



Estd. 1953

# **MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN**

**Muttambalam P.O., Kanjikuzhy, Kottayam- 686004**  
*(Recognised by NCTE, Affiliated to Mahatma Gandhi University)*

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## **CRITERION II**

### **TEACHING-LEARNING AND EVALUATION**

#### **2.4: Competency and Skill Development**

**2.4.10: Nature of internee engagement during internship consists**

**School-wise internship reports showing student engagement  
in activities claimed**

**MOUNT CARMEL COLLEGE OF TEACHER  
EDUCATION FOR WOMEN  
KOTTAYAM**



**TTEACHING PRACTICE STUDENTS  
ATTENDANCE REGISTER**

**2021 ..-2023 BATCH ONWARDS**

**M.D. SEMINARY HIGHER SECONDARY SCHOOL  
KOTTAYAM**

Sl. No.	NAME & ADDRESS NUMBERS		Designation	DATE / DAYS																
	NAME	UID No		1	2	3	4	5	6	7	8	9	10	11	12					
1	Catherine Baby	788132590925	English																	
2	Cristeena Mexia Mathew	792955992594	Mathematics																	
3	Vidya Prasad	468237317268	Mathematics																	
4	Malavika Mahanan	89687162233	IT																	
5	Namitha Suresh	358378593615	IT																	
6	Akhila V Appukutlan	540684582566	IT																	
7	Ann Maria Mathew	941961770974	IT																	
8	Christymol A.B.	359289348769	S.S.																	
9																				
10																				
11																				
12																				
13																				

Sl. No.	NAME	UID No	Designation	OCTOBER							In the Month	Casual Leave	Total	Remarks
				18	19	20	21	22	23	24				
1	Catherine Baby	788132590925	English								7			
2	Cristeena Mexia Mathew	792955992594	Mathematics								7			
3	Vidya Prasad	468237317268	Mathematics								7			
4	Malavika Mahanan	89687162233	IT								7			
5	Namitha Suresh	358378593615	IT								7			
6	Akhila V Appukutlan	540684582566	IT								7			
7	Ann Maria Mathew	941961770974	IT								7			
8	Christymol A.B.	359289348769	S.S.								7			



SR NO.	NAME & AADHAR NUMBER	Designation	DATE / DAYS																
			T	F	S	M	T	W	T										
1	Catherine Baby	English	M																
2	Cristeena Revin Mathew	Maths	M																
3	Vidya Poojari	Maths	E																
4	Malavika Mohan	N.S.	M																
5	Namitha Suresh	N.S.	E																
6	Akhila V. Appukuttan	P.S.	M																
7	Ann Maria Mathew	P.S.	M																
8	Christymol A.B.	S.S.	E																
9			M																
10			E																
11			M																
12			E																
13			M																
14			E																

T	W	T	F	S	M	T	W	T	F	S	M	T	W	T	F	S	In the Month	Casual Leave	Prevl- Total	Reman



Sl. No.	NAME & ADDRESS NUMBER	Designation	DATE / Days																
			U	T	F	4	5	6	7	8	9	10	11	12					
1	NAME: Catherine Baby UID No:	English																	
2	NAME: Crisistena Mezin Matha UID No:	Maths																	
3	NAME: Vidya Prasad UID No:	Maths																	
4	NAME: Malavika Mohanan UID No:	M.S.																	
5	NAME: Namitha Suresh UID No:	N.S.																	
6	NAME: Akhila V. Appukuttan UID No:	P.S.																	
7	NAME: Ann Matha Mathew UID No:	P.S.																	
8	NAME: Christymol A.B. UID No:	S.S.																	
9	NAME: _____ UID No:																		
10	NAME: _____ UID No:																		
11	NAME: _____ UID No:																		
12	NAME: _____ UID No:																		
13	NAME: _____ UID No:																		
14	NAME: _____ UID No:																		
15	NAME: _____ UID No:																		

  
 WILSON DANIEL  
 Headmistress  
 M.D. Gennery Street  
 Kottayam, Kerala

Sl. No.	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	In the Month	Presi. can	Total	Remarks
13																							
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TEACHING PRACTICE EDUCATION FOR WOMEN  
 MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN  
 TEACHING PRACTICE STUDENTS

Sl No	NAME & ADMISSION NUMBER	Subject	M	DATE																			
				1	2	3	4	5	6	7	8	9	10	11	12								
1	Jubeeba Johnson UD No: 815022382813	English	M																				
2	Sano Susan Baby UD No: 904694242916	English	E																				
3	Aleena Benny UD No: 278202536680	Maths	E																				
4	Divya George Vasquez UD No: 905749726928	Maths	E																				
5	Deeptheshma R UD No: 769887921566	N.S.	E																				
6	Ashly Babu UD No: 472090327291	N.S.	E																				
7	Anuja Mariam Kusian UD No: 261545374288	P.S.	E																				
8	Angaly Scaria UD No: 399511363633	P.S.	E																				
9	Denova Mary Felix UD No: 357384358817	S.S.	E																				
10	Bilbiza Joseph UD No: 276971680533	S.S.	E																				
11			M																				
12			M																				
13			M																				
14			M																				
15			E																				

KOTTAYAM FOR FEBRUARY 2023  
 ATTENDANCE REGISTER School Induction Programme 2023

Sl No	NAME	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	In the Month	Total	Remarks
1	Jubeeba Johnson																								
2	Sano Susan Baby																								
3	Aleena Benny																								
4	Divya George Vasquez																								
5	Deeptheshma R																								
6	Ashly Babu																								
7	Anuja Mariam Kusian																								
8	Angaly Scaria																								
9	Denova Mary Felix																								
10	Bilbiza Joseph																								
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14																									
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Sl. No.	NAME & AADHAR NUMBER	Designation	DATE / DAYS												
			W	T	F	S	S	M	T	W	T	F	S	S	
1	Tubetha Johnson	English	M	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>	<del>M</del>	<del>T</del>	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>
2	Saino Susan Baby	English	M	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>	<del>M</del>	<del>T</del>	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>
3	Aleena Benny	Maths	M	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>	<del>M</del>	<del>T</del>	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>
4	Divya George Vasanth	Maths	M	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>	<del>M</del>	<del>T</del>	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>
5	Deeptreshma R.	N.S.	M	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>	<del>M</del>	<del>T</del>	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>
6	Rishy Babu	N.S.	M	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>	<del>M</del>	<del>T</del>	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>
7	Anuja Maximilian Kurian	P.S.	M	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>	<del>M</del>	<del>T</del>	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>
8	Anjali Scaria	P.S.	M	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>	<del>M</del>	<del>T</del>	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>
9	Deenova May Felix	S.S.	M	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>	<del>M</del>	<del>T</del>	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>
10	Bibiya Joseph	S.S.	M	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>	<del>M</del>	<del>T</del>	<del>W</del>	<del>T</del>	<del>F</del>	<del>S</del>	<del>S</del>
11			M												
12			M												
13			M												
14			M												
15			M												



WIESSON ENGINE  
Headmaster  
M.O. Seemankutty P.P.  
Kottayam, Kerala

		13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	In the Month	Casual Leave	Total	Re-marks	
M	T																								
T	W																								
W	T																								
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S	S																								
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W	T																								
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F	S																								
S	S																								

Sl. No	NAME & AADHAR NUMBER										Designation	DATE / DAY																				
	1	2	3	4	5	6	7	8	9	10		M	T	W	T	F	S	S	10	11	12											
1	Mezin George										English	M																				
2	Abiramy Devaraj										Maths	E																				
	UID No	22	25	80	74	13	06																									
3	Lilly Mary John										Maths	E																				
	UID No	49	28	63	28	02	68																									
4	Sneha Vasghe										N.S.	E																				
	UID No	99	74	53	8	82	76	0																								
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Sl. No	ATTENDANCE REGISTER																															In the Month	Previ-ous	Casual/Leave	Total	Remarks
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					
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Sl. No.	NAME & ADDRESS NUMBER		Designation	DATE /													
				DAY		T	F	S	C	M	T	W					
1	NAME	UID No.	English	M	E	1	2	3	4	5	6	7	8	9	10	11	12
2	NAME	UID No.	Maths	M	E	<del>1</del>	<del>2</del>	<del>3</del>	<del>4</del>	<del>5</del>	<del>6</del>	<del>7</del>	<del>8</del>	<del>9</del>	<del>10</del>	<del>11</del>	<del>12</del>
3	NAME	UID No.	Maths	M	E	1	2	3	4	5	6	7	8	9	10	11	12
4	NAME	UID No.	N/S.	M	E	1	2	3	4	5	6	7	8	9	10	11	12
5	NAME	UID No.		M	E												
6	NAME	UID No.		M	E												
7	NAME	UID No.		M	E												
8	NAME	UID No.		M	E												
9	NAME	UID No.		M	E												
10	NAME	UID No.		M	E												
11	NAME	UID No.		M	E												
12	NAME	UID No.		M	E												
13	NAME	UID No.		M	E												
14	NAME	UID No.		M	E												

WILSON DANIEL  
Headmaster  
M.D. Saranya M.S.S.  
Kolayam, Kerala



																								Casual Leave	Total	Re-M				
	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	In the Month	Prev- Month									

## REPORT OF INDUCTION PROGRAMME


B.Ed Induction Programme for the academic year 2023-2025 was started on 18/01/2024 at M.D Seminary Higher Secondary School Kottayam. 4 B.Ed. Trainee from Mount Carmel College of Teacher Education for Women, Kottayam joined the programme.

The induction was commenced after meeting the Headmaster of the institution Wilson Daniel who introduced the trainees to their respective incharge teachers. On 24-01-2024 we were assigned the duty of invigilation for 10 standard pre-model examination.

As part of Republic day celebration, a drawing competition on the theme "Freedom" was conducted for high school student in collaboration with NSS unit of Mount Carmel College of Teacher Education for Women, Kottayam.

The time spent at M.D. Seminary proved to be highly enriching, providing valuable lessons for our future endeavors.



  
WILSON DANIEL  
Headmaster  
M.D. Seminary H.S.S.  
Kottayam, Kerala

MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN  
**INTERNSHIP TEACHING PRACTICE EDUCATION FOR WOMEN**  
**TEACHING PRACTICE STUDENTS**

		NAME & ADDRESS NUMBERS	Designation	DATE / DAYS					M	T	W	T	F	S		
Sl No				1	2	3	4	5	6	7	8	9	10	11	12	
1	NAME	Jubelta Johnson	English													
	UID No	8153223838813														
2	NAME	Saind Susan Baby	English													
	UID No	904699242916														
3	NAME	Divya George Varghese	Maths													
	UID No	905749726928														
4	NAME	Santha Manuel	Maths													
	UID No	764066897579														
5	NAME	Simi Felix	Maths													
	UID No	479203709356														
6	NAME	Bibiya Joseph	S.S													
	UID No	276971680533														
7	NAME	Devona Mory Felix	S.S													
	UID No	357384358517														
8	NAME															
	UID No															
9	NAME															
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10	NAME															
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	UID No															
13	NAME															
	UID No															

KOTTAYAM, FOR ..... AUGUST ..... 2023 .....

	ATTENDANCE REGISTER																												Casual Leave				
	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	In the Month	Prev- cas	Total	Re		


  
**WILSON DANIEL**  
 Headmaster  
 M.D. Seminary H.S.S.  
 Kottayam, Kerala

Sl. No.	NAME & ADDRESS NUMBER	Designation	DATE / DAYS															
				1	2	3	4	5	6	7	8	9	10	11	12			
1	Subbetta Johnson	English	M															
2	Saimo Susan Baby	English	M															
3	Divya George Varghese	Maths	M															
4	Santha Manuel	Maths	M															
5	Simi Felix	Maths	M															
6	Bibiya Joseph	S.S.	M															
7	Denova Mazy Felix	S.S.	M															
8			M															
9			M															
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13			M															
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ATTENDANCE REGISTER

Sl. No.	DATE	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	In the Month	Pres- om	Total	Remarks
	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31																	
1	13																																			
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WILSON DANIEL  
 Headmaster  
 M.D. Seminary N.S.S.  
 Kottayam, Kerala

Sl No	NAME & ADDRESS NUMBER	Designation	DATE / DAYS																
			1	2	3	4	5	6	7										
1	Jubelta Johnson	English																	
2	Saino Susan Baby	English																	
3	Divya George Vadghave	Matth																	
4	Santha Manuel	Matth																	
5	Sirni Felix	Matth																	
6	Bibhya Joseph	Matth																	
7	Denova Mory Felix	Matth																	
8																			
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ATTENDANCE REGISTER

Sl No	NAME	DATE												In the Month	Pres. ons	Total	Remarks		
		13	14	15	16	17	18	19	20	21	22	23	24						
1	Jubelta Johnson																		
2	Saino Susan Baby																		
3	Divya George Vadghave																		
4	Santha Manuel																		
5	Sirni Felix																		
6	Bibhya Joseph																		
7	Denova Mory Felix																		
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WILSON DANIEL  
Headmaster  
M.D. Seminary H.S.S.  
Kottayam Kerala

Sl. No.	NAME & AADHAR NUMBER	Designation	DATE / DAYS															
			1	2	3	4	5	6	7	8	9	10	11	12				
1	Jubaelka Johnson	English	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M
2	Sains Susan Baby	English	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
3	Divya George Varghese	Maths	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
4	Sondra Manuel	Maths	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
5	Simi Felix	Maths	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
6	Bibiya Joseph	Sis.	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
7	Denova Mary Felix	Ss.	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
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Sl. No.	NAME	Designation	DATE																															In the Prev. Month	Total	Remarks			
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						
1	Jubaelka Johnson	English	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M	M		
2	Sains Susan Baby	English	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	
3	Divya George Varghese	Maths	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	
4	Sondra Manuel	Maths	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
5	Simi Felix	Maths	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
6	Bibiya Joseph	Sis.	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E
7	Denova Mary Felix	Ss.	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E	E



WILSON DANIEL  
 Headmaster  
 M.D. Saminary H.S.S.  
 Kottayam, Kerala



INTERNSHIP  
REPORT OF INDUCTION PROGRAMME

B.Ed Internship Programme for the academic year 2022-24 was started on 01/08/2023 at M.D Seminary H.SS, Kottayam. Seven B.Ed trainees from Mount Carmel College of Teacher Education joined the programme.

The Internship Programme was marked by engaging activities, valuable interactions and a supportive learning environment. During this period, we got a chance to actively participate in the overall functioning of the school.

As part of commemorating Independence day, Deepika Newspaper conducted 'Colour India Painting Competition' at M.D Seminary on 13<sup>th</sup> August 2023. B.Ed trainees supervised the competition. Also, a quiz competition was conducted at the IT lab of the school on 14<sup>th</sup> August 2023.

Onam celebration at M.D Seminary was held on 25<sup>th</sup> August 2023. It was a great experience for all of us to take part in the celebration with our dear teachers and students. The B.Ed trainees marked their participation in Onappatt, Onasadhya and other cultural programmes.

School Arts Fest was held on 27<sup>th</sup> September 2023. The teacher trainees trained the students for various competitions and helped them to perform well and develop their hidden talents.

## REPORT OF TEACHING PRACTICE

The B.Ed trainees judged various performances also.

As part of Gandhi Jayanti celebrations, we planted two Rambuttan saplings and took initiative to clean the school campus with the help of the school students.

The Internship at MD Seminary School was an enriching experience that contributed significantly to our professional development.



  
**WILSON DANIEL**  
Headmaster  
M.D. Seminary H.S.S.  
Kottayam, Kerala

**MOUNT CARMEL COLLEGE OF TEACHER  
EDUCATION FOR WOMEN  
KOTTAYAM**



**TEACHING PRACTICE STUDENTS  
ATTENDANCE REGISTER**

**2021 -2023 BATCH ONWARDS**

**M.T. SEMINARY HIGHER SECONDARY SCHOOL  
KOTTAYAM**



## REPORT OF TEACHING PRACTICE

The internship programme at M.T Seminary H.S.S began at 19<sup>th</sup> October 2023. We a group of 8 members were allotted to the school:

Ammutha S (English)  
Chaitanya Jayson (English)  
Kalki K (Mathematics)  
Asha Rose Mathew (Physical Science)  
Anjmol goji Thomas (Natural Science)  
Susan Koshy (Natural Science)  
Blaisy mol pc (Social Science)  
Neha V.G (Social Science)

During the internship programme at M.T Seminary H.S.S we got immense opportunity to be a part of many activities that were held in school during the tenure.

In order to take classes and improve the teaching competencies, we were allotted to different classes by our mentor teachers at school. We were allotted in VIII<sup>th</sup> and IX<sup>th</sup> classes. We also got opportunity to be entrusted with some other duties also. Discipline duty which aimed at maintaining discipline of school mainly during the morning time and break time were divided among us. Library duty which included arranging books, looking after the discipline of students during library hours entrusted on us.

We got an opportunity to be a part of the Mid day meal Programme at the school.

Remedial teaching was provided to the hostellers. Moral class is given to the students at every Friday.

A Skit based on drug abuse organised by the government of India was held on 29th October 2022. We were assigned with the duty of Coordinating different events.

School parliament election under the supervision of Head master and teachers was held on 28 October 2022. B.Ed trainees were the teachers in charge.

As a part of mother language day, we had a group of students arranged 'Aksharavisham' in the school campus on 14th November 2022.

School formed a human chain aimed at creating an awareness against drug addiction on 1st November 2022.

Students from various schools gathered at Collectorate Compound, in connection with the drug abuse day. They took a pledge regarding the deaddiction and the importance of leading a disciplined life.

As a part of children's day celebration, children were engaged in various games for 2 hours as a part of recreation. The programmes were arranged by child welfare association was done on 14th November 2022.

Student police cadet group collected some necessary food items to be distributed to the nearby orphanage. The teacher in charge of Spc, Sri Varghese K coordinated it. It was held on 21st November 2022.

The School PTA meeting was held on 24<sup>th</sup> November 2022. We were asked to coordinate it and maintain discipline of the programme.

B.M. College Organised a Seminar on drug abuse to create awareness on drug abuse. It was an interactive session led by Sr. Ambali. The Seminar was held on 25<sup>th</sup> November 2022.

Various Competitions regarding the topic 'Biodiversity' Organised by the M.O. University was held on 26<sup>th</sup> November 2022. B.Ed trainees coordinated the whole event.

Christmas celebration of the year was held on 23<sup>rd</sup> December 2022. A Carol song and a dance was taught to the students for the day. A Carol song was by the B.Ed trainees was also held.

Annual Day Celebration was held on 11<sup>th</sup> January 2023. Retirement function of Headmaster Sri Mony George and Mrs Sheeba was held.

Language enrichment programme by language academy was held on 19<sup>th</sup> January 2023. The class was held for the students of VIII<sup>th</sup> class. We also had SET examination duty.



*C. George*

MONY GEORGE, P.  
Headmaster  
M.T. Seminary Higher Sec. School  
Kottayam-686 001

# REPORT OF TEACHING PRACTICE 2022-24

The internship programme at M.T Seminary Hss Kottayam began at 7th August 2023. A group of 7 members were allotted to the school:

Benny Benedict

Neethu Sebastian

Ansha S John

Dannya K R

Stephania Joseph

Reenomol Joseph

Hridhya N.c

During the internship programme at M.T Seminary Hss we got immense opportunity to be part of many activities that were held take the class in school during the tenure.

In order to take classes and improve the teaching competency we were allotted different classes by our mentor teachers at school. We were allotted 8th and 9th classes. We also got opportunity to be entrusted with some other duties like discipline duty which aimed at maintaining discipline of school mainly during the morning time. We got different places of school, like school



entrance, ground and classrooms. We also got the duty to give news and thoughts for the day every morning.

We got an opportunity to be a part of the mid-day meal programme at the school. Remedial teaching was provided to the ward hostelers. Moral class is given to the students at every Friday.

On August 9, the social science club in the school conducted the program to commemorate Hiroshima Nagasaki Day. Vinod Wopan, sir, inaugurated the program. Along with the program, students take oaths. In honouring the pure soul of the war and standing for unity against the war, the teachers, students, and B.Ed trainees do a memorabilia 'thumb impression'.

On August 25, there was an Onnam Celebration. We were tasked with presenting various Onnakalikal such as Thiruvathira and Vadmvali, among others.....

On September 5, 2023, the school celebrated Teachers Day with an assembly, and we wished the teachers in the school and also conducted some games for them.

## REPORT OF TEACHING PRACTICE

On 19<sup>th</sup> (19<sup>th</sup>) of September 2023, the school youth festival 'mizhiv' was held, and we were assigned the task of coordinating various events.

On September 21<sup>st</sup>, the school held a sports day. We were assigned the duty of coordinating different events.

As a part of vandhiyayati, the school conducted various activities like quiz competition, pledge and cleaning of the school, etc... For this activities we also got various duties to assist the teachers at the school.

We planted a tree in the school compound and also cleaned the school compound as a part of the NSS on October 4, 2023.

Kottayam east subdistrict science Exhibition was conducted at M.T Seminary from October 11 to 14, 2023. We had different duties.

As a part of the SSA examination, we were assigned to evaluate the OMR on October 17.

We celebrated Kerala Pournami on November 1, 2023, with the various programs conducted

at the School assembly. The H.M gave the message to the students related to keralapiravi. we are also assigned some duties to advance the program.

Government Medical college kottayam hosted an all-kerala medical exhibition from November 6 to 26. we were assigned the duty of taking the students to this exhibition on November 6th and 7th.

The second mid term examination (2023-24) was conducted on November 13-16. we were assigned to exam invigilation duty in different classes.

The school held an event to celebrate children's Day. The school organized different programs related to children's Day on November 14, 2023.

*Ruby John*

Ruby John  
Headmistress

M.T. Seminary HSS (33042)  
Kottayam - 686 001



## REPORT OF TEACHING PRACTICE

### • Mathematics Day Quiz Competition

As part of mathematics day on 22<sup>nd</sup> December 2022, we conducted a quiz competition on Ramanujan under the guidance of Rini Miss.

### • Mathematics day - Geometric pattern drawing Competition

As part of mathematics day on 22<sup>nd</sup> December 2022, we also conducted a drawing competition on geometrical pattern.

### • Fibonacci day - we conducted a class about Fibonacci day and taught about drawing Fibonacci spiral in geogebra.

### • Human Rights Day Celebration

As part of celebrating 75<sup>th</sup> world human rights day, we conducted a poster making competition for the students of UP and High school. As well as an essay writing competition for both the sections in each English and Malayalam. The theme was given.

### • Kerala Pizavi Celebration.

As part of Kerala Pizavi on November first, we conducted various programmes such as thiruvathira, Naadan pattu, quiz competitions at the school.

### • Youth Festival

School youth festival was conducted on 10<sup>th</sup> November 2022. We got a chance to be judges on various competition conducted on that day.

## • Children's day celebration

As part of children's day celebration, various programs was conducted on the school. Children's day rally was the main highlight of that day. Flash mob, games etc were also conducted

## • Human Rights Day.

On 9<sup>th</sup> of december 2022 human rights day has been celebrated.

## • World cup exhibition

School has conducted an album making competition based on FIFA World Cup 2022. We were assigned to be the judges of that competition

## • Army Day Celebration

On 17<sup>th</sup> January 2023 army day was celebrated. A special assembly was held at the school. Flash mob, Patriotic song and a ~~message~~<sup>speech</sup> competitions were conducted at that day



  
Headmistress  
St. Joseph's C. J. H.  
Kottayam

## REPORT OF TEACHING PRACTICE

### • World Ozone day Celebration:

As part of World Ozone Day on 16<sup>th</sup> September 2023, we have conducted a skit on 18<sup>th</sup> September 2023 in collaboration with Science Club of the school.

### • Onam Celebrations:

School Onam Celebration was conducted on 14<sup>th</sup> August, 2023. We have participated in <sup>14<sup>th</sup></sup> Onam in <sup>14<sup>th</sup></sup> Thiruvathirakali, Organized Onam games, served the role of judges for different cultural programmes, and managed the discipline.

### • Teacher's Day

We have conducted Teacher's Day with a lively competing, maintaining discipline, and to add the rhythm a dance performance was conducted and expressing gratitude in a heart-warming note of Thanks.

### • Sports Day

Sports Day was conducted on September 12<sup>th</sup>, 2023 and we had made the arrangements for fostering discipline, helped the teachers in finalizing the results.

### • Youth Festival

As part of School Youth Festival conducted on 15<sup>th</sup> September 2023, we have taken up the role of cataloguing students, taken a part in judging different competitions. Strict discipline was maintained throughout the event. Various arrangements have also made with team work.

### • Mid-day Meal

During the four months internship, we were in charge to distribute mid-day meal. We have exchanged the duty among ourselves and managed the duty with no faults.

### • Heart Day

In collaboration with School Science Club, we have conducted and organized World Heart Day on 29<sup>th</sup> September 2023 with the proper guidance of Mary Lina miss. After conducting practice sessions an innovative mime was presented in the school auditorium.

### • Reading Test

As per the instructions from School Principal, we have conducted reading test for all the students of the school and identified and recorded the performance of the students in the reading test.

### • Kerala Piravi

In association with Kerala Piravi Celebrations of the school, we are assigned to enhance the ambiance with decorative works. We have decorated school frontyard with different coconut craft works.

### • International Science Day

With the guidance of June Miss and Mary Lina Miss, we have conducted and organized a 'Seminar Competitions' for High School students. We have divided the topics and distributed the topic with the students after grouping them into four to five groups. We were the judges for the same. It was a great success as we have witnessed the participation from all the students especially the special kids. Students showed great team work and team spirit.

### • Exhibition on National Integration

We have organized an exhibition on 14<sup>th</sup> November 2023. Different charts were prepared and exhibited along with the help of our students. A separate stall was prepared for science and exhibited science related charts. Main theme of the exhibition was 'National Integration'.



*[Signature]*  
DOMINIQUE K. JOHN  
Headmistress  
St. John's CGHS  
Kottayam

## REPORT OF TEACHING PRACTICE

The Internship programs prescribed for the B-Ed students commenced on August 7<sup>th</sup> 2023 and lasted till Nov. 24<sup>th</sup> 2023. The interns at the St. Ann's School were Ms. Ancha Hepzibah Solomon (Eng), Ms. Ashly Babu (NS), Ms. Sangeetha Ann Thomas (NS), Ms. Anjaly Scaria (PS), Ms. Amruth Alex (PS) and Ms. Mariya Xavier (SS). All the interns were allotted classes from standard VIII and IX. The school offered us many opportunities which made us realise the many blessings and challenges the job profile could offer. The report summarises all of our major activities at the school.

### I. Deepika Colour India Painting Competition

On August 11<sup>th</sup>, B-Ed trainees were included to conduct the Deepika Colour India Painting Competition for students of classes 5 to 7. They were provided with sheets and were asked to colour them. The competition was for one hour.

### II. Independence Day Celebration.

In association with the NSS unit 206, the interns of St. Ann's School conducted a "Caption Writing Contest" for the students of class VIII and VII. They were to write a caption for an image displayed. The winners of the event were Ms. Aleena Thomas of class VIII A.

### III. First Terminal Exams and PTA Meeting

The first terminal exam of the school was from 17-08-2023 to 24/08/23. The interns took part in invigilation duty, organising and bundling question papers and also in evaluating the answer sheets. Further, we were in charge of the registration and discipline duty for the PTA meeting on Oct 11, 2023.

### IV. Onam Celebration

Onam Celebration of St. Ann's G.H.S.S was on 25-08-2023. School Headmistress, Ms. Jigy Thomas delivered the presidential speech for the occasion. Malayali month Competition was also conducted. The interns were given the task of evaluating the flower carpets prepared by HSS. We were also in charge of making the flower carpet for the school and distributing the Chorus Sankhya.

### V. Rice Distributions

The interns were in charge of distributing Rice for the students provided by the Government. Under the supervision of the senior staff, we performed dutifully.

### VI. Silver Jubilee and Teachers Day Celebration

On Sept. 5, the Silver Jubilee celebrations of HSS and Teachers Day Celebration was combinedly celebrated. We were in charge of the discipline duty. The occasion was graced by the presence of many dignified members of the society.



## VII Sports Day

The sports day of the school was conducted on 23/09/2023. Rev Philmons Kalathara was the chief guest. Various competitions were held and the White House were crowned as the winners. The interns actively took part in all the events.

## VIII Health Check Up Camp

Another initiative by the government, a health check up camp was conducted on Sep-25. The interns assisted in documenting the readings done by professionals. Students of classes VIII to X were benefited from this.

## IX Clean Campus Drive

With respect to Gandhi Jayanti, and in association with the NSS unit 246, a "Clean Campus Drive" was conducted on Oct-6 from 1:30 pm to 3:00 pm. Teachers and students alike took up the task to clean the premises and also vowed to take measures to maintain its cleanliness.

## X State Achievement Test

On 17/10/23, the interns were given an opportunity to take part in conducting the "State Achievement Test" for the students of class IX and X. Along with the mentor teachers, the interns took part in hosting the exam and later evaluating and recording their scores.

## XI Second Mid Terms Exam

The second mid-terms exams were conducted in the last week of October. The interns were given invigilation duties and also received the opportunity to check the papers. The interns also assisted senior teachers for conducting IT practicals for the HS students.

## XII Rashtriya Ekta Diwas

In association with NSS unit 246, and to host Rashtriya Ekta Diwas, a Quiz Competition and Oath Taking Ceremony was conducted by the interns for the students of class VII A & B. The winners were Ms. Nivedya Jithesh (VII A) and Archana Prakash (VII B). The prizes were distributed by the HM, Mr. Juzy Thomas.

## XIII School Assembly

Assembly was conducted on all major days of celebrations and it was conducted by classes on turns. The interns at St. Anne's always took part in the assembly.

## XIV Mid Day Meal

The interns assisted the mentor teachers and actively took part in serving the mid-day meal for the learners everyday.

## XV English Skit for Sub District Youth Festival

The interns at St. Anne's happily took up the challenge of preparing a skit for the students to perform at the sub-District youth festival. We prepared the script together and trained them. We also received the first prize and an A grade and at the next level received a B grade.

Juzy Thomas

JUZY THOMAS  
Headmistress  
St. Anne's G.H.S.S.  
Kottayam

## Conclusion

All in all, the activities at the school provided us with an extensive learning opportunity that helped us to improve our ways and approaches. We were given excellent training and support from the teachers at St. Anne's.

REPORT OF TEACHING PRACTICEReport on Special School Kalolsavam Duty

B.Ed students from Mount Carmel College of Teacher Education for Women, participated in the duties regarding Special School Kalolsavam held at Baker Memorial G.H.S.S on the dates of 20, 21 and 22 of October, 2022. The programmes were conducted in different stages within the school compound.

Report on Awareness class on Scientific Discoveries

A class was conducted by Smt. Renjini Elizabeth Varghese, on 26<sup>th</sup> October 2022, to the students of class 8 on the Different Scientific Discoveries useful to mankind and their importance.

Report on Kerala Piravi Celebrations

Baker Memorial school celebrated the occasion of Kerala Piravi on November 1<sup>st</sup> 2022 and organized a Mega Thiruvathira by the school students and teachers in the school ground.

Report on No Drug Campaign

As a part of the No Drug Campaign organized by Baker Memorial G.H.S.S, on 17<sup>th</sup> November 2022, the school held an "Interview with Kerala District Collector, honourable,

Dr. P.K. Jayasree" in the School Auditorium. The interview provided opportunities for students to discuss their queries regarding society, drug abuse and social media advances, with the collector. The campaign was organized by the students from the School Red Cross Unit and declared Baker school as a Drug-Restricted Zone.

Report on Awareness class on "International Year of Millets"

Baker Memorial school organized and conducted an awareness class on "International Year of Millets" on 2<sup>nd</sup> December 2022 in the school, I.T lab, comprising of representatives from classes 6, 7 and 8 students. The class was lead by B.Ed student Anjana Breekumar, from Mount Carmel College of Teacher Education for Women, and H.O. class

emphasized the importance of including millets in the daily diet of growing children.

### Report on Candlelight service.

Baker Memorial G.H.S.S held a candlelight service, lead by honourable Rev. Fr. Shubin Varghese on 3<sup>rd</sup> January 2023 in the school Auditorium to offer a fresh beginning to the students with God Almighty's Blessings.

### Report on Passing out Parade

A passing out parade was organized and conducted by the school ssc cadet of Baker Memorial G.H.S.S at the Baker Ground on 6<sup>th</sup> January 2023. The chief guest of the event was S.H.O Kottayam West, Sri. Prasanth Kumar K.R.

### Report on Spoken English class.

Baker Memorial G.H.S.S organized a class on spoken English for class 8 students on 17<sup>th</sup> January 2023. The class was lead by three teachers from the English Academy and was held at the school Auditorium.

### Report on School Anniversary

Baker Memorial school [G.H.S.S] celebrated its 204<sup>th</sup> anniversary at the school Auditorium on the dates of 31<sup>st</sup> January 2023 and 1<sup>st</sup> February 2023. The anniversary function was inaugurated by M.L.A. Sri. Thiruvanchasi Radhakrishnan on 31<sup>st</sup> January 2023, followed by the cultural events by students and teachers on 1<sup>st</sup> February 2023.



Beena B  
Headmistress  
Baker Memorial G.H.S.S.  
Kottayam.

## REPORT OF TEACHING PRACTICE

The Internship programme at GOVT H.S. Kariyappally began at 25th October 2023. During the Internship programme, I got opportunity to be a part of many activities that were held in school.

### Report of No Drug Campaign.

As part of the No Drug campaign organised Govt. of Kerala. GOVT H.S. Kariyappally organized a human chain on November 1, 2022. The students presented a street play on the same theme. The programme started with the flash mob of the students.

### Report of Quiz Competition.

As part of Malayalam club school organized a Quiz competition on 31/10/2022. The all students were participated in the competition. The student Amilda in with dan got the first prize in the Aksharasamulana Quiz competition.

### Report of Aids Day.

The school conducted Aids day celebration on 1st December 2022, at school auditorium. The school organized an awareness class band on aids and

also conducted a quiz competition based on the same theme. Amilda and Brian got first prize and second prize in the competition.

### Report of Balika day.

As part of the Balika day, the school conducted signature campaign, poster competition on 19/11/23 and 20/11/23. The all students and teachers are participated in the programmes.

### Report of vegetable garden making.

As part of the vegetable garden making organised GOVT of Kerala. GOVT of Kanjirappally organized a awareness class on this theme and also made the vegetable garden in the school. The science club students and all students, and all teachers were participated in this programme.



Shruti  
02/02/2023

Headmistress  
GHS Kanjirappally



# REPORT

**M.Ed. INTERNSHIP PROGRAMME AT SENIOR SECONDARY SCHOOL**



**Name of the Trainee: Nimmy Kurian**

**Internship Institute: Mount Carmel Girls Higher Secondary School, Kottayam**

**Internship Period: 03<sup>rd</sup> August, 2023 to 11<sup>th</sup> August, 2023**

**MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR  
WOMEN, KOTTAYAM**

## **INTRODUCTION**

On behalf of the M.Ed. programme, the internship at Senior Secondary School level was held at Mount Carmel Girls Higher Secondary School for a period of 7 days. A team of ten teacher trainees got the opportunity to be the interns at this institution from 3rd August, 2023 to 11th August, 2023. We were entrusted with the duty of observing the overall functioning of the institution.

### **MOUNT CARMEL GIRLS HIGHER SECONDARY SCHOOL, KTM**

Mount Carmel has its inception as long back in the years 1934 intended for education of girls. An era when women education was not so popular. The founders of this school are the Carmelite Sisters of St. Teresa, a woman religious congregation started by Mother Teresa of St. Rose of Lima. The school, started in Kanjikuzhy in the outskirts of Kottayam Town, had a humble beginning with 15 students and 3 teachers under the leadership of Mother Claire. The first Bishop of the Diocese of Vijayapuram, Dr. Bonaventura Arana OCD of happy memory, rendered all support and blessings for this noble endeavour. Along with Mother Claire Rev. Sisters Aloysius, Dennis, Ananciata, Stanislaus and Mother Gabriel were the pioneer co-workers of the school. It was in 1947 when India freed herself from the foreign rule that Mount Carmel was elevated to the status of a High School and to the Higher Secondary level in 1998. At present, the Higher Secondary School has strength of 309 and about 26 teachers and 7 non-teaching staff to cater to the needs of the students. The school is under the Corporate Educational Agency of the Diocese of Vijayapuram. The school aims at preparing students to build up a just and peaceful society by enabling them to take their right place in the intellectual and civic life of the nation.





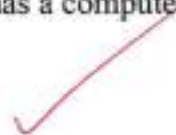
## **STAFF & STUDENT STRUCTURE**

The higher secondary school section of the institution has the staff structure as follows:-

- The head of the institution : Sr Shilpa CSST
- Number of teaching staff : 28
- Number of non-teaching staff : 7
- Number of students : 315

## **INFRASTRUCTURAL FACILITIES**

The school is a private building. The school is approachable by all-weather road. It has got 16 classrooms for instructional purposes. All the classrooms are in good condition. It has 2 other rooms for non-teaching activities. The school has a separate room for Head master/Teacher. The school has a pucca boundary wall. The school has an electric connection. The source of drinking water in the school is well and it is functional. The school has girl's toilet and it is functional. The school has a playground. The school has a library and has around 15,000 books in it. The school has 20 computers for teaching and learning purposes and all are functional. The school has a computer aided learning lab.





## **CLASS STRUCTURE**

The school consists of classes from 5 to 12 following state board syllabus. The school is girls only and it doesn't have an attached pre-primary section. The school is not applicable in nature and is not using the school building as a shift-school. The school is divided into Upper Primary section, High School Section and Higher Secondary Sections. In the Higher Secondary School section the concerned subject teachers teach their own subjects. Classes function on the basis of well-structured time tables.

## **CURRICULUM**


The institution follows curriculum that of State Board enriching student's academics combining co-curricular activities. The students are engaged in productive life skill activities and are evaluated internally too based on their assignments, projects, seminars etc. English is the medium of instruction in this school. Here, the academic session starts in the month of April.

## **PARENTS TEACHERS' ASSOCIATION**

The school functions on a powerful P.T.A. with eminent members. They cooperate and support the institution at its every growth to achieve excellence, quality education and for the holistic development of the students.

## **VISION**

Transformation of individuals and society to be spiritually inspired, intellectually competent, morally upright, psychologically integrated, physically healthy and socially accepted, following the path of Divine Wisdom.



## **MISSION**

We restore human dignity through integral education to create a just and humane society, upholding the spiritual and moral values where the poor and marginalized are taken care with compassion.

## **TIME SCHEDULE**

- 08:50 a.m. - 09:00 a.m. : Morning Assembly
- 09:00 a.m. – 10:00 a.m. : First hour
- 10:00 a.m. - 10:50 a.m. : Second hour
- 10:50 a.m. – 11:00 a.m. : Break
- 11:00 a.m. - 11:50 a.m. : Third hour
- 11:50 a.m. – 12:40 p.m. : Fourth hour
- 12:40 p.m. - 01:40 p.m. : Lunch Break
- 01:40 p.m. – 02:40 p.m. : Fifth hour
- 02:40 p.m. - 02:50 p.m. : Break
- 02:50 p.m. – 03:40 p.m. : Sixth hour
- 03:40 p.m. – 04:30 p.m. : Seventh hour

## **COMPREHENSIVE REPORT**

### **DAY 1**

On 3rd August, 2023 the last phase of last semester internship on behalf of M.Ed. curriculum, at Senior Secondary School had commenced. A team of 10 teacher trainees comprising me had reported before 08:30 a.m. at Mount Carmel Girls Higher Secondary School, Kottayam. By 09:00 a.m. morning assembly was held where the school choir led the prayers, followed by thought for the day, newspaper reading, and pledge. One of the teacher-in-charges led the theme based daily quiz comprising five questions followed by the results declared by the HM. The teacher-in-charge provides the information over the next day's quiz theme, "information from the newspaper of that week". Thereafter, an

audio clip on 'Career FM' was played in order to update students over the recent trends in career. After the assembly, we trainees were provided with the necessary instructions to be followed during the course of internship, by the head of the institution, Sr. Shilpa. In the forenoon session, we were provided the schedule of classes and allotted the hours for substitution. In the third hour, Ms. Deepamol and fourth hour, Ms. Anju C had engaged the classes. After the lunch break, in the sixth hour, Ms. Chippy and seventh hour, Ms. Freny had engaged the allotted classes. The classes got wind up by 04:30 pm.



## **DAY 2**

On 4th August, 2023 we reported at the school by 08:45 a.m. At 09:00 a.m. morning assembly was held. The teacher-in-charge led the daily quiz comprising five questions followed by the HM declaring the winners of that particular week's theme based quiz. The theme for next week's daily quiz, "General Knowledge", was announced thereafter. In the forenoon session, fourth hour, students of XII standard had Physical Education hour where we trainees got the opportunity to guide and interact with them. The classes got wind up with a prayer and the national anthem by 04:30 pm.





### DAY 3

On 7th August, 2023 we reported at the school at 08:45 a.m. At 09:00 a.m. morning assembly was held where the school choir led the prayers, followed by thought for the day, newspaper reading, and pledge. The teacher-in-charge led a theme based daily quiz, as per the previous day's instruction, comprising five questions followed by the answers. The whole day, as in two sessions - forenoon and afternoon, a career guidance programme was organized for the students and we got the opportunity to be part of it. The classes got wind up by 04:30 pm.



#### **DAY 4**

On 8th August, 2023 we reported at the school at 08:45 a.m. By 09:00 a.m., morning assembly was held where the school choir led the prayers, followed by thought for the day, newspaper reading, and pledge. The teacher-in-charge led the daily quiz comprising five questions followed by the answers. The regular class hours were held thereafter. The students were given time for cultural events practice too. The classes got wind up by 04:30 pm.

#### **DAY 5**

On 9th August, 2023 we reported at the school at 08:45 a.m. At 09:00 a.m. morning assembly was held. The teacher-in-charge led the daily quiz on the topic "Indian Geography" comprising five questions followed by the answers. The topic for next day's quiz was also provided, "Indian Oceans". The winners of the quiz of the day were also declared. The regular class hours were held thereafter. The students were given time for cultural events practice too. The classes got wind up by 04:30 pm.

#### **DAY 6**

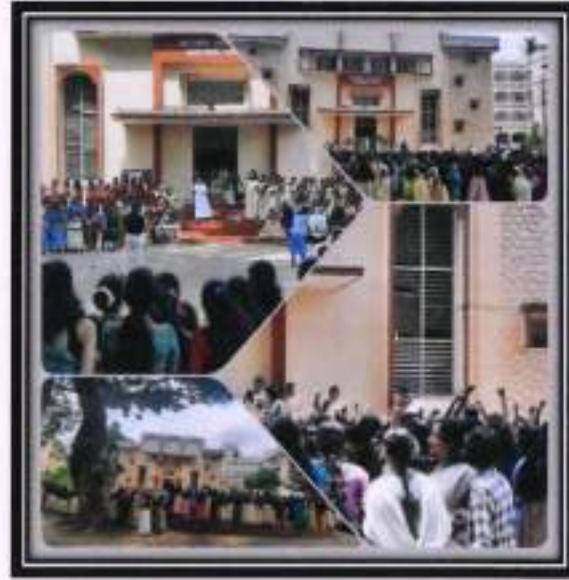
On 10th August, 2023 we reported at the school at 08:45 a.m. At 09:00 a.m. morning assembly was held where the school choir led the prayers, followed by thought for the day, newspaper reading, preamble and pledge. The teacher-in-charge led the daily quiz on the topic "Indian Oceans" comprising five questions followed by the answers. The topic for next day's quiz was also provided, "World Wars". The winners of the quiz of the day were also declared. The regular class hours were held thereafter. The students were given time for cultural events practice too. The classes got wind up with a prayer followed by the national anthem by 04:30 pm.



## DAY 7

On 11th August, 2023 we reported at the school at 08:45 a.m. At 09:00 a.m. morning assembly was held where the school choir led the prayers, followed by thought for the day, newspaper reading and pledge. After the assembly all teachers and students had assembled in the auditorium to have "Onam Celebration". The programmes were spectacular with students dressed up in various attires reminiscing the relevance of onam festival especially Mahabali. The programmes comprised teachers Onapattu, students dance performance, Thiruvathira, Malayali Manga competition etc. After the lunch break, in the afternoon session, various competitions were held like Vadamvali competition, balloon bursting competition etc. The celebrations got to an end at 04:00 pm.





## CONCLUSION

In a nutshell, this internship has been an excellent and rewarding experience. I can conclude that there have been a lot I've learnt from my internship at Mount Carmel Girls Higher Secondary School. Beside academics, other co-curricular activities were also provided equal relevance in the school. The power of time management and proper discipline was something very appreciable as a joint effort of the entire administration. At the end I must say it was a very useful journey from where I learnt to think and act differently at many aspects.

*14/08/2023*