

# MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN

Muttambalam P.O., Kanjikuzhy, Kottayam- 686004

(Recognised by NCTE, Affiliated to Mahatma Gandhi University)

# **CRITERION VI**

# **GOVERNANCE, LEADERSHIP AND MANAGEMENT**

# 6.3: Faculty Empowerment Strategies

6.3.3: Number of professional development /administrative training programmes organized by the institution for teaching and non-teaching staff during the last five years.

Brochures / Reports along with Photographs with date and caption



Mount Carmel College of Teacher

# Brochures / Reports along with Photographs with date and caption

### 2018-2019

• Orientation programme on B.Ed. reviewed syllabus



An orientation programme to explain the B.Ed. reviewed syllabus organized by All Kerala Training College Teacher's Association (AKTCTA) was conducted on 15th October 2018. The one-day programme was presided over by Dr. Varghese K. Cherian and was enriched with the presence of teachers from different colleges.

Personality Development Challenges and Possibilities as a Women



A seminar on "Personality Development Challenges and Possibilities as a Women" was arranged on 17th January 2019. The classes were led by Mr. Abhilash Joseph, Counsellor and Training Team Head, IPCAI (Institute for Person Centered Approaches in India).

• Community Sensitization Programme on Sustainability Science



National Science Day celebrations were arranged in the College from 26th to 28th February 2019. Followed by the inauguration session, a workshop on "Eco Friendly

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Products" was conducted by Dr. Sunil Kumar S., Naturopathy Physician and State Faculty of Suchithwa Mission Kudumbasree unit.

On the second day of the celebrations (27-02 2019), an awareness class on the need to save Petroleum Products was taken by Ms. Annie Thomas, External faculty Member of Petroleum Conservation Research Association (PCRA).

### 2019-2020

Two-Day Orientation Programme on World Environmental Day



On 6th and 7th June, 2019 events related to World Environment Day were organized and were sponsored by Kerala State Council for Science, Technology and Environment. Dr. V.C. Sunil Kumar of the Suchithwa Mission took an awareness class on "Air Pollution".

#### Orientation Class

A session of Orientation class on "Attitudes and Moral Values for a Teacher" was led by Mrs. Soosamma Chacko and "Behaviour and Inspiration of Teachers" by Mrs. Minimol K. Sebastian on 6th February, 2020.

Digital Skills for Teaching and Skills in 21st Century



National Webinar Day 3: How to Use Google Classroom Effectively

The webinar on Digital Skills for Teaching and Skills in 21st Century organized in collaboration with EMEA College of Arts and Science, Kondotty, Malappuram, Kerala, from 19th May to 25th May was a great success. Three hundred participants, far and near, from different parts of the globe, assembled digitally for this week-long virtual gathering

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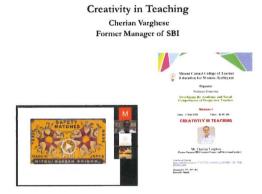
### 2020-2021

### Self-Publishing: A practical approach



Webinar on Self-Publishing was organised on 19th June in connection with the Reading Day by Shri Vimal Kumar V, MG University.

# 'Creativity in Teaching'



A motivational session on 'Creativity in Teaching' was organized online on 17th July. Mr. Cherian Varghese, Former Manager of SBI and a Train er and Motivational speaker led the session.

# • Gender bias and stereotyping

The women cell of the college organized a Webinar on the theme "Gender Bias and Stereotyping" on 20th August 2020. Dr. Sisy Jose, Associate Professor, Govt. College of Nursing, Kottayam led the class.

• Digital Tools for the Smart Teacher's





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A webinar on 'Digital Tools for the smart Teacher's was jointly organized by Mount Carmel College of Teacher Education for Women and St. Jospeh's Training College, Mannanam on 16th September. Dr. K.S Sajan, Assistant Professor, NSS Training College, Ottapalam led the webinar.

# • Prospects of Virtual Learning: Engaging learners and Empowering Teachers



One week online International Faculty Development Programme on "Prospects of Virtual Learning: En gaging learners and Empowering Teachers" was conducted by the IQAC of the Mount Carmel College of Teacher Education for Women in collaboration with School of Physical Education and Sports Sciences of M.G. University, Kottayam. It was held on 23rd September to 29th September to 29th September. There were 206 participants including foreign delegates.

#### 2021-2022

# • From a Teacher's Diary"

As an initiative to strengthen the research and extension-activities of the institution, a Webinar Series was conducted on 18th June 2021. It focused on addressing individuals using the Google platform where educationally relevant topics could be discussed, so that the benefitting participants could work for the welfare of the society. Rev. Sr. Dr. Vinitha CSST, Manager gave the Presidential address and Dr. Sunila Thomas, Associate Professor, Titus II Teachers College, Thiruvalla gave the Inaugural address. The premiere was hosted by Dr. Lissy Koshi, Assistant Professor, and the Teacher Co-ordinator of the Webinar Series.

# • From a Teacher's Diary





The Session I of the Webinar Series - Carmel Forum included some excerpts from her experiences in her journey as a teacher and was entitled: "From a Teacher's Diary".

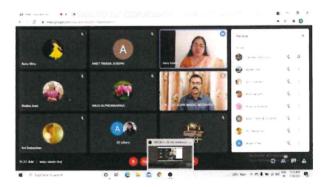
# • Spiritual and Educational Orientation





An Orientation programme for the Teaching and Non-Teaching was organized on 7th July 2021. It was inaugurated by our Manager Rev. Sr. Dr. Vinitha CSST. A Spiritual Orientation was given by Rev. Fr. Bobby Jose Kattikad. This was followed by an Educational Orientation by Rev. Sr. Dr. Alice Mathew, General Educational Councillor.

### • Teacher Metamorphosis



The Carmel Forum organized the second II of Webinar Series on the topic "Teacher Metamorphosis" on 14th July 2021. The Resource Person was Dr. Joju John, Assistant Professor, Mar Theophilus Training College, Thiruvananthapuram.

### Self - transformation through Mindfulness



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The Session III of Webinar Series - Carmel Forum was conducted on 6th August 2021. The Resource Person was Dr. Giby Geevarughese, Associate Professor, Mar Theophilus Training College, Thiruvananthapuram and. The topic of the session was 'Self - transformation through Mindfulness'.

### • Inclusive Education



The Session IV of Webinar Series - Carmel Forum was conducted on 14th September 2021. The Resource Person was Ms. Chippy Babu, M.Ed. Student who presented an effective class on the topic "Inclusive Education".

# Strengthening Teacher Student Interaction in the Current Pandemic Situation



The Session V of the Webinar Series - Carmel Forum was conducted on the topic: "Strengthening Teacher Student Interaction in the Current Pandemic Situation" on 1st October 2021. The Resource Person of the webinar was Ms. Reshma Merin Abraham, 2nd year M.Ed. Student.

### Stress Management



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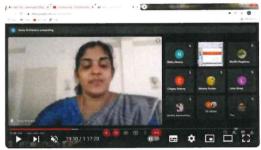
A Webinar on 'Stress Management' was conducted on 5<sup>th</sup>October 2021 to help staff and students to control their stress related issues. The Resource Person was Rev. Sr. Jain CSST.

# • Ensuring the Mental Health of the Student Community during the Covid Pandemic Period



The Session VI of the Webinar Series - Carmel Forum was presented on the topic "Ensuring the Mental Health of the Student Community during the Covid Pandemic Period" by Ms. Renu Binu of 2nd Year M.Ed. Student on 30th November 2021.

Teacher Resilience: Coping with Uncertainty



CARMEL FORUM - SESSION VII

The Session VII of the Webinar Series - Carmel Forum was conducted on 15th December 2021. Dr. Sumy M. Scaria, Assistant Professor, Karmela Rani Training College, Kollam was the Resource Person and the topic was "Teacher Resilience: Coping with Uncertainty".

Academic Streaming with NEP 2020



CARMEL FORUM: SESSION IX

The session IX of the Webinar Series - Carmel Forum was organized on 28th February 2022.

The Resource Person was Dr. Ashok Alex Philip, Associate Professor, Peet Memorial

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Training College, MaveliKkara and the topic of the webinar was "Academic Streaming with NEP 2020".

# Incorporating Multiple Intelligence in the Classroom



Carmel Forum Webinar Session X

The Session X of Webinar Series - Carmel Forum based on the theme "Incorporating Multiple Intelligence in the Classroom" was held on 18th March 2022. Mrs. Sreevidya Sankara Narayanan, Coordinator, English Teacher, Indian School Salalah, Oman, an alumnus was the Resource Person.

# • MOODLE Training Programme

A MOODLE Training Programme was organized on 22nd April 2022 in order to equip the staff in making use of learning management systems.



# Child Rights

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XII Carmel Forum Webinar Series was on the topic "Child Rights" by Ms. Anju Alphonsa Paul, 2nd year M.Ed. Student, Mount Carmel College of Teacher Education for Women, Kottayam on 23rd May 2022.

# Gender Equality Today for a Sustainable Tomorrow



As part of the International Women's Day Celebration – 2022, a webinar on "Gender Equality Today for a Sustainable Tomorrow" was held on 8th March 2022. The resource person was Dr. Sisy Jose, Associate Professor, Government College of Nursing, Kottayam.

### 2022-2023

• Gender and Sexuality: An Analysis of LGBTIQA+ Spectrum



XIII Carmel Forum Webinar Series was on the topic 'Gender and Sexuality: An analysis of LGBTIQA+ Spectrum" by Ms. Agatha Kurian, Teacher, GHSS Arpookara on 30<sup>th</sup> June 2022.

• Water Resource Management in Kerala: Problems and Prospects



The Session XIV of the Webinar Series - Carmel Forum was handled by Dr. Suneethi A.S., Assistant Professor, SNM Training College, Muthakunnam on 21-07-2022 on the topic Water Resource Management in Kerala

• Life Defining Secrets of Inclusion





The Session XV of the Webinar Series - Carmel Forum was on 'Life Defining Secrets of Inclusion' by the Resource Person Shri. Jiny Dan T, Lecturer of Composite Regional Center, Calicut held on 22nd August 2022

# • Zotero: An Aid in Managing References in Academic Writing



The Session XVI of the Webinar Series – Carmel Forum was conducted on 23rd September 2022 on the topic 'Zotero: An Aid in Managing References in Academic Writing' by the Resource Person Dr. Betsy Joseph., Assistant Professor, Titus II Teacher's Training College, Thiruvalla.

• Moodle Training Programme



Moodle Training Programme was organized for the staff of our college by Titus J Sam, Consultant software Engineer, Kerala Digital University, Assistant Professor cum Software Developer, Marian College, Kuttikanam, Kerala on 19th October 2022.

### Perspectives of Research in Education



XVIII Session of Webinar Series: Carmel Forum was held on 22nd November 2022 in collaboration with Loretto College, Kolkata. The class on Perspectives of Research in

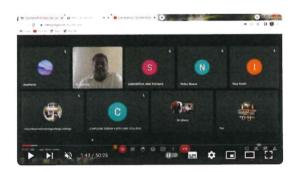
Education was led by Dr. T. C. Thankachan, Vice Principal, St. Thomas College of Teacher Education, Pala, Kottayam.

Entrepreneur Skills: A Need for Millennial Teachers



XIX session of Carmel Forum Webinar Series on the topic 'Entrepreneur Skills: A Need for Millennial Teachers' was held on 13th December 2022 and the Resource Person was Dr. Rinu V. Antony, Asst. Professor, SNM Training College, Moothakunnam.

• Mentoring: A Constructive Partnership



XX session of webinar series – Carmel Forum was conducted on 20th January 2023 on 'Mentoring: A Constructive Partnership' by Dr. Sam Thomas Joy, Assistant Professor, Titus II Teacher Training College, Thiruvalla, Kottayam.

Non-teaching Staff 2018-2019

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• Personality Development Challenges and Possibilities as a Women



A seminar on "Personality Development Challenges and Possibilities as a Women" was arranged on 17th January 2019. The classes were led by Mr. Abhilash Joseph, Counsellor and Training Team Head, IPCAI (Institute for Person Centered Approaches in India).

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### 2019-2020

Two-Day Orientation Programme on World Environmental Day



On 6th and 7th June, 2019 events related to World Environment Day were organized and were sponsored by Kerala State Council for Science, Technology and Environment. Dr. V.C. Sunil Kumar of the Suchithwa Mission took an awareness class on "Air Pollution".

### 2020-2021

Workshop on Cyber-Security



On 16th March 2021 a Seminar on "Cyber Security" was organized by Women Cell. Mr. Jins T.Thomas, Digital Forensic Examinar led the class.

### Gender bias and stereotyping

The women cell of the college organized a Webinar on the theme "Gender Bios and Stereotyping" on 20th August 2020. Dr. Sisy Jose, Associate Professor, Govt. College of Nursing, Kottayam led the class.



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### 2021-2022

### Self-transformation Through Mindfulness



III Carmel Forum Webinar Series was on the topic 'Self Transformation through Mindfulness" by Dr.Giby Geevarughese, Associate Professor, Mar Theophilus Training College, Thiruvanathapuram on 6th August 2021.

# • Stress Management



A Webinar on 'Stress Management' was conducted on 5<sup>th</sup> October 2021 to help staff and students to control their stress related issues. The Resource Person was Rev. Sr. Jain CSST.

### Media Addiction and Related Hazards

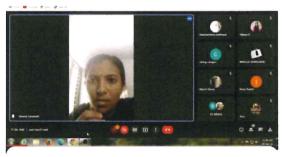


VIII Carmel Forum Webinar Series was on the topic "Media Addiction and Related Hazards" by Ms. Amala Jayan, 2nd Year M.Ed., Mount Carmel College of Teacher Education for Women, Kottayam on 10<sup>th</sup>January 2022.

Women Empowerment: Constitutional and Legal Provisions

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**CARMEL FORUM - SESSION XI** 

XI Carmel Forum Webinar Series was on the topic "Women Empowerment" by Ms. Veena A. S., M.Ed. student, Mount Carmel College of Teacher Education for Women, Kottayam on 29th April 2022.

### 2022-2023

Office Automation Training Programme



The Office Automation Training Programme was conducted for the non-teaching staff on 2nd July 2022.

• Soft Skills for Smart Life



The XVII Session of the Webinar Series - Carmel Forum was held on 27th October 2022 which was led by Dr. Laya A. B., Assistant Professor, SNM Training College, Moothakunnam on the topic 'Soft Skills for Smart Life'.

Gender Sensitization for Futuristic Society



XXI Carmel Forum Webinar Series was conducted on the topic: 'Gender Sensitization for Futuristic Society' on 10th February 2023. The Resource Person for the session was Dr. Marin Jose, Assistant Professor, St. Joseph's College of Teacher Education for Women, Ernakulam.

