



# **MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN**

**Muttambalam P.O., Kanjikuzhy, Kottayam- 686004**

*(Recognised by NCTE, Affiliated to Mahatma Gandhi University)*

## **CRITERION VI**

### **GOVERNANCE, LEADERSHIP AND MANAGEMENT**

#### **6.5: Internal Quality Assurance System**

**6.5.3: Average number of quality initiatives taken by IQAC or any other mechanism for promoting quality culture during the last five years.**

**Report of the work done by IQAC or other quality mechanisms**



**Prof. (Dr.) Suma Joseph**  
**Principal**  
**Mount Carmel College of Teacher**  
**Education for Women**  
**Kottayam- 686 004**

# MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN

## IQAC Report 2022-23

### ORIENTATION PROGRAMME

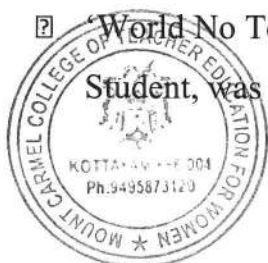
The classes for the ongoing batches of B.Ed. and M.Ed. students started with great enthusiasm and positivity. The academic year for the new B.Ed. 2022-2024 batch commenced on 12<sup>th</sup> September 2022. An introductory meeting was conducted for students and their parents at the College Auditorium. Dr. Mary Sheba Jose, Associate Professor, Teacher Coordinator gave an orientation about the B.Ed. Programme, as well as the rules and regulations of the college in general. Similarly, the M.Ed. Programme started into full swing on 17<sup>th</sup> November 2022. Prof. (Dr.) Suma Joseph illuminated the new batch of M.Ed. students on the nature of the M.Ed. Programme, as well as the code of conduct to be followed in the institution.

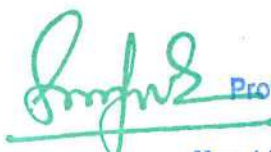
### PTA MEETING

- An online PTA Meeting for the academic year 2021-2022 was conducted on 11<sup>th</sup> August 2022.
- The first General Body meeting of the PTA for the new B.Ed. Batch 2022-2023 was held in the College Auditorium on 12<sup>th</sup> September 2022. The details regarding the B.Ed. programme, as well as the rules and regulations were disseminated to the parents and students.

### ORIENTATION PROGRAMMES, SEMINARS, WEBINARS AND WORKSHOPS FOR STUDENTS

- ☐ The Bios and Ecozone celebrated the 'World Environment Day' on 6<sup>th</sup> June 2022 with Sri. Mahadevan K.K., Retd. Deputy Rubber Production Commissioner as the Resource Person.
- ☐ 'World No Tobacco Day' was celebrated on 7<sup>th</sup> June 2022. Ms. Nimmy Kurian, M.Ed. Student, was the Resource Person.



  
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- ☐ A 'Workshop on Yoga' was organized and executed on 9<sup>th</sup> June 2022. Mr. Biju B. Yoga and Kalaripayattu Instructor was the Resource Person.
- ☐ '27<sup>th</sup> National Reading Week' celebration was conducted from 20<sup>th</sup> to 24<sup>th</sup> June 2022. Ms. Agatha Kurian was the Resource Person. It was followed by a 'Blind Date with a Book' under the leadership of Sr. Rosy Leema P. W., UGC Librarian and Ms. Amala Jayan, M.Ed. Student.
- ☐ A Seminar on 'Quotidian Yoga' was organized on 21<sup>st</sup> June 2022 and. Ms. Amala Jayan, M.Ed. Student was the Resource Person.
- ☐ 'Retreat and Personal Counselling' was organized for B.Ed. and M.Ed. Students from 27<sup>th</sup> to 29<sup>th</sup> June 2022. Fr. Henciline OCD was the Retreat Preacher.
- ☐ The XIII webinar session of Carmel Forum was handled by Ms. Agatha Kurian (B.Ed. Student) who was the Resource Person. She spoke on the topic 'Gender and Sexuality: An Analysis of LGBTIQ+ Spectrum' on 30<sup>th</sup> June 2022.
- ☐ An online meeting was arranged on 13<sup>th</sup> July 2022 by the M.Ed. Department for finalizing the Research Titles for M.Ed. 2021-2023 batch. Prof. (Dr.) P. J. Jacob, Former Research Director, Mahatma Gandhi University was the Resource Person.
- ☐ The XIV webinar session of Carmel Forum was held on 21<sup>st</sup> July 2022. The Resource Person, Dr. Suneethi A. S., Assistant Professor, SNM Training College, Moothakunnam presented the topic 'Water Resource Management in Kerala'.
- ☐ B.Ed. and M.Ed. students attended a virtual Inspirational Talk on 13<sup>th</sup> August 2022 by Professor Sandeep Shastri, Vice Chancellor of Jagran, Lake City University, on the topic 'Anxieties and Aspirations of an Emerging Young India', organized by Loreto College, Kolkata.
- ☐ Independence Day Celebration was held online on 15<sup>th</sup> August 2023 at 9am by Archives in collaboration with the M.Ed. Department. Ms. Amala Jayan M.Ed. (2020-2022 Batch) Student was the Resource Person.
- ☐ The B.Ed. and M.Ed. students attended a virtual Inspirational Talk on 16<sup>th</sup> August 2022 by the Hon'ble Member of the Rajya Sabha, Mr. Derek O'Brien on 'Expectations of and from Young Citizens', organized by Loreto College, Kolkata.



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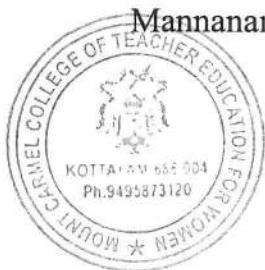
- ☐ The Session XV of the Webinar Series - Carmel Forum on 'Life Defining Secrets of Inclusion' by the Resource Person Shri.Jiny Dan T, Lecturer of Composite Regional Center, Calicut was held on 28<sup>th</sup> August 2022.
- ☐ The Session XVI of the Webinar Series - Carmel Forum was conducted on 23<sup>rd</sup> September 2022 on the topic 'Zotero: An Aid in Managing References in Academic Writing' by the Resource Person Dr. Betsy Joseph., Assistant Professor, Titus II Teacher's Training College, Thiruvalla.
- ☐ An awareness programme on Anti-Drug and Anti-Ragging was organized for the students of our Institution on 11<sup>th</sup> October 2022 on the topics 'Addressing Drug Challenges in Health and Humanitarian Crisis' and 'Ragging: A Social Crime'. Ms. Bency Benedict of IYear B.Ed. and Ms. Rosy Dennis of IYear M.Ed. were the Resource Persons.
- ☐ An interface with the Heads of Institutions and Senior Teachers was organized by our college on 13<sup>th</sup> October 2022 to provide proper instruction before the commencement of the Internship programme.
- ☐ An orientation programme for the Iyear B.Ed. students was conducted on 19<sup>th</sup> October 2022 by the Resource Person Fr. Dr. Sibichen K.K. (CMI), former Associate Professor in Education, St. Joseph's Training College, Mannanam.
- ☐ The XVII Session of the Webinar Series - Carmel Forum was held on 27<sup>th</sup> October 2022 which was led by Dr. Laya A. B., Assistant Professor, SNM Training College, Moothakunnam on the topic 'Soft Skills for Smart Life'.
- ☐ On 3<sup>rd</sup> November 2022, a session was organized by our college on the 'Importance of Mother Tongue' which was led by Ms. Saino Susan Baby of Iyear B.Ed.
- ☐ One day workshop on 'NjanMarunnu, Enniloode e Samoohavum' was conducted at the college auditorium in collaboration with the Department of Student Services (DSS), Mahatma Gandhi University, Kottayam. Rev. Sr. Mrudul, Local Manager presided over the function of inaugurating the NSS Unit no. 246 on the same day. Sri M. N. Shivaprasad, Deputy Excise Commission, Kottayam, inaugurated the



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function. Prof. Mathew Thomas Zacharias, Faculty, Institute of Humanistic Psychology, Germany was the Resource Person of the day.

- ❑ XVIII Session of Webinar Series: Carmel Forum was held on 22<sup>nd</sup> November 2022 in collaboration with Loretto College, Kolkata. The class on ‘Perspectives of Research in Education’ was led by Dr. T. C. Thankachan, Vice Principal, St. Thomas College of Teacher Education, Pala, Kottayam.
- ❑ An awareness class on ‘Sexual Harassment against Women’ was conducted on 25<sup>th</sup> November 2022 under the auspices of IQAC by Ms. Aiswariya Joseph of Iyear B.Ed.
- ❑ XIX session of Carmel Forum Webinar Series on the topic ‘Entrepreneur Skills: A Need for Millennial Teachers’ was held on 13<sup>th</sup> December 2022 and the Resource Person was Dr. Rinu V. Antony, Asst. Professor, SNM Training College, Moothakunnam.
- ❑ One day ‘Workshop-cum-Training Programme on Yoga and Aerobics’ was conducted for the I year B.Ed. students on 16<sup>th</sup> December 2022. Dr. Augustine George, Assistant Professor of Physical Education, Govt. Medical College, Kottayam was the Resource Person.
- ❑ XX session of webinar series – Carmel Forum was conducted on 20<sup>th</sup> January 2023 on ‘Mentoring: A Constructive Partnership’ by Dr. Sam Thomas Joy, Assistant Professor, Titus II Teacher Training College, Thiruvalla, Kottayam.
- ❑ Workshop on Drama was conducted at college auditorium on 22<sup>nd</sup> January 2023 for the B.Ed. Iyear students by Shri. E. V. Philip.
- ❑ The ‘Three-Day Pathway Social Life Wellness Program’ 2022-2023 was organized for the B.Ed. and M.Ed. students from 7<sup>th</sup> to 9<sup>th</sup> February 2023. The sessions were arranged by the Minority Youth Training Centre, Kanjirapally. The wellness programme was inaugurated by Rev. Dr. Sibichen K. K., Director of Jeevadhara and former Vice-Principal of St. Joseph’s Training College, Mannanam, Kottayam.



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- ☒ XXI Carmel Forum Webinar Series was conducted on 10<sup>th</sup> February 2023 on 'Gender Sensitization for Futuristic Society'. The Resource Person for the session was Dr. Marin Jose, Assistant Professor, St. Joseph's College of Teacher Education for Women, Ernakulam.
- ☒ The Finale of the Webinar Series - Carmel Forum on 'A Teacher's Role for India @75' was on conducted on 16<sup>th</sup> March 2023 by Dr. Celin Philip, Associate Professor (Rtd.), BCM College, Kottayam in Collaboration with Women's Cell of the Institution.
- ☒ A Workshop on 'Fuel Conservation' and a 'Quiz Contest' was conducted on 13<sup>th</sup> February 2023 by Petroleum Conservation Research Association (PCRA) for the B.Ed. I Year by Shri Suresh Kumar, Faculty from PCRA.
- ☒ A Medical Camp was conducted in the college campus by Staff of Medical Centre Hospital on 29<sup>th</sup> March 2023.

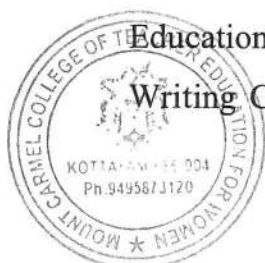
### **CELEBRATIONS AND ASSOCIATED COMPETITIONS**

- ☒ 'BIOS & Ecozone Club' organized On the Spot Photography & Quiz Competition on 3<sup>rd</sup> June 2022 as part of the Environment Day Celebration.
- ☒ 'Inter class Rhythmic Yoga Competition was conducted on 20<sup>th</sup> June 2022 in accordance with International Yoga Day Celebration.
- ☒ An Exhibition of Teaching & Learning Aids for School Students named Carmex 2022 was organized on 6<sup>th</sup> July 2022. The school students from the Mount Carmel Campus were given the opportunity to participate in the exhibition.
- ☒ Carmel Day Celebrations and On-Stage intramural competitions were conducted on 19<sup>th</sup> July 2022.
- ☒ Archives in collaboration with M.Ed. Department organized 'Patriotic Song Competition' on 13th August 2023.
- ☒ Independence Day Celebration was held online on 15<sup>th</sup> August 2023 at 9am by Archives in collaboration with M.Ed. Department. Ms. Amala Jayan M.Ed. (2020-2022 Batch) Student was the Resource Person.



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- ☑ 'Archives' arranged an Exhibition in the M.Ed. block related to Independence Day on 16<sup>th</sup> August 2022.
- ☑ Teacher's Day Celebration was held at college auditorium on 1<sup>st</sup> September 2022 which was accompanied by the Farewell function to the senior B.Ed. batch.
- ☑ Onam was celebrated on 2<sup>nd</sup> September 2022 with a delicious 'Onasadhya' and various fun games were also arranged as part of the same event by B.Ed. senior batch.
- ☑ Gandhi Jayanthi was celebrated by the leadership of Social Science Association (ARCHIVES) on 6<sup>th</sup> October 2022.
- ☑ One-month Anti-ragging and Anti-Narcotic Observation was done at our college in association with Higher Education Department, Government of Kerala from 2<sup>nd</sup> October 2022 to 1<sup>st</sup> November 2022.
- ☑ To mark the beginning of the same, a poster designing competition was conducted for B.Ed. and M.Ed. students at Mount Carmel College of Teacher Education for Women on the topic 'Say No to Drugs and Ragging' at College Assembly Hall on 7<sup>th</sup> October 2022. Twenty-six students participated in the poster designing competition. The participants portrayed the negative effects of drugs on mental, physical, social, financial, health and brought the causes, effects and impacts of ragging through their artistic skills.
- ☑ An awareness programme on Anti-Drug and Anti-Ragging was organized for the students of our Institution on 11<sup>th</sup> October 2022 on the topics 'Addressing Drug Challenges in Health and Humanitarian Crisis' and 'Ragging: A Social Crime'. Ms. Bency Benedict of Iyear B.Ed. and Ms. Rosy Dennis of Iyear M.Ed. were the Resource Persons. The programme put forth the importance of curbing the menace of Ragging and the effects and impacts of drugs in one's health. The speakers were able to create awareness on Anti-drug and anti-ragging.
- ☑ Our institution in collaboration with 'Bodhapoornima: Break the Chain' - Higher Education Department, Government of Kerala conducted Short Film, Poetry Writing Competition, Story Writing, Essay Writing and E-poster making on the



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topic 'No to Drugs' on 20<sup>th</sup> October 2022 at college auditorium. Participants penned the effects of drugs into beautiful Scripts, Poetry, Stories and Essays. The participants came up with different views, perspectives and spheres on the effects of drugs in daily life. Creative and attractive E-posters were also developed by the participants.

- ☒ Short Film, Poetry Writing Competition, Story Writing, Essay Writing and E-poster making on the topic 'No to Drugs' in collaboration with BodhaPoornima: Break the Chain of Higher Education Department, Kerala on 25<sup>th</sup> October 2022.
- ☒ A class room debate was conducted in the Institution on 25<sup>th</sup> October 2022 in collaboration with 'Bodhapoornima: Break the Chain'- Higher Education Department, Government of Kerala on the topic "No to Drugs".
- ☒ As part of Anti-Drug Campaign, Pledge against Drugs 'Kick Nasha' was read out by Ms. Honey Mathew, Assistant Professor on 27<sup>th</sup> October 2022 to the Students of the College as per the directives of Higher Education Department, Government of Kerala.
- ☒ Our institution conducted a rally, where students with placards and chanted slogans on the issue on 'Anti Narcotic Campaign' on the issue on 28<sup>th</sup> October 2022.
- ☒ A flash mob was conducted in the College campus on 31<sup>st</sup> October 2022, on the theme 'No to Drugs'.
- ☒ A 'Human Chain' was formed on 1<sup>st</sup> November 2022 involving students, teachers and administrative staff to raise awareness that everybody needs to work in unity to make Kerala a drug-free state. The participants of the human chain took a pledge to refrain themselves from taking drugs.
- ☒ In its battle on drug menace, the Kerala government informed it plans to start an anti-narcotic campaign at Shastri Road, Kottayam named 'Drug Free Street' by including all the students at Higher Secondary School and Higher Education department at 2.30pm. Our B.Ed. Students took part in the Flash Mob and Placard exhibition on 1<sup>st</sup> November 2022.



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- ☒ Talent's day "Arambham" for the I year B.Ed. students was organized at the college auditorium on 11<sup>th</sup> October 2022.
- ☒ Fresher's day was celebrated in a jovial manner on 18<sup>th</sup> October 2022 at the college auditorium.
- ☒ Kerala Piravi Day was celebrated as 'Carmelian Kerala Piravi on 1<sup>st</sup> November 2022 and various competitions like Kaikotti Kali, Naadan Pattu, Malayalimanga, and Ethnic walk were held in association with the same. All teaching, non-teaching staff and students of both B.Ed. and M.Ed. departments took a pledge to propagate Mother Tongue to strengthen its proper use.
- ☒ International Science Day was celebrated on 10<sup>th</sup> November 2022 based on the theme 'Source of Sustainable Development'. Scientia organized an e-poster designing competition on the same day.
- ☒ 'Children's Day Celebration' was organized by Daffodils and an Essay writing competition was conducted in association with the same on 14<sup>th</sup> November 2022.
- ☒ 'Indian Constitution Day' was observed under the auspices of IQAC on 25<sup>th</sup> November 2022 at our Institution.
- ☒ 'World Aids Day' was observed on 1<sup>st</sup> December 2022 by BIOS and Health Club. The resource person was Ms. Amala Jayan, Assistant Professor, M.Ed. Department. The club conducted an E-Slogan competition and arranged a street play.
- ☒ A Slogan Writing Competition was conducted on 'Raise your voice against Women Harassment' under the auspices of IQAC on 2<sup>nd</sup> December 2022.
- ☒ A Collage Making Competition was held on 6<sup>th</sup> December 2022 based on the theme 'Sexual Harassment Against Women' under the auspices of IQAC.
- ☒ Daffodils organized 'Creative Writing Workshop' in the college general hall on 8<sup>th</sup> December 2022.
- ☒ Archives observed International Human Rights Day and conducted e-slogan and story writing competition on the topic 'Human Rights Violation' on 9<sup>th</sup> December



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- ☐ National Mathematical Day Celebration was conducted and celebrated by Ganithika under the auspices of IQAC on 21<sup>st</sup> December 2022.
- ☐ Christmas celebration was held on 22<sup>nd</sup> December 2022 in the College Auditorium where Fr. Edwin Kadavanthra presided over the function. Various competitions were held in relation to it. The very same day a social visit to Abhaya Bhavan and Santhi Bhavan was organized.
- ☐ Inauguration of Carmex, Carmel Fest and Magazine Release of 2021 was presided by Rev. Sr. Lynette CSST, Councilor for Education in the college auditorium on 22<sup>nd</sup> February 2023.
- ☐ An intercollegiate Photography, Malayalam Poem Recitation competition and an Intra optional Manuscript Magazine Competition on the topic: “Women in Action” was held on 8<sup>th</sup> March 2023 in relation to International Women’s Day Celebration–XYPNIOS 2023 by the Women’s Cell of our Institution.

## **INTERNSHIP PROGRAMME**

### **B.ED. PROGRAMME**

- ☐ Four months Teaching Practice for the B.Ed. 2021-2023 batch started from 19<sup>th</sup> October and ended on 3<sup>rd</sup> February 2023.
- ☐ An Induction Programme for the 2022-2024 B.Ed. batch commenced on 10<sup>th</sup> February 2023.

### **M.ED. PROGRAMME**

- ☐ The Internship programme for the M.Ed. 2021-2023 batch was conducted in four phases.
- ☐ The First phase consisted of internship at Government T.T.I., Kottayam, Buchana Institute Teacher Training Institute (B.I.T.T.I.), Pallom, District Institute of Education & Training (DIET), Velloor, St. Teresas TTI and BMM Teachers Training Institute, Kottayam and from 18<sup>th</sup> October to 14<sup>th</sup> December 2022.



*Suma Joseph*

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Students took classes and participated in all activities held at their respective institutions.

- ☐ The Second phase of Internship of M.Ed. Students was at Government U.P. School, Muttambalam, St. Joseph's Convent GHS, Kottayam, St. Theresas LPS Vazhapally, Changanacherry and St. Joseph's UP School, Mundakayam from 9<sup>th</sup> to 20<sup>th</sup> January 2023.
- ☐ The third and fourth phase will be held in the month of June 2023.

### **WOMEN'S CELL**

- The Finale of the Webinar Series - Carmel Forum on 'A Teacher's Role for India @75' was on conducted on 16<sup>th</sup> March 2023 by Dr. Celin Philip, Associate Professor (Rtd.), BCM College, Kottayam in Collaboration with Women's Cell of the Institution.
- An intercollegiate Photography, Malayalam Poem Recitation competition and an Intra optional Manuscript Magazine Competition on the topic: "Women in Action" was held on 8<sup>th</sup> March 2023 in relation to International Women's Day Celebration–XYPNIOS 2023 by the Women's Cell in collaboration with M.Ed. Club 'Educere' of our Institution.

### **ADULT LITERACY PROGRAMME**

- ☐ M.Ed. Students visited Kottayam Prison and its Library under the leadership of Sr. Rosy Leema P.W., UGC Librarian on 13<sup>th</sup> July 2022 to promote reading habits among the inmates.

### **PLACEMENT CELL**

- Delhi Public School, Bijapur, Karnataka notified vacancy in their esteemed Institution on 29th September 2022. Interview was conducted in the Online Platform.



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- Campus Placement was conducted by Bethlehem International School, Muvattupuzha and Vivekavardhini Institutions, Gulburga, Karnataka in our campus on 20<sup>th</sup> March 2023.

### **INAUGURATION OF ASSOCIATIONS**

The various clubs and associations related to each optional subject were inaugurated by Sr. Sunanda CSST, In-Charge of Mount Carmel Vidyanikethan on 2<sup>nd</sup> December 2021. This marked the flagging off for all the activities of the various Clubs as well as the Association programmes for the academic year.

### **ALUMNI MEETING**

- ☐ The Alumni Meet was organized and conducted on 24<sup>th</sup> February 2023, during which the students of previous batch shared their memoirs, experiences, reflections, etc. on their life in Mount Carmel Family.

### **COLLEGE UNION AND ARTS CLUB INAUGURATION**

- ☐ The College Union & Arts Club Inauguration for the year 2022-2023 was inaugurated by the Chief Guests Shri. Vivek Vasudevan Nair, Superintendent of Customs, Cochin and Ms. Aishwarya Rajeev, Cine artist, Star Magic Fame, Flowers channel on 15<sup>th</sup> December 2022.

### **ANNUAL SPORTS MEET**

The Annual Sports Day was conducted on 15<sup>th</sup> February 2023 at Nehru Stadium, Kottayam and at our college ground.

### **CELEBRATION OF ARTS FEST**

- ☐ The College Arts Fest 'Kalosmi' was celebrated on 19<sup>th</sup> July 2022 at Mount Carmel College Auditorium with offstage events.

#### **5. GROUP DANCE**

- ☐ College Arts Fest was conducted on 9<sup>th</sup> March 2023 at our college auditorium and general lecture hall. Eleven items were put forward and all students from their respective cultural groups participated.



### **CARMEL TAILORING CENTRE**

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Carmel Training Centre has been started functioning in the college for the empowerment of marginalised women from the locality after the COVID Pandemic. After the completion of 4 months tailoring course, theory and practical examinations are conducted and a certificate of tailoring is given to them. This certificate course helps them to place in many tailoring shops as well as equip them to start a tailoring unit themselves.

### **DAILY ACTIVITIES**

Morning Assembly is conducted in the college on all working days. It begins with a Bible reading by a concerned Teacher followed by the student's song. Students take up turns optional subject wise to present the 'Thought for the Day' and News Reading. The Preamble to the Indian Constitution is also read aloud to all during the assembly

### **ADD ON COURSES**

Certificate and Diploma Courses conducted were:

- Certificate Course in Guidance and Counselling
- Certificate Course in Computer Applications
- Diploma Course in Computer Applications

### **COMMUNITY LIVING CAMP**

- The Community Living Camp 'COMMUNITAS' 2022 for the 2020-2022 batch commenced on 6th June 2022. The theme of the Community Living camp was 'Togetherness'. Various themes were allotted on the different days of the camp, so as to familiarize the students with the peculiarities of the different states, religions, customs etc.
- A Self-defence training programme was conducted during the camp. Sri Biju B., Yoga and Kalaripayattu Instructor led a Workshop on Yoga as a part of the scamp related activities on 9th June 2022.
- The Vanitha Film Society also presented a Film show on 10th June 2022 which marked the end of 'COMMUNITAS'.

• The Community Living Camp 'UNITAS' 2023 for the 2021-2023 batch commenced on 13<sup>th</sup> March 2023. The theme of the Community Living camp was



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'Culture'. All students wore sarees and other traditional dresses belonging to different cultures. Various themes were allotted on the different days of the camp, so as to familiarize the students with the peculiarities of the different states, religions, customs, colours, cinema etc.

- A seminar by Dr. Thankachan T. C. on the topic, 'Unity in Diversity' was conducted on 13<sup>th</sup> March 2023.
- A session by Dr. Alex George on 'Career guidance and counseling for the digital era - smart teachers for smart children' was conducted as part of camp on 15<sup>th</sup> March 2023.
- A webinar session was conducted on 16<sup>th</sup> March 2023 by Dr. Celine Philip, Rtrd. Associate Professor of Botany, BCM college Kottayam, on the topic "A Teacher's Role for India @ 75.

### **EXTENSION ENDEAVOURS**

- The B.Ed. Students conducted 'CARMEX 2022' an Exhibition of Teaching and Learning Aids for the Practice Teaching Schools students on 7th July 2022 at College Auditorium.
- The B.Ed. Students conducted an Exhibition of various teaching-learning Instructional Aids to students of the adopted school, Sr. Alphonsa UP School Chennamattom, on 15th July 2022. They also arranged puzzles and games in order to entertain the school students.
- Inauguration of Carmex an exhibition of teaching- learning materials, Carmel Fest a competition for teaching practice school students, and Magazine Release of 2022 was conducted, and the inauguration was presided by Rev. Sr. Lynette CSST, Councilor for Education in the college auditorium on 22<sup>nd</sup> February 2023.

### **ENRICHMENT PROGRAMMES**

#### **STUDENT ENRICHMENT PROGRAMMES**

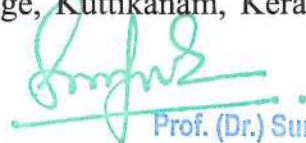


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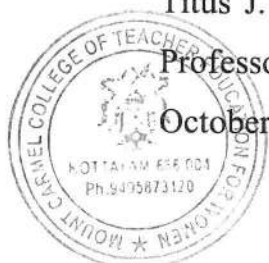
- An innovative programme that had been conducted during the academic year was the Webinar Series Carmel Forum, so as to promote research-mindedness and creative thinking among the staff and students. Around fourteen sessions had been handled by faculty members within and outside the institution, as well as members of the student community. There were an array of topics ranging from Teacher Empowerment, Mental Health, Media Addiction, Multiple Intelligence, Water Resource Management and the like.
- The inauguration of the KTET Coaching Programme 2022-2023 was conducted in collaboration with St. Joseph's Training College, Mannanam and St. Thomas College, Myalakombu. This was an endeavour to provide training to the B.Ed. and M.Ed. studentsvarious qualifying examinations like SET, KTET, CTET and the like.
- M.Ed. 2021-2023 batch Students attended and presented paper at the International Conference held at St. John of God College of Special Education, Kottayam and National Seminar on 'Youth @75: Way forward Role of Teachers' held at School of Pedagogical Sciences, Mahatma Gandhi University, Kottayam.
- The B.Ed. students are continuing with the Massive Open Online Course in organic farming initiated by M.G. University, Kottayam.
- The students have undertaken several Handicraft and Embroidery Training Programmes conducted as online and offline activities.
- Merit Day was conducted on 11<sup>th</sup> August 2022.

### STAFF ENRICHMENT PROGRAMMES

- The Office Automation Training Programme was conducted for the non-teaching staff on 2<sup>nd</sup> July 2022.
- Moodle Training Programme was organized for the staff of our college by Mr. Titus J. Sam, Consultant software Engineer, Kerala Digital University, Assistant Professor cum Software developer, Marian College, Kuttikanam, Kerala on 19<sup>th</sup> October 2022.



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## INSTITUTIONAL ACHIEVEMENTS

1. The website of Mount Carmel College of Teacher Education has been registered officially under the new domain name [www. mountcarmelcollege.ac.in](http://www.mountcarmelcollege.ac.in)
2. The M.Ed. department has been equipped with full-fledged Wi-Fi connectivity.
3. MOODLE Learning management system has been installed in the institution.
4. The college office has been equipped with an office automation system from 02-07-2022. The administrative staff were given training in using office automation on 02-7-2022, under the guidance of Mr. Harris P. Nair, CEO, Uniware Technologies, Kottayam.
5. A Waste Management System has been installed in the college campus to conserve the ecofriendly nature of the campus.
6. The Micro teaching lab was upgraded so that the student teachers could refine their teaching skills.
7. The renovation of the college building has been completed.
8. Bio-Gas plant has been installed in the campus.
9. Solar Panel installation has been done in the campus.
10. Blessing of Renovated College Building was done by Rt. Rev. Dr. Sebastian Thekettecheril, on 16<sup>th</sup> February 2023 at 4.00 pm.



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**MOUNT CARMEL COLLEGE OF TEACHER EDUCATION**  
**FOR WOMEN**  
**IQAC Report**  
**2021-2022**

The new academic year commenced, as the whole world was breaking free from the shackles of the Covid pandemic. The classes for the ongoing batches of B.Ed. and M.Ed. students started with great enthusiasm and positivity, as the students came into the campus to relish the offline mode of education. The academic year for the new B.Ed. batch for 2021-2023 commenced on 3rd November 2022, which was late than the usual pattern due to the stringencies of the Covid pandemic situation.

**ORIENTATION PROGRAMME**

- An introductory meeting was conducted for students and their parents at the College Auditorium, by maintaining Covid protocol. Dr. Mary Sheba Jose, Principal-in-Charge of the college gave an orientation about the B.Ed. Programme, as well as the rules and regulations of the college in general on the same day. Similarly, the M.Ed. Programme started into full swing on 17th November 2021. Dr. Mary Sheba Jose illuminated the new batch of M.Ed. students on the nature of the M.Ed. Programme, as well as the code of conduct to be followed in the institution.

**PTA MEETING**

- A PTA meeting was held on 5th October 2021 to provide information to the students of the ongoing B.Ed. batch and their parents about the nature of the online classes to be conducted due to the Covid pandemic situation. • The first General Body meeting of the PTA for the new B.Ed. Batch 2021-2022 was held in the College auditorium on 3rd November 2021. The details regarding the B.Ed. Programme as well as the rules and regulations were disseminated to the parents and students. • An online PTA Meeting with PTA Members of 2021- 2022 was conducted on 11th August 2022 prior to the College Day Celebration and the programmes were also scheduled during the meeting.

**ORIENTATION PROGRAMMES, SEMINARS, WEBINARS AND WORKSHOPS**  
**FOR STUDENTS**



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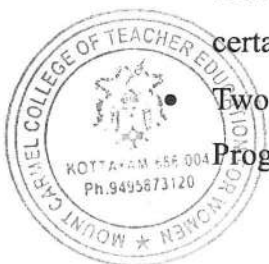
- A One Week Online Summer Camp named 'ESPERANTO' was conducted from 24th May 2021 to 29th May 2021. The students were allotted to six WhatsApp groups which represented the five B.Ed. optional classes and one M.Ed. class. The schools engaged in it were St. Joseph's GHSS, Kottayam, St. Teresa's, Ernakulam, St. Joseph's GHSS, Thrissur, St. Alphonsa UP School, Chennamattom, Fathima Matha High School, Chinnakannal, and Mount Carmel GHS, Kottayam. ESPERANTO for school students had offered Arts & Craft, Games & Activities, Awareness Classes, Fitness Training, Skill Training etc.
- An Orientation programme for B.Ed. and M.Ed. students was organized on 1st June 2021, in order to illuminate the students regarding the importance of the role of a teacher. The Resource Person was Rt. Rev. Msgr. Jose Navaz, Chancellor, Diocese of Vijayapuram.
- As an initiative to strengthen the research and extension-activities of the institution, a Webinar Series was conducted on 18th June 2021. It focused on addressing individuals using the Google platform where educationally relevant topics could be discussed, so that the benefitting participants could work for the welfare of the society. Rev. Sr. Dr. Vinitha CSST, Manager gave the Presidential address and Dr. Sunila Thomas, Associate Professor, Titus II Teachers College, Thiruvalla gave the Inaugural address. The premiere was hosted by Dr. Lissy Koshi, Assistant Professor, and the Teacher Co-ordinator of the Webinar Series.
- The Session I of the Webinar Series - Carmel Forum included some excerpts from her experiences in her journey as a teacher and was entitled: "From a Teacher's Diary".
- The Carmel Forum organized the second Webinar Series on the topic "Teacher Metamorphosis" on 14th July 2021. The Resource Person was Dr. Joju John, Assistant Professor, Mar Theophilus Training College, Thiruvananthapuram.
- The Session III of Webinar Series - Carmel Forum was conducted on 6th August 2021. The Resource Person was Dr. Giby Geevarughese, Associate Professor, Mar Theophilus Training College, Thiruvananthapuram and. The topic of the session was 'Self - Transformation through Mindfulness'.
- A Webinar on "Anti-Drugs and Narcotics: Innovative Strategies for Addiction Free Campus" was organized on 14th August 2021. The Resource Person was Sr. Sherlin B of 2nd year M.Ed. Student.



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- The Session IV of Webinar Series - Carmel Forum was conducted on 14th September 2021. The Resource Person was Ms. Chippy Babu, M.Ed. Student who presented an effective class on the topic “Inclusive Education”.
- The Session V of the Webinar Series - Carmel Forum was conducted on the topic: “Strengthening Teacher Student Interaction in the Current Pandemic Situation” on 1st October 2021. The Resource Person of the webinar was Ms. Reshma Merin Abraham, 2nd year M.Ed. Student.
- A Webinar on 'Stress Management' was conducted on 5<sup>th</sup> October 2021 to help staff and students to control their stress related issues. The Resource Person was Rev. Sr. Jain CSST.
- “Kannal”- A Gender Awareness programme was organized on 11<sup>th</sup> October 2021 under the Leadership of Ms. Joicy Martin, 2nd Year M.Ed. student who was the resource person. The topic was “Break the Silence”.
- The Session VI of the Webinar Series - Carmel Forum was presented on the topic “Ensuring the Mental Health of the Student Community during the Covid Pandemic Period” by Ms. Renu Binu of 2nd Year M.Ed. Student on 30th November 2021
- An Orientation for Communicative English was conducted by Mr. Rajesh Mohan, Overseas English Academy, Ernakulam on 8th December 2021, which was meant to improve the communicative skills of the students.
- The B.Ed. and M.Ed. students attended a Seminar on Human Rights at Darsana Auditorium, Kottayam on 10th December 2021. Two students from the B.Ed. and M.Ed. Departments presented seminar papers for the same. The college won a trophy for maximum student participation.
- The Session VII of the Webinar Series - Carmel Forum was conducted on 15th December 2021. Dr. Sumy M. Scaria, Assistant Professor, Karmela Rani Training College, Kollam was the Resource Person and the topic was “Teacher Resilience: Coping with Uncertainty”.
- An Alumni Ms. Sharu Raveendranath conducted a Workshop on 17th December 2021 for Making Various Artistic Products on the auspices of Fevicryl Ltd. The students were provided with an assortment of stationery and were trained to prepare certain handicraft items.

Two officials from the Police Department (Janamythri) conducted an Awareness Programme on Nirbhaya App for the students on 23rd December 2021. The officials



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Mr. Sunil Kumar and Ms. Ambika from the West Police Station, Kottayam addressed the students about the safety issues they might encounter.

- The Session VIII of the Webinar Series - Carmel Forum was based on the topic “Media Addiction and Related Hazards” and the session was handled by Ms. Amala Jayan, 2nd Year M.Ed. Student on 7<sup>th</sup> January 2022.
- The college in collaboration with District Social Justice Department, Government of Kerala organized an Online Awareness Programme on the “Law of Protection and Welfare of Parents and Senior Citizens-2007” on 7th January 2022. The Resource Person was Advocate Shincy Gopi, District Court, Kottayam. The second session was led by Sri. Senzen Joseph, Director, Best Dementia CareHome, Kottayam, on the topic “Dementia”. Smt. Chithra P.H., Technical Assistant and Co-ordinator, Maintenance Tribunal, Kottayam gave initiative in organizing the event.
- A Seminar on 'Family Counselling- Marriage Laws and Rights' was conducted by the Department of Minority Welfare, Government of Kerala on 13th January 2022. Mr. Sanju T Kurian, was the Resource Person for the Programme.
- The Physical Science Association “Scientia” organized the club activities which included a Power Point presentation, quizzes and puzzles on 18th January 2022. The programme was supervised by Dr. Liz Kuriakose, Assistant Professor.
- The English Association “Daffodils” under the leadership of the Principal Dr. Mary Sheba Jose, conducted the language building programme on 19th January 2022 "Thesaurus" for building the vocabulary of the learners.
- The Natural Science Association ‘BIOS’ organized “Aloha Aina” which was a programme based on the United Nations Theme for the year 2022- International year of Basic Sciences for Sustainable Development. The highlights of the programme conducted on 20th January 2022 were the Presentations- ‘Scienspire’ puzzle- ‘Echoes of Nature’, Live Quiz- ‘Quiizzophile’ and the Photography Contest – ‘Candid Nature’.
- The M.Ed. Association 'Educere' organized ‘EXPEDITIOUS 2K22’ on 21st January 2022. The programmes included quiz, photography competition and presentation of Indian philosophers under the leadership of Dr. Nidhu Neena Varghese, Assistant Professor.

The Social Science Association ‘Archives’ organized Republic Day Celebration on a virtual platform on 25th January 2022. The programme was named ‘Metonia 2K22’.



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The programme included presentation on the Indian Constitution, Quiz, Word Puzzle, Poster Making competition and Flag making competition. This was done under the leadership of Dr. Anjana B. Nair, Assistant Professor.

- A handicraft class was organized for the 1st year B.Ed. students as a part of peer skill training on 27th January 2022. Chaitanya Joyson of B.Ed. 1st Year, led the class on creating artworks using waste materials.

- An Online Handy Stitching class wherein Ms. Kalki trained the peer group with Button Stitching and Basic Embroidery as part of peer skill training, was held on 2<sup>nd</sup> February 2022.

- Online Handicrafts class on “Jar Knotting” was conducted under the leadership of Amrutha S., B.Ed. 1st Year Student as part of peer skill training on 4th February 2022.

- As part of organizing various Peer Skill training sessions, an Online Embroidery Class was organized wherein Leema George and Divya Babu of the M.Ed. department trained the students on Flower Stitching on 7th February 2022.

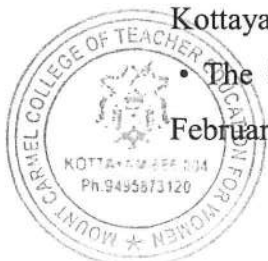
- A Letter Writing workshop was organized by the English Association ‘Daffodils’ under the leadership of the Principal Dr. Mary Sheba Jose in order to train the students about formal and informal letter writing on 9th February 2022.

- An Awareness Programme on 'Gender Awareness' named Kannal was organized in collaboration with District Women and Child Development Office and Women Empowerment Centre (Mahila Shakthi Kendra), Government of Kerala on 16th February 2022. The Resource Person was Ms. Binee Wilson, Assistant Professor, St. Albert's College, Ernakulam. Smt. Jebin Lolitha Sayin, DWCDO had conducted a session during the programme

- A hands-on-training on “Patch Budding” was organized by the Natural Science Association “BIOS”, under the leadership of Dr. Jaya P.J., Assistant Professor on 16th February 2022.

- A One-Day Workshop-Cum-Training Programme on Yoga Awareness was conducted to spread awareness about the importance of Yoga among the B.Ed. and M.Ed. students on 21st February 2022. The Resource Person was Dr. Augustine George, Associate Professor of Physical Education, Government Medical College, Kottayam.

- The Session XI of the Webinar Series - Carmel Forum was organized on 28th February 2022. The Resource Person was Dr. Ashok Alex Philip, Associate Professor,



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Peet Memorial Training College, Mavelikkara and the topic of the webinar was “Academic Streaming with NEP 2020”.

- An orientation programme on K-TET coaching was conducted on the Google platform on 1st March 2021 at 4pm. The programme was the joint venture of St. Joseph’s College, Mannanam in collaboration with Mount Carmel College of Teacher Education for Women, Kottayam and St. Thomas College of Teacher Education, Mylacompu. Ms. Honey Mathew, Assistant Professor coordinated the programme.

- A Debate Competition based on “Dowry System will come to an End” was organized by the Women and Child Development Directorate, Poojappura, Thiruvananthapuram on 2nd March 2022.

- A Family Counselling Class - Session II was conducted by the Minority Welfare Development within the college campus on 4th March 2022.

- The Session X of Webinar Series - Carmel Forum based on the theme “Incorporating Multiple Intelligence in the Classroom” was held on 18th March 2022. Mrs. Sreevidya Sankara Narayanan, Coordinator, English Teacher, Indian School Salalah, Oman, an alumna was the Resource Person.

- The Session XI of the Webinar Series - Carmel Forum was on the topic “Women Empowerment” and Ms. Veena A. S., M.Ed. student, the Resource person threw light on the ‘Constitutional and Legal provisions’ held on 29th April 2022.

- The Session XII of Webinar Series - Carmel Forum on the topic “Child Rights” was handled by Ms. Anju Alphonsa Paul of 2nd year M.Ed. on 23rd May 2022.

- A Seminar on “Quotidian Yoga” was organized and Ms. Amala Jayan of M.Ed. student was the Resource Person on the occasion of Yoga Day on 21st June 2022.

- A Retreat and Personal Counselling was organized for B.Ed. and M.Ed. Students from 27th to 29th June 2022. Rev.Fr. Henciline OCD led the student’s prayer.

- The Session XIII of Webinar Series - Carmel Forum was handled by Ms. Agatha Kurian, B.Ed. Students on the topic ‘Gender and Sexuality: An Analysis of LGBTIQ+ Spectrum’ on 30th June 2022.

- An Exhibition of Teaching and Learning Aids for School Students named Carmex 2022 was organized on 6th July 2022. The school students from the Mount Carmel Campus were given the opportunity to participate in the exhibition.

- The Session XIV of the Webinar Series - Carmel Forum was held on 21st July 2022. The resource person Dr. Suneethi A. S., Assistant Professor, SNM Training

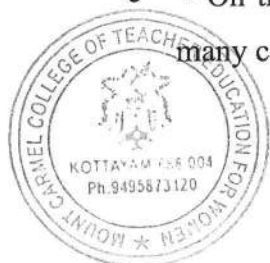


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College, Moothakunnam presented the topic “Water Resource Management in Kerala”.

### **CELEBRATIONS AND ASSOCIATED COMPETITIONS**

- The International Family Day – “Family Selfie Contest” for B.Ed. Students was conducted on 15th May 2021.
- The International Biodiversity Day was celebrated and an Essay Competition was conducted for B.Ed. Students on the Topic: “Nature: A Sustenance to Life” on 22nd May 2021.
- “World No Tobacco Day 2021” was conducted on 31st May 2021. As part of it, an All-Kerala Intercollegiate, ‘Short Video Contest’ was conducted for the B.Ed. and M.Ed. student teachers, on the theme “Commit to Quit”.
- The World Environment Day Celebration 2021, organized by Ecozone, was celebrated on 5th June 2021. The theme for the year was “Ecosystem Restoration”. Various competitions viz, Nature Photography, Fallen Leaf Art and Robust Cookery were conducted during the occasion.
- • “International Yoga Day 2021” was organized by the Health Club under the leadership of Dr.Suma Joseph, Associate Professor on 21st June 2021. The theme was “Be with Yoga, Be at Home”. A Poster Designing Competition was organized on behalf of the day, on 19th June 2021. Dr. Sharon Anna Thomas, Yoga and Naturopathy Medical Officer, Ayushman Bhava project, District Homo Hospital, Kottayam delivered the Keynote address.
- The National Reading Week was celebrated with a webinar on 25th June 2021. The programme introduced the students to the world of writers and media persons. It was organized under the leadership of Sr. Rosy Leema P.W., UGC Librarian.
- • The ‘Bios Club’ organized a Quiz programme on 5th July 2021 as a part of “World Zoonoses Day”. The World Zoonoses Day commemorates the work of the French Biologist Louis Pasteur who successfully administered the first vaccine against Rabies, a Zoonotic disease on 6th July, 1885. The programme was organized under the leadership of Dr. Jaya P.J., Assistant Professor and Teacher Coordinator.
- • On the occasion of Festal day of Our Lady of Mount Carmel on 16th July 2021, many competitions were conducted prior to the day. Rev. Fr. Anil Zacharia OCD gave



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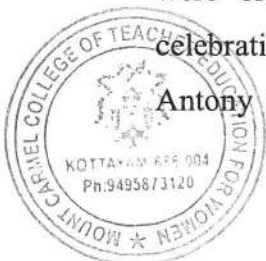
the Festal Day message. Our Local Manager Rev. Sr. Dhanya CSST also gave a message. The programme was organized by Dr. Jaya P.J., Assistant Professor.

- On the occasion of Independence Day, 15th August 2021, a Quiz competition was organized by the Social Science Association Archives. The programme was organized under the leadership of Dr. Anjana B. Nair, Guest Lecturer.
- Onam festival was celebrated online with Mr. Binu K. Sam, a Language Teacher of St. Mary's H.S., Pathanamthitta, who delivered the Keynote address on 17th August 2021. The programme was organized under the leadership of Ms. Honey Mathew and Dr. Nidhu Neena Varghese, Guest Lecturers.
- Teacher's Day Celebration was conducted on 6th September 2021 as a reminder to uphold the value of education among the B.Ed. trainees.
- Gandhi Jayanti Celebration 2021 was organized on 2nd October 2021 by Dr. Anjana B. Nair and Dr. Nidhu Neena Varghese, both Assistant Professors.
- On Kerala Piravi Day, which was celebrated on 1st November 2021, the Bharana Bhasha Mathrubhasha (Mother - tongue as Official Language). The Pledge was read out among the staff and students. Cultural activities were conducted to highlight the cultural importance of the state on 5th November, 2021.
- Fresher's Day was celebrated for the first-year students on 11th November 2021.
- On the occasion of Talent Day 2021, the talents of the Junior batch of students was kept on display on 12th November 2021. • As part of Communal Harmony Week Celebration organized by National Foundation of Communal Harmony from 19th November to 25th November 2021, various programmes like Seminar Presentations, Essay Competition and Poster Making Competition were arranged for the students.
- The Constitution Day Pledge was read out on 26th November 2021 in order to focus upon the importance of Constitutional Values
- World AIDS Day was observed on 1st December 2021. Following this, a Health Awareness Class was presented by 2nd Year M.Ed. Student Ms. Amala Jayan.
- The Talent Day for the M.Ed. students was celebrated under the guidance of Dr. Nidhu Neena Varghese, M.Ed. Faculty on 14th December 2021. • On the occasion of Christmas Celebration Carol Singing, Live Crib and Santa Claus competitions were organized on 20th December 2021. • On the second day of Christmas celebration, the college was blessed with a powerful Christmas message by Dr. Fr.

Antony George Pattaparambil, the Corporate Manager of Vijayapuram Diocese on

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21st December 2021. It was followed by various cultural programmes conducted under the leadership of Dr. Jaya P.J., Assistant Professor.

- The Mathematics Day Celebration of ARITHMETICA 2K21 was organized by 'Ganithika' the Mathematics Club under the guidance of Ms. Honey Mathew, Assistant Professor on 22nd December 2021. The Mathematics Day Celebration of ARITHMETICA 2K21 was organized by 'Ganithika' the Mathematics Club under the guidance of Ms. Honey Mathew, Guest Lecturer in 22nd December 2021. The celebration was initiated by a PowerPoint Presentation, which was later followed by debate and Mathematics games.
- As part of National Science Day Celebration, Physical Science Association 'SCIENTIA' conducted an Online Quiz Competition on 3rd March 2022.
- As part of the Environment Day celebration on 3rd June 2022, the BIOS and Ecozone clubs organized an On Spot Photography competition as well as a Quiz competition.
- 'World No Tobacco Day' was celebrated on 7th June 2022. Ms. Nimmy Kurian was the Resource Person for the day. • An Inter class Rhythmic Yoga Competition was conducted on 20th June 2022, to foster the relevance of yogic lifestyle.
- As part of the 27th National Reading Week Celebrations from 20th June 2022 to 24th June 2022, an innovative programme "Blind Date with a Book" was conducted with Ms. Agatha Kurian as the Resource person.
- The Carmel Day was celebrated followed by onstage intramural competitions on 19th July 2022.

## **INTERNSHIP PROGRAMMES**

### **B.ED. PROGRAMME**

- The School Internship Programme for the Senior Batch students undergoing the B.Ed. Programme was conducted from 17th November 2021 to 15th March 2022.
- As the Covid restrictions had been lifted, the Internship programme was conducted in offline mode.
- The School Induction Programme for the new batch of B.Ed. students was conducted from 4th July to 12th August, as there were additional holidays for schools due to the incessant monsoons.



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## **M.ED. PROGRAMME**

- The Internship Programme for the M.Ed. Batch of students was conducted in four phases.
  - The First phase of the M.Ed. Internship Programme was conducted at Government T.T.I., Kottayam, B.I.T.T.I., Pallom and DIET, Kottayam from 06/09/2021 to 26/10/2021. The M.Ed. trainees took classes for the students and also participated in all the school related activities. In addition to this, the M.Ed. students organized various programmes for the benefit of the students.
- The Second phase of the M.Ed. Internship Programme was focused at Government U.P. School, Muttambalam, Kottayam, Government U.P. School, Manarcadu, St. Joseph's Convent G.H.S., Kottayam and St. Therasas LPS, Changanacherry. The M.Ed. students conducted classes and arranged various activities for the school students of upper primary stage during the period from 13/12/2021 to 23/12/2021.
- The Third phase of the internship Programme was held at Mount Carmel College of Teacher Education for Women from 06/01/2022 to 23/03/2022. The M.Ed. students took a few classes for the B.Ed. students as part of their training programme.
- The Fourth phase of the Internship Programme was undertaken at Mount Carmel Higher Secondary School, Kottayam and Govt. Higher Secondary School, Maloor from 25/01/2022 to 03/02/2022. The rest of the Training Programme was conducted at Mount Carmel High School, Kottayam and Government High School, Maloor from 07/02/2022 to 15/02/2022. The objective of the Training Programme was to familiarize themselves with the organizational climate of school as well as the administrative aspects.
- Finally the M.Ed. students undertook a one-day visit to the DIET, Pampady, Kottayam, on 16/03/2022 in order to get an idea about the functioning of the institution as well as the training programmes arranged by the institution.
- WOMEN'S CELL • As part of the International Women's Day Celebration – 2022, a webinar on "Gender Equality Today for a Sustainable Tomorrow" was held on 8th March 2022. The resource person was Dr.Sisy Jose, Associate Professor, Government College of Nursing, Kottayam. A poster designing competition was also held.

## **ADULT LITERACY PROGRAMME**

- Ms. Anju C., M.Ed. Student took class for English at Govt. Model School, Kottayam as part of Adult Literacy Programme on 20th March 2022. • Adult Education Programme



  
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'Changathi' for other State Labourers was conducted on 4th April 2022. Sr. Rosy Leema P. W., UGC Librarian and Coordinator and Dr. Anjana B. Nair attended the meeting.

- A survey on Literacy of other State Labourers was conducted on 10th April 2022 under the leadership of Sr. Rosy Leema P. W., UGC Librarian and Coordinator, Adult Literacy Programme.

### **PLACEMENT CELL**

- Bethlehem International School conducted a Campus Placement screening session on 22nd March 2022.

### **INAUGURATION OF ASSOCIATIONS**

- The various clubs and associations related to each optional subject were inaugurated by Sr. Sunanda CSST, In-Charge of Mount Carmel Vidyanikethan on 2nd December 2021. This marked the flagging off for all the activities of the various Clubs as well as the Association programmes for the academic year.

### **ALUMNI MEETINGS**

- An informal Get-together of the alumni of the 2000- 2001 batch of the B.Ed. Programme was arranged in the College on the 17th of May 2022, during which they shared their memorable experiences while studying in the College. • The Alumni Meet 2022 was conducted online on 30th May 2022, during which the students of the previous batch relived their thoughts and experiences during the times they had spent within the institution.

### **COLLEGE UNION AND ARTS CLUB INAUGURATION**

- The College Union and Arts Club Inauguration was conducted on 30th March 2022. It was a great occasion during which, Ms. Mridula Devi, Social Activist and Lyricist inaugurated the College Union and Dr. Jayalakshmi R., Assistant Professor, N.S.S. Training College, Changanacherry, inaugurated the Arts Club.

### **CARMEL TAILORING CENTRE**

- Carmel Training Centre has been started functioning in the college for the empowerment of marginalised women from the locality after the COVID Pandemic. After the completion of 4 months tailoring course, theory and practical examinations



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are conducted and a certificate of tailoring is given to them. This certificate course helps them for getting placement in many tailoring shops as well as equip them to start a tailoring unit themselves.

### **ADD ON COURSES**

Certificate and Diploma Courses conducted within the institution were:

- Add on Certificate Course in Counsellor Training
- Add on Certificate Course in Computer Applications
- Add on Diploma Course in Computer Applications

### **COMMUNITY LIVING CAMP**

- The Community Living Camp 'COMMUNITAS' 2022 Carmelit-2021 25 Meraki for the 2020-2022 batch commenced on 6th June 2022. The theme of the Community Living camp was 'Togetherness'. Various themes were allotted on the different days of the camp, so as to familiarize the students with the peculiarities of the different states, religions, customs etc. • A Self-defence training programme was conducted during the camp. Sri Biju B., Yoga and Kalaripayattu Instructor led a Workshop on Yoga as a part of the scamp related activities on 9th June 2022.
- The Vanitha Film Society also presented a Film show on 10th June 2022 which marked the end of 'COMMUNITAS'.

### **EDUCATIONAL STUDY TOUR**

- A Study tour was organized by the college for the B.Ed. Students of 2020-2022 batch on 7th July 2022 evening to Coorg and Bangalore.

### **COLLEGE DAY CELEBRATIONS**

- 69th College Day was celebrated on 19th August 2022.

### **EXTENSION ENDEAVOURS**

- The college provided a Storage and Packing Station for Supply Co, in order to distribute grocery kits, to the underprivileged in Kottayam locality on 21st May 2021.
- As part of extension activity, the B.Ed. students visited the adopted institution, Sr. Alphonsa UP School, Chennamattom, Kottayam on 13th September 2021. Free extension classes were organized for one month wherein the B.Ed. trainees actively and effectively taught various classes. In order to promote a clear understanding of



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certain concepts, some students took classes for an extended period of one more week.

- A Free Eye camp was organized by Vasan Eye Care Hospital in collaboration with the college on 18th December 2021. The programme enabled all staff and students to get a free eye check-up.
- The Christmas Visit to Abhaya Bhavan, a Home for destitutes was arranged on 22nd December 2021 as part of charity work. The college gifted the residents with useful gifts.
- The school adopted by the college, Sr. Alphonsa UP School, Chennamattom, Kottayam was visited by our staff and students with Christmas gifts for the marginalized students of the school on 22nd December 2021. • A fund collection was taken from the B.Ed. and M.Ed. students in order to provide help to marginalized children, under the auspices of Kerala State Child Welfare Samithi on 7th February 2022.
- A small financial contribution was collected from the B.Ed. and M.Ed. students, to help the Armed Forces on 7th February 2022. The fund was donated to the Department of Sainik Welfare, Government of Kerala.
- A Medical camp was conducted within the college campus by Medical Centre Hospital on 23rd March 2022.
- Some of the staff and students paid a visit to the Kottayam Prison and Prison Library on 13th July 2022, to promote reading habits among the inmates.
- The B.Ed. Students conducted 'CARMEX 2022' an Exhibition of Teaching and Learning Aids for the Practice Teaching Schools students on 7th July 2022 at the College Auditorium. • The B.Ed. Students conducted an Exhibition of various teaching-learning Instructional Aids to students of the adopted school, St. Alphonsa UP School Chennamattom, on 15th July 2022. They also arranged puzzles and games in order to entertain the school students.

## ENRICHMENT PROGRAMMES

An innovative programme that had been conducted during the academic year was the Webinar Series Carmel Forum, so as to promote research-mindedness and creative thinking among the staff and students.



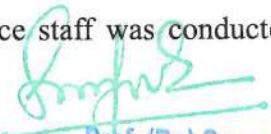
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- Around fourteen sessions had been handled by faculty members within and outside the institution as well as members of the student community. There were an array of topics ranging from Teacher Empowerment, Mental Health, Media Addiction, Multiple Intelligence, Water Resource Management and the like.
- The inauguration of the KTET Coaching Programme 2022-2023 was conducted in collaboration with St. Joseph's Training College, Mannanam and St. Thomas College, Myalakombu. This was an endeavour to provide training to the B.Ed. and M.Ed. students to tackle various qualifying examinations like SET, KTET, CTET and the like.
- The institution signed an MOU with Loreto College, Kolkata and Jesus and Mary College, New Delhi on 15th May 2022, so as to undertake various collaborative programmes like conducting webinars and training programmes in the future.
- The B.Ed. students are continuing with the Massive Open Online Course in organic farming initiated by M.G. University, Kottayam.
- The students have undertaken several Handicraft and Embroidery Training Programmes conducted as online and offline activities.

#### STAFF ENRICHMENT PROGRAMMES

- An Orientation programme for the Teaching and Non-Teaching was organized on 7th July 2021.
- The Principals Association of Colleges of Education (PACE) organized an Online class on Preparation of Performance Appraisal Report of National Council for Teacher Education (NCTE) for assessing various B.Ed. Training Colleges was conducted on 24th October 2021. Some of the faculty members, Dr. Lissy Koshi, Dr. Jaya P.J. and Dr. Mary Sheba Jose, Principal attended the programme
- The All-Kerala Training College Teachers Association organized a Webinar on "Innovative Techno-pedagogy" on 16th December 2021. It was organized by the present Executive Members, Dr. Lissy Koshi and Dr. Liz Kuriakose under the auspices of NSS Training College, Changanacherry.
  - A MOODLE Training Programme was organized on 22nd April 2022 in order to equip the staff in making use of learning management systems.
  - An Office Automation Training Programme for the office staff was conducted on 2nd



  
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July 2022 in order to ensure the smooth functioning of the administrative processes.

### **INSTITUTIONAL ACHIEVEMENTS**

- The Website of Mount Carmel College of Teacher Education has been registered officially under the new domain name [www.mountcarmelcollege.ac.in](http://www.mountcarmelcollege.ac.in)
- The College Magazine CARMELIT 2020, known by the name “Nambu” won the First Prize in the All-Kerala Inter-University Training College Magazine Competition organized by St. John the Baptist College of Education, Nedumkunnam.
- The M.Ed. department has been equipped with full-fledged Wi-Fi connectivity from 21st April, 2022.
- MOODLE Learning Management System (LMS) has been installed in the institution from 20th March, 2022. A hands-on Training programme was given to the staff on 22nd April 2022 under the guidance of Mr. Titus J. Sam, Consultant Software engineer, Kerala Digital University.
- Library Software - RFID integrated with KOHA Software –was updated on 5th May 2022.
- The college office has been equipped with Office Automation System from 31st May, 2022. The administrative staff were given training in using office automation on 2nd July 2022. A hands-on Training programme was given to the staff on 22nd April 2022 under the guidance of Mr. Titus J. Sam, Consultant Software engineer, Kerala Digital University.
- Waste Management system has been installed in the college campus from 14th June 2022 in order to conserve the ecofriendly nature of the campus.
- The Micro-teaching lab and Digital display system was upgraded on 11th July 2022, so that the student teachers could practice their teaching skills.
- The re-construction of the college building was taken up from May 2022.



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**MOUNT CARMEL COLLEGE OF TEACHER EDUCATION  
FOR WOMEN  
IQAC Report 2020-21**

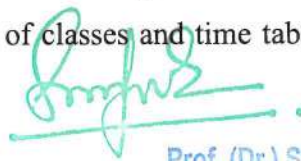
The academic year for the new 2020-2022 B.Ed. and M.Ed. batches commenced on 14th December later by five months than the schedule due to Covid pandemic. An introductory meeting was held for students and parents, at the college auditorium by maintaining Covid protocol. Dr. Pushpa Marian, Principal of the college gave an orientation about the course as well as the rules and regulations of the college in general on the same day. Details of the online classes were also explained to the students.

**PTA MEETING**

• The first general body meeting of the PTA for the academic year 2020-2021 was held on 17th July 2020 in virtual mode. The meeting discussed precautionary measures to be taken in view of the Covid situation, for the 4th semester examination of the outgoing students. • The PTA Executive meeting was held at the seminar hall on 15th September 2020. The P.T.A General Body meeting was held at the college Auditorium on 14th December 2020 and the executive members for the period 2020-2022 were elected. Another PTA online meeting was held on 2nd January 2021 for both juniors and seniors, to discuss procedures and requirements necessary for returning to the offline traditional learning mode.

**ORIENTATION PROGRAMMES, SEMINARS AND WORKSHOPS**

- On 1st June 2020, Dr. Liz Kuriakose, led a workshop on online teaching application and other resorts in order to equip the teachers for the new requirement.
- On 2nd June 2020, the Principal Dr. Pushpa Marian addressed the B.Ed. students of both ongoing batches separately through Zoom platform and gave orientation lectures to them. She also gave a detailed online explanation, regarding the arrangement of classes and time table for online learning.



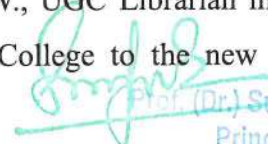
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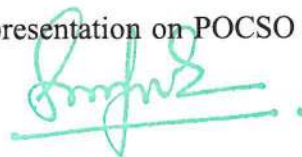


- A Webinar on Self-Publishing was organised on 24th June 2020 in connection with the Reading Day by Shri Vimalkumar V., MG University.
- An online course 'Foundation Programme in Communicative English' was conducted on 8th July 2020 by Ms.Preethi George, Certified Trainer from Trinity College, London, UK.
- A motivational session on 'Creativity in Teaching' was organized online on 17th July 2020. Mr. Cherian Varghese, Former Manager of SBI and a Trainer and motivational speaker led the session
- A three-day online certificate course on Video Content Creation was organized for students on 21st August 2020 by the members of Scientia.
- A webinar on ' Digital Tools for the Smart Teacher was jointly organized by Mount Carmel College of Teacher Education for Women and St. Josph's Training College, Mannanam on 16th September 2020. Dr. K.S Sajan, Assistant Professor, NSS Training College, Ottapalam led the webinar.
- A One week online International Faculty Development Programme on "Prospects of Virtual Learning: Engaging Learners and Empowering Teachers" was conducted by the IQAC of the Mount Carmel College of Teacher Education for Women in collaboration with School of Physical Education and Sports Sciences of M.G. University, Kottayam. It was held on 23rd September to 29th September 2020. There were 206 participants including foreign delegates.
- A Webinar on German language course for helping aspirants of future German employment was arranged by the guidance of D.H Pradeep for B.Ed. batch on 9th December 2020.
- On 15th December 2020, Dr. Mary Sheba Jose, Associate Professor, took an online orientation class for the B.Ed. beginners introducing the syllabus and curriculum.
- Dr. Pushpa Marian, Principal held an online interactive session on 16th December 2020, to discuss the response and requirements of the students of the new batch.
- On 28th December 2020, Sr. Rosy Lima P.W., UGC Librarian introduced the Vision and Mission of Mount Carmel College to the new batch of students through Zoom platform.



  
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- An online Library Orientation programme was led by Sr. Rosy Lima P.W. on 30th December 2020.
- On 5th January 2021, an orientation class was arranged for the junior batch of students at the college auditorium. Msgr. Rev. Dr. Jose Navaz, Chancellor of Vijayapuram Diocese gave a presentation on how to be a teacher in 21st century, with emphasis on moral values.
- A full day Yoga workshop was arranged for the junior batch at college auditorium on 13th January 2021. Dr. Augustine George, Assistant Professor in Physical Education, Government Medical College, Kottayam led the class.
- On 2nd February 2021, Dr. Pushpa Marian, Principal, took an orientation class on 'Attitudes and Behaviour of a Teacher in the Classroom' for the new batches of students.
- A workshop on 'Report Writing' for the B.Ed. students was conducted by the English Association 'Daffodils' on 27th February 2021.
- From 15th to 19th of February 2021, a series of webinars and seminars were conducted. On the 15th Dr. Jasmine Alex, Assistant Professor, School of Indian Thoughts, M.G. University Kottayam led webinar on "Intellectual property Rights and Rights of Women and Children".
- On 16th February 2021, Sheedhal Shyam, member of the State Trans Justice Board, Patron of the National Organization of Violence led a webinar on 'Queer Freedom in India'.
- On 17th February 2021, Ms. Reenu Elizabeth Abraham, Alumna, Mount Carmel College of Teacher Education for Women, Kottayam led the seminar with a class on Sex Education.
- On 18th February 2021, Dr. Sisy Jose, Associate Professor, Government College of Nursing, Kottayam gave a presentation on Covid and Mental Health.
- On 19th February 2021, Mr. George Kutty District Probation Officer, Grade II, Social Justice Department made a presentation on POCSO and Juvenile Justice Act.



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## CELEBRATION OF DAYS OF IMPORTANCE

- On 6th June, 2020, World Environment day celebrations were conducted by the BIOS and Ecozone club students through Zoom platform. Dr. Pushpa Marian inaugurated the celebrations. A talk and discussion on the changing environmental conditions was conducted by the students.
- On 24th June, 2020 International Yoga Day celebrations were conducted through Zoom platform. A video presentation on various Yogic practices was demonstrated by B.Ed. students.
- On 26th June 2020, World Anti-Drug day was observed.
- On 16th July 2020, Patron's Day was observed, in which Rev. Sr. Shilpa CSST, delivered the message.
- On 5th August, 2020 the first year B.Ed. students conducted an online Farewell programme for the Final year batch.
- The National Flag was hoisted on Independence Day and the celebrations were held through the online Zoom platform.
- On 21st August, 2020 an online certificate course on Video Content Creation was introduced for our students, under the leadership of the Physical Science club Scientia.
- National Sports day was observed on 21st August 2020.
- Onam celebration was conducted on 26th August through the Google meet platform.
- As part of observing Gandhi Jayanthi, B.Ed. students conducted various competitions for college and school students.
- National Education Day was celebrated by students through Zoom meet on 12th November 2020.
- The college celebrated Christmas on 19th December 2020 on online mode. Rev. Fr. Joshi Madathiparambil, Vicar of Little Flower Church, Aryad delivered the Christmas message.
- New Year was celebrated virtually on 1st January 2021.
- The Republic Day flag was hoisted by Sr. Dhanya CSST, Local Manager of the institution on 26th January 2021.

Talents Day for the newcomers was celebrated on 16th February 2021.

National Science Day was celebrated on 27th February 2021 by Scientia.



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- 'Celebration of Pi Day' was held on 10th March 2021 by 'Ganithika'.

### **WOMEN CELL**

- The Women Cell of the college organized a Webinar on the theme "Gender Bios and Stereotyping" on 20th August 2020. Dr.Sisy Jose, Associate Professor, Government College of Nursing, Kottayam led the class.
- On 16th March 2021 a Seminar on "Cyber Security" was organized by Women Cell. Mr. Jins T.Thomas, Digital Forensic Examiner led the class.

### **INAUGURATION OF ASSOCIATIONS**

- The activities of various clubs of the college for 2020-2021 was inaugurated on 26th February 2021 by Dr. Pushpa Marian, Principal of the College.
- The academic activities of various clubs: Daffodils, Ganithika, Bios, Scientia and Archives started on the same day.

### **ALUMNAE MEET**

- An Alumni Meet was conducted at the College auditorium on 23rd January 2021. The Chief Guest Prof. Jacob Eapen Kunnath, Associate Professor, Department of English, CMS College, Kottayam launched the college magazine on the occasion. The President of the Alumni Association Dr.Soosamma P.A. presided the meeting.
- Dr. Jaya P.J., Assistant Professor of the college received the Alumni Award for the year.

### **INTERNSHIP PROGRAMME**

- The college conducted an online interface meeting on 19th August, 2020 with the heads of various institutions where the B.Ed and M.Ed students were assigned for their internship programme.
- The Internship programme for the M.Ed. batch was conducted in four phases. • The first phase consisted of internship at Government T.T.I., Kottayam from 4th August to 23rd September 2020. The students took class and participated in all the activities held at the school and also organized various activities.



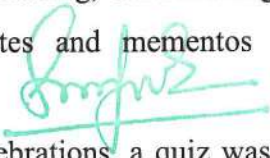
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- The second phase consisted of internship at Government U.P. School, Muttambalam from 12th October to 23rd October 2020. The students participated in all the activities through online mode.
- The third phase was at Mount Carmel Vidyaniketan Senior Secondary School, Kottayam and S.K.M. Higher Secondary School, Kumarakom from 2nd November to 12th November 2020; and Mount Carmel Higher Secondary School, Kottayam from 4th January to 12th January 2021.
- The fourth phase consisted of onemonth Internship at Mount Carmel College of Teacher Education from 21st January to 30th January 2021 and 18th February to 17th March 2021.

### COMPETITIVE EVENTS

- Quizzes, discussions and documentary making were conducted as part of
- Environment Day celebration.
- On the occasion of International Yoga Day, a National level Online Quiz on Yoga was conducted from 17th June to 22nd June 2020 for the student teachers. E-certificates were provided to the winners.
- An Elocution competition for B.Ed. students was organized on 26th June 2020 in connection with Anti-drugs Day.
- In connection with the celebration of 74th Independence Day, the Social Science students organized an Inter-collegiate online Quiz and Patriotic Song competition from 13th August to 15th August 2020.
- As part of National Sports Day, a National level Online Quiz was conducted on 21st August to 29th August 2020.
- In connection with Onam celebrations, competitions like Mini Athapoo, Onam Note and Malayali Manka competitions were conducted on 26th August 2020.
- Interschool competitions were held in connection with the 150th Gandhi Jayanthi celebrations for the students of the practice teaching school through online mode from 20th September 5th October 2020. Programmes like Letter Writing based on 'Letter to Gandhiji', Poster making, Card making, Quiz and Portrait drawing were conducted. Certificates and mementos were then distributed to the winners.

On the occasion of National Science Day celebrations, a quiz was conducted by the Physical Science optional students on 26th February 2021.

  
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## ARTS FEST

- The Art Fest 'ZRISHTI 21' was held on 19th March 2021 at Mount Carmel College, with events like Extempore Speech in English & Malayalam, Poetry Recitation in English, Malayalam and Hindi, Fancy Dress Competition, Light music, Western Music, Semi-classical Dance, Spot Choreography and Split Dance were conducted.

## COMMUNITY LIVING CAMP

- The Community Living Programme for the Second Year B.Ed. students of 2019-2021 batch was conducted from 15th February to 19th February 2021 at the college campus. The theme selected for the camp was 'Breaking Gender Barriers' and a series of webinars and seminars were conducted based on the theme.

## ADD ON COURSES

The college conducts UGC sponsored Add On programmes:

- Certificate Course in Counsellor Training
- Certificate Course in Computer Applications
- Diploma Course in Computer Applications

## SPORTS EVENTS

- The Sports Day was conducted on 24th March 2020. Aleena Elias was crowned as the Individual Champion and the group championship was awarded to Parkhurst with Platonians being the runner up.

## EXTENSION ACTIVITIES

- The institution adopted Sr. Alphonsa U.P. School, Chennamattom, Kottayam where there was scarcity of teachers. A Zoom meeting with the Headmistress of the school was arranged to discuss the requirements of the school on 6th November 2020.
- The students took the responsibility of taking classes for the students of standard 5,6 and 7. Online classes were arranged on a regular basis and various programmes were conducted for the students.



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- During the Covid pandemic, it was decided by the institution to initiate Each One Teach One programme. It ensured that each student teacher took the responsibility of teaching a neighbouring student.

## **DIGITAL TRAINING**

- **COURSERA Programme**

The COURSERA programme conducted in the college has offered 4547 Courses from worldwide prestigious universities. On 16th June, 2020 the registration for COURSERA on Campus Programme began. The college sponsored 1500 candidates across the globe free of cost. The course period was till 30th December, 2020.

- **SWAYAM**

Five of our students successfully completed online courses offered by SWAYAM platform and received certification. All the students of our new B.Ed batch has enrolled for various courses in SWAYAM. Two of our faculty members Dr. Liz Kuriakose and Dr. Anjana B.Nair also completed a course in SWAYAM.

- **MOOC in Organic Farming**

All the newly admitted B.Ed. students have enrolled for the Massive Open Online Course in Organic Farming initiated by MG University.

- **Online course in Video Content Creation using Moodle Platform**

An online course in video content creation was started by the Physical Science Association Scientia in order to familiarise the B.Ed. students in using various applications available for video content creation and editing. The course was helpful for the students in their Online School Internship Programme.

- **VENTEL Programme**

The College collaborated with Mahatma Gandhi National Council for Rural Education, Hyderabad under the Ministry of Education, Government of India in initiating VENTEL (Vocational Education Nai Talim Experiential Learning) Programme. Four sub-themes namely Vocational Education, Self-reliance activities, Swatchatha Mission Activities and Health Related and Community Engagement Activities were selected.

During this three months programme, the students prepared Face Masks, Handwash, compost, and initiated kitchen gardening, stitching, cleaning of premises and free online classes for the students of the adopted school. Awareness



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classes on the COVID 19 pandemic were conducted by Mr. Atly P. John, Health Inspector of Kattappana Municipality, and Kitchen Gardening by Mrs. Saramma Simon, Agricultural Assistant (Retd.).

### INNOVATIVE STEPS

- **The CARMEL TUBE- College You Tube Channel**

During the academic year, the institution started a YouTube channel named Carmel Tube for disseminating information regarding the various programmes and activities of the institution.

- The website of Mount Carmel had been functioning till date as [www.mountcarmelcollege.com](http://www.mountcarmelcollege.com). For the betterment of the institution, the domain name was changed to [www.mountcarmelcollege.ac.in](http://www.mountcarmelcollege.ac.in).



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**MOUNT CARMEL COLLEGE OF TEACHER EDUCATION  
FOR WOMEN  
IQAC REPORT  
2019-2020**

During the time of the Covid pandemic, both the teaching faculty and the non-teaching staff worked at office and from home as and when required. Online classes were taught by the faculty ensuring the convenience and participation of all students. Several training programmes and activities were arranged during this period, in order to equip the staff members and students to deal with the challenges created by the Covid pandemic.

- The webinar on Digital Skills for Teaching and Skills in 21st Century was organized in collaboration with EMEA College of Arts and Science, Kondotty, Malappuram, Kerala, from 19th May to 25th May 2020.
- The college reopened on 6th June 2019 after the break of two months summer vacation.
- Classes of the 2019-2020 batch of B.Ed. and M.Ed. programmes commenced on 1st July.
- Dr. Pushpa Marian, Principal of the college gave an orientation about the course and of the rules and regulations of the college in general.

The first meeting of the PTA general body for the new academic year was held on 1st July, 2019. Opportunities for students from the concerned communities and their problems were discussed at the meeting. The executive meeting of the PTA held on 28 January, 2020. A meeting of the PTA General body was convened on 6th February, 2020 as suggested by the executive body. The meeting was followed by two sessions of good teaching skills led by Mrs. Soosamma Chacko, Retired Headmistress, the PTA Vice President and Mrs. Minimol K Sebastian, teacher and executive member.

**UNION AND ARTS CLUB INAUGURATION**

The election to the College Union was held on 21st August, 2019. The office bearers assumed charge after oath taking ceremony led by Dr. Pushpa Marian, Principal on 5th September 2019. Later on the same day, new College Union as well as the Arts Club was inaugurated by singer and mini screen artist, Mr. Anil Mathai and Sri. Linu J, art instructor at MD Seminary School, Kottayam respectively.

**ORIENTATION PROGRAMMES, SEMINARS AND WORKSHOP**

  
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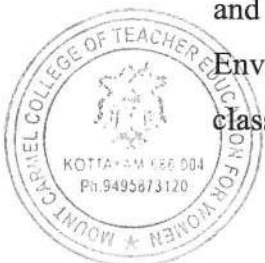
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- In connection with the Reading Day celebrations, a seminar on “Vaikom Mohammed Basheerinte Novelukaliloode” was organized on 21 June, 2019. Ms. Suminamol K. John, of Mount Carmel Girls Higher secondary School was the resource person.
- On 21st June, Dr. Alma from the District Ayurveda Hospital gave an awareness class on Yoga day and Yogic practices.
- On 2nd July, Dr. Mary Sheba Jose, Associate Professor, took an orientation class for the B.Ed. beginners introducing the curriculum and the programme.
- Sr. Rosy Lema P.W., UGC Librarian provided an orientation for the B.Ed. beginners introducing the vision and mission of the college on 4th July 2019 stressing on the importance of inculcating the values of this institution.
- On 6th July, an orientation programme was arranged by the brothers from Vadavathoor seminary for the new B.Ed. students of 2019- 2021 batch.
- A yoga training session and an awareness class on yogic practices was held on 18th July by Prof. Suresh, Assistant Professor MES College, Aluva.
- A workshop on “Drama and Theatre Arts” was held on 25th July led by Mr. E.V. Phillip, the drama instructor at Mar Baselios Public School, Kottayam.
- An eye testing and eye care camp was conducted on 17th October, led by Dr. Priya Nair from Chaithanya Eye Hospital for staff and students.
- An Awareness class on the proper usage of LPG was held on 16th November, led by Mr. George Thomas of Indane Gas and Commander Gas Agency.
- A session of Orientation class on “Attitudes and Moral Values for a Teacher” was led by Mrs. Soosamma Chacko and “Behaviour and Inspiration of Teachers” by Mrs. Minimol K. Sebastian for the B.Ed. batch on 6th February, 2020.
- The webinar on Digital Skills for Teaching and Skills in 21<sup>st</sup> Century was organized in collaboration with EMEA College of Arts and Science, Kondotty, Malappuram, Kerala, from 19th May to 25th May 2019. Three hundred participants, far and near, from different parts of the globe, assembled digitally for this week-long virtual gathering.

## CELEBRATIONS

- On 6th and 7th June, 2019 events related to World Environment Day were organized and were sponsored by Kerala State Council for Science, Technology and Environment. Dr. V.C. Sunil Kumar of the Suchithwa Mission took an awareness class on “Air Pollution”.



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- On 19th June, the Reading Day was celebrated. • Fresher's Day was organized on 2nd July by the second year B.Ed. students.
- TalentsDay was celebrated on 12th August.
- Hiroshima Day was observed on 6th August.
- National Flag was hoisted on the Independence Day.
- The Onam celebration was organized on 4th September. The events included a grand Thiruvathirakali by 36 participants.
- The Teacher's Day celebration was organized by students on 5th September which commenced with a prayerful dedication to all teachers.
- Celebrations to commemorate 150th Birth Anniversary of Mahatma Gandhi were held from 3rd October to 5th October.
- TheOzone day was observed on 10th October.
- The "Vigilance Awareness Week" and "Bharana Bhasha Varaghosham" commenced on 28th October and ended on 1st November.
- Rashtriya Ekta Divas and National Re-dedication day was observed on 31st October with oath taking.
- Kerala Piravi Day was celebrated on 1st November
- The National Integration Day celebrations and week-long events were conducted from 20th to 25th of November.
- The Linguistic Harmony Day was also observed on 21st.
- Minority and Weaker Sections Day was observed on 22nd November.
- Conservation of Biodiversity Day was observed on 25th November.
- The Constitution Day was observed on 26th November.
- The Human Rights Day was observed on 10th December.
- National Mathematics day was celebrated on 13th December.
- The Christmas Celebrations were held on 20th December.

## WOMEN CELL

- The Women Cell was inaugurated by Mrs. Sumina, teacher of Mount Carmel Girls High School, Kottayam on 1st November.

• On March 7 the college organized a march in connection with Women's Day celebration.



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- Under the auspices of the Women Cell, Mrs. Julie Walker, a teacher from France visited the college and interacted with the teacher trainees on 13th November.

### **INAUGURATION OF ASSOCIATIONS**

- The activities of the various clubs of the college for 2019-2020 was inaugurated on 19th July by Sr. Jeanine CSST, the Headmistress of Mount Carmel Girls High School, Kottayam. The academic activities of various clubs- Daffodils, Ganithika, Bios, Scientia and Archives started on the same day.

### **CARMEL FEST**

- The Carmel fest, one of the highlighting and landmark events of the college for the academic year 2019-2020 celebrated on 25th February 2020 at the College campus. The students from all departments took initiative in conducting the programme. It was a blend of many a competition conducted under the banner of various clubs Literary Association Daffodils, Mathematics Association Ganithika, Physical Science Association Scientia, Natural Science Association Bios and Social Science Association Archives. The participants were students from our practice teaching schools.

### **ALUMNAE MEET**

- The alumnae meet of 2018-2019 batch was arranged at the College on 25th January 2020. The President of the Alumni Association, Dr. Soosamma P.A. presided at the meeting. The meeting discussed the role of the Alumni Association.

### **INTERNSHIP PROGRAMME**

- The internship programme for the second year B.Ed. batch commenced from 23rd July 2019 till 20th November 2019. The induction programme for the first year B.Ed. students began from 13th January, 2020 till 7th February, 2020.
- The internship programme of the M.Ed. students was conducted in four phases. The first phase consisted of internship at government TTI Kottayam from 3rd September to 23rd October 2019. The second phase consisted of internship at government UP school Muttambalam from 28th October to 8th November. The third phase consisted of internship at Don Bosco Higher Secondary School Puthuppally (15.01.2020 –



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23.01.2020) and Holy Family Higher Secondary School Kottayam(24.01.2020 – 04.02.2020). The fourth phase consisted of one-month internship at Mount Carmel College of Teacher Education from 10.02.2020 to 06.03.2020.

## COMPETITIONS

- On 6th August 2019, as part of the Hiroshima Day, the Archives Club conducted competitions like Poster Making, Quiz, Sedako making and Caption Writing.
- On 22nd August various competitions such as the Poster making, cultural representations of states, letter writing and Bharath Matha competitions were organized by the Archives as part of the Independence Day celebrations.
- On 4th September, competitions of Onampattu, Malayali Manka and Vadamvali were arranged in relation with Onam celebration. Our students participated in the Heartfulness Essay Event 2019 organized by Shri Ram Chandra Mission, United Nations Information Centre for India and Bhutan and the Heartfulness Education Trust during the month of September. Some of them bagged prizes too.
- On 10th October, the Ozone day, quiz and competitions of essay writing and poster designing were conducted by Bios based on the theme “Environmental Protection”.
- On 28th October as part of the Vigilance Awareness Week and Malayalam Week, Daffodils conducted quiz and other competitions.
- During the observance of Vigilance Awareness Week, the Rubber Research Institute of India, Kottayam conducted Poster designing and Elocution Competitions at Mount Carmel College of Teacher Education on 29th October for college students on the topic, “Integrity: A way of Life”
- The Archives conducted “Madhuras Malayalam” programme on 30th October in relation with Malayalam Week, including quiz and tongue twister competitions for students.
- On 31st October the Ganithika conducted quiz with regard to Rashtriya Ekta Divas.
- On 1st November, the Scientia organised quiz and other various interesting competitions in relation with Kerala Piravi celebration.
- On 20th November, the Daffodils conducted quiz on Linguistic Harmony for the B.Ed. students.

On 21st November, the Scientia conducted Rally competition, poster designing, placard and slogan writing competitions related to the National Minority Day.



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- On 22nd November, the Ganithika conducted quiz in relation with Minority and Weaker Sections Day.
- The Archives conducted quiz on cultural heritage of India on Cultural Day, the 23rd of November.
- On 27th November the Bios club conducted competitions like treasure hunt, slogan writing, collage and bouquet making using natural products in relation to 'Biodiversity Conservation Day'.
- On 13th December, the Ganithika conducted quiz for students in relation with National Mathematics Day.
- The College conducted various competitions viz., Angel, Tableau and Carol Singing on on 19th December for the students during Christmas celebration.
- On 27th January the Archives conducted Quiz with regard to Republic Day and Constitution day separately.
- On 27th February, the 162nd birthday of our foundress, Servant of God Mother Teresa of St. Rose of Lima, competitions were conducted for students and staff of educational institutions under the CSST Management, at St. Teresa's College, Ernakulam. Our staff and students secured prizes.

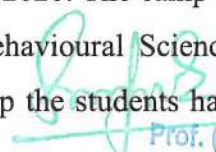
## ARTS FEST

- The Arts fest was named as "Samaiyya 2020". The competitions began with the ceremony inaugurated by the Principal. • The offstage events were held from January 2nd to 7th. This included essay writing, short story, poetry writing, flash fiction, film review and cartooning in various languages. It gave a good opportunity for the students to showcase their talents and literary skills. The onstage events were held from 28th January to 30th January. • The stage events included the following items: Elocution (English and Malayalam), poetry recitation (Hindi, Malayalam, Tamil), light music, classical music, spot choreo, split screen, mime, curriculum dance, nadanpattu, best pair, fashion show, fancy dress etc.

## COMMUNITY LIVING CAMP

- Inspired by the theme "We Strive Together" the students gave the title 'Uniea' to the camp conducted from 3rd to 7th of February 2020. The camp was inaugurated by Dr. Baburaj P.T., the Director of School of Behavioural Science, MG University, Kottayam. For each of the five days of the camp the students had fixed subthemes,



  
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which they enlivened in celebratory spirit. Programmes such as classes by resource persons, street play, flash mob, community visit, yoga sessions, group discussions, games and reflections etc.in tune with the subthemes were organized in encampment.

### **STUDY TOUR**

- It was a five-day excursion for the final year B.Ed. Batch 2018-2020 to Goa, Dandeli and Udappi from 16th to 21st January 2020 organised by Travel Mates, the Tour Planners.

### **SPORTS DAY**

- The Sports Meet was conducted on two days. On 27th February 2019, the first day, events including 100mts, 400mts and 800mts race and rally were held at Nehru Stadium. • The second day of the Sports Meet was held at the College Ground. The events included Shot put, Javelin Throw, Discus Throw, High Jump, Three Leg Race, Sack Race, Bombing the City etc.

### **EXTENSION ACTIVITIES**

- To supplement the main activities in the curriculum, various extension activities are also arranged by the college. • Regular visits are carried out by the B.Ed. and M.Ed. students on every Wednesday to Abhaya Bhavan.
- Flood relief camps were arranged in our college auditorium from 14th August to 20th August. Our students distributed food and clothes and took part in the works of relief camps.
- On 20th September, the students visited the Ashraya Charitable Trust near Kottayam Medical College. They interacted with the office staff and patients at the trust and helped in arranging the firewood and distributing lunch.
- During Christmas season the students visited the Abhaya Bhavan and the District Hospital on 18th December. They interacted with the patients and inmates and also presented carol songs and skits for them.

### **CARMEL TAILORING CENTRE**

- Carmel Tailoring Centre has been functioning in the college for the empowerment of the marginalized sections. After completing the tailoring course, many are employed in tailoring shops and directed to join self- help groups.



### **ADD ON COURSE**


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- Add on certificate courses in Counselor's Training and Computer Applications as well as Diploma Courses in Computer Applications were conducted for the B.Ed. students. Also students were given individual counseling by Sr. Lilly Sayujya(Medical Mission Sisters).

#### **PLACEMENT PROGRAMMES AND RECRUITMENTS**

- Various placement programmes were conducted at Mount Carmel College by different Institutions.
- On 7th January the Campus selection programme for the second year B.Ed. students were conducted by the Next Education conducted by the Next Education, a trust from Hyderabad.
- The experts from the Bethlehem International Public School interviewed the students on 13th January. On the same day, some of the students from our college attended the interview at Mount Carmel Vidhyanikethan Senior Secondary School, Kanjikuzhy.



  
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## **MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN**

### **IQAC Report 2018-2019**

- The college reopened after a break of two months summer vacation on 4th June 2018.
- The PTA General body meeting was conducted on the same day. Dr. Lissy Koshi taught a class on parenting on that day.
- Classes for the 2018-20 batch of B.Ed. and M.Ed. programmes commenced on 2nd July 2018.
- On 3rd July 2018, an orientation class on “Attitudes and Behaviour of teacher in classroom” was led by Dr. Pushpa Marian, Principal for the new batch of students. This was followed by an ice breaking session by Dr. Lissy Koshi. The noon session was engaged by Dr. Suma Joseph, introducing the B.Ed. Curriculum to the students.
- A class on vision and mission of the college was conducted by Sr.Rosy Lima PW on 11th July 2018, focusing on the importance of cultivating a ‘Civilization of Love’.

#### **PTA MEETING**

The first PTA meeting of the academic year was held on 4th June 2018. The new batch of 2018- 2020 commenced on July 2nd and the corresponding General Body Meeting of the PTA was held on the same day. Executive members and office bearers were selected at the combined meeting. The next PTA executive meeting was convened on 11 February 2019.

#### **UNION AND ARTS CLUB INAUGURATION**

The election to the college Union took place on 14th September 2018. The office bearers assumed charge after oath taking ceremony led by Dr. Pushpa Marian, Principal. On the same day the newly elected College Union as well as the Arts Club were inaugurated by Mrs. Saralakumari, Sub Inspector of Police, Vanitha Wing, Kottayam East Police Station and Idea Star Singer fame Shri. Nandu Kishore respectively.

#### **ORIENTATION PROGRAMMES, SEMINARS AND WORKSHOPS**



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- An orientation class on the preparation of learning materials was arranged under the guidance of Mr. Suresh Kumar HSST, SMV, Model HSS TVM, on 4th July 2018.
- On 3rd August 2018, a workshop on theatre arts and drama was handled by Mr. E.V. Philip, Drama Master, Mar Baselious Public School, Devalokam.
- A self-defence training programme was carried out on 31st August and 3rd September 2018 by women police officers Mrs. Rejimol from Kumarakom police station and Mrs. Subhadrakutty from Kidangoor police station. Mrs. Preethi from Vellor police station joined the team on the second day.
- An orientation programme and personality development workshop was organized in our college on 1st September 2018. Classes were led by Brothers of St. Thomas Apostolic Seminary, Vadavathoor.
- 5th September 2018 A one day workshop on the theoretical and practical aspects of Yoga was led by Mr. Sreejith, Yoga Master, M.E.S Training College, Aluva on 5<sup>th</sup> September 2018.
- An orientation programme to explain the B.Ed. reviewed syllabus organized by All Kerala Training College Teachers' Association (AKTCTA) was conducted on 15th October 2018,. The one day programme was presided over by Dr. Varghese K. Cherian and was enriched with the presence of teachers from different colleges.
- The 18th State Level Children's Maths Congress in connection with the Kerala Ganitha Sastra Parishad was held at Mt. Carmel College on 12th January 2019. Students from different schools across Kerala actively participated in various competitions arranged for the day.
- A seminar on "Personality Development Challenges and Possibilities as a Women" was arranged on 17th January 2019 as part of the Community Living Camp 2019. The classes were led by Mr. Abhilash Joseph, Counsellor and Training Team Head, IPCAI (Institute for Person Centered Approaches in India).

### CELEBRATIONS

- World Environment Day Celebrations were arranged in the College on 5th June 2019 under the leadership of Natural Science students. A video was presented on the ill effects of Plastic Pollution. All students took vows to reduce the use of plastic and say no to plastic.

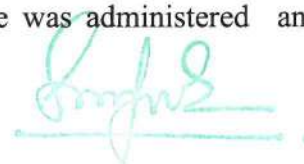
International Yoga day as well as Reading day was observed on 21st June 2018.



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- A Yoga demonstration was organized by the 2nd year B.Ed students, in connection with the day.
- Freshers' day was organized by the 2nd year B.Ed students to welcome the new batch of B.Ed and M.Ed on 4th July 2018. This was an occasion for the students to get acquainted with each other. Various cultural events made the day memorable.
- Talent day celebrations- 'Meraki 2018' was held on 11th July. It was a wonderful opportunity for the first year students to exhibit their talents and abilities.
- Independence day celebrations on 5th September 2018 was marked by hoisting the Flag at Mount Carmel campus. Sr. Jenin delivered the Independence day message and sweets were distributed.
- Teachers day celebrations on 5th September 2018 was an occasion for the students to honour their teachers for their valuable services.
- Ozone day was observed in the college on 14th September 2018 to foster the importance of protecting human life and the environment.
- To commemorate the birth of Mahatma Gandhi, Gandhi Jayanti was celebrated on 1st October 2018.
- As part of National Re-dedication day an oath was taken by the teachers and students of the college on 31st October 2018.
- In association with the Kerala Piravi Celebrations on 1st November 2018, the entire college joined the Bharana Bhasha Pledge initiated by Dr. Pushpa Marian.
- The College celebrated Christmas on 19th December 2018 A live crib presentation by I year B.Ed. students was a speciality of the day. Fr. Mathew Ozhathil (Director, Infant Jesus Seminary) delivered the Christmas message and distributed prizes to the winners of different competitions held in accordance with the Christmas celebrations.
- The Republic day flag was hoisted by Sr. Tessa, local manager of the institution on 26th January 2019 at Mt. Carmel School ground. The teaching and non-teaching staff and students of the college were present during the function.
- As part of the International Mother Language day, on 21st February 2019, a pledge emphasizing the importance of mother tongue was administered and the students actively participated in the ceremony.



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**WOMEN CELL**

- Women Cell inauguration and self- defence training session was conducted on 31st August 2018 in association with Kerala State Women's Development Corporation Ltd. Mrs. Subhadrakutty, Civil Police Officer, Kidangoor Police Station, Pala Division, inaugurated the function by lighting the lamp and delivered the inaugural address and led a self-defence training session. On 3rd September 2018, Self - Defence Training was given to teacher trainees by her team.
- As part of Women Cell activities, a seminar on 'Personality Development Challenges and Possibilities as a Woman' was led by Mr. Abhilash Joseph, IPCAI (Institute for Person Centered Approaches in India) Counsellor and Training Team Head on 17th January 2019.

### **INAUGURATION OF ASSOCIATIONS**

The activities of various associations for the year 2018-19 were inaugurated on 14th September 2018. Dr.Jacob Joseph (Energy and Environment Conservation Society, State President) was the Chief guest. The academic activities of various associations – Daffodils, Ganithika, Scientia, Bios, and Archives were officially inaugurated by the chief guest.

### **ALUMNAE MEET**

Alumnae Meet was arranged on 12th October 2018. The meeting was presided over by Dr. Pushpa Marian in which a total of 50 alumnae were present. Following the formal session, the election of alumnae executive members and the first General Body meeting for newly elected office bearers were held.

### **INTERNSHIP PROGRAMME**

- The internship of the B.Ed. students was carried out from 25th July to 19th November 2018.
- The school induction programme for B.Ed. was carried out from 23rd January 2019 to 20th February 2019.
- The internship programme of the M.Ed. students was conducted in four phases. The first phase consisted of internship at various TTI's in Kottayam from 2nd August to 24th September 2018. <sup>3</sup>/<sub>4</sub> The Second phase consisted of 10 days internship at primary level from 4th November to 21st November 2018. The third phase consisted of



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secondary and higher secondary school from 28th January to 15th February 2019. The 4th phase consisted of 30 days internship at the B.Ed. level from 1st March.

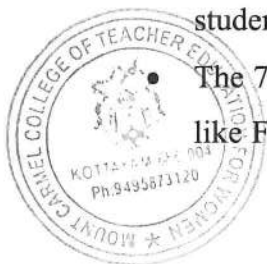
### COMPETITIONS

- On behalf of the International Yoga Day and reading day celebrations, several competitions like power point presentation, quiz etc. were arranged for the students on 21st June 2018.
- On behalf of the independence day celebration, various competitions were set up by the department of Social science on 14th August 2018. This comprised of Patriotic song, quiz etc and English students bagged the first position for the Patriotic song competition.
- The department of Physical science and Natural science conducted different competitions like painting, caption writing and dry wood decoration on 14th September 2018 in connection with the Ozone day celebrations.
- As part of the Gandhi Jayanti celebrations, a drama competition based on the theme Gandhiji was arranged on 1st October 2018.
- The Kerala Piravi celebrations of the college witnessed Malayalam newspaper reading and Vachakamela competitions on 1st November 2018 which were attractive enough to portray the importance of Kerala culture and tradition.
- To instil the spirit of Communal harmony and National Integration among students, various competitions like painting, essay writing etc. were organized for the students on 22nd November 2018.

### ARTS FEST

- The offstage events were held before and on 13th December 2018 and this included Essay Writing (English and Malayalam), Poetry writing (English and Malayalam), Short story writing (English and Malayalam), Mehendi Designing, hair dressing, Pencil drawing, Cartoon drawing, Water color painting, Caption writing etc. This was a wonderful opportunity in polishing the creative and artistic abilities within each student.

The 7th and 8th of February 2019 were exclusively dedicated for the on stage events like Flower arrangement, Extempore ((English and Malayalam), Instrumental music,



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Mimicry, Mono act, Kadhaprasagam, Fashion show with newspaper, light music, Classical music, Mappilapattu, Vegetable carving, Kitchen music, Cinematic Dance, Split screen, Spot choreography, Nazranimanka, Monjathi, Purushakesari, Fancy dress etc.

- In accordance with the Christmas celebrations, Carol, Crib and Santa Claus competitions were held within the college auditorium on 17th Dec 2018.

### **SOCIAL VISIT AND X-MAS CELEBRATION**

On 18th December 2018, the students of Mt. Carmel College visited Shanti Bhavan and Abhaya Bhavan to celebrate Christmas and to convey the message of peace, love and joy to the inmates. The students presented the tableau based on Christmas and sung carol songs. The Game session incorporated in the programme helped to make the inhabitants vibrant and energetic.

### **COMMUNITY LIVING CAMP**

The community living camp for the second year B.Ed. students was organized from 14th to 18th January 2019. The camp was officially inaugurated by Fr. James Mathew, Director, Jeevakarunyalayam Old Age Home in a function presided over by Dr. Pushpa Marian, Principal, Mount Carmel College. The camp was organized with a view to sensitize the participants on civic sense and social skills. The theme for this year's community camp was 'Search your Uniqueness'.

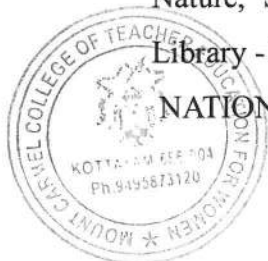
### **STUDY TOUR**

As part of the annual educational tour, 45 students of 2nd year B.Ed. went for a four day Excursion to Chickmagalure, Bellur and Coorg from 28th January to 1st February 2019, organized by Travel Mates, Tour planners.

### **CARMEL FEST**

Several programmes were arranged as part of Carmel Fest which were organized by various subject Associations. They were as follows: Daffodils - Cartoon Conversation Ganithika - Mathematics Quiz Scientia - Science Quiz Bios - Poster Presentation on the theme "Save Nature, Save Future" Archives - Extempore (Malayalam) M.Ed. - Collage Presentation Library - Essay Competition (Malayalam).

### **NATIONAL SCIENCE DAY**



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- National Science Day celebrations were arranged in the College from 26th to 28th February 2019. Followed by the inauguration session, a workshop on “ Eco Friendly Products” was conducted by Dr. Sunil Kumar S., Naturopathy Physician and State Faculty of Suchithwa Mission Kudumbasree unit. Selected students from each department and some of the representatives of Mount Carmel Tailoring centre attended the workshop in which they were taught the procedures of making ecofriendly products like Paper bag, Paper pen, etc.
- On the second day of the celebrations (27-02- 2019), an awareness class on the need to save Petroleum Products was taken by Ms. Annie Thomas, External faculty Member of Petroleum Conservation Research Association (PCRA). ¾ Various programmes in connection with National Science Day were arranged by The department of Physical Science and Natural Science on 28th February 2019. It all started with the brief introduction of the theme for this year- “Science for People and People for Science” by Giza Rachel George. A short description of the periodic table was given by Soumya V. Following by this a treasure hunt competition was arranged by the organizers with vibrant participation from the students.

#### RETREAT

The Annual retreat for the year 2018-2019 was held from 12 Feb. 2019- 14 Feb.2019. It was led by Fr.Joshy Madathilparambil and team.

#### SPORTS DAY

The sports meet was conducted on 15th Feb. 2019 under the guidance of Dr. Suma Joseph. Anju Vijayan, the sports secretary gave the instructions for the day. The parade salute was received by Dr. Pushpa Marian, Principal and Dr. T.C. Thankachan, Assistant Professor, St. Thomas College of Teacher Education, Palai. Following the parade, different competitions like shotput, Javelin throw, Discussthrow etc. were held. Various entertaining and fun creating competitions like Three leg Race, Sack Race and Bomb in the City were also held.

Athletic sport events like 100 metres, 200 metres, 400 metres,800 metres race, long jump and 4x100 metres relay were conducted beforehand at Nehru Stadium, Kottayam.

#### MERIT DAY

In order to recognize and honour the achievement of the students in various intramural cultural competitions and sports events, Merit day was arranged on 27th and 28th



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February 2019. Prizes were distributed to the winners by Ms. Anni Thomas, External faculty member of Petroleum Conservation Research Association (PCRA) and Mr. Biju B., Kalari and Yoga Instructor, Kumarakom CVN Kalari.

### **EXTENSION ACTIVITIES**

- To supplement the main activities in the curriculum, various extension activities are also arranged by the college.  $\frac{3}{4}$  Regular visits are carried out by the B.Ed. and M.Ed. students on every Wednesday to Abhaya Bhavan. Different programmes are arranged by the students to entertain the inhabitants and a small refreshment was provided to them as a token of love.
- Flood relief camps were arranged in our college auditorium from 16th to 28th August 2018. Our students distributed clothes and bed sheets to students of Government UP School Nattassery and Holy Family School, Kottayam.
- As part of extension activity, second year B.Ed. students cleaned Kanjikuzhy Market. On the same day an awareness class on Plastic Pollution was led by Dr. Sunil Kumar S., Naturopathy Physician and State Faculty of Suchithwa Mission, Kudumbasree Unit.

### **CARMEL TAILORING CENTRE**

Carmel Tailoring Centre has been functioning in the college for the empowerment of the marginalized sections. After completing the tailoring course, many are employed in tailoring shops and self-help groups.

### **ADD ON COURSE**

Add on certificate course in Counsellor training and diploma course in Computer applications was conducted for the B.Ed. students.

### **PLACEMENT PROGRAMMES AND RECRUITMENT**

Various placement programmes were conducted at Mount Carmel College by different institutions. The list is as follows: • 7th January 2019- Bethlehem International School, Vazhakkulam, Thodupuzha • 15 February 2019 – Mount Sirai School, Karmel District of Haryana • 1st March 2019- Viveka Vardhini Public School, Aland, North Karanataka. Many of our students got appointed at schools within and outside Kerala.



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