



Estd. 1953

MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN

Muttambalam P.O., Kanjikuzhy, Kottayam- 686004
(Recognised by NCTE, Affiliated to Mahatma Gandhi University)

CRITERION II

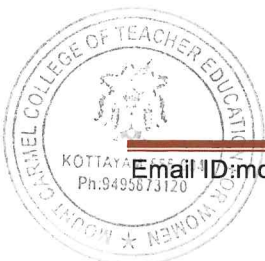
TEACHING-LEARNING AND EVALUATION

2.4: Competency and Skill Development

2.4.1: Institution provides opportunities for developing competencies and skills in different functional areas through specially designed activities / experiences that include

- 1. Organizing Learning (lesson plan)**
- 2. Developing Teaching Competencies**
- 3. Assessment of Learning**
- 4. Technology Use and Integration**
- 5. Organizing Field Visits**
- 6. Conducting Outreach/ Out of Classroom Activities**
- 7. Community Engagement**
- 8. Facilitating Inclusive Education**
- 9. Preparing Individualized Educational Plan(IEP)**

Reports of activities with video graphic support wherever possible



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Prof. (Dr.) Suma Joseph

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Mount Carmel College of Teacher
Education for Women
Kottayam- 686 004

Mount Carmel College of Teacher Education for Women provides opportunities for student teachers to develop competencies and skills in preparing lesson plan, developing teaching competencies, assessment of learning, technology Integration, organizing field visits and outreach activities and facilitating inclusive education. These efforts contribute to the professional growth of the student teachers and the overall quality of education they deliver.

ORGANIZING LEARNING (LESSON PLAN)

During the Student Induction Programme, an overall idea on programme outcomes is explained to the student teachers along with the Semester wise distribution of the curriculum. The course coordinators will give a detailed explanation of the course outcomes and the works to be carried out in each semester. During the first semester theoretical orientation to different training techniques in developing teaching skills is given and student teachers learn to develop micro teaching lesson plans and link lesson plans along with the guidance of the concerned course coordinators.

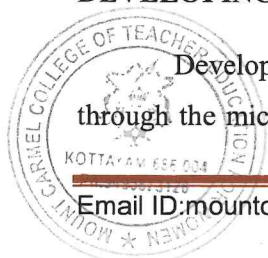
During the Second Semester, student teachers get acquainted with different types of instructional planning, different approaches followed in preparing lesson plans, taxonomy of educational objectives, instructional strategies, techniques and methods of teaching and different evaluation tools. Along with the guidance of the concerned course coordinators they learn to prepare lesson plans in their optional subjects through small group discussions. During School Induction, student teachers have to prepare five lesson plans for their practice teaching.

During III Semester, student teachers prepare fifty lesson plans in their optional subject and two Language across the Curriculum lesson plans. In addition to it student teachers also prepare Value education lesson plans, Art education lesson plan, physical education, health education and yoga lesson plans.



DEVELOPING TEACHING COMPETENCIES

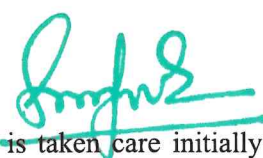
Development of teaching skills and competencies in student teachers is taken care initially through the micro teaching and link practice sessions. These individualised training techniques help



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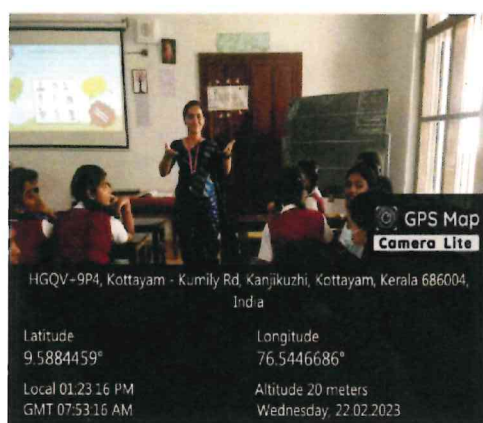
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student teachers in refining and developing teaching skills in simulated setting. Observation of demonstration and criticism lessons and practice of one's own lesson help student teachers in developing teaching skills in a real classroom setting.

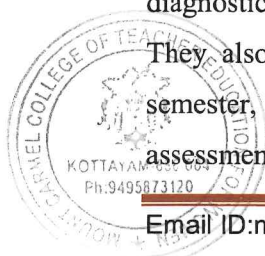
One month School Induction programme develops the teaching competencies and confidence in teaching. Four months School Internship programme along with timely feedback from teacher educators and supervising teachers help to develop professional capacities and skills among student teachers. Student teachers also integrate ICT effectively in their lesson plans. The institution conducts add on courses, value added courses, seminars, talks and training programmes to enhance the overall educational experience and professional development of student teachers.



ASSESSMENT OF LEARNING

A general orientation to assessment techniques and tools for evaluation is given in the course EDU 203- Assessment for Learning. In the optional subject classes, course coordinators explain the construction of various test items, achievement tests, and diagnostic tests. Students then create these assessment tools for their respective subjects. Additionally, the tools for student self-assessment and evaluating the teaching competence of peer student teachers are discussed and developed. Additionally, student teachers are familiarized with the preparation of online assessment tools.

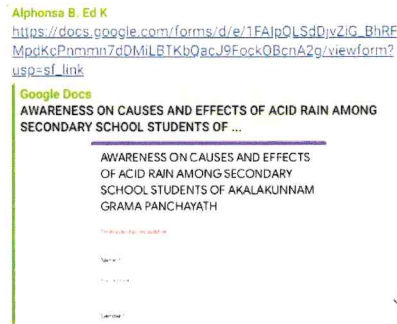
During the school internship, student teachers construct and administer achievement test, diagnostic test, self assessment tool and peer assessment in their respective practice teaching schools. They also conduct a detailed analysis of the students' performance in these tests. In the fourth semester, they explore recent trends in assessment practices. For the M.Ed. programme, various assessment tools are developed to evaluate student learning as part of their dissertation work.



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TECHNOLOGY USE AND INTEGRATION

The institution is dedicated to developing digital skills in student teachers and enhancing their ability to integrate ICT effectively into the teaching-learning process. To support this goal, the institution offers a one-year career-oriented add-on certificate and diploma courses in computer applications. Additionally, a value-added course in Digital skills for prospective teachers was introduced during the academic year.

Student teachers create ICT-enabled learning resource materials, digital albums, and blogs, where they upload various learning materials. During practice teaching sessions, they integrate videos, animations, and images into their classroom lessons. For projects, they collect data using Google forms. They also produce video lessons, videos of interviews with experts, documentaries, and short films using various video editing tools. M. Ed students utilize SPSS software for data analysis.

ICT Resources prepared by student teachers

<https://annmariapaulose97.blogspot.com/>
<https://aparnarajalakshmi619.blogspot.com/>
<https://catherinebabyvarakan.blogspot.com/>
<https://lookintosnehajoz.blogspot.com/>
<https://amalasebastian21.blogspot.com/>
<https://anilatr123.blogspot.com/>
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<https://josnamaryjose.blogspot.com/>
<https://quizizz.com/join/quiz/638c3a1da98df6001db82c5f?studentShare=true>
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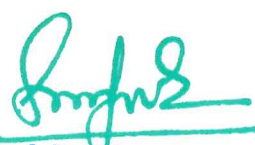
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<https://youtube.com/watch?v=20n8TNr7Das&feature=shared>
<https://youtu.be/dX0HtHhBOKQ?si=OqwxRxY6rrpPWkoq>
<https://youtu.be/-yt5VGb9BUg?si=04SpApcrshwCpQk3>
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ORGANIZING FIELD VISITS

The institution organizes field visits and educational tour for student teachers to places of educational or historical importance. These help student teachers to familiarize the process of organising / conducting field visits. The student teachers visited Nalumanikattu, Fort Kochi, SAMVIT 2.0 all India Science and Cultural exhibition conducted by SB College, Changanacherry on 22- 09-2022 and Exhibition conducted by Mahatma Gandhi University, Kottayam on 26-08-2022. Student teachers also visited Special Schools, Old age homes and Anganawadi, Primary schools, High Schools, adopted school, Higher Secondary schools, DIET, TTIs as part of the programme.

During the academic year a study tour was organized by the college for B.Ed. Students of 2020-2022 batch to Coorg and Bangalore on 7th July 2022. For the B.Ed. Students of 2021-2023 batch a study tour was conducted from on 1st March 2023 to Mangalore, Malpe and Goa. The student teachers, under the supervision of the faculty in charge, planned and organize the field visits. They were organized into various committees, each assigned specific responsibilities to ensure the tour's smooth execution.




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CONDUCTING OUTREACH/ OUT OF CLASSROOM ACTIVITIES

The institution conducts various outreach and out-of-classroom activities for student teachers to support their comprehensive development and enhance their overall educational experience.

Bodhapoornima: Break the Chain Campaign

A One-month Anti-ragging and Anti-Narcotic Observation 'Bodhapoornima: Break the Chain' was conducted in association with Higher Education Department, Government of Kerala from 2nd October 2022 to 1st November 2022. As part of 'Bodhapoornima: Break the Chain', several programmes and competitions were organised. Short Film, Poetry writing Competition, Story Writing, debate, Essay Writing and E-poster making on the topic 'No to Drugs' was conducted. A rally was



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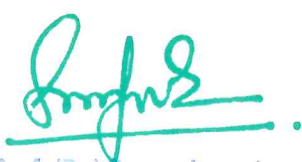
conducted on the issue on 'Anti Narcotic Campaign' on 28th October 2022. A flash mob was conducted in the College campus on 31st October 2022, on the theme 'No to Drugs'. A 'Human Chain' was formed on 1st November 2022. B.Ed. Students took part in Flash Mob in the anti-narcotic campaign at Shastri Road, Kottayam on 1st November 2022.



Street Play

As part of World Aids Day' on 1st December 2022 a street play was conducted by the students. The programme was organized by Bios and Health Club.




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Carmex 2022 and 2023- Exhibition of teaching aids

The Carmel Fest entitled CARMEX 2022 an exhibition, showcasing the teaching aids prepared by the B. Ed students was held on 06/07/2022 and 22-02-2023 at the college auditorium. The exhibition was organized to provide a platform for educational enrichment and interactive learning. Students and teachers from various schools attended the event.



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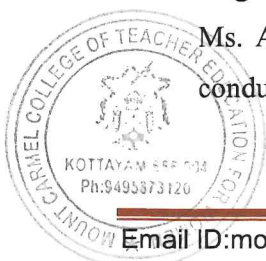
Carmel Fest- Interschool Competitions

Interschool competitions for the students of the practice teaching schools are conducted annually by the student teachers. Different subject associations arrange competitions in several events for the school students. Poetry writing competition was conducted by the English Association *Daffodils* as part of the Carmel Fest. Mathematics Quiz was conducted by the mathematics association *Ganithika*. Physical Science Association *Scientia* conducted Science Quiz competition on the theme Science in Daily Life. Pencil Drawing competition was conducted by the Natural Science Association *Bios*. The theme for the Pencil Drawing Competition was, Agricultural Crisis. *Archives* the Social Science Association organized a Poster-making competition for the high school students.



Celebration of Days of Importance and Associated Competitions

- The BIOS & Ecozone celebrated the ‘World Environment Day’ on 5th June 2022 with Shri. Mahadevan K.K, Rtd. Deputy Rubber Production Commissioner as the chief guest. Plant saplings were distributed to students. On the Spot Photography & Quiz Competition was organised on 3rd June 2022 Organized as part of the Environment Day Celebration.
- ‘World No Tobacco Day’ was celebrated on 7th June 2022. Ms. Nimmy Kurian, M.Ed. Student handled a session on the theme.
- Yoga Day was celebrated on 21st June 2022 and a seminar on Quotidian Yoga was handled on Ms. Amala Jayan, Alumni of the college. ‘Inter class Rhythmic Yoga Competition was also conducted on 20th June 2022 in relation to International Yoga Day.



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- 27th National Reading Week' celebration was conducted from 20th to 24th June 2022. Ms. Agatha Kurian, Alumni, handled a session on *New Generation Reading*. It was followed by a 'Blind Date with a Book' competition.
- The Patrons Day was celebrated on 19th July 2022.
- Independence Day Celebration was held on 15th August 2022 at 9am by Archives in collaboration with M.Ed. Department. Ms. Amala Jayan, M.Ed Student, handled a session on Minerva. Archives in collaboration with M.Ed. Department organized 'Patriotic Song Competition' on 13th August 2022 and an Exhibition related to Independence Day on 16th August 2022.
- Onam was celebrated on 2nd September 2022 with an 'Onasadhya' and various fun games were also arranged as part of the same event
- Teacher's Day Celebration was held at college auditorium on 1st September 2022
- Talent's day "Arambham" of the I year B.Ed. students was organized on 11th October 2022 and Fresher's Day on 18th October 2022
- As part of Kerala Piravi celebration a session on the 'Importance of Mother Tongue' which was led by Ms. Saino Susan Baby of I year B. Ed on 3rd November 2022. Various competitions like Kaikotti Kali, Naadan Pattu, Malayali manga, and Ethnic walk were conducted.
- International Science Day was celebrated on 10th November 2022'. Scientia, Physical Science association organized an e-poster designing competition on the same day.
- Children's Day Celebration' was organized by Daffodils and an Essay writing competition was conducted in association with the same on 14th November 2022.
- As part of International Day for Elimination of Violence against Women, an awareness talk on 'Sexual Harassment against Women' was conducted on 25th November 2022 by Ms. Aiswariya Joseph of I year B.Ed. Social Science. A Slogan Writing Competition was conducted on 'Raise your voice against Women Harassment' on 2nd December 2022 and a Collage Making Competition was held on 6th December 2022 based on the theme 'Sexual Harassment against Women'.
- 'Indian Constitution Day' was observed on 25th November 2022.
- The Gandhi Jayanthi Day was celebrated under the leadership of Social Science Association (Archives) on 6th October 2022.
- 'World Aids Day' was observed on 1st December 2022 by BIOS and Health Club. Ms. Amala Jayan, Alumni, conducted a awareness talk on "Purgation". The clubs conducted an E-Slogan competition and arranged a street play.
- International Human Rights Day was observed and e-slogan and story writing competition was conducted by Archives on the topic 'Human Rights Violation' on 9th December 2022.

➤ National Mathematical Day was celebrated by Ganithika on 21st December 2022.




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- Christmas celebration was held on 22nd December 2022 and Fr. Edwin Kadavanthra gave the message. Various competitions were held in relation to it. The very same day a social visit to Abhaya Bhavan and Santhi Bhavan was organized.
- International Women's Day- XYPNIOS 2023 was celebrated on 8th March 2023 by the Women's Cell. An intercollegiate Photography and Malayalam Poem Recitation competitions and an Inter class Manuscript Magazine Competition on the topic "Women in Action" were conducted.

COMMUNITY ENGAGEMENT

The institution's community engagement activities emphasize its commitment to cultivating socially responsible and well-rounded individuals. Engaging with the community helps students develop essential skills such as leadership, communication, teamwork, and problem-solving. It fosters a sense of social responsibility, encouraging student teachers to contribute positively to society.

School Adoption

The institution has adopted a School Sr. Alphonsa U P School Chenamattom rendering services throughout the academic year. An Exhibition on various teaching-learning Aids was conducted for the students of the school on 15th July 2022. During Christmas celebration the student teachers visited the school and distributed gifts for the students. The institution as part of World Environmental Day Celebration 2023 initiated the project Ente Madhuramulla Thottam and 'Kutti Karshaka Sena at the adopted School - Sr. Alphonsa U.P. School, Chennamattom. A reading corner was established in the adopted school as part of reading week celebration, 2023. Several competitions were conducted for the students.




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Service at Ashraya Palliative trust

The student teachers had the privilege of visiting the Ashraya Palliative Charitable Trust to extend our support and solidarity. During the visit, the student teachers engaged in various service activities and the cloths connected through the Carmel cloth bank was donated.



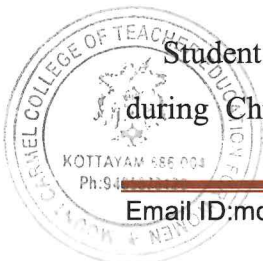
Visit to District Sub Jail, Kottayam

M.Ed Students visited District Sub Jail, Kottayam and its Library on 13th July 2022 to promote reading habits among the inmates. The library was rearranged under the leadership of Sr. Rosy Leema P. W., UGC Librarian, for its effective functioning. Talks on importance of reading were given by the M.Ed. students.



Visit to Old age Homes

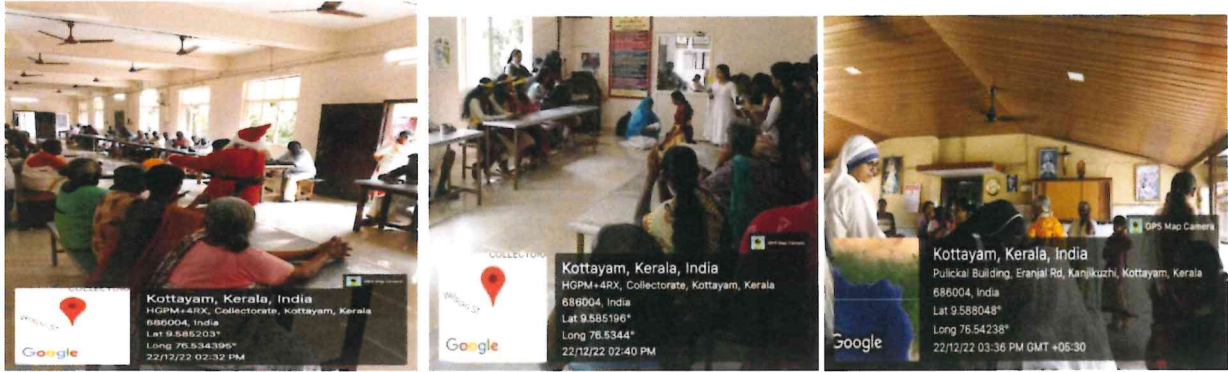
Student Teachers visited Abhaya Bhavan and Santhi Bhavan, homes for the destitute during Christmas. They interacted with the residents and distributed food items and



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toiletries. Additionally, student teachers make regular visits to Abhaya Bhavan every Wednesday to engage with the residents.



Medical Camp

A Medical Camp was conducted in the college campus by Medical Centre Hospital on 29th March 2023.



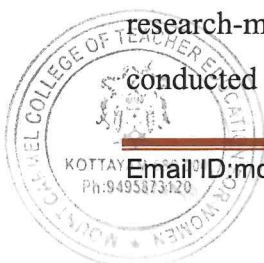
Carmel Tailoring Centre

Carmel Tailoring Centre functioning in the college for the empowerment of marginalised women of the locality offers 4 months tailoring course.

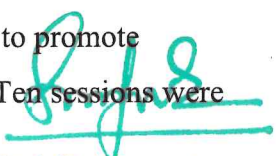


Carmel Forum–Webinar Series

The Webinar Series Carmel Forum was organized by the institution so as to promote research-mindedness and creative thinking among the staff and students. Ten sessions were conducted during the academic year.



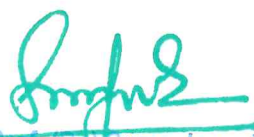
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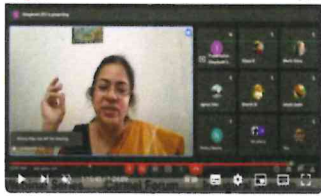
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- The XIII webinar session of Carmel Forum was handled by Ms. Agatha Kurian, Alumni, on the topic ‘Gender and Sexuality: An Analysis of LGBTIQ+ Spectrum’ on 30th June 2022.
- The XIV webinar session of Carmel Forum was held on 21st July 2022. The Resource Person, Dr. Suneethi A. S., Assistant Professor, SNM Training College, Moothakunnam presented the topic ‘Water Resource Management in Kerala’.
- The Session XV of the Webinar Series – Carmel Forum on ‘Life Defining Secrets of Inclusion’ by the Resource Person Shri. Jiny Dan T, Lecturer of Composite Regional Center, Calicut was held on 28th August 2022.
- The Session XVI of the Webinar Series – Carmel Forum was conducted on 23rd September 2022 on the topic ‘Zotero: An Aid in Managing References in Academic Writing’ by the Resource Person Dr. Betsy Joseph., Assistant Professor, Titus II Teacher’s Training College, Thiruvalla
- The XVII Session of the Webinar Series – Carmel Forum was held on 27th October 2022 which was led by Dr. Laya A. B., Assistant Professor, SNM Training College, Moothakunnam on the topic ‘Soft Skills for Smart Life’.
- XVIII Session of Webinar Series Carmel Forum was held on 22nd November 2022 in collaboration with Loretto College, Kolkata. The class on ‘Perspectives of Research in Education’ was led by Dr. T. C. Thankachan, Vice Principal, St. Thomas College of Teacher Education, Pala, Kottayam.
- XIX session of Carmel Forum Webinar Series on the topic ‘Entrepreneur Skills: A Need for Millennial Teachers’ was held on 13th December 2022 and the Resource Person was Dr. Rinu V. Antony, Asst.Professor, SNM Training College, Moothakunnam.
- XX session of webinar series – Carmel Forum was conducted on 20th January 2023 on ‘Mentoring: A Constructive Partnership’ by Dr. Sam Thomas Joy, Assistant Professor, Titus II Teacher Training College, Thiruvalla, Kottayam.
- XXI Carmel Forum Webinar Series was conducted on the topic: ‘Gender Sensitization for Futuristic society’ on 10th February 2023. The Resource Person for the session was Dr. Marin Jose, Assistant Professor, St. Joseph’s College of Teacher Education for Women, Ernakulam.
- XXII Carmel Forum Webinar Series was conducted on the topic ‘A Teacher’s Role for India @75’ on 16th March 2023 by Dr. Celin Philip, Associate Professor (Rtd.), BCM College, Kottayam in Collaboration with Women’s Cell of the Institution.




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From a Teacher's Diary



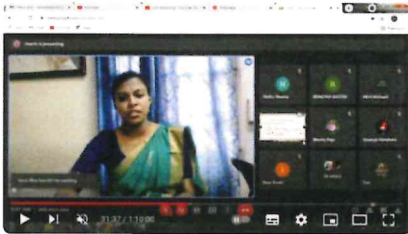
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Self Transformation through Mindfulness



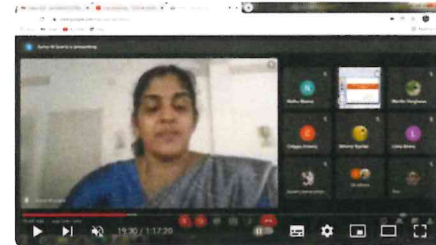
<https://www.youtube.com/watch?v=2Tfi3RnhmnQ>

Strengthening Teacher Student Interaction in the Current Pandemic Situation



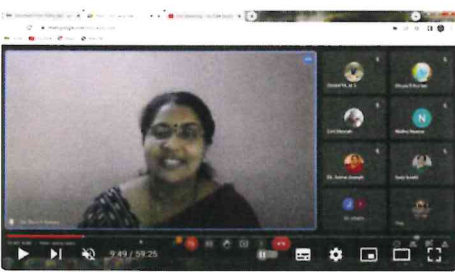
<https://www.youtube.com/watch?v=ILRYStXtEAc>

Teacher Resilience: Coping with Uncertainty



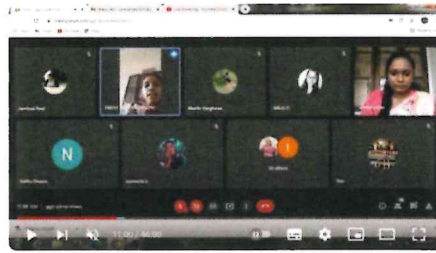
CARMEL FORUM - SESSION VII
<https://www.youtube.com/watch?v=hXmekpV7n-4>

Entrepreneur Skills: A Need for Millennial Teachers



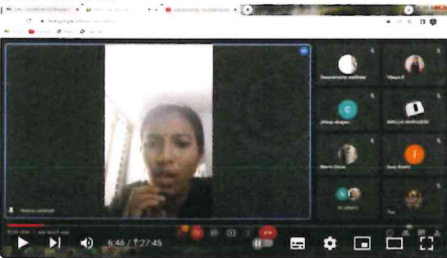
<https://www.youtube.com/watch?v=e8wglO9WmFc>

Media Addiction and Related Hazards



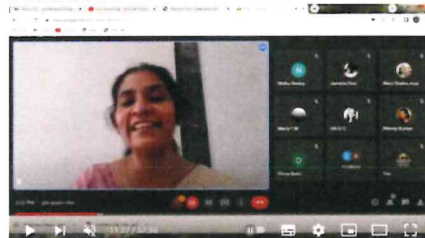
CARMEL FORUM - WEBINAR SESSION VIII
https://www.youtube.com/watch?v=4S_zPo5ZkFc

Women Empowerment: Conceptual and Legal Provisions



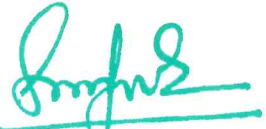
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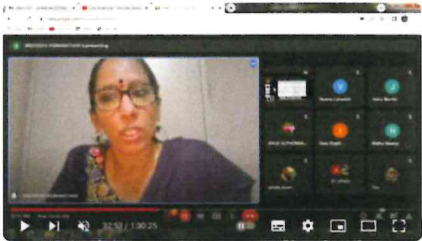
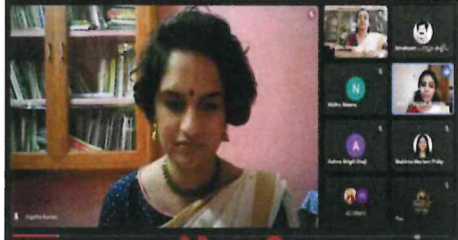
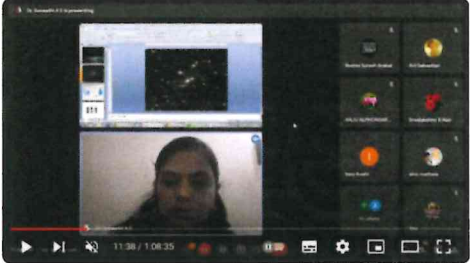


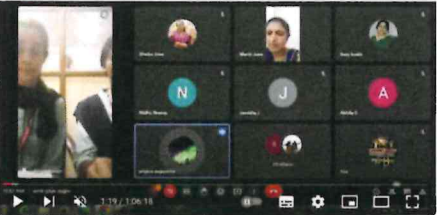
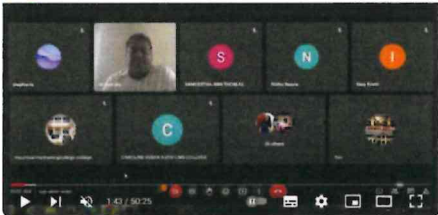
Gender Equality Today for a Sustainable Tomorrow



<https://youtu.be/PFf6uCTPozs>



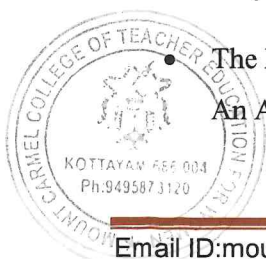

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<p>Academic Streaming with NEP 2020</p>  <p>CARMEL FORUM: SESSION IX https://www.youtube.com/watch?v=Mf8_X8mDzXo</p>	<p>Incorporating Multiple Intelligences in the classroom</p>  <p>Carmel Forum Webinar Session X https://www.youtube.com/watch?v=tyb1D7ZNWlc</p>
<p>Gender and Sexuality: An analysis of LGBTIQA+ Spectrum</p>  <p>https://www.youtube.com/watch?v=X4uFh68V-Dk</p>	<p>Water Resource Management in Kerala</p>  <p>https://www.youtube.com/watch?v=JPzgCT69oNQ</p>
<p>Soft Skills for Smart Life</p>  <p>https://www.youtube.com/watch?v=UE41F-Q5I</p>	<p>Perspectives of Research in Education</p>  <p>https://www.youtube.com/watch?v=9HoK-EaHBPO</p>
<p>Gender Sensitization for a Futuristic Society</p>  <p>https://www.youtube.com/watch?v=OEslOhmEUE</p>	<p>Mentoring: A Constructive Partnership</p>  <p>https://www.youtube.com/watch?v=y2cf92Q9dSU</p>

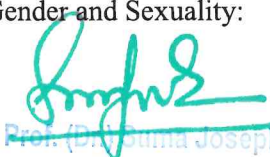
FACILITATING INCLUSIVE EDUCATION

The student teachers receive theoretical orientation on children with special needs, individual differences, behavioural problems, multiculturalism in their core courses. Student teachers conduct critical analysis of the status of exceptional children in schools and carry out case study.

The XIII webinar session of Carmel Forum was handled on the topic 'Gender and Sexuality: An Analysis of LGBTIQA+ Spectrum' on 30th June 2022.



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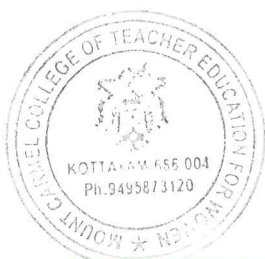
- The Session XV of the Webinar Series – Carmel Forum on ‘Life Defining Secrets of Inclusion’ by the Resource Person Shri. Jiny Dan T, Lecturer of Composite Regional Center, Calicut was held on 28th August 2022.



- XXI Carmel Forum Webinar Series was conducted on the topic: ‘Gender Sensitization for Futuristic society’ on 10th February 2023.



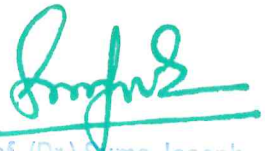
- On 21st July 2022, M.Ed. Students of 2021-2023 Batch visited Sneha Bhavan Special School, Gandhinagar, Kottayam and S. H. Njanodaya School for the Deaf, Villooni, Kottayam.



PREPARING INDIVIDUALISED EDUCATIONAL PLAN (IEP)

- ✓ The student teachers gain insights on Individual differences, exceptional learners, Individualised educational strategies, differentiated curriculum and preparation of Individualised educational plan through their core courses.
- ✓ Student teachers prepare programmed learning materials and resource materials for school students for self learning
- ✓ Student teachers prepare and administer Remedial Instructional programme based on the diagnostic test.
- ✓ Student teachers conduct field visits to special schools as part of their practical works. Students of 2021-2023 batch visited Sneha Bhavan Special School, Gandhinagar, Kottayam and S. H. Njanodaya School for the Deaf, Villoonni, Kottayam.
- ✓ During the school internship student teachers arranges individual and small group academic support sessions for students who are backward in their studies.




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