</sup>	8A	Physics	Distance and displacement (LAC)	Follow-up activity
72	21/11/23	3 <sup>rd</sup>	8C	Chemistry	Soft drinks	Follow-up activity
73	2/11/23	5 <sup>th</sup>	9A	Physics	Work, equation for work	Follow-up activity
74	03/11/23	2 <sup>th</sup>	8C	Physics	Spherical mirrors	Follow-up activity
75	07/11/23	5 <sup>th</sup>	9A	Physics	Energy, K.E, P.E	Follow-up activity

Signature of the Mentor Teacher



## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
08/08/23	11:45-12:00 <small>am pm</small>	Mid-day meals	Extension/ Out reach.	Volunteer	
08/08/23	12:30-12:45 <small>pm pm</small>	Discipline Duty	Administration	Instructor	
09/08/23	9:00-9:15 <small>am am</small>	Assembly (Little Kites)	Administration	Instructor	
09/08/23	11:45-12:00 <small>am pm</small>	Mid-day meals	Extension/ Outreach	Volunteer	
10/08/23	11:45-12:00 <small>am pm</small>	Mid-day meals	Extension/ Outreach	Volunteer	
11/08/23	2:00-3:00 <small>pm pm</small>	Deepika Child Club - Painting competition	Administration	Instructor	136
11/08/23	11:45-12:00 <small>am pm</small>	Mid-day meals.	Extension/ Out reach.	Volunteer.	
15/08/23	9:00-10:00 <small>am am</small>	Question paper bundling.	Administration	Trainee.	
15/08/23	10:00-12:00 <small>am pm</small>	Exam invigilation	Administrative	Instructor	30

Signature of the Teacher in charge

P. Swamy

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
15/08/23	11:45-12:00	Mid-day meals	Extension/ Outreach	Volunteer	
16/08/23	1:30-3:00	Exams Invigilation	Administration	Instructor	30
17/08/23	9:00-12:00	Exams invigilation	Administration	Instructor	30
18/08/23	9:00-11:30	Exams Invigilation	Administration	Instructor	30
20/08/23	9:00-11:30	Exams Invigilation	Administration	Instructor	30
21/08/23	11:45-12:00	Mid-day meals	Extension/ Outreach	Volunteer	
04/09/23	11:45-12:00	Mid-day meals.	Extension/ Outreach.	Volunteer	
05/09/23	9:00-3:00 pm	Discipline duty (Teacher's day)	Administration, Cultural	Instructor	
07/09/23	10:00-11:00 am 1:30-3:00 pm	Rice distribution	Administration	Trainee	



Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

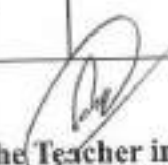
Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
25/08/23	9:00 am - 5:00 pm	Onam celebration	Cultural	Administrators,	
08/09/23	10:30 - 11:45	Substitution (6C)	Administrative Academic	Academic, Teacher	32
08/09/23	2:00 - 2:30	Substitution (6C)	Academic	Teacher	45
08/09/23	9:00 - 10:25	Rice distribution	Administrative	Teacher	
11/09/23	9:40 - 10:25	Health education (9C)	Academic	Teacher	52
11/09/23	2:00 - 2:30	Physical education (6B)	Academic	Teacher	35
11/09/23	12:40 - 1:15 <del>1:00 - 2:00</del>	Substitution (5B)	Academic	Teacher	30
12/09/23	11:15 - 11:40	Physical education (7B)	Academic	Teacher	39
12/09/23	11:45 - 12:00	Mid-day meal	Administrative	Volunteer	

  
 Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
13/09/23	9-40-10-25	Physical education (9D)	Academic	Teacher	11
13/09/23	10-45-11-30	note book valuation (8C)	Administrative	Teacher	43
13/09/23	12-40-1-15	Health education (7A)	Academic	Teacher	38
13/09/23	2-00-2-30	Substitution (6A)	Academic	Teacher	31
14/09/23	9-40-10-30	Revision (9C)	Academic	Teacher	51
15/09/23	10-30-11-15	substitution (6C)	Academic	Teacher	32
15/09/23	12-40-1-15	Substitution (5A)	Academic	Teacher	28
15/09/23	2-00-2-30	Substitution (7A)	Academic	Teacher	32
18/09/23	11-45-12-00	Mid-day meals	Administrative	Volunteer	

  
 Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
19/09/23	2:00-2:30	March past practice	Sports	Teacher	300
20/09/23	11:10-11:40	Substitution (TB)	Academic	Teacher	35
20/09/23	10:30-1:00	Sports meet organisation duty. (check w/ preparation arrangements)	Sports.	Trainee.	
20/09/23	2:00-2:30	March past practice.	Sports	Teacher	250
21/09/23	12:40-1:15	peer evaluation (Amarna Alex)	Assessment	Trainee	
23/09/23	full day	Sports day (Finches for race)	Sports	Teacher.	
25/09/23	10:30-11:15	Peer evaluation (Ashly Bajan)	Assessment	Trainee	
25/09/23	12:40-1:15	Revision (gc)	Academic	Teacher	

Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
26/09/23	11:15-12:40	Substitution (8B)	Academic	Teacher	43
26/09/23	2:00-12:30	Unit test (9C)	Assessment	Teacher	52
26/09/23	9:00-9:30	Value education (8C) Honesty	Academic	Teacher	43
27/09/23	12:40-1:15	Substitution (5B)	Academic	Teacher	32
29/09/23	10:30-11:10	Substitution (6A)	Academic	Teacher	33
29/09/23	11:10-12:40	Substitution (7B)	Academic	Teacher	35
30/09/23	11:10-11:50	Exam (Basic Science) - (5C)	Assessment	Teacher	28
30/09/23	11:30-12:00	Moral Science (10B)	Academic	Teacher	55

  
 Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
30/09/23	2:00-3:00	Computer lab (IT practical) (9C)	Academic	Teacher	44
3/10/23	11:40-12:40	Case study	Assessment	Plenar	1
05/10/23	10:30-11:15	Science club activity (8B)	Academic	Teacher	43
05/10/23	<del>2:15-2:50</del>	Science club activity (9C)	Academic	Teacher	52
06/10/23	11:15-10:40	Value education - 2	Academic	Teacher	43
06/10/23	2:00-2:30	Science club activity (Prize distribution) (8B)	Academic	Teacher	40
06/10/23	2:30-3:00	Case study	Academic	Teacher	1
09/10/23	9:40-10:30	Club activity prize distribution result distributions	Academic	Teacher	3

  
 Signature of the Teacher in charge



## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
11/10/23	2:00-2:30	Physical education. (7C)	Academic	Teacher	30
11/10/23	11:10-11:40	Yoga lesson (8A)	Academic	Teacher	38
13/10/23	10:30-11:15	Unit test (8B)	Academic	Teacher	45
13/10/23	11:15-2:00	Improved aid preparation.	Academic	Trainee	1
16/10/23	2:00-2:30	Students self assessment (9C)	Administration	Teacher	54
16/10/23	11:10-11:40	Substitution (9A)	Academic	Teacher	51
16/10/23	9:00-9:40	Substitution (7A)	Academic	Teacher	38
17/10/23	2:30-3:00	Substitution (7A)	Academic	Teacher	32

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 Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
17/10/23	12-40-1.15	Substitutions (7A)	Academic	Teacher	32
17/10/23	12-40-1.15	Substitutions (5C)	Academic	Teacher	26
20/10/23	10-30-10.40	Substitutions (6B)	Academic	Teacher	28
21/10/23	2.00-2.30	Substitutions (7A)	Academic	Teacher	29
21/10/23	11.45-12.00	Mid-day meals	Administration	Volunteers	
21/10/23	9.40-10.20	Students self assessment	Assessment	Teacher	52
22/10/23	11.45-12.00	Mid-day meals.	Administration	Teacher	
22/10/23	11.10-12.40	Substitutions (5B)	Academic	Teacher	28

  
 Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
23/10/23	2:00-3:00	Achievement test	Assessment	Teacher	50
29/10/23	10:30-11:15	Substitutions	Academic	Teacher	30
29/10/23	10:30-11:15	Substitutions	Academic	Teacher	32
31/10/23	1:10-1:40	Substitutions	Academic	Teacher	35
31/10/23	1:10-1:40	Substitutions	Administrative	Instructor	
01/11/23	9:00-9:30	Assembly	Academic	Teacher	28
01/11/23	9:40-10:20	Substitutions	Academic	Teacher	33
02/11/23	11:10-11:40	Substitutions	Academic	Teacher	33
02/11/23	11:45-12:00	Mid-day meals.	Administrative	Volunteer	
03/11/23	2:00-2:30	Drama practice	Culture	Teacher	10

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Signature of the Teacher in charge



## Nature of Programmes / Activities

<p style="text-align: center;"><b>Academic</b></p> <ul style="list-style-type: none"><li>• Substitution classes</li><li>• Subject club activities</li><li>• Question paper discussion</li><li>• Revision, Remedial teaching</li><li>• Catering to the needs of diverse learners</li><li>• Planning and conducting enrichment activities etc.</li></ul>	<p style="text-align: center;"><b>Cultural/ sports</b></p> <ul style="list-style-type: none"><li>• Celebration of days of importance</li><li>• Arts fest</li><li>• Sports meet</li><li>• Organising/ conducting cultural/ literary competitions</li><li>• Conducting practice sessions for students</li><li>• Judges for competitions etc.</li></ul>
<p style="text-align: center;"><b>Administrative</b></p> <ul style="list-style-type: none"><li>• Time table preparation for substitution classes, tests, examinations, remedial teaching etc.</li><li>• Exam invigilation</li><li>• Discipline duties</li><li>• Serving Mid-day meal</li><li>• Duty as Volunteer</li><li>• Maintaining documents/ registers, writing reports etc.</li><li>• Grooming students for academic fairs/ fest and exhibitions</li><li>• Participation in PTA, MPTA, Class PTA etc.</li></ul>	<p style="text-align: center;"><b>Assessment</b></p> <ul style="list-style-type: none"><li>• Setting question papers</li><li>• Evaluation of exam papers</li><li>• Preparation of result sheets, progress report</li><li>• Analysis of the test results</li><li>• Preparation and administration of achievement test, diagnostic test, student self-assessment</li><li>• Peer assessment and case study</li><li>• Assessment using digital tools etc.</li></ul>
<p style="text-align: center;"><b>Extension/ Outreach</b></p> <ul style="list-style-type: none"><li>• Awareness talks</li><li>• Communicative English classes</li><li>• Planting trees/ maintaining school garden</li><li>• Free tuition</li><li>• Arranging Laboratory/ Library</li><li>• Participation in the Extension activities of the School</li><li>• Student mentoring/ counselling etc.</li></ul>	

**MOUNT CARMEL COLLEGE OF  
TEACHER EDUCATION FOR WOMEN  
KOTTAYAM - 686004**



**B.Ed. Degree Programme 2022 - 2024  
SCHOOL INTERNSHIP DIARY**

Name : ..ANUJA..MARIAM..KURIAN.....  
Reg. No. : ...223240114558.....  
Optional Subject: ....Physical Science.....  
Name of the School: ..Baker..Memorial G.H.S.S Kottayam

Certified that this is a bonafide record of ...Anuja..Mariam..Kurian  
.....who had undertaken School Internship Programme at  
.....Baker..Memorial G.H.S.S Kottayam.....  
from ....07/08/23...to ....25/11/2023..

Date:

Seal:



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*[Handwritten Signature]*  
Signature of the Head of the Institution

Headmistress  
Baker Memorial G.H.S.S.  
Kottayam.

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

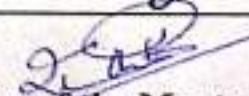
Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
1	8/08/23	III	IX A	Physics	unbalanced force	Follow up activity
2	8/08/23	I	IX D	chemistry	law of conservation of mass	Follow up activity
3	10/08/23	I	IX D	chemistry	Balancing of chemical equation	follow up activity
4	5/09/23	I	IX D	chemistry	oxidation & Reduction	Assignments
5	5/09/23	III	IX A	physics	external unbalanced force, observation of Galileo	Follow up activity
6	5/09/23	VI	IX A	physics	Newton's first law of motion	Follow up activity
7	5/09/23	VII	IX A	physics	Mass & Inertia momentum	Assignments
8	7/09/23	I	IX D	chemistry	oxidation number	Follow up activity

  
 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
9	7/09/23	I	IXD	chemistry	Method of determining oxidation number	Follow up activity
10	12/09/23	I	IXD	chemistry	Redox reaction & Rate of reaction	Follow up activity
11	12/09/23	I	IXD	chemistry	Nature of reactant & rate of reaction	Follow up activity
12	14/09/23	I	IXD	chemistry	concentration & rate of reaction	Assignment
13	14/09/23	II	IXD	chemistry	surface area of solid & rate of reaction	Follow up activity
14	14/09/23	III	IXA	chemistry	Newton's second law of motion	Follow up activity
15	15/09/23	III	IXD	chemistry	Temperature & rate of reaction	Follow up activity

  
 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
16	15/09/23	IV	IX D	chemistry	Therm catalyst and rate of reaction	Follow up activity
17	19/09/23	V	IX A	physics	Application of Newton's 2 <sup>nd</sup> law	Follow up activity
18	20/09/23	III	IX A	physics	Impulse	Follow up activity
19	20/09/23	IV	IX D	chemistry	periodic table and on to the history	Follow up activity
20	20/09/23	IV	IX D	chemistry	Lyards and Law of octaves	Follow up activity
21	21/09/23	II	IX D	chemistry	Mendeleev's periodic law and modern periodic	Follow up activity
22	27/09/23	VI	IX A	physics	Newton's 3 <sup>rd</sup> law of motion	Follow up activity

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## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
23	4/10/23	III	IXA	physics	Newton's 3 <sup>rd</sup> law of motion	Follow up
24	4/10/23	IV	IXA	physics	whether action and reaction cancel each other	Follow up
25	5/10/23	III	IXA	physics	Law of conservation of momentum	Assignment
26	5/10/23	III	IXA	physics	circular motion	Follow up activity
27	5/10/23	VI	IXA	physics	uniform circular motion	Follow up activity
28	6/10/23	V	IXD	chemistry	Electronic configuration & Group number	Follow up activity
29	6/10/23	V	IXD	chemistry	Electronic configuration & position in periodic table	Follow up activity

  
 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
30	9/10/23	V	IX D	chemistry	Representative Element & noble gases	Follow up activity
31	9/10/23	VI	IX A	physics	Force of gravity, mass	Follow up activity
32	10/10/23	V	IX D	chemistry	Transition Elements & lanthanoids, actinoids	Follow up activity
33	10/10/23	VI	IX A	physics	universal law of gravitation	Follow up activity
34	16/10/23	VI	IX A	physics	Kepler's law of planetary motion	Follow up activity
35	16/10/23	V	IX D	chemistry	Size of an atom in a group and period	Follow up activity
36	16/10/23	V	IX D	chemistry	Ionisation Energy & atomic radius	Follow up activity

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Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
37	19/10/23	VI	IX A	physics	Force of gravity	Follow up
38	19/10/23	VI	IX A	physics	Acceleration due to gravity	Follow up
39	20/10/23	VI	IX D	chemistry	Ionisation Energy in groups and periods	Follow up
40	20/10/23	VI	IX D	chemistry	Electronegativity & metalloids	Follow up
41	20/10/23	III	IX A	physics	Feather and coin Experiment	Follow up
42	20/10/23	III	IX A	physics	Equation of motion using g	Follow up
43	25/10/23	III	IX A	physics	Mass and weight	Follow up

  
 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
44	30/10/23	V	IXD	chemistry	Acids	Assignments
45	30/10/23	V	IXD	chemistry	common compounds in acids	Assignments
46	30/10/23	VI	IXA	physics	Free fall and weightlessness	Follow up activity
47	2/11/23	I	IXD	chemistry	Basicity of acids	Follow up
48	6/11/23	I	IXD	chemistry	Basicity of acids	Follow up
49	6/11/23	III	IXA	physics	work	Follow up
50	6/11/23	III	IXA	physics	factors affecting work	Follow up

  
 Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
51	8/11/23	VI	IX A	physics	work done against gravitational force	Follow up activity
52	22/11/23	III	VIII B	chemistry	origin of names of elements	Follow up
53	22/11/23	III	VIII B	physics	push, pull	Follow up

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Signature of the Mentor Teacher

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
08/08/23	10:30-11pm	Substitution V B	Academic	Teacher	20
08/08/23	12:30-12:45 pm	Serving Mid-day Meal	Administrative	participant	
09/08/23	9:50-10:30	Substitution VII B	Academic	Teacher	25
09/08/23	12:30-12:45	Serving Mid-day meal	Administrative	Teacher	
10/08/23	1-2 pm	Deepika colour India painting competition Cup	cultural	Investigator	
10/08/23	12:30-12:45 pm	Serving Mid-day Meal	Administrative	participant	
11/08/23	11:50-12:30	Substitution VII C	Academic	Teacher	27
11/08/23	12:30-12:45	Serving Mid-day Meal	Administrative	participant	
11/08/23	1:00-2 pm	Deepika colour India painting competition	cultural	Investigator	
14/08/23	9:40-10:00 am	Deepika colour India painting competition	cultural	Evaluator	
14/08/23	12:30-12:45	Mid day Meal serving	Administrative	participant	

  
 Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
14/08/23	2+2:30pm	substitution vc	Academic	Teacher	20
15/08/23	9-10:30 am	Independence day celebration	cultural	Evaluator	
16/08/23	9:30-11:30 am	Exam duty	administrative	Invigilator	
16/08/23	12:30-12:45 pm	Serving Mid day Meal	Administration	participant	
17/08/23	9:30-11:30 am	Exam Invigilation	Administration	Evaluator	
17/08/23	12:30-12:45 pm	Serving Mid day Meal	Administration	participant	
17/08/23	1:00-3:00 pm	Exam Invigilation	Administration	Invigilator	
21/08/23	9:30-11:30 am	Exam Invigilation	Administration	Invigilator	
21/08/23	12:30-12:45 pm	Serving Mid day Meal	Administration	participant	
22/08/23	1:00-3:00pm	Exam Invigilation	Administration	Invigilator	
22/08/23	2:00-3pm	onam celebration criteria preparation	cultural	participant	




**Signature of the Teacher in charge**

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
24/08/23	12:30-12:45 pm	Serving Mid-day Meal	Administrative	participant	
25/08/23	11:00-12:30 pm	Malayali Manga competition	cultural	Judge	
04/09/23	9:50-10:30 am	substitution VB	Academic	Teacher	20
05/09/23	10:00-10:30 am	planting trees	Extension	participant	
05/09/23	12:00-12:30 pm	serving Mid day Meal	Administrative	participant	
6/09/23	11:50-12:30 pm	substitution VIIIc	Academic	Teacher	24
6/09/23	12:30-12:45 pm	Serving Mid-day Meal	Administrative	participant	
17/09/23	10:00-12:30 pm	work experience fair	cultural	Investigator	
11/09/23	12:00-12:30 pm	serving Mid-day Meal	Administrative	participant	
11/09/23	1:30-3:00 pm	work experience fair	cultural	Judge	
12/09/23	10:30-11:05 am	substitution VIIc	Academic	Teacher	20


  
 Signature of the Teacher in charge



## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
13/09/23	10:50-12:30 pm	substitution VII B	Academic	Teacher	23
14/09/23	12:30-12:45 pm	Serving Mid day Meal	Administrative	participant	
14/09/23	1:10-1:50 pm	substitution VII B	Academic	Teacher	20
15/09/23	9:50-10:30 am	Data Entry (Noon meal)	Administrative	participant	
15/09/23	12:30-12:45 pm	Serving Mid day Meal	Administrative	participant	
15/09/23	2-3 pm	Data Entry (Noon meal)	Administrative	participant	
18/09/23	11:45-11:55 pm	substitution IX B	Academic	Teacher	35
18/09/23	12:30-12:45 pm	mid day Meal serving	Administrative	participant	
19/09/23	11:15-12 pm	Experiment demonstration	Academic	Teacher	30
19/09/23	2-3 pm	Non stage Kalolsavam competition	cultural	Invigilator	
19/09/23	9-10 am	Laboratory cleaning and setting	Extension	participant	

  
 Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
20/09/23	1:30-3pm	Library cleaning and setting	Extension	participant	
21/09/23	11pm-12pm	Laboratory setting	Extension	participant	
25/09/23	9:15-10:20 am	substitution vc	Academic	Teacher	30
26/09/23	10-3pm	school sports day	sports	judge participated	
27/09/23	9:15-10:20 am	Substitution vc	Academic	Teacher	30
27/09/23	11:15-12	peer evaluation	Assessment	Evaluator	
27/09/23	1:15-2pm	peer evaluation	Assessment	Evaluation	
29/09/23	10:-3pm	Jalotsavam	cultural	volunteer	
4/10/23	11:45-12pm	Grandhi Jayanthi PPT presentation VII A	cultural	Teacher	
4/10/23	12:30-12:45 pm	Seaving Mid day Meal	Administrative	participant	
6/10/23	11:45-12:30pm	Health Education (substance abuse) VIII B	Academic	Teacher	


  
 Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
6/10/23	12:30-12:45 pm	Mid day meal serving	Administrative	participant	
9/10/23	9:30-11 pm	work experience	cultural	investigator	
9/10/23	11:15-11:50 pm	value Education (Hard work)	Academic	Teacher	
9/10/23	12:12:30 pm	Health education (First aid for drowning) VB	Academic	Teacher	
10/10/23	11:15-11:50 pm	substitution VB	Academic	Teacher	25
10/10/23	12:30-12:45 pm	Mid day meal serving	Administrative	participant	
11/10/23	1:15-2 pm	substitution VB	Administrative	Teacher	
11/10/23	12:30-12:45 pm	Mid day Meal serving	Administrative	participant	
13/10/23	11:15-12 pm	preparing students for VIP	cultural	Investigator	
13/10/23	2:30-3 pm	Substitution VA	Academic	Teacher	
16/10/23	11:15-12:30 pm	working model preparation (Sasthaolsavam)	cultural	investigator	

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 Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
16/10/23	2:30-3:30 pm	working model preparation	cultural	invigilator	
17/10/23	9:30-12:30	SAT Exam conducting	Academic	Invigilator	
17/10/23	1:15-3:30 pm	work model preparation	cultural	Invigilator	
19/10/23	11:10-12:30 pm	Substitution SA	Academic	Teacher	30
19/10/23	12:30-12:45 pm	Serving Mid day Meal	Administrative	Participant	
19/10/23	9:15-10:30	Achievement test (GSD)	Academic	Teacher	
20/10/23	9:50-10:30	Substitution (UB)	Academic	Teacher	20
20/10/23	12:30-12:45	Mid day Meal serving	Administrative	Participant	
25/10/23	12:30-12:45	Mid day Meal serving	Administrative	Participant	
25/10/23	1:15-1:50 pm	Substitution (VC)	Academic	Teacher	20
25/10/23	11:15-11:50 pm	Self assessment (IXA)	Assessment	Teacher	

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## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
30/10/23	9:10-9:30 am	Rashtra ektha Dn Assembly	cultural	participant	25
30/10/23	12:30-12:45	Mid day Meal Serving	Administrative	participant	
2/11/23	11:15-11:50 am	substitution (VA)	Academic	Teacher	
3/11/23	1:2:30	substitution (X D)	Academic	Teacher	
3/11/23	2:30-3pm	substitution (X C)	Academic	Teacher	
6/11/23	12:30-12:45 pm	mid day Meal serving	Administrative	Teacher	
7/11/23	9:15-10:30 am	CSM	cultural	Initiator	
14/11/23	10-3pm	Kalotsavam Duty	cultural	volunteer	
15/11/23	10-3pm	Kalotsavam Duty	cultural	volunteer	
16/11/23	10-3pm	Kalotsavam Duty	cultural	volunteer	
17/11/23	10-3pm	Kalotsavam Duty	cultural	volunteer	

  
 Signature of the Teacher in charge

## Student Teacher Engagement During Internship

### B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
20/11/23	12:00-12:30	substitution VB	Academic	Teacher	20
20/11/23	12:30-12:45	Serving Mid day Meal	Administrative	participant	
21/11/23	11:15-11:30 pm	substitution IX B	Academic	Teacher	36
22/11/23	11:15-12 pm	L&L Lesson teaching (8B)	Academic	Teacher	



Signature of the Teacher in charge

## Nature of Programmes / Activities

<p><b>Academic</b></p> <ul style="list-style-type: none"> <li>• Substitution classes</li> <li>• Subject club activities</li> <li>• Question paper discussion</li> <li>• Revision, Remedial teaching</li> <li>• Catering to the needs of diverse learners</li> <li>• Planning and conducting enrichment activities etc.</li> </ul>	<p><b>Cultural/ sports</b></p> <ul style="list-style-type: none"> <li>• Celebration of days of importance</li> <li>• Arts fest</li> <li>• Sports meet</li> <li>• Organising/ conducting cultural/ literary competitions</li> <li>• Conducting practice sessions for students</li> <li>• Judges for competitions etc.</li> </ul>
<p><b>Administrative</b></p> <ul style="list-style-type: none"> <li>• Time table preparation for substitution classes, tests, examinations, remedial teaching etc.</li> <li>• Exam invigilation</li> <li>• Discipline duties</li> <li>• Serving Mid-day meal</li> <li>• Duty as Volunteer</li> <li>• Maintaining documents/ registers, writing reports etc.</li> <li>• Grooming students for academic fairs/ fest and exhibitions</li> <li>• Participation in PTA, MPTA, Class PTA etc.</li> </ul>	<p><b>Assessment</b></p> <ul style="list-style-type: none"> <li>• Setting question papers</li> <li>• Evaluation of exam papers</li> <li>• Preparation of result sheets, progress report</li> <li>• Analysis of the test results</li> <li>• Preparation and administration of achievement test, diagnostic test, student self-assessment</li> <li>• Peer assessment and case study</li> <li>• Assessment using digital tools etc.</li> </ul>
<p><b>Extension/ Outreach</b></p> <ul style="list-style-type: none"> <li>• Awareness talks</li> <li>• Communicative English classes</li> <li>• Planting trees/ maintaining school garden</li> <li>• Free tuition</li> <li>• Arranging Laboratory/ Library</li> <li>• Participation in the Extension activities of the School</li> </ul>	

## INTERNSHIP TIMETABLE

TIME \ DAY	1	2		3	4		5	6		7		
	9:45 - 10:25	10:25 - 11:05	11:05 - 11:15	11:15 - 11:55	11:55 - 12:30	12:30 - 1:10	1:10 - 1:50	1:50 - 2:20	2:20 - 2:30	2:30 - 3:00		
MONDAY						-			-			
TUESDAY	IX D					-		IX A	-			
WEDNESDAY			Interval	IX A		Interval			Interval			
THURSDAY	IX D					-			-			
FRIDAY						-			-			