



MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN

Muttambalam P.O., Kanjikuzhy, Kottayam- 686004

(Recognised by NCTE, Affiliated to Mahatma Gandhi University)

CRITERION VI

GOVERNANCE, LEADERSHIP AND MANAGEMENT

6.5: Internal Quality Assurance System

6.5.3: Average number of quality initiatives taken by IQAC or any other mechanism for promoting quality culture during the last five years.

List of quality initiatives undertaken by IQAC / other quality mechanism signed by the Principal



**Prof. (Dr.) Suma Joseph
Principal**

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Education for Women
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KOTTAYAM**

LIST OF QUALITY INITIATIVES

2022-2023

Sl. No.	Date	Quality Initiatives Undertaken
1	07 -06-2022	Self-defence training programme
2	17-06-2022	Inauguration of the Reading week
3	21-06 2022	Orientation on Yoga
4	30-06-2022	Carmel Forum- 14th session of the Webinar Series.
5	04-07-2022	CARMEX- Exhibition on Teaching and learning aids
6	13-07-2022	Visit and setting of Library at Kottayam prison
7	21-07-2022	Commencement of the UGC Sponsored Add on course- Diploma in Computer Application, Certificate Course in Counsellor Training
8	22-08-2022	Carmel Forum 15 th Webinar Series- "Life defining secrets of inclusion".
9	23-09-2022	Carmel Forum 15 th Webinar Series "Zotero"
10	13-10-2022	Interface with Educational experts and Head of the institutions
11	27-10-2022	Carmel forum- XVII Session of the webinar series on "Soft skills for smart life.
12	09-11-2022	Inauguration of the first NSS Unit No. 246.
13	22-11-2022	Carmel Forum- XVIII Session of the Webinar series on "Perspectives of research in education "
14	24-11-2022	Awareness class on Sexual Harassment
15	13-12-2022	Carmel forum- XIX Session of the webinar series on "Entrepreneurial skills
16	16-12-2022	Workshop cum Training programme on Yoga
17	20-01-2023	Carmel Forum- XX Session of the Webinar series on "Mentoring"



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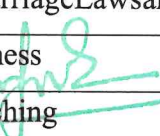
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2021-2022

Sl.No.	Date	Quality Initiatives Undertaken
1.	18-06-2021	Commencement of Webinar Series 'Carmel Forum'
2.	21-06-2021	International Yoga Day Celebrations
3.	25-06-2021	National Reading Week Celebration and Webinar
4.	14-07-2021	Webinar on 'Teacher Metamorphosis'
5.	06-08-2021	Webinar on 'Self-transformation Through Mindfulness'
6.	14-08-2021	Webinar on 'Anti-drugs and Narcotics'
7.	13-09-2021	Commencement of Free Tuition Classes for the Adopted School students
8.	14-09-2021	Webinar on 'Inclusive Education'
9.	01-10-2021	Webinar on 'Strengthening Teacher-Student Interaction'
10.	05-10-2021	Webinar on 'Stress Management'
11.	11-10-2021	Gender Awareness Programme 'Kanal'
12.	19-11-2021	Communal Harmony Week Celebration
13.	30-11-2021	Webinar on 'Ensuring Mental Health'
14.	02-12-2021	Inauguration of various Clubs and Associations
15.	08-12-2021	Orientation Programme on Communicative English
16.	15-12-2021	Webinar on 'Teacher Resilience'
17.	17-12-2021	Workshop on 'Making Artistic Products'
18.	20-12-2021	Social visit to Abhaya Bhavan
19.	23-12-2021	Awareness Programme on Nirbhaya App
20.	07-01-2022	Webinar on 'Media Addiction'
21.	07-01-2022	Online Awareness Programme on 'Protection of Parents and Senior Citizens'
22.	13-01-2022	Seminar on 'Family Counselling-Marriage Laws and Rights'
23.	21-02-2022	One-day Workshop on Yoga Awareness
24.	01-03-2022	Orientation Programme on TET Coaching
25.	04-04-2022	Adult Literacy Programme for Other State Labourers
26.	10-04-2022	Survey on Literacy Status of Other State Labourers
27.	23-03-2022	Medical Camp
28.	15-05-2022	Signing of MOU with Loreto College, Kolkata




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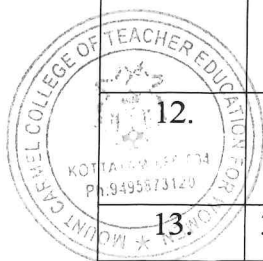
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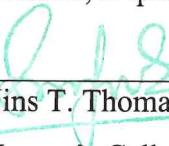
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2020-2021

Sl.No.	Date	Quality Initiatives Undertaken
1.	24-06-2020	Webinar on Self-Publishing by Shri. Vimal Kumar, Technical Assistant, Mahatma Gandhi University as part of Reading Week activities
2.	24-06-2020	Conduct of Online Survey on Awareness of Covid 19 among 20 villages
3.	20-08-2020	Online Webinar on Gender Bias and Stereotyping by Dr. Sisy Jose, Associate Professor, Government Nursing College, Kottayam
4.	21-08-2020	Observation of National Sports Day and conduct of National Level Online Quiz Competition
5.	21-10-2020	National Level Online Workshop on VENDEL Action Plan in collaboration with MGNCRE, Ministry of Education & commencement of VENDEL Action Plan in the institution
6.	09-12-2020	Webinar on German language by Shri. D.H. Pradeep
7.	15-02-2021	Webinar on Intellectual Property Rights and Rights of Women and Children by Dr. Jasmine Alex, Assistant Professor, School of Legal Thought, MG University
8.	16-02-2021	Webinar on 'Queer Freedom in India' by Sheedhal Shyam, Member, State Trans Justice Board, Kerala
9.	17-02-2021	Awareness Class on Sex Education by Mrs. Reenu Elizabeth Abraham, alumni of the institution and ASAP Trainer
10.	18-02-2021	Awareness Class on Covid and Mental Health by Dr. Sisy Jose, Associate Professor, Government College of Nursing, Kottayam
11.	19-02-2021	Awareness on POCSO Act and Juvenile Justice Act by Shri. George Kutty, District Probation Officer, Department of Social Justice, Kerala
12.	16-03-2021	Seminar on Cyber Security by Shri. Jins T. Thomas, Digital Forensic Examiner arranged by Women's Cell
13.	31-03-2021	Inauguration of MOOC in Organic Farming
14.	24-05-2021	Summer Camp 'Esperanto'




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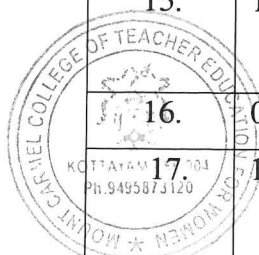
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2019-2020

Sl.No.	Date	Quality Initiatives Undertaken
1.	06-06-2019	Orientation class on Air Pollution by Dr. V.C.Sunilkumar, faculty member, Suchithwa Mission
2.	08-06-2019	Commencement of Add-on Certificate Course in Computer Application
3.	19-06-2019	National Reading Week Celebration
4.	06-07-2019	Personality Development programme by Youth Friends
5.	18-07-2019	Training programme in Yoga by Shri.Sreejith, Assistant Professor in Physical Education, M.E.S. College, Aluva
6.	25-07-2019	Workshop on 'Drama and Theatre Arts' by Shri. E.V.Philip, Drama teacher, Mar Baselius Public School, Devalokam
7.	16-09-2019	Communicative English and remedial classes for the disadvantaged students of the Model School
8.	20-09-2019	Extension service to Ashraya Charitable Trust, Rehabilitation Centre for patients of Medical College, Kottayam
9.	14-10-2019	Medical camp by Chaithanya Eye Hospital, Thellakom
10.	28-10-2019	Arrangement of programmes related to Vigilance Awareness Week
11.	01-11-2019	Commencement of programmes related to Women's Cell
12.	16-11-2019	Awareness class on Energy Conservation by Shri. George Thomas
13.	16-11-2019	Training programme on mushroom cultivation by Bios, the Natural Science Club
14.	10-12-2019	Participation in the Lokpal and Human Rights Seminar
15.	18-12-2019	Social visit to Abhaya Bhavan and Children's Ward of District Hospital, Kottayam
16.	07-01-2020	Campus placement by Next Education, Hyderabad
17.	13-01-2020	Campus interview by Bethlehem International Public School, Thodupuzha and Mount Carmel Vidhyanikethan, Kottayam
18.	27-02-2020	Participation in the M.G. University Kalolsavam, 'Article 14'



Suma Joseph

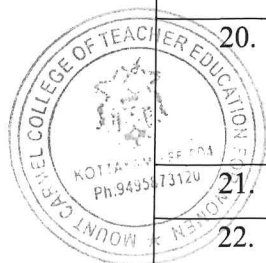
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2018-2019**

Sl.No.	Date	Quality Initiatives Undertaken
1.	04-06-2018	Orientation programme for PTA on 'Parenting'
2.	05-06-2018	Video presentation as part of World Environment Day
3.	21-06-2018	International Yoga Day Celebration
4.	03-07-2018	Orientation class on 'Attitudes and Behaviour of a Teacher in the Classroom'
5.	03-07-2018	Orientation to B.Ed. Programme
6.	04-08-2018	Workshop on 'Preparation of Learning Aids' by Shri. Suresh Kumar, HSST, Model Higher Secondary School, Thiruvananthapuram
7.	03-08-2018	Workshop on Theatre Arts and Drama by Shri. E.V. Philip, Drama Master, Mar Baselius Public School, Devalokam
8.	16-08-2018	Extension activity for Flood Relief
9.	31-08-2018	Self-defence Training by Women Police Force
10.	01-09-2018	Personality Development Workshop
11.	05-09-2018	Training programme on Yoga by Shri. Sreejith, Physical Education teacher, M.E.S. Training College, Aluva
12.	14-09-2018	Inauguration of Subject Associations
13.	01-10-2018	Gandhi Jayanthi Celebrations
14.	12-10-2018	Alumnae Meet
15.	15-10-2018	Orientation programme to B.Ed. Reviewed Syllabus organized by All Kerala Training College Teachers' Association
16.	22-11-2018	Communal Harmony and National Integration day
17.	18-12-2018	Social visits to Shanthi Bhavan and Abhaya Bhavan
18.	07-01-2019	Placement service with Bethlehem International School, Thodupuzha
19.	12-01-2019	18 th State Level Children's Maths Congress organized by Kerala Ganitha Sasthra Parishad
20.	17-01-2019	Seminar on 'Personality Development: Challenges and Possibilities for Women' led by Shri. Abhilash Joseph, Counsellor Training Team, Institute for Person-centred Approaches in India
21.	15-02-2019	Placement service with Mount Sirai School, Haryana
22.	21-02-2019	Celebration of International Mother Language Day
23.	26-02-2019	Workshop on 'Eco-friendly Products' by Dr. Sunil Kumar S.,



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		Naturopathy Physician & State Faculty of Suchithwa Mission, Kudumbhasree Unit
24.	27-02-2019	Awareness Class on 'Need to Save Petroleum Products' by Ms. Annie Thomas, External Faculty, Member of Petroleum Conservation Research Association
25.	01-03-2019	Placement service with Viveka Vardhini Public School, North Karnataka



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