

Estd. 1953

MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN

Muttambalam P.O., Kanjikuzhy, Kottayam- 686004

(Recognised by NCTE, Affiliated to Mahatma Gandhi University)

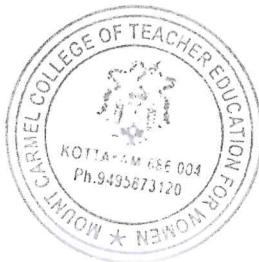
CRITERION I CURRICULAR ASPECTS

1.1 Curriculum Planning

METRIC: 1.1.3

1.1.3 While planning Institutional curriculum, focus is kept on PO's and CO's for all programmes offered by the Institution which are stated and communicated to teachers and students through

Prospectus for the last completed academic year



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Principal
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**MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN
KOTTAYAM - 4**

PROSPECTUS 2022 - 2023



Affiliated to Mahatma Gandhi University, Kottayam


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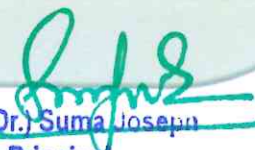
Our History

Mount Carmel College of Teacher Education for Women, established in 1953, is the first aided Women's Training College in Kerala. It is run by the Institute of the Carmelite Sisters of St. Teresa, Ernakulam and is affiliated to the Mahatma Gandhi University, Kottayam. The sanctioned strength of students of the college is 50. The institution that had been accredited by NAAC in 2000 was reaccredited with 'A' Grade.

Mount Carmel College of Teacher Education for Women, formerly known as Mount Carmel Training College belongs to the C.S.S.T Institute founded by Mother Teresa of St. Rose of Lima in the year 1887. Steered by the vision that education and enlightenment of women is necessary for the progress and well being of the society, Mother Teresa worked with a spirit of dedication and enthusiasm to uplift women by starting schools and colleges for them. Being deeply interested in promoting higher studies and the training of committed teachers for the integral development of students, Mother Veronica, the first Mother General of the C.S.S.T. Institute launched a project for starting a teacher training college for women.

With the approval and support of the then Mother General Mother Alphonsus, Mount Carmel Training College came into existence on the 1st of June 1953. In 2006, it was raised to the status of a P.G. centre with 25 students undergoing the M.Ed programme. From 2011 onwards the intake of M.Ed students has been raised to 50. The institution celebrated its Diamond Jubilee in August 2013.




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Our Motto

Our Motto

"Promote the total development of each person, catering to individual differences and equip each trainee to tackle the hurdles of life with confidence and tranquility".

Vision

Mount Carmel College of Teacher Education for Women , Kottayam, envisions a life-oriented education that empowers the teacher trainees through a humanizing and liberative process, to be agents of transformation and development at different levels of life, with a focus on the formative elements of their lives, as prospective educators and on their integral growth. Enabled and empowered, they respond proactively to concerns and conflicts inherent in today`s reality, especially those of women and persons who are unable to exercise their freedom to be human, and work for the integrity of creation. The thrust is in the light of a `civilization of love` - the kingdom of God, as envisaged and promoted by our Foundress, Mother Teresa of St. Rose of Lima.



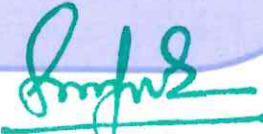
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Mission

The institution helps the students to grow in the conviction that to 'educate' is a vocation, with the need to internalize and transmit basic human values. It aims at preparing the student trainees

- ✦ To promote a College/ Community/Society/Nation where spiritual, moral and genuine human values are lived and witnessed.
- ✦ To contribute to the transformation of society through an openness to reality and to undertake the challenges of being socially conscious and socially responsible.
- ✦ To synergise women and those who are prevented from exercising their right to be human, through enlightening them regarding their basic human rights and helping them achieve the same.
- ✦ To promote inter-cultural and inter-religious harmony and communion through promoting genuine dialogue in an atmosphere of respect and openness, and to facilitate experiential dialogue, whereby individuals work together for the common good of the human family.
- ✦ To facilitate leadership among the students enabling them to be genuinely other-centered, pro-actively enthusiastic, and spiritually and socially motivated towards personal, group and societal liberation.
- ✦ To provide quality integral education which is life, vocation and career-oriented and to promote a climate for human and academic excellence with openness to learning, research, and the development of professional skills, so that work towards the empowerment of persons and transformation of society will be fostered.
- ✦ To work towards the integrity of creation through being conscious and alert to the state of devastation and destruction of creation and the serious perils humanity is plunged into and to promote programmes/movements that foster inter-connectedness, kinship and eco-justice.




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PROGRAMMES OFFERED REGULAR

Programme	Core	Total No. of Seats
B.Ed. Degree	English	50
	Mathematics	
	Natural Science	
	Physical Science	
	Social Science	

SELF FINANCING

Programme	Core	Total No. of Seats
M.Ed. Degree	English	50
	Mathematics	
	Science Education	
	Social Science Education	
	IT Education	

ADD ON COURSES

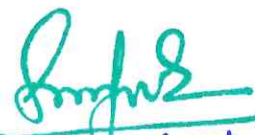
Every B.Ed. Trainee is expected to take any one of the following Add on Courses.

- ❖ Certificate Course in Counsellors Training
- ❖ Certificate Course in Computer Applications
- ❖ Diploma in Computer Application

VALUE ADDED COURSES

- ❖ VAC 1. Art and Craft
- ❖ VAC 2. Tailoring and Embroidery
- ❖ VAC 3. Communicative English
- ❖ VAC4. Fabrication of Eco Friendly Products
- ❖ VAC5 Fitness Through Yoga and Aerobics
- ❖ VAC6. Digital Skills for Prospective Teacher
- ❖ VAC7. Understanding India




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PROGRAMME OUTCOMES

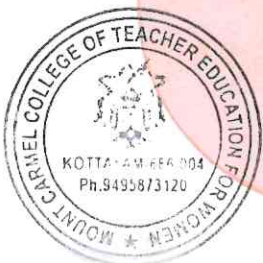
- PO1:** Understand and prioritize genuine human values and a value system based on cultural, social, political, ecological, moral basis of Indian society
- PO2:** Demonstrate teaching competence, professional skills, communication skills, reflective thinking and problem solving skills essential to function as an empowered, dedicated and proficient teacher.
- PO3:** Design educational experiences by integrating ICT, arts and diverse assessment methods to enhance learning, nurture aesthetic sense and to provide a comprehensive evaluation of learners' progress.
- PO4:** Understand learner diversity and develop educational plans that cater to individual learning needs, ensuring an inclusive learning environment
- PO5:** Analyse and utilize the opportunities available to stay up-to-date and actively involved in the teaching profession
- PO6:** Demonstrate a strong sense of social responsibility and commitment by actively promoting the empowerment of women, children and the disadvantaged individuals in the society

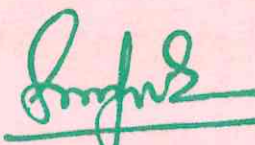


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General Discipline

1. Every student shall attend the classes regularly.
2. Students who come late may enter the classroom only after obtaining the permission of the Teacher.
3. No student shall leave the classroom without the permission of the Teacher before the class is dismissed.
4. Students must be modest and neat in their mode of dressing and refined in behavior.
5. Students are expected to wear the uniform on the assigned days.
6. Students are expected to spend their leisure hours in the library or in the reading room.
7. They shall handle college property with care and preserve the cleanliness of the campus, building and furniture.
8. Day scholars shall not entertain their visitors in the college. They should have their letters, money orders and other communications addressed to their homes.
9. Mobile phones are not allowed during college hours.
10. The course certificate for the university examinations will not be granted to any student unless the Principal is satisfied with her conduct, progress in studies and attendance.




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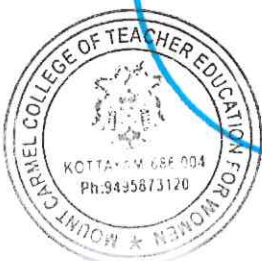
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FACILITIES

- ❖ Library and Information Centre.
- ❖ Computer Laboratory
- ❖ LMS
- ❖ Hostel
- ❖ Methods Laboratory
- ❖ Language Laboratory
- ❖ Psychology Laboratory
- ❖ Smart Class Room
- ❖ AC Conference hall
- ❖ Media Centre
- ❖ Prayer Room
- ❖ Auditorium
- ❖ Multipurpose Hall
- ❖ Seminar Hall
- ❖ ICT enabled classrooms
- ❖ Net Resource Centre
- ❖ Playground
- ❖ Canteen

SCHOLARSHIPS FROM Government

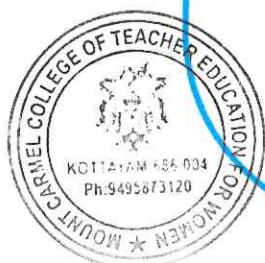
1. Full fee concession, stipends, hostel fee, lum sum grant to SC, ST and OEC students.
2. SEBC and FC students are eligible for fee concession.



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AWARDS / SCHOLARSHIPS/ ENDOWMENTS

1. **Fidelis Memorial Cash Award** for the top scorer in the B.Ed. Degree Examination
2. **Philomina Thomas Cash Award** for the top scorer in M.Ed. Degree Examination
3. **Crucifixa Memorial Cash Award** for the top scorer in Education
4. **Scholastica Endowment Cash Award** for the top scorer in Psychology:
5. **Lillia Memorial Cash Award** for the top scorer in Educational Technology and Assessment for Learning
6. **Estelle Endowment Cash Award** for the top scorer in English
7. **Rose D' Lima Thankam Cash Award** for the top scorer in Mathematics
8. **Reena Zacharia Memorial Cash Award** for the top scorer in Natural Science
9. **Jean Francis Endowment Cash Award** for the top scorer in Physical Science
10. **Alcantra Endowment Cash Award** for the top scorer in Social Science
11. **L. Radha Kumari Endowment Cash Award** for the outstanding performance in Sports and Games
12. **Susamma George Endowment Cash Award** for outstanding Academic Performance:
13. **Darly Mathew Memorial Cash Award** for the student with outstanding Teaching Competence:
14. **Sr. Christabelle Memorial Cash Award** for the hard work and determination:
15. **Sr. Alice Mathew Endowment Cash Award** for the Best performer of the Alumnae
16. **Scholastica Memorial Cash Award** donated by Aradhana Miriam Rockey and family for the Overall Outstanding Performance:
17. **Special Award for the student who Designed the Cover Page** of the college magazine Carmelit
18. **The Best Camper Award** for the Community Living programme
19. **The Best Worker Award** for the Community Living programme
20. **The Best Camper Award** for the NSS Volunteer
21. **The Best Worker Award** for the NSS Volunteer
22. **Individual Champion of the Art Fest**
23. **Ever Rolling Trophy for the Art Fest**
24. **Runner up Trophy for the Art Fest**
25. **Individual Champion of the Sports Meet**
26. **Ever Rolling Trophy for Sports and Games**
27. **The runner-up Trophy for Sports and Games**



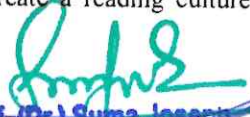

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Associations & Clubs

- 1. Daffodils - (The English Club)** This literary nook is an annexe for the creative output of students. It is often a venue for letting out hidden literary talents as well as for conducting seminars, film reviews, competitions and the like.
- 2. Ganithika - (The Mathematics Club)** It conducts various programmes like inter class, inter school Maths Quiz Competitions, Maths related Exhibitions and Recreative Programmes. The aim of this club is to make Mathematics an interesting subject for all, to bring the public and practice teaching schools closer and to familiarise them with the functioning of the college.
- 3. Scientia - (The Physical Science Club)** The science club functions with the aim of organising future scientists. The various activities of the club are conducting seminars, field trips, quiz competitions, debates and publication of manuscript magazine.
- 4. BIOS - (The Natural Science Club)** The various activities of the club are conducting seminars, project competitions, inter school poster competitions, exhibitions, herbal garden arrangement, Plant of the week programme, Azolla cultivation etc.
- 5. Archives - (The Social Science Club)** The Archives is a place of collection of historical documents. The intention of the club is to popularize and make the subject interesting through the different activities of the club.
- 6. Educere - (M.Ed. Department)** The Educere functions with the aim of equipping the student teachers with the 21st century teaching competencies. It strives to introduce and nurture innovation in the educational practices.
- 7. Eco Zone - (The Nature Club)** The members of the Nature Club are led with the motive of providing awareness towards environmental protection. Various community awareness programmes, seminars, film shows, plant of the week programme and exhibitions are henceforth arranged.
- 8. Evita - (The Women's Cell)** "The hand that rocks the cradle rules the world". The aim of the Women's Cell is to empower the teacher trainees to play their appropriate role as women teachers. The women's cell makes the trainees capable of discharging their responsibilities and to make use of their potentialities to the maximum extent.
- 9. Health Care Club -** The aim of the Health Care Club is to develop health awareness of personal hygiene, communicable and non-communicable diseases to teacher trainees and thereafter for their future career. Health care club organizes awareness classes on Breast cancer and health and hygiene.
- 10. Sports Club -** The Sports Club is meant to create healthy minds within healthy bodies. All the students of the college shall be ordinary member of the club and all the members of the staff shall be honorary members. Intra-mural competitions in sports, games and annual sports meet are conducted under the auspices of the Sports Club.
- 11. Reading Club -** acts a gateway to Foster love for reading, Enhance language skills, Explore diverse perspectives, develop critical thinking and create a reading culture in students.




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ACADEMIC SUPPORT & SERVICES

1. SELF STUDY COURSES

A self study course is a course that is completed individually by the student on their own time and schedule. There is no real time instructor like in a webinar or a classroom set up. Self-study course involves setting realistic goals, finding effective learning methods and staying organized. These strategies can help students optimize their study routine and improve their chances of academic success

a.) SWAYAM stands for "Study Webs of Active learning for Young Aspiring Minds". It is an indigenous developed platform, initiated by Government of India, which is instrumental for self-actualisation providing opportunities for a life-long learning. One of the biggest advantages of doing courses on **Swayam** for university students is that once they have completed the course with certification they can add the credits to their academic record

b.) COURSERA is a global online learning platform that offers anyone, anywhere, access to online courses and degrees from more than 275+ leading universities and companies to bring flexible, affordable, job-relevant online learning to individuals and organizations worldwide. Although it is an effective technique for test preparation in an educational setting, self-studying is a skill that can have far-reaching impacts on other aspects of one's life.

2. NSS

The National Service Scheme (NSS) is a valuable programme aiming to: Develop social responsibility, Foster empathy and compassion, Build leadership skills, Enhance practical skills, Promote national integration, Develop communication skills, Encourage voluntary work, Support community development, Foster teamwork and collaboration, Enhance employability and it helps future teachers develop essential skills and values,

3. K-TET COACHING

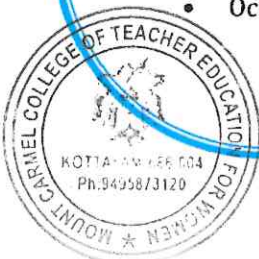
KTET coaching, supports the students in achieving their goal of becoming certified teachers and contributing to the education system in Kerala.

Crash courses are arranged by the faculty of the institute every year.

4. VALUE EDUCATION

It is essential that students imbibe the appropriate values commensurate with social, cultural, economic and environmental realities, at the local, national and universal levels. Value based education is one of the main goals of the Institution. To achieve this goal, the practices followed are: -

- Celebration of the Eucharist: At the beginning of each year an inaugural Mass/prayer service is celebrated to invoke God's blessing for the new academic year. A thanksgiving prayer is also celebrated at the end of the academic year to thank God for His bountiful blessings and guidance.
- Occasional guest talks.



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5. PLACEMENT

The placement cell makes an endeavor to enhance the employability of the students by providing guidance and all the assistance to them to achieve their career goals. The cell takes relevant steps in identifying the demands of the industry and prepares the students towards this need. Adequate emphasis is given for soft skills development along with the regular academic programme. Our institute has access to national and international institutions for campus recruitment and an average of 80-90 % students get placed every year.

6. COUNSELLING CENTRE

The counselling Centre, an integral part of our college, is a student support service intended to help students adapt and make the best of their learning environment. It is common that when students have problems that are unresolved, it reflects in their attendance, academic performance and ultimately with their personality development. The Centre therefore attempts to provide a nurturing environment wherein each student is empowered to face life challenges and move ahead to achieve their academic goals. Personal counselling is provided to all students by a trained counsellor at the centre.

7. YIP

Young Innovators Programme is purely designed for Young Innovators looking for Guidance and Support to bring their ideas to life. It is supported by K-Disc (Kerala Development and innovation Strategic Council)

8. MENTORING

Mentoring is practiced in the Institution for the past few years. It is a systematic and planned attachment of students to staff of the Institution and of the Practice Teaching Schools. There exist clarity of purpose of such attachment. All the faculty members function as MENTORS to 12 students each. A MENTOR is a guide, accompanier, a friend and a counsellor to her wards in the campus. She closely accompanies the students in their academic, co-curricular and extra curricular pursuits, records their progress in these areas and gives counselling and guidance whenever necessary. She keeps a personal record of each student and visits their homes at least once a year.

9. REMEDIAL TEACHING

The institution conduct remedial teaching, to help students overcome challenges, achieve academic success, and reach their full potential



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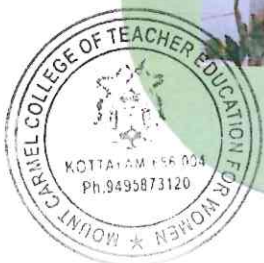
EXTENSION ACTIVITIES

- ✦ Learning Disability Centre
- ✦ Carmel Tailoring Centre
- ✦ Carmel Computer Centre
- ✦ Carmel Public Library
- ✦ Carmel Cloth bank
- ✦ Social Visits
- ✦ School Adoption
- ✦ Remedial Teaching
- ✦ Free Tuition
- ✦ Prison Ministry
- ✦ Special School Visit
- ✦ Awareness & Orientation Programme
- ✦ Social Survey & Community Project
- ✦ Adult Literacy Programme

FOR MORE DETAILS

Visit Website:

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