

# MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN

Muttambalam P.O., Kanjikuzhy, Kottayam- 686004

(Recognised by NCTE, Affiliated to Mahatma Gandhi University)

### **Best Practice I**

### Empowered to Serve

# Programme for Awakening Social Conscience among Student Teachers

### **Objectives**

- ➤ To generate a concern for the problems and injustices of society and a sense of responsibility for the welfare of the marginalized and socially disadvantaged.
- ➤ To identify one's role, rights, duties and responsibilities in society and develop one's own social conscience.
- ➤ To become self-reliant, cooperative and engaged citizens in addressing the pressing challenges of today.
- To treat everyone with human dignity and to acknowledge the necessity to share
- ➤ To provide opportunities to serve society, inculcate social responsibility and help students to be compassionate and empathetic.
- > To foster inter-connectedness, kinship, harmony, communion and eco-justice.
- > To promote a community where spiritual, moral and genuine human values are lived and witnessed.

#### The Context

Mount Carmel College of Teacher Education for Women, Kottayam, envisions a lifeoriented education that empowers the student teachers through a humanizing and liberating process to contribute to the transformation of society through openness to reality as well as to undertake the challenges of being socially conscious and socially responsible. The thrust is in the light of a 'civilization of love'- the kingdom of God, as envisaged and promoted by our foundress, Mother Teresa of St. Rose of Lima.

#### The Practice

National international days of importance were celebrated. Initiatives such as summer camps, ESPARANTO, COURSERA, School adoption, adult education programs for migrant workers, Tailoring classes for marginalized women, and frequent social visits and services to

special schools and old age homeswere conducted. Valueeducation and orientationclasses are arranged.

### **Evidence of Success**

The students initiated and actively participated in the frequent social visits and distributed food and toiletries to the inmates of old age homes. The enrolment in the tailoring classes for the marginalized increased. It generated compassion towards human suffering among student teachers.

### Problems encountered and Resources required

Financial constraints, the presence of women students alone and the tight schedule of the teacher education programmes restricted the conduct of extension activities of the institution.

#### **Best Practice II**

#### CARMEL FORUM

A Carmel initiative for Voluntary sharing of resources, expertise and insights

## **Objectives**

- To strengthen the efforts of the institution to reach out to a larger audience
- To educate and update the stakeholders on a wide variety of educationally relevant topics
- To make use of the expertise of the talented resource persons
- To bring together people with similar interests and backgrounds, providing an opportunity for Networking and connecting with others
- To get familiarized with the process of hosting a webinar.

### The Context

Carmel Forum is a platform for the voluntary sharing of resources, expertise and insights initiated so as to promote research-mindedness, creative thinking and updating knowledge on the policies and regulations among the stakeholders. This free webinar series aims to leverage the power of technology and education to createand promote a climate for human and academic excellence with openness to learning, research, and the development of professional skills. The institution considers the vital dimensions of life-oriented education and sustainable development goals while selecting the topic for the webinar.

### The Practice

The resource persons for the sessions are educators from inside and outside of the institution as well as members of the student community, including alumni. Under the auspices of Carmel Forum, twenty-two sessions were conducted on a variety of topics.

### **Evidence of Success**

The feedback received from the participants highlighted that the sessions enlightened the participants in their journey towards academic excellence. The opportunities given to the students for coordinating and executing the programme helped the student teachers build confidence and leadership. By playing the role of a resource person in the session, the student teachers become more accountable and professional in their teaching.

# Problems encountered and Resources required

Problems related to internet connectivity affected the smooth conduct of the webinar and the demand for experiential learning led to switchingto offline mode in the current academic year.