



MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN

Muttambalam P.O., Kanjikuzhy, Kottayam- 686004

(Affiliated to Mahatma Gandhi University)

CRITERION II

2.4 COMPETENCY AND SKILL DEVELOPMENT

METRIC: 2.4.6

Students develop competence to organize academic, cultural, sports and community related events through:

- Planning and scheduling academic, cultural and sports events in School
- Planning and execution of community related events
- Building teams and helping them to participate
- Involvement in preparatory arrangements
- Executing/conducting the event

DOCUMENTARY EVIDENCE

Prof. (Dr.) Suma Joseph
Principal
Mount Carmel College of Teacher
Education for Women
Kottayam- 686 004

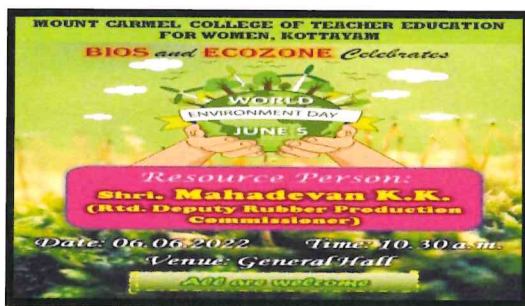


The institution provides ample opportunities for student teachers to develop the competence to organize academic, cultural, sports, and community-related events. Each year, the institution plans various programmes and offers the necessary support and guidance for students to conduct these events. The student council, NSS, cultural groups, and subject associations are entrusted with the responsibility of organizing these programmes. By planning, scheduling, and executing these events, students develop a wide range of skills and abilities that are crucial for their personal and professional growth.

PLANNING, SCHEDULING AND CONDUCTING ACADEMIC, CULTURAL AND SPORTS EVENTS

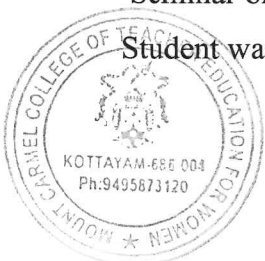
Word Environmental day celebration-6th June 2022


BIOS and ECOZONE club of Mount Carmel College of Teacher Education for Women, Kottayam conducted World Environmental Day celebrations on 6th June 2022. The official function started at 10.30 am, with a Prayer song by Ms. Reshma Antony. Ms. Amala Jayan welcomed everyone to the programme. Students of various optional subjects participated in the programme Ms. Namitha Suresh presented the theme of Environment Day 2022 : “Only One Earth”. It was followed by the Oath Taking Session and the message was delivered by the chief guest of the day, Shri. Mahadevan K.K. (Rtd. Deputy Rubber Production Commissioner). Plant distribution as part of World Environment Day celebration was initiated by Dr. Jaya P.J., teacher co-ordinator by handing over a plant sapling to our college principal Dr. Suma Joseph. Vote of thanks was delivered by Blaizy Mol P.C.

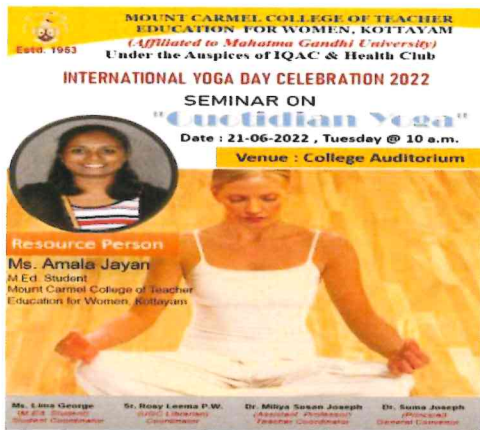


International Yoga Day

Seminar on ‘Quotidian Yoga’ was organized on 21st June 2022 and. Ms. Amala Jayan M.Ed Student was the Resource Person.

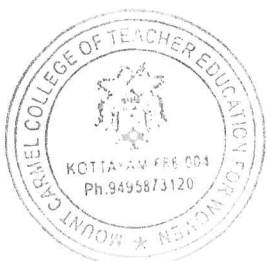



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Independence Day Celebration

Independence Day Celebration was held online on 15th August 2022 at 9am by Archives (social science association) in collaboration with M.Ed. Department. Ms. Amala Jayan M.Ed (2020-2022 Batch) Student was the Resource Person. Archives arranged an Exhibition in the M.Ed. block related to Independence Day on 16th August 2022.



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Gandhi Jayanti- 6th October 2022

As part of **Gandhi Jayanti**, Social Science Association Archives conducted a programme on the theme “ **GANDHI LIVES** “ on 6th October 2022 at 10 am in the College Auditorium. The programme started with a prayer song led by Anjana Elizabeth Augustine. Welcome Speech and an introduction to the programme were given by Mariya Xavier and Tanuja Manoj. A quiz competition based on Mahatma Gandhi’s life and journey was organized.



One Month Anti-ragging and Anti-Narcotic Observation from 2nd October 2022 to 1st November 2022.

One-month Anti-ragging and Anti-Narcotic Observation was conducted in association with Higher Education Department, Government of Kerala from 2nd October 2022 to 1st November 2022.

Poster designing competition-7th October 2022.

A poster designing competition was conducted for B.Ed. and M.Ed. students at Mount Carmel College of Teacher Education for Women on the topic ‘Say No to Drugs and Ragging’ at College Assembly Hall on 7th October 2022.



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Seminar on Anti- Drug Awareness and Anti- Ragging Awareness

A seminar on Anti- Drug Awareness and Anti- Ragging Awareness was organized On 11/10/2022. The Seminar was handled by Ms. Rosy Dennis 1st Year M.Ed. Student and Ms. Bency Benedict 1st Year B.Ed. Student on the topics ‘Ragging: A social Crime’ and ‘Addressing Drug Challenges in Health and Humanitarian Crisis’ respectively.



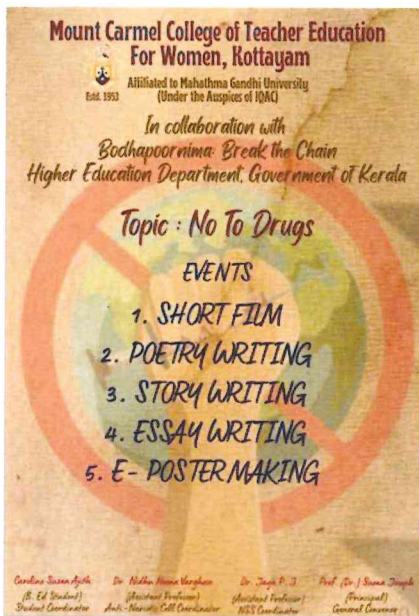
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‘Bodhapoornima: Break the Chain’ (16-10-2022 to 22-10-2022)

Mount Carmel College of Teacher Education for Women, Kottayam in Collaboration with Higher Education Department, Government of Kerala as part of ‘Bodhapoornima: Break the Chain’ conducted Short Film, Poetry Writing Competition, Story Writing, Essay Writing and E-poster making on the topic “No to Drugs” on 20/10/2022

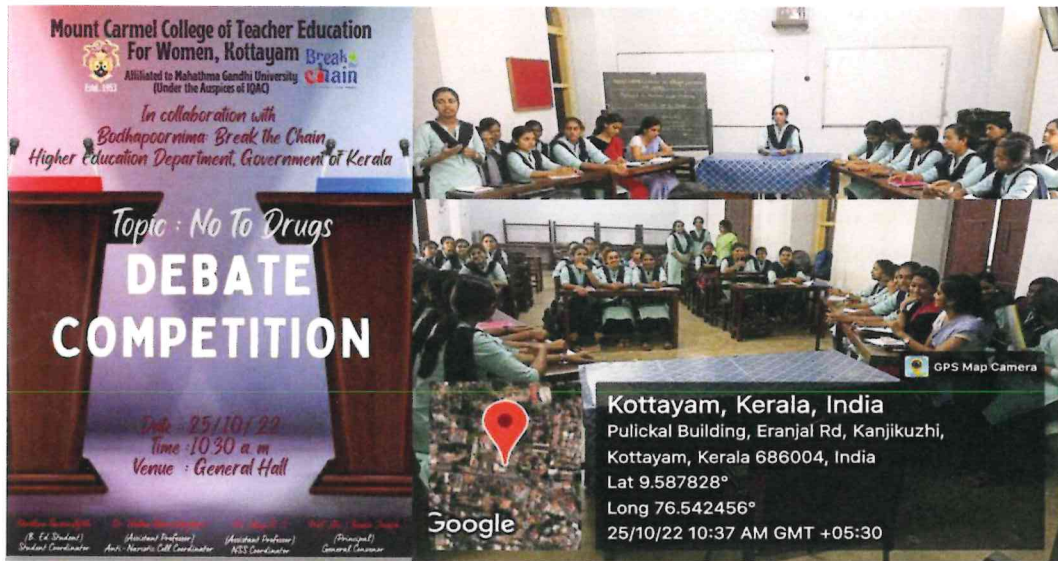


Debate on the topic “No to Drugs” on 25/10/2022

A debate was conducted as part of ‘Bodhapoornima: Break the Chain’- on the topic “No to Drugs” on 25/10/2022.

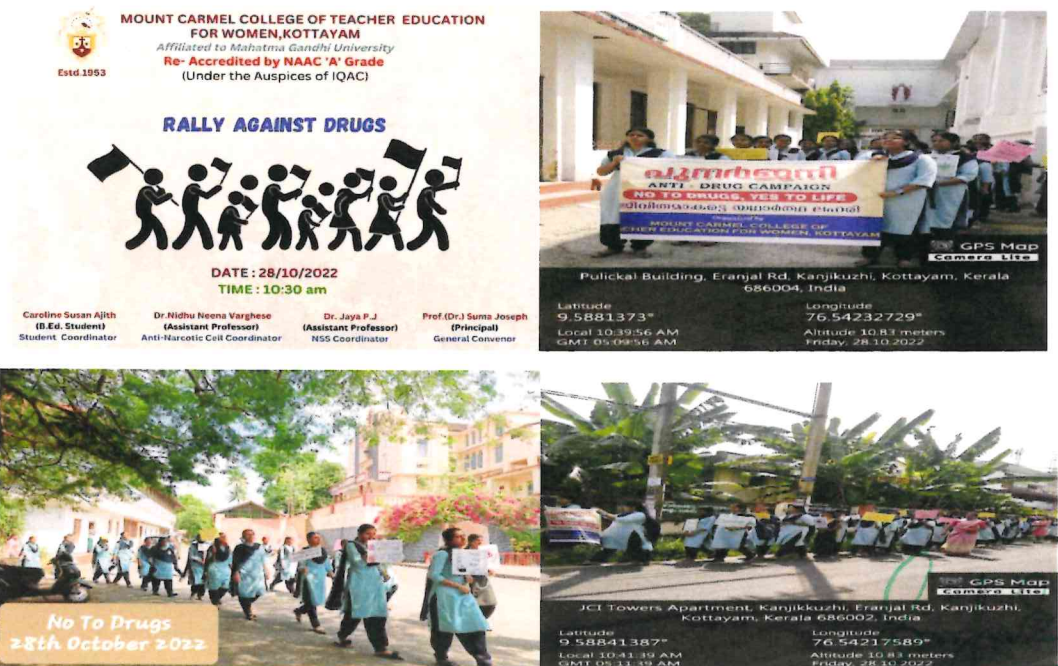
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Rally on awareness regarding ‘no to drugs’ – 28/10/2022

On 28th October, Dr. Mary Sheba Jose, Associate Professor and Principal-in-charge flagged off an awareness rally at 10.30 am within the College Campus. Students held placards on the ill-effects of drugs and how it affected health and society.

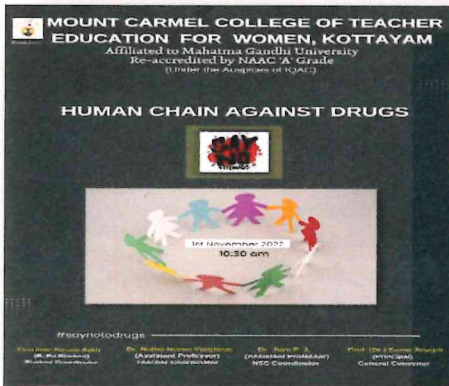
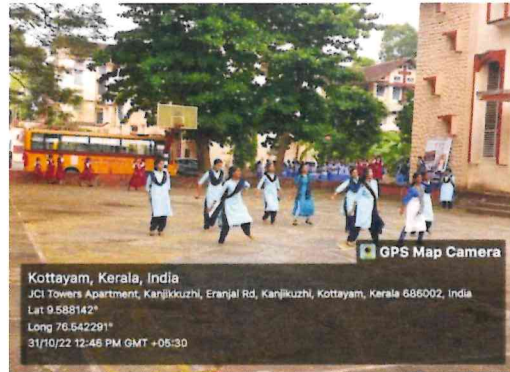


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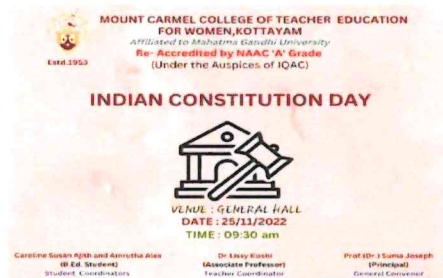
Flash Mob on 31st October, 2022,

The students of Mount Carmel College of Teacher Education for Women conducted a flash mob on 31st October, 2022, on the theme “No To Drugs” in the SchoolCampus. It was organized on the initiative of the Higher Education Department to raise awareness on the harmful effects of drugs among youth.



Indian Constitution Day on 25th November 2022

‘Indian Constitution Day’ was observed on 25th November 2022 at our Institution.



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AIDS Day

'World Aids Day' was observed on 1st December 2022 by BIOS and Health Club. The resource person was Ms. Amala Jayan, Assistant Professor, M.Ed. Department. The club conducted an E-Slogan competition and arranged a street play.



International Human Rights Day 9th December 2022

As a part of International Human Rights Day, Social Science Association Archives conducted a programme on 9th December 2022. As part of International Human Rights Day, an "E- Slogan Competition" and Story Writing Competition were conducted.



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Manuscript Magazine Competition on the topic: “Women in Action” was held on 8th March 2023

An Intra optional Manuscript Magazine Competition on the topic: “Women in Action” was held on 8th March 2023 in relation to International Women’s Day Celebration–XYPNIOS 2023 by the Women’s Cell.

Mount Carmel College of Teacher Education for Women, Kottayam
 Women Cell and Educare (N.E.A. Association) presents
XYPNIOS 2023
 INTERNATIONAL Women's Day
 8th March 2023

Manuscript Magazine Competition for B.Ed. and M.Ed. Students

Rules and Regulations

- It is a bare event.
- Deadline: 7th March 2023, 5 pm.
- All optional items have to participate for mandatory.
- Only to the competition in this.
- Language: English / Malayalam / Hindi.
- You can choose to write original / reuse / short stories / General / Devotional / News / and / Literary form / for the manuscript magazine.
- Submission after deadline will not be accepted.
- Decision of the judges will be final.
- The body shall contain: Name, B.Ed. / M.Ed., Semester, Optional and Rank number.
- Topic: "Women in Action"
- The winning items will be awarded certificate and cash prize.
- Prize: First Prize - 1000, Second Prize - 750, Third Prize - 500.
- Wholly funded by Manuscript Journal to the teacher coordinator of this programme - Dr. Nisha Maria Varughese

MANUSCRIPT MAGAZINE WINNERS

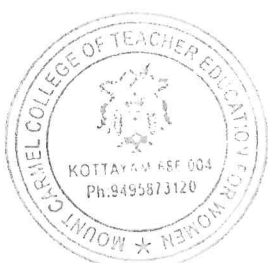
First Prize: First Year B. Ed. Physical Science

Second Prize: First Year B. Ed. Social Science

Third Prize: First Year B. Ed. Natural Science

Organizers:
 Ms. Anju C. (B.Ed. Student, Student Coordinator),
 Dr. Nidhu Neena Varughese (Assistant Professor, Teacher Coordinator),
 Sr. Rissy Leema P.W. (M.Ed. Student, Women Cell Coordinator),
 Prof. (Dr.) Suma Joseph (Principal, General Convener)

Talent’s day “Arambham” of the I year B.Ed. students was organized on 11th October 2022 and Fresher’s Day on 18th October 2022



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Kerala Piravi celebration

As part of Kerala Piravi celebration a session on the ‘Importance of Mother Tongue’ which was led by Ms. Saino Susan Baby of I year B. Ed on 3rd November 2022. Various competitions like Kaikotti Kali, Naadan Pattu, Malayali manga, and Ethnic walk were conducted.



Children’s Day Celebration was organized by Daffodils and an Essay writing competition was conducted in association with the same on 14th November 2022.



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International science day – 10/11/2022

International Science Day was celebrated on 10th November 2022 based on the theme ‘Source of Sustainable Development’. Scientia organized an e-poster designing competition on the same day.



National Mathematical Day

National Mathematical Day was celebrated by Ganithika on 21st December 2022.



Christmas celebration

Christmas celebration was held on 22nd December 2022 and Fr. Edwin Kadavanthra gave the message. Various competitions were held in relation to it. The very same day a social visit to Abhaya Bhavan and Santhi Bhavan was organized



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International Day for Elimination of Violence against Women

As part of International Day for Elimination of Violence against Women, an awareness talk on ‘Sexual Harassment against Women’ was conducted on 25th November 2022 by Ms. Aiswariya Joseph of I year B.Ed. Social Science. A Slogan Writing Competition was conducted on ‘Raise your voice against Women Harassment’ on 2nd December 2022 and a Collage Making competition was held on 6th December 2022 based on the theme ‘Sexual Harassment against Women’.



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Creative Writing Workshop

A 'Creative Writing Workshop' was conducted by Daffodills, the English Association on 8th December 2022.



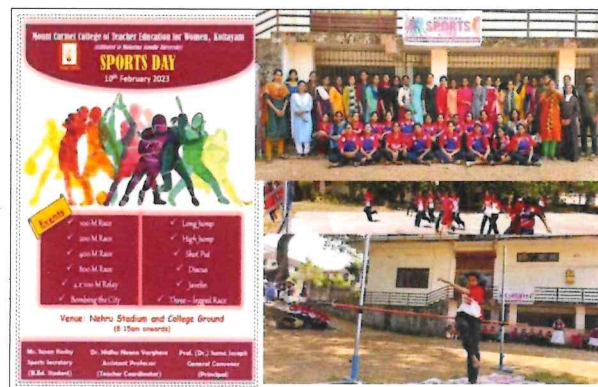
Sports Day

The Annual Sports Day was conducted on 15th February 2023 at Nehru Stadium, Kottayam and at College ground. Susan Koshy, the sports secretary gave the instructions for the day.

The events conducted were:

- 100M Race
- 200M Race
- 400M Race
- 800M Race
- Shot Put
- Discus Throw
- Javelin Throw
- Long Jump
- High Jump
- 4x100m Relay
- Three-Legged Race

Ms. Susan Koshy of II Year B.Ed. Natural Science (Frobellians) was the Individual Champion of the Sports Meet with 20 points. The overall championship for the Sports and Games was bagged by Frobellians group with 40 points and Runner Up by Parkhurst's group



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Arts Fest

The Arts Fest 2022-2023 was conducted on 9th March 2023. Events conducted were: Poem Recitation (Malayalam), Poem Recitation (English), Extempore (Malayalam), Extempore (English), Light Music, Western Music, Group Song, Pair Dance, Group Dance, Mehendi Designing, Hair Styling, Pencil Drawing, Painting Competition, Poetry Writing (Malayalam), Poetry Writing (English), Essay Writing (English), Essay Writing (Malayalam), Short Story (English) and Short Story (Malayalam). The Kalathilakam for the Arts Fest 2022-2023 was Ms. Bency Benedict of I Year B.Ed. English Optional, of Montessorians group. Montessorians were the overall champions with 78 points, and the Froebellians were the Runner Up with 49 points.



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Carmel Forum: Webinar Series

The Webinar Series – Carmel Forum for the academic year was conducted from June 2022 to March 2023. The student teachers organised the webinar series under the guidance of the teacher coordinator

- The XIII webinar session of Carmel Forum was handled by Ms. Agatha Kurian on the topic ‘Gender and Sexuality: An Analysis of LGBTIQA+ Spectrum’ on 30th June 2022.
- The XIV webinar session of Carmel Forum was held on 21st July 2022. The Resource Person, Dr. Suneethi A. S., Assistant Professor, SNM Training College, Moothakunnam presented the topic ‘Water Resource Management in Kerala’.
- The Session XV of the Webinar Series - Carmel Forum on ‘Life Defining Secrets of Inclusion’ by the Resource Person Shri. Jiny Dan T, Lecturer of Composite Regional Center, Calicut was held on 28th August 2022.
- The Session XVI of the Webinar Series - Carmel Forum was conducted on 23rd September 2022 on the topic ‘Zotero: An Aid in Managing References in Academic Writing’ by the Resource Person Dr. Betsy Joseph., Assistant Professor, Titus II Teacher’s Training College, Thiruvalla.
- The XVII Session of the Webinar Series - Carmel Forum was held on 27th October 2022 which was led by Dr. Laya A. B., Assistant Professor, SNM Training College, Moothakunnam on the topic ‘Soft Skills for Smart Life’.
- XVIII Session of Webinar Series: Carmel Forum was held on 22nd November 2022 in collaboration with Loretto College, Kolkata. The class on ‘Perspectives of Research in Education’ was led by Dr. T. C. Thankachan, Vice Principal, St. Thomas College of Teacher Education, Pala, Kottayam.
- XIX session of Carmel Forum Webinar Series on the topic ‘Entrepreneur Skills: A Need for Millennial Teachers’ was held on 13th December 2022 and the Resource Person was Dr. Rinu V. Antony, Asst. Professor, SNM Training College, Moothakunnam.
- XX session of webinar series – Carmel Forum was conducted on 20th January 2023 on ‘Mentoring: A Constructive Partnership’ by Dr. Sam Thomas Joy, Assistant Professor, Titus II Teacher Training College, Thiruvalla, Kottayam.



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- XXI Carmel Forum Webinar Series was conducted on 10th February 2023 on ‘Gender Sensitization for Futuristic Society’. The Resource Person for the session was Dr. Marin Jose, Assistant Professor, St. Joseph’s College of Teacher Education for Women, Ernakulam.
- The XXII session of the Webinar Series - Carmel Forum on ‘A Teacher’s Role for India @75’ was on conducted on 16th March 2023 by Dr. Celin Philip, Associate Professor (Rtd.), BCM College, Kottayam in Collaboration with Women’s Cell of the Institution.

National cleaning day -30/01/2023



PLANNING AND EXECUTION OF COMMUNITY RELATED ACTIVITIES

As part of World Environmental Day Celebration the project *Ente Madhuramulla Thottam* and ‘*Kutti Karshaka Sena*’ was inaugurated at our Adopted School - Sr. Alphonsa U.P. School, Chennamattom, Ayarkunnam. The NSS volunteers planted 20 fruit trees and initiated the project.



CARMEX- an Exhibition on teaching learning aids

An Exhibition of Teaching & Learning Aids for School Students named Carmex 2022 and Carmex 2023 was organized on 6th July 2022 and 22nd February 2023.



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Medical Camp

A Medical Camp was conducted in the college campus by Medical Centre Hospital on 29th March 2023.



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Carmel Fest

Carmel Fest inter-school competitions for students of Practice teaching schools was conducted on 22nd February 2023



Visit to District Sub Jail, Kottayam

M.Ed. Students visited Kottayam Prison and its Library under the leadership of Sr. Rosy Leema P.W., UGC Librarian on 13th July 2022 to promote reading habits among the inmates.



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Social Visits

The institution conducts regular visits to Abhaya Bhavan and Santhi Bhavan old age homes



Visit to Special School

Visit to Sneha Bhavan Special School, S.H. Njanodaya School for the deaf



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Carmel Tailoring Centre

Carmel Tailoring Centre functioning in the college for the empowerment of marginalised women of the locality offers 4 months tailoring course.



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Charitable Trust Visit, Service and Clothing Donation

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Students of Mount Carmel College of Teacher for Women had the privilege of visiting the Ashraya Palliative Charitable Trust to extend our support and solidarity. During our visit, we engaged in various service activities aimed at providing assistance to those in need within the community. Among the initiatives undertaken, a significant highlight was the clothing donation drive organised. Visit to the Ashra Palliative Charitable Trust was a deeply enriching experience, underscoring the importance of compassion, community service, and collective action in making a positive difference in the lives of others.



BUILDING TEAMS AND HELPING THEM TO PARTICIPATE

Adequate opportunities, support and guidance are given to student teachers while working with the group activities such as the morning assembly, cultural programmes, extension activities, collaborative tasks, sports and games, community living camps, field trips, study tour, organizing, conducting and participating in competitions etc. where students need collaboration, Thus mentoring helps students in developing social competencies and suggesting participatory approaches in activities which ensures student involvement, sharing responsibilities, explores opportunities and achieve common goals.




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INVOLVEMENT IN PREPARATORY ARRANGEMENTS

The institution provides ample opportunities for student teachers to develop the competence to organize academic, cultural, sports, and community-related events. Each year, the institution plans various programmes and offers the necessary support and guidance for students to conduct these events. The student council, NSS, cultural groups, and subject associations are entrusted with the responsibility of organizing these programmes.

Through brainstorming sessions the student council, NSS, cultural groups, and subject associations identify the objectives and scope of the events. They establish various committees, assign roles and responsibilities, coordinate the events, organize rehearsals, monitor the progress of the events and facilitate smooth coordination between different committees

By engaging in these preparatory arrangements and executing the events, student teachers develop essential skills such as leadership, teamwork, project management, communication, and problem-solving. These experiences contribute significantly to their personal and professional growth, preparing them for future roles and responsibilities.



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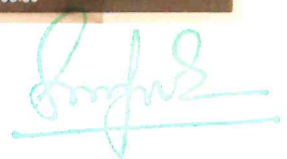
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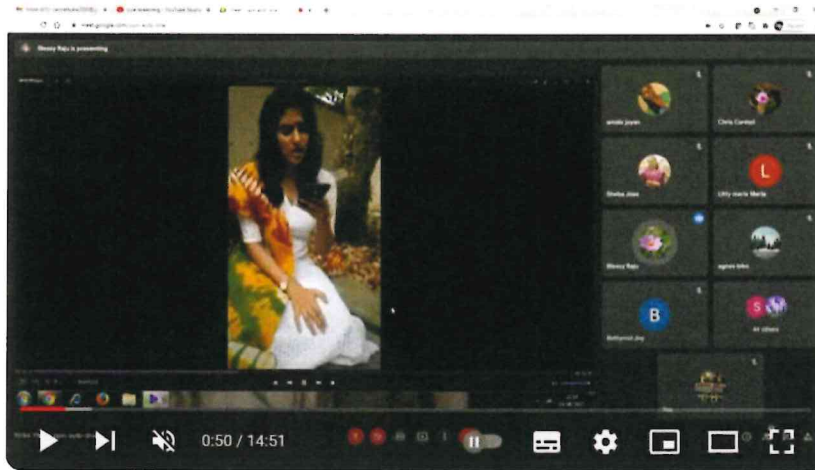


EXECUTING/CONDUCTING THE EVENT

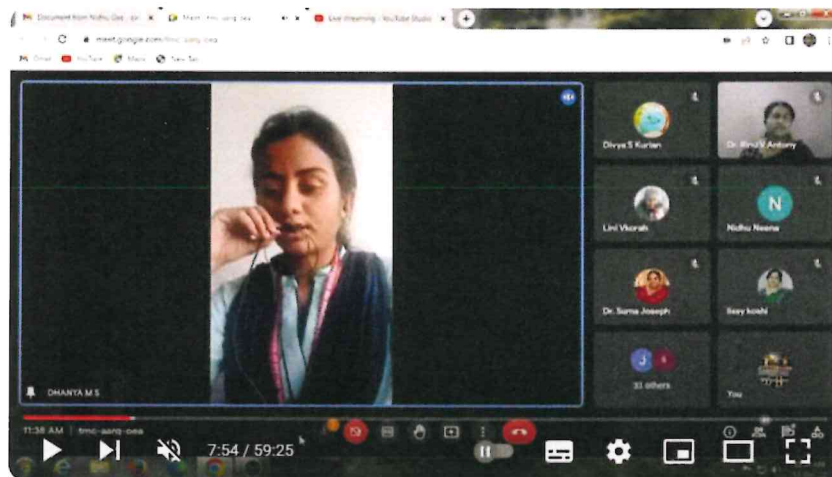
Throughout the academic year the student teachers get the opportunity to organise and conduct several events both online and offline under the guidance of the teachers. By executing and conducting these events, student teachers not only contribute to their community and institution but also gain practical experience and develop essential skills that will benefit them in their future careers. Links of the few online programmes conducted are given below



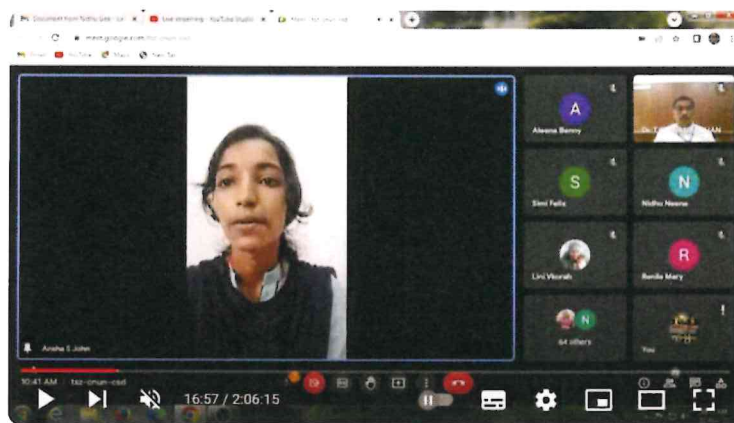

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<https://www.youtube.com/watch?v=oQScxQIKPqA>



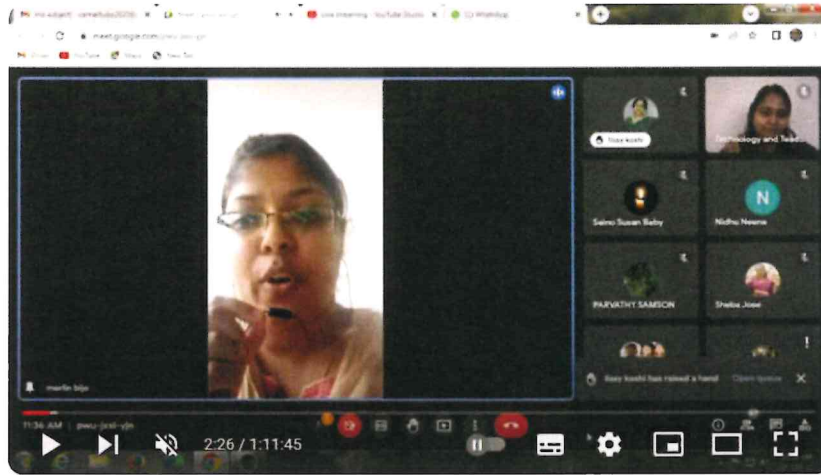
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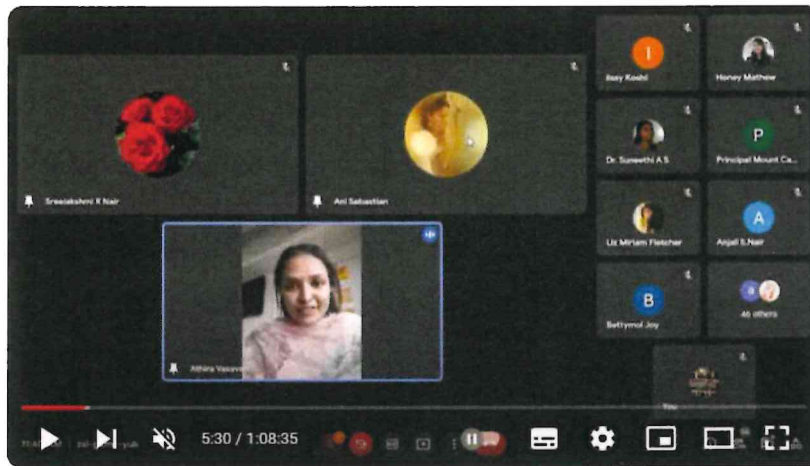
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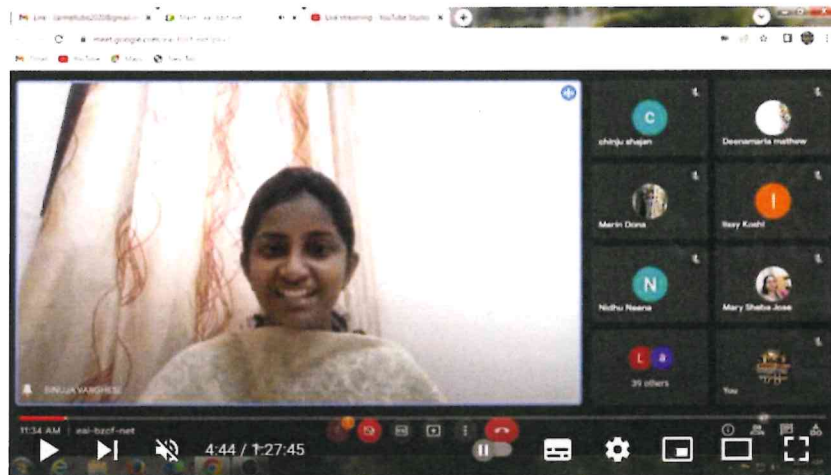
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<https://www.youtube.com/watch?v=qPUE4IF-Q5I>



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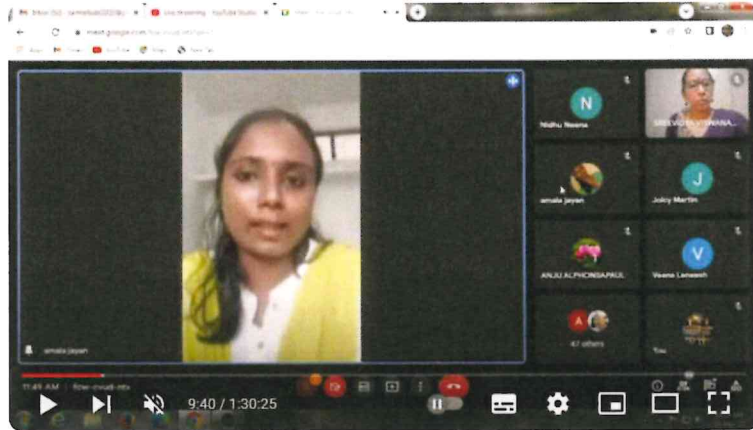


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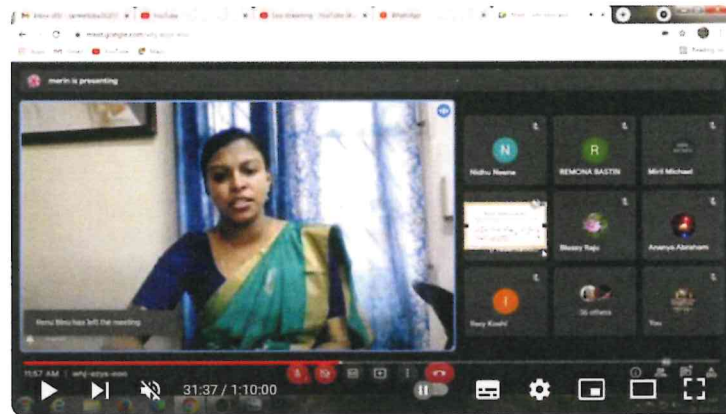
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Carmel Forum Webinar Session X

<https://www.youtube.com/watch?v=tyb1D7ZNWlc>



<https://www.youtube.com/watch?v=iLRyStXtEAc>



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