



Estd. 1953

MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN

Muttambalam P.O., Kanjikuzhy, Kottayam- 686004
(Recognised by NCTE, Affiliated to Mahatma Gandhi University)

CRITERION II

TEACHING-LEARNING AND EVALUATION

2.4: Competency and Skill Development

**2.4.9: Average number of students attached to each school for internship
during the last completed academic year**

Copy of the schedule of work of internees in each school

MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN, KOTTAYAM

B.ED PROGRAMME

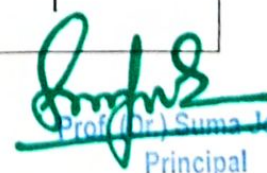
2022-2023

SCHOOL INTERNSHIP SCHEDULE

The School Internship Programme for the B.Ed students is scheduled for a period of 16 weeks from 19/10/2022 to 02/02/2023. During the internship Programme each student is expected to take 52 lessons including 2 LAC lessons in their respective Optional subject. Additionally each student has to carry out various practical works as per the B. Ed curriculum. The schedule and details of the practical work is given below:

SCHEDULE OF WORKS	WEEK
First Week	Oct. 19 – 22, 2022
• Unit Plan	1
• Writing of lesson plans	7
• Preparation for Value Education lessons	2
• Classes to be taken for optional subjects	5
Second Week	Oct. 24 – 29, 2022
• Writing of lesson plans	5
• Preparation of Physical Education Lesson Plans	3
• Classes to be taken for optional subjects	5
• Classes to be taken for value education	1
• Submission of Unit Plan	
Third Week	Oct. 31 – Nov. 5, 2022
• Writing of lesson plans	5
• Preparation of Yoga Lesson Plans	3
• Classes to be taken for optional subjects	5
• Classes to be taken for Physical Education	1
• Planning and conducting subject club activity	1

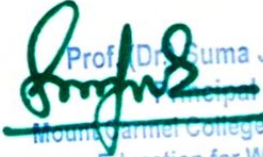



Prof. (Dr.) Suma Joseph
Principal

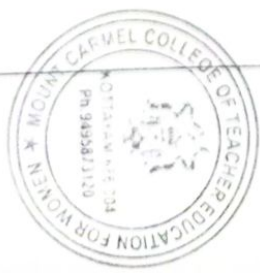
Mount Carmel College of Teacher
Education for Women
Kottayam- 686 004

• Preparation of Innovative charts	2
Fourth Week	Nov.7-12, 2022
• Writing of lesson plans	5
• Commencement of Case Study based on learning problems of School Pupils	
• Preparation of Health Education Lesson Plans	2
• Classes to be taken for optional subjects	5
• Classes to be taken for value education	1
• Submission of innovative charts	2
• Commencement of Action research	
Fifth Week	Nov 14- 19, 2022
• Writing of lesson plans	5
• Planning and conducting subject club activity	1
• Preparation of Self Assessment Tool	
• Classes to be taken for optional subjects	5
• Classes to be taken for Physical Education	1
• Preparation of Achievement test	
• Preparation and Submission of Lesson Plan on Different Art forms	1
Sixth Week	Nov. 21 –26, 2022
• Writing of lesson plans	5
• Peer evaluation of classes	1
• Classes to be taken for optional subjects	5
• Classes to be taken for Yoga	1
• Classes to be taken for Health Education	1
• Organising an activity to conscientise national Integration	1
Seventh Week	Nov. 28- Dec 3, 2022




 Prof. Dr. Suma Joseph
 Principal
 Mount Carmel College of Teacher
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• Writing of lesson plans	5
• Administration of Self Assessment Tool	
• Preparation of improvised models	2
• Classes to be taken for optional subjects	5
• Classes to be taken for Health Education	1
• Classes to be taken for Physical Education	1
Eighth Week	Dec 5- Dec 10, 2022
• Writing of lesson plans	5
• Administration of Achievement Test	
• Classes to be taken for optional subjects	5
• Classes to be taken for Yoga	1
• Preparation of LAC Lesson Plan	2
Ninth Week	Dec 12 – Dec 17, 2022
• Writing of lesson plans	5
• Peer evaluation of classes	1
• Classes to be taken for optional subjects	5
• Classes to be taken for Yoga	1
• Classes to be taken for LAC	1
Tenth Week	Dec 19 – Dec 23, 2022
• Writing of teaching manuals	3
• Classes to be taken for optional subjects	2
• Preparation of Diagnostic test	
• Classes to be taken for LAC	1
Eleventh Week (Christmas Holidays)	Dec 26 – Dec 31, 2022
• Completion of Lesson Plans and school based practical works	



Suma Joseph

Prof. (Dr.) Suma Joseph

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Twelfth Week	Jan 2- Jan 7, 2023
• Submission of innovative models	2
• Classes to be taken for optional subjects	3
• Classes to be taken for value education	1
Thirteenth Week	Jan 9- Jan 14
• Preparation of an activity to conscientize National Integration	
• Administration of Diagnostic Test	
• Preparation of Remedial Teaching Material	
Fourteenth Week	Jan 16- Jan 21
• Classes to be taken for optional subjects	
• Administration of Remedial Teaching	
• Submission of Action Research	
Fifteenth Week	Jan 23- Jan 28
• Classes to be taken for optional subjects	
• Administration of the activity to conscientize National Integration	
Sixteenth Week	Jan 30- Feb 2
• Classes to be taken for optional subjects	
• Completion of School based Records	



PRINCIPAL

Prof. (Dr.) Suma Joseph

Principal

Mount Carmel College of Teacher

Education for Women

Kottayam- 686 004

M.Ed Programme

The field internships, in the third semester (40 days) and fourth semester (45 days), are to be scheduled and assessed through continuous internal evaluation as follows.

Semester	No. of Days	Institutions for Internship	Credits	Total Credits in a Semester
III	10	Primary Schools	1	4
	30	Primary Teacher Education Institutions	2	
		Field site relevant to the areas of specialisation opted from Thematic Clusters A & B	1	
IV	15	Secondary & Senior Secondary Schools	1	4
	30	Secondary Teacher Education Institutions	2	
		Field site relevant to the area of specialisation opted from Thematic Cluster C	1	







**MOUNT CARMEL COLLEGE OF
TEACHER EDUCATION FOR WOMEN
KOTTAYAM - 686004**



**B.Ed. Degree Programme 2022 - 2024
SCHOOL INTERNSHIP DIARY**

Name : ..ALEENA.. BENNY.....

Reg. No. : ...223240114546.....

Optional Subject: ..MATHEMATICS.....

Name of the School: ..ST..JOSEPH'S..CONVENT..GHSS..KOTTAYAM

Certified that this is a bonafide record of ...ALEENA... BENNY.....
.....who had undertaken School Internship Programme at
.....ST..JOSEPH'S..CONVENT.....GHSS..KOTTAYAM.....
from ..07/08/2023..... to ...25/11/2023.....

Date: 24/11/2023

Seal:



Signature of the Head of the Institution
Headmistress
St. Joseph's CGHS
Kottayam



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
1	07/05/2023	5 th period 40 minutes	VIII B	Mathematics	Concept of Polygons.	Assignment.
2	08/05/2023	1 st period 40 minutes	VII B	Mathematics	Sum of angles	Homework.
3	09/05/2023	3 rd period	VIII B	Mathematics	Outer angles	Homework.
4	09/05/2023	2 nd period	VIII B	Mathematics	Unchanging sum	Homework.
5	09/05/2023	5 th period	VII B	Mathematics	Regular polygons	Quiz.
6	10/05/2023	2 nd period	VIII B	Mathematics	Angle and its relation	Homework.
7	11/05/2023	1 st period	VIII B	Mathematics	Problem Lesson	Tests.
8	11/05/2023	1 st period	VIII B	Health and physical Education	Free hand Exercise (sketch)	Follow up activity.


 Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
9	04/09/2023	5 th period	VIII B	Mathematics	Product of sums	follow up activity.
10	07/09/2023	2 nd period	VIII B	Mathematics	Problem Lesson II	follow up activity
11	04/09/2023	3 rd period	VII B	Health and physical education	Free hand exercise (sketch)	follow up activity.
12	08/09/2023	1 st period	VIII B	Mathematics	Problem Lesson II	Tests.
13	11/09/2023	5 th period	VIII B	Mathematics	Square of a sum	Assignment.
14	12/09/2023	1 st period	VII B	Mathematics	Problem Lesson	follow up activity
15	12/09/2023	2 nd period	VII B	Health and physical education	Free hand exercise (sketch)	follow up activity

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Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
16	13/09/2023	2 nd period	VIII B	Mathematics	Product of differences	Follow up activity
17	14/09/2023	2 nd period	VIII B	Mathematics	Problem lesson	Test.
18	14/09/2023	6 th period	VIII B	Mathematics	square of difference.	Follow up activity.
19	18/09/2023	2 nd period	VIII B	Mathematics	sum of squares and sum of difference	Assignment.
20	20/09/2023	2 nd period	VIII B	Mathematics	Product of sum and difference	Follow up activity
21	20/09/2023	2 nd period	VIII B	Mathematics	Problem lesson	Test.
22	21/09/2023	2 nd period	VIII B	Mathematics	Difference of square of two natural numbers	Follow up activity.
23	21/09/2023	6 th period	VIII B	Mathematics	Problem lesson I	Follow up activity

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Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
24	21/09/2023	2 nd period	VIII B	Mathematics	Problem lesson II	Follow up activity.
25	23/09/2023	1 st period	VIII B	Mathematics	Problem lesson III	Follow up activity.
26	14/09/2023	7 th period	VIII B	Mathematics	Mathematical pattern drawing.	Tests.
27	23/09/2023	2 nd period	VIII B	Mathematics	Pythagorean triple	Assignment.
28	25/09/2023	3 rd period	VIII B	Mathematics	Concept of simple interest	Follow up activity.
29	25/09/2023	5 th period	VIII B	Mathematics	simple interest	Follow up activity.
30	25/09/2023	4 th period	VIII B	Biology	Resping diversity (class obicundity of por vengis)	Quiz.
31	26/09/2023	1 st period	VIII B	Mathematics	concept of compound interest	follow up activity.

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Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
32	26/09/2023	2 nd period	VIII B	Mathematics	Compound Interest	follow up activity.
33	26/09/2023	2 nd period	VIII B	Health and physical Education	Yogic Exercises	Tests.
34	27/09/2023	2 nd period	VIII B	Compound Interest Mathematics (problem lesson)	Compound Interest (problem lesson)	Follow up activity
35	29/09/2023	1 st period	VIII B	Mathematics	changing force	Quiz.
36	29/09/2023	2 nd period	VIII B	Mathematics	Increasing and Decreasing	Follow up activity.
37	30/09/2023	2 nd period	VIII B	Mathematics	Problem lesson	Tests.
38	30/09/2023	5 th period	IX B	Physics	Rotation (class observation Divya)	Project.

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Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
39	30/09/2023	4 th period	VIII B	Mathematics	Problem Lesson	Follow up activity
40	05/10/2023	2 nd period	VIII B	Mathematics	Concept of Ratio	Assignment.
41	06/10/2023	1 st period	VIII B	Mathematics	Part Relations	Follow up activity
42	09/10/2023	5 th period	VIII B	Mathematics	Problem Lesson	Test.
43	10/10/2023	1 st period	VIII B	Mathematics	changing times	Quiz
44	10/10/2023	4 th period	VI B	Value Education	Team work	Follow up activity.
45	09/10/2023	3 rd period	VIII B	Health and Physical Education	Logic Exercises	Tests.
46	11/10/2023	2 nd period	VIII B	Mathematics	Problem Lesson	Tests


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Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
47	11/10/2023	4 th period	VIII A	Value Education	Honesty	Project.
48	12/10/2023	2 nd period	VIII B	Mathematics	Achievement Test	Test.
49	16/10/2023	5 th period	VIII B	Mathematics	Concept of Three quantities	Follow up activity.
50	16/10/2023	2 nd period	VIII B	Health and physical Education	Diabetes	Assignment.
51	16/10/2023	4 th period	VIII B	Health and physical Education	Artificial Respiration	Project.
52	17/10/2023	1 st period	VIII B	Mathematics	Three quantities	Follow up activity.
53	17/10/2023	2 nd period	VIII B	Health and physical Education	Yogic Exercises	Follow up activity.

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Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
54	19/10/2023	2 nd period	VIII B	Mathematics	Problem Lesson	Quiz.
55	20/10/2023	1 st period	VIII B	Mathematics	Problem Lesson	Tests.
56	20/10/2023	4 th period	VIII B	Mathematics	Problem Lesson	Follow up activity.
57	25/10/2023	2 nd period	VIII B	Mathematics	Construction of square	Follow up activity.
58	26/10/2023	3 rd period	VIII B	Mathematics	Construction of square patterns	Follow up activity.
59	27/10/2023	1 st period	VIII B	Mathematics	Construction of rectangle method I	Test.
60	28/10/2023	1 st period	VIII B	Mathematics	Construction of rectangle method II	Test.

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Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
61	28/10/2023	3 rd period	VII B	Mathematics	Construction of rectangle pattern	Assignment.
62	30/10/2023	5 th period	VIII B	Mathematics	Construction of trapezium I	Follow up activity
63	31/10/2023	1 st period	VIII B	Mathematics	Construction of trapezium II	Test.
64	31/10/2023	3 rd period	VIII B	Mathematics	Construction of Isosceles trapezium	Follow up activity.
65	01/11/2023	2 nd period	VIII B	Mathematics	Self Assessment Test	Test.
66	02/11/2023	2 nd period	VIII B	Mathematics	Construction of trapezium pattern	Assignment.
67	07/11/2023	1 st period	VIII B	Mathematics	Construction of trapezium pattern	Test.
68	06/11/2023	5 th period	VIII B	Mathematics	Construction of quadrilateral	Follow up activity.

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Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
69	07/11/2023	1 st period	VIII B	Mathematics	Diagnostic test	Test.
70	08/11/2023	2 nd period	VII B	mathematics	Remedial class II	Tests
71	04/11/2023	2 nd period	VII B	Mathematics	Remedial class II	follow up activity.
72	10/11/2023	1 st period	VIII B	Mathematics	Remedial class III	Quiz.
73	13/11/2023	5 th period	VIII B	Mathematics	Construction of Quadrilateral II	Follow up activity.
74	14/11/2023	1 st period	VIII B	Mathematics	Construction of Quadrilateral (Review)	Tests.
75	15/11/2023	2 nd period	VIII B	Mathematics	Question paper discussion I	Tests.
76	16/11/2023	5 th period	VIII B	Draw and Art	Kathakal	Follow up activity.
77	17/11/2023	1 st period	VIII B	Mathematics	Question paper discussion II	Test
78	20/11/2023	3 rd period	VIII B	Mathematics	LAC lesson I	Follow up activity
79	21/11/2023	1 st period	VIII B	mathematics	Revision of Topic	Test.
80	22/11/2023	2 nd period	VIII B	Mathematics	Unit test	Test
82	24/11/2023	2 nd period	VIII B	Mathematics	LAC of ... Lesson II	Follow up activity.


 Signature of the Mentor Teacher
 Follow up activity.



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
07/08/2023	10 minutes	Morning Assembly			
	40 minutes	Substitution class - VI B	Academic	Art works	25
09/08/2023	40 minutes	Substitution class - VI B	Academic	Interactive	30
09/08/2023	15 minutes	Mid day meal serving	Administrative	Participant	80
	80 minutes	Mathrubhomi Anam celebration	Cultural	Managing discipline	
10/08/2023	15 minutes	serving mid day meal	Administrative	participant	80
	40 minutes	Substitution class - VI B	Academic	Interactive	
11/08/2023	40 minutes	Awareness on Hiroshima Nagasaki Day	Administrative	Participant Extension	




 Signature of the Teacher in charge

Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
14/8/2023	1 day	Onam celebration	Cultural	organising games Managing discipline, participated in thuvathira	
16/09/2023	90 minutes	Disciple duty	Administrative	Invigilator -	30
17/8/2023	2 1/2 hours	Exam duty	Administrative	Invigilator	32
18/8/2023	3 hrs	Disciple duty	Administrative	Invigilator	52
19/8/2023	15 minute	Mid-day meal serving	Administrative	participant	
19/8/2023	2 hours	Exam duty	Administrative	Invigilator	
19/8/2023	15 minutes	mid-day meal serving	Administrative	participant	


 Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
21/8/2023	2 hour	Exam duty	Administrative	Invigilator.	
	15 minutes	mid-day meal serving	Administrative	participant.	
22/8/2023	3 hour	Disciple duty	Administrative	Invigilator.	
	15 minutes	mid-day meal serving	Administrative	participant.	
24/8/2023	2 1/2 hour	Exam duty	Administrative	participant.	
24/09/2023	40 minutes	Exam mark sheet	Administrative	Invigilator.	
07/09/2023	40 minutes	substitution class - I, II	Academic	Interactive.	
08/09/2023	2 1/2 hr	Participation in PTA	Administrative	Serving tea and biscuits.	
08/09/2023	15 minutes	Mid-day meal serving	Administrative	participant.	

RSB

Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
11/09/2023	40 minutes	substitution class <u>V</u> B	Academic	Art works.	
	15 minutes	serving midday meal	Administrative	Sewing.	
12/09/2023	30 minutes	foundress day celebration	Cultural	participat.	
	2 hour	sports day	Cultural/ Sports	organizing.	
13/09/2023	1 hour	Organising youth festival	Cultural	preparation.	
	2 hour	conducting dance practice	cultural	Teacher.	
	15 minutes	serving mid day meal	Administrative	serving.	
14/09/2023	40 minutes	substitution class <u>VIII</u> B	Academic	Maths class	
	1 hour.	Exhibition	Administrative	participat.	

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 Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
14/09/2023	2 hours	National Seminar presentation	Administrative	Preparing	
	40 minutes	substitution class - <u>VII</u> B	Academic	Maths class.	
	2 hours	Mathematical club activity (geometrical pattern)	Academic	Supervision.	
15/09/2023	1 day	Youth festival	Cultural	Judges, delegate	
18/09/2023	40 minutes	science club (ozone day)	Academic	participant.	
	40 minutes	substitution class - <u>VI</u> B	Academic	Teacher.	
		serving mid day meal	Administrative	serving.	
19/09/2023	1 day	Taking students to participate in sports competition of Kottayam zone	sports	Guiding and supervising.	




 Signature of the Teacher in charge

Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
20/09/2023	40 minutes	substitution class - <u>VIII</u> B	Academic	Teaching maths	
	40 minutes	substitution class - <u>VII</u> B	Academic	Teacher.	
21/09/2023	40 minutes	substitution class - <u>VIII</u> B	Academic	Teaching maths	
	40 minutes	substitution class - <u>VIII</u> B	Academic	teaching maths	
	15 minutes	mid day meal serving	Administrative	serving.	
25/09/2023	40 minutes	Peer evaluation Venezia	Assessment	observation.	
	40 minutes	substitution class - <u>III</u> B	Academic	Teacher.	
	40 minutes	substitution class - <u>VIII</u> B	Academic	Teaching maths	
	15 minutes	serving mid day meal	Administrative	serving.	
26/09/2023	40 minutes	substitution class - <u>VIII</u> B	Academic	Teaching maths	


 Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
27/09/2023	15 minutes	servicing mid day meal	Administrative	servicing.	
	40 minutes	substitution class - IV	Academic	Teacher.	
29/09/2023	15 minutes	servicing mid day meal	Administrative	servicing.	
	30 minutes	Heart day	Academic	participant.	
30/09/2023	40 minutes	substitution class - VIII B	Academic	Maths class.	
	40 minutes	substitution class - VI B	Academic	Teacher.	
	40 minutes	Gandhi Jayanti → Drawing competition, Quiz	Academic	Supervising.	
	15 minutes	mid day meal servicing	Administrative	servicing.	
	40 minutes	Peer evaluation Divya	Assessment	observation.	

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Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
4/10/2023	1 day	sports day @ SH Mount	sports	Guiding and	
5/10/2023	15 minutes	servicing mid day meal	Administrative	supervising	
	40 minutes	substitution class — V B	Academic	Teacher.	
6/10/2023	40 minutes	substitution class — II A, B	Academic	Art works.	
	40 minutes	substitution class — I	Academic	Maths addition.	
9/10/2023	15 minutes	servicing mid day meal	Administrative	servicing.	
10/10/2023	40 minutes	substitution class — VI B	Academic	value education.	
	15 minutes	servicing mid day meal	Administrative	servicing.	
	30 minutes	Maintaining school garden	Extension	Helping	
11/10/2023	40 minutes	substitution class — IX A	Academic	value education.	


 Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
16/10/2023	40 minutes	substitution class - <u>VII</u> B	Academic	Health Education class	
	40 minutes	substitution class - <u>VII</u> B	Academic	Health Education class.	
17/10/2023	15 minutes	serving mid day meal	Administrative	serving.	
19/10/2023	15 minutes	serving mid day meal	Administrative	serving.	
20/10/2023	40 minutes	substitution class - <u>VIII</u> B	Academic	Maths class	
	40 minutes	substitution class - <u>I</u>	Academic	Teacher.	
05/10/2023	40 minutes	substitution class - <u>VIII</u> B	Academic	Teacher.	
20/10/2023	40 minutes	substitution class - <u>I</u> B	Academic	Maths fractions.	
	15 minutes	serving mid day meal	Administrative	serving.	
29/10/2023	40 minutes	Reading test at <u>VII</u> B	Extension	Investigatory.	
	15 minutes	serving mid day meal	Administrative	serving.	
08/11/2023	40 minutes	substitution class - <u>VII</u> B	Academic	Maths class	

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 Signature of the Teacher in charge

Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
30/10/2023	40 minutes	substitution class - <u>III</u>	Academic	Teacher.	
31/10/2023	40 minutes	substitution class - <u>VIII</u> B	Academic	Maths class.	
	3 hours	Kerala piravi decoration preparation	Cultural	Decoration.	
1/11/2023	30 minutes	Kerala piravi celebrations	Cultural	participant.	
	80 minutes	substitution class - <u>I</u>	Academic	Maths Addition class	
	15 minutes	mid day meal serving	Administrative	serving.	
2/11/2023	40 minutes	substitution class - <u>VIII</u> B	Academic	maths class.	
	10 minutes	mid day meal serving	Administrative	serving.	
3/11/2023	40 minutes	substitution class - <u>VI</u> B	Academic	Teacher	
	40 minutes	substitution class - <u>VIII</u> B	Academic	Teacher.	

PAB

Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
6/11/2023	1 hour	Remedial class	Academic	Teaching	
6/11/2023	40 minutes	substitution class - VIII B	Academic	Maths Remedial class	
	15 minutes	mid day meal serving	Administrative	Serving.	
7/11/2023	40 minutes	substitution class - I	Academic	Maths Numbers	
	40 minutes	substitution class - VI B	Academic	Moral class	
	15 minutes	mid day meal serving	Administrative	Serving	
7/11/2023	15 minutes	serving mid day meal	Administrative	serving	
7/11/2023	40 minutes	International Science day celebration	Cultural	participate	
	15 minutes	Serving mid day meal	Administrative	Serving.	
10/11/2023	40 minutes	substitution class - VI B	Academic	Moral class	
	15 minutes	Serving mid day meal	Administrative	serving.	

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 Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
13/11/2023	40 minutes	Substitution class - II	Academic	Teacher.	
13/11/2023	15 minutes	Mid day meal serving	Administrative	sewing.	
	15 minutes	Children's day preparation	Cultural	Decorations.	
14/11/2023	3 hours	Kalotsavam @ Baker school	Cultural	Guiding and instructions.	
15/11/2023	40 minutes	substitution class - IV	Academic	Teacher.	
16/11/2023	1 hour	National Integration exhibition preparation	Administrative	Arranging and conducting.	
17/11/2023	1 day	Exhibition @ classroom near abalathu	Administrative	Conducting.	
20/11/2023	40 minutes	substitution class - IV	Academic	Teaching	
21/11/2023	30 minutes	Substitution class - VII, VIII A	Academic	Teacher.	
22/11/2023	2 1/2 hours	Math Exam conducting - VA, VIIA, B, VI A	Administrative	Invigilation.	
23/11/2023					

04/11/2023


 Signature of the Teacher in charge



Nature of Programmes / Activities

<p style="text-align: center;">Academic</p> <ul style="list-style-type: none"> • Substitution classes • Subject club activities • Question paper discussion • Revision, Remedial teaching • Catering to the needs of diverse learners • Planning and conducting enrichment activities etc. 	<p style="text-align: center;">Cultural/ sports</p> <ul style="list-style-type: none"> • Celebration of days of importance • Arts fest • Sports meet • Organising/ conducting cultural/ literary competitions • Conducting practice sessions for students • Judges for competitions etc.
<p style="text-align: center;">Administrative</p> <ul style="list-style-type: none"> • Time table preparation for substitution classes, tests, examinations, remedial teaching etc. • Exam invigilation • Discipline duties • Serving Mid-day meal • Duty as Volunteer • Maintaining documents/ registers, writing reports etc. • Grooming students for academic fairs/ fest and exhibitions • Participation in PTA, MPTA, Class PTA etc. 	<p style="text-align: center;">Assessment</p> <ul style="list-style-type: none"> • Setting question papers • Evaluation of exam papers • Preparation of result sheets, progress report • Analysis of the test results • Preparation and administration of achievement test, diagnostic test, student self-assessment • Peer assessment and case study • Assessment using digital tools etc.
<p>Extension/ Outreach</p> <ul style="list-style-type: none"> • Awareness talks • Communicative English classes • Planting trees/ maintaining school garden • Free tuition • Arranging Laboratory/ Library • Participation in the Extension activities of the School • Student mentoring/ counselling etc. 	<p><i>Any other relevant activities</i></p>

**MOUNT CARMEL COLLEGE OF
TEACHER EDUCATION FOR WOMEN
KOTTAYAM - 686004**



**B.Ed. Degree Programme 2022 - 2024
SCHOOL INTERNSHIP DIARY**

Name : ..AMRVTHA ALEX.....

Reg. No. : ..223240114556.....

Optional Subject: ..PHYSICAL SCIENCE.....

Name of the School: ..ST. ANNE'S GHSS KOTTAYAM.....

Certified that this is a bonafide record of ..Amautha Alex.....

.....who had undertaken School Internship Programme at
St. Anne's GHSS Kottayam.....

from ..07-08-2023..... to ..24-11-2023.....

Date: 23/11/23



Jenny Thomas



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
1.	8/8/2023	IV	VIII.B	Physics	Reference body, Distance, Displacement	- Explain why displacement can be zero
2.	8/8/2023	I	IX.B	Chemistry	Law of conservation of mass	- Implication of law of mass conservation in nature
3.	7/8/2023	III	VIII.B	Physics	Acceleration, Retardation	- Prepare sign boards on giving awareness about the harmful effects of accidents.
4.	8/8/2023	I	IX.B	Chemistry	Balancing of chemical equation	- Balance the given equations.
5.	8/8/2023	VI	IX.A	Chemistry	Electronegativity, Polar nature	- Compare the properties of ionic and covalent bonds
6.	9/8/2023	VII	IX.B	Chemistry	Oxidation and Reduction	- List the oxidised atom, reduced atom from the given equation.
7.	12/8/2023	VIII	IX.A	Chemistry	Valency, Chemical formula	- Find out the chemical formula of given elements
8.	14/8/2023	III	IX.B	Chemistry	Oxidation number	- Identify the oxidation no of the given element.



Signature of the Mentor Teacher

Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
9.	2/9/2023	VIII	VIII.C	Chemistry	Chemical & physical changes	- List out examples from daily life
10.	8/9/2023	III	IX.B	Chemistry	Method of determination of oxidation number	- Find the oxidation number of MnO_2
11.	14/9/2023	VIII	VIII.C	Chemistry	Thermochemical reactions	- Give examples
12.	12/9/2023	VII	IX.B	Chemistry	Nature of reactants and rate of chemical reactions	- Find out the daily life examples.
13.	12/9/2023	V	VIII.C	Chemistry	Photochemical reactions	- Find daily life examples.
14.	13/9/2023	I	IX.B	Chemistry	Concentration and rate of reactions	- Prepare a note on the factors influencing rate of a reaction
15.	18/9/2023	III	IX.B	Chemistry	Surface area and rate of reactions	- Find daily life examples
16.	21/9/2023	V	VIII.C	Chemistry	Chemical changes - Electrolysis	- Merits and demerits of electrochemical cells.


 Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
17	13/9/2023	I	IX.B	Chemistry	Temperature and rate of reaction	- Find examples from daily life.
18	19/9/2023	I	IX.B	Chemistry	Catalyst and rate of reaction	- Find examples from daily life
19	22/9/2023	VI	VIII.C	Chemistry	Electroplating	- Draw the arrangement to plate gold ornaments
20	22/9/2023	VI	VIII.C	Chemistry	Different type of cells	- Report on environmental pollution on earth.
21	22/9/2023	VII	IX.B	Chemistry	Periodic table and into the history	- prepare a note on the classification of elements
22	25/9/2023	VIII	VIII.C	Chemistry	Environmental friendly changes	- Conduct a seminar on the topic of environment
23	22/9/2023	I	IX.B	Chemistry	Mendeleev's periodic law and modern periodic law	- prepare a note on earlier classification of elements


 Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
24.	23/9/23	VII	IX.B	Chemistry	Triads and law of Octaves	- Fill in the blanks (contributions - name of scientists)
25.	24/9/23	III	IX.B	Chemistry	Electronic configuration and position in periodic table.	- Find the uses of transition elements.
26.	25/9/23	I	IX.B	Chemistry	Electronic configuration and group number	- Write electronic configuration of given elements
27.	23/9/23	VIII	VIII.C	Chemistry	General characteristics of metals	- List out the uses of metals.
28.	24/9/23	IV	VIII.C	Chemistry	Hardness and metallic lustre	- Metals like Na and K are stored in kerosene. Why?
29.	25/9/23	IV	VIII.C	Chemistry	Malleability and ductility	- Daily life uses of metals (malleability & ductility)
30.	25/9/23	I	IX.B	Chemistry	Electronic configuration & group number	- Prepare a note on transition elements
31.	26/9/23	VII	IX.B	Chemistry	Representative elements and noble gases	- Find 5 metals, non-metals, metalloids.


 Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
32.	26/9/23	VII	IX·B	Chemistry	Lanthanoides and actinoides	- Find the use of transition elements
33.	26/9/23	VIII	VIII·C	Chemistry	Thermal conductivity and electrical conductivity	- List the name of metals that conduct electricity
34.	27/9/23	V	VIII·C	Chemistry	Solubility and density of metals	- Find mp, bp of Ag, Au
35.	27/9/23	VI	VIII·B	Physics	Magnetic flux density	- Make a list of substances attracted by a magnet
36.	1/11/23	V	VIII·B	Physics	Magnetic Induction	- Observe the diagram and fill up the blanks
37.	16/10/23	III	VIII·B	Physics	Magnetic Induction in soft iron and steel.	- Complete the table.
38.	17/10/23	IV	VIII·B	Physics	Permeability, electromagnet	- Explain how a strong permanent magnet can be made.
39.	16/10/23	V	IX·C	Physics	Force of gravity	- Why artificial satellites revolve around earth

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Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
40.	18/10/23	VI	IX.C	Physics	Universal law of gravitation	- Examples of gravity.
41.	19/10/23	IV	IX.C	Physics	Force of attraction	- Problem
42.	19/10/23	IV	IX.C	Physics	Problem - Universal law of gravitation	- Problem
43.	19/10/23	IV	IX.C	Physics	Problem - " "	- Problem
44.	26/10/23	IV	IX.C	Physics	Problem	Problem - gravitation
45.	26/10/23	IV	IX.C	Physics	Problem - gravitation	- Problem - gravitation
46.	27/10/23	VII	IX.C	Physics	Problem - gravitation	- Problem - gravitation
47.	27/10/23	VII	IX.C	Physics	Feather & coin experiment	- Problem - gravitation

Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
48.	28/10/23	VI	IX.C	Physics	Equations of motion using g	- Does the objects in the earth doesn't attract earth?
49.	28/10/23	VI	IX.C	Physics	Mass and weight	- problem on mass and weight
50.	28/10/23	VI	IX.C	Physics	Freefall & weightlessness	- Why does a freely falling body experience weightlessness.

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 Signature of the Mentor Teacher



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
7/8/23	10:30-11:10	Revision - Physics (Onam-exam) - 8B	Academic	Teacher	46
7/8/23	12:40-1:20	Revision - Chemistry (Onam-exam)	Academic	Teacher	56
8/8/23	11:10-11:45	Revision - Physics (Onam-exam) - 9B	Academic	Teacher	44
8/8/23	12:40-1:20	Revision - Physics (Onam-exam) - 8B	Academic	Teacher	47
8/8/23	11:45-12:00	Noon meal - distribution	Administrative	Participant	
8/8/23	12:00-12:30	Discipline duty	Administrative	Instructor	
8/8/23	01:10-01:50	Revision - Chemistry (Onam-exam) - 9A	Academic	Teacher	55
9/8/23	10:30-11:10	Revision - Physics (8A)	Academic	Teacher	47
9/8/23	2:00-2:30	Revision - Chemistry (9B)	Academic	Teacher	56
9/8/23	11:45-12:00	Noon feeding	Administrative	Participant	

Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
10/8/23	10:30-11:10	Revision - physics (8A)	Academic	Teacher	46
10/8/23	11:45-12:00	Revision - chemistry (9A)	Academic	Teacher	55
10/8/23	9:40-10:20	Substitution (7A)	Academic	Teacher	
11/8/23	11:10-11:45	Revision (8A) - physics	Academic	Teacher	43
11/8/23	11:45-12:00	Noon meal	Administrative	Participant	
14/8/23	9:00-10:00	Question paper bundling	Administrative	Trainer	
15/8/23	9:00-10:00	Question paper bundling	Administrative	Trainer	
16/8/23	9:00-12:00	Exam invigilation	Administrative	Instructor	30
16/8/23	1-2:00pm	Exam invigilation	Administrative	Instructor	30
16/8/23	2:00-3:00	Competition (Independence day - NSE)	Cultural	Volunteer	50
17/8/23	2:00-3:00	Exam invigilation	Administrative	Instructor	30

Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
18/8/23	11:45-12:00	Noon meal	Administrative	Participatory	
18/8/23	12:30-3:15	Exam invigilation	Administrative	Instructor	30
21/8/23	10:00-12:00	Exam invigilation	Administrative	Instructor	30
24/8/23	12:30-2:00	Exam invigilation	Administrative	Instructor	30
25/8/23	9:00-12:30	Onam celebration	Cultural	Volunteers	Whole school
4/9/23	9:40-10:20	Substitution (5B)	Academics	Teachers	41
4/9/23	2:00-2:30	Substitution (7B)	Academics	Teachers	36
6/9/23	2:30-3:00	Substitution (6C)	Academics	Teachers	29
7/9/23	2:00-3:00	Malayalam Quiz (9th std)	Extension	Volunteers	75
8/9/23	9:00-9:40	Substitution (5C)	Academics	Teachers	41

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Signature of the Teacher in charge

Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
11/9/23	9.40-10.20	Substitution (8C)	Academics	Teacher	43
13/9/23	9.40-10.20	Physical Education (6A)	Academics	Trainer	39
13/9/23	10.30-11.10	Physical Education (5B)	Academics	Trainer	26
15/9/23	9.00-9.40	Substitution (5C)	Academics	Teacher	29
15/9/23	12.40-1.10	Substitution (6C)	Academics	Teacher	31
18/9/23	11.10-11.45	Substitution (5C)	Academics	Teacher	27
19/9/23	2.00-3.00	Sports meet parade practice	Sports	Teacher	
20/9/23	9.40-10.20	Physical Education (6A)	Academics	Trainer	33
20/9/23	11.00-12.00	Sports meet chest number preparation	Sports	Volunteer	
21/9/23	9.40-10.20	Peer Evaluation - Anjaly Scaria	Assessment	Trainee	
21/9/23	11.10-11.45	Value Education class - VIII - B	Academics	Teacher	45

Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
21/9/23	1:10-1:50	Peer evaluation - Mariya Xavier	Assessment	Trainee	-
27/9/23	9:40-10:20	Physical education (6A)	Academics	Teachers	29
27/9/23	10:30-11:10	Substitution (5C)	Academics	Teachers	31
28/9/23	9:40-10:20	Substitution (6B)	Academics	Teachers	35
30/9/23	2:30-3:00	Substitution (8C)	Academics	Teachers	44
4/10/23	9:00-9:40	Substitution (8C)	Academics	Teachers	45
4/10/23	10:30-11:10	Physical Education (7A)	Academics	Trainer	42
4/10/23	11:10-11:45	Substitution (6B)	Academics	Teachers	26
5/10/23	9:00-9:40	Substitution (8C)	Academics	Teachers	44
5/10/23	2:00-2:30	Art Education (9C)	Academics	Teachers	56

Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
6/10/23	12.45-2.00	Colour-India competition - Certificate writing	Cultural	Volunteers	
7/10/23	11.10-12.45	Colour India competition - Certificate writing	"	"	
10/10/23	10.30-11.10	Substitution (7A)	Academics	Teacher	31
11/10/23	11.10-11.45	Substitution (6B)	Academics	Teacher	29
13/10/23	2.30-3.00	Extra class (Experiment demonstration)	Academics	Teacher.	56
13/10/23	9.00-9.40	Substitution (6A)	Academics	Teacher	38
16/10/23	9.40-10.20	Physical Education (8.B)	Academics	Trainer	45
17/10/23	11.10-11.45	physical education (7C)	Academics	Trainer	40
18/10/23	2.00-2.30	physical education (5A)	Academics	Trainer	33

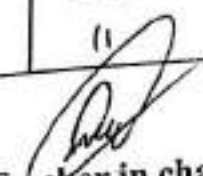
Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
18/10/23	2.00-2.30	Extra class - chemistry	Academics	Teachers	54
20/10/23	10.30-11.10	substitution (5C)	"	"	26
21/10/23	12.45-1.15	Art Education (7B)	"	"	35
21/10/23	10.30-11.10	Value Education (7B)	"	"	34
23/10/23	3.00-4.00	Extra class - physics - 9C	"	"	56
24/10/23	3.00-4.00	Extra class - physics - 9C	"	"	54
24/10/23	2.00-3.00	Substitution - physics - 9C	"	"	54
25/10/23	3.00-4.00	Extra class - physics - 9C	"	"	52
26/10/23	9.00-9.40	Substitution - 9C - physics	"	"	51
26/10/23	2.00-2.30	"	"	"	"



 Signature of the Teacher in charge

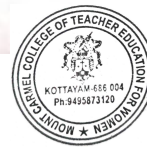


Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
26/10/23	3:00-4:00	Extra class - physics - 9c	Academics	Teacher	51
27/10/23	12:45-3:00	Exam invigilation - mid term	Academics	Teacher	30
28/10/23	12:45-3:00	Exam invigilation - Mid term	Academics	Teacher	30
30/10/23	12:45-3:00	" " "	Academics	Teacher	30
31/10/23	12:45-3:00	Question paper bundling	Administration	Trainee	
1/11/23	9:00-9:40	Substitution (6A)	Academics	Trainee	29
18/10/23	2:30-3:00	Club activity (8C)	Academics	Teacher	45
7/10/23	9:00-9:40	club activity (9B)	Academics	Teacher	56
2/11/23	2:00-3:00	National Unity Day Celebration	Extension	Trainee	100
3/11/23	9:40-10:20	Substitution (7C)	Academics	Teacher	37
3/11/23	10:30-11:10	Substitution (8D)	Academics	Teacher	128


 Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
3/11/23	2.00-2.30	Substitution (5B)	Academics	Teacher	28
3/11/23	2.30-3.00	Substitution (6B)	Academics	Teacher	30
6/11/23	9.00-9.40	Substitution (8C)	Academics	Teacher	44
6/11/23	10.30-11.10	Extra class (8B)	Academics	Teacher	46
6/11/23	2.00-2.30	Substitution (5A)	Academics	Teacher	26
7/11/23	10.30-11.10	Physical education (7B, 6A)	Academics	Trainer	54
7/11/23	11.10-11.45	Extra class (8B)	Academics	Teacher	46
8/11/23	12.40-1.10	Extra class (8B)	Academics	Teacher	42
9/11/23	11.10-11.45	Extra class (9C)	Academics	Teacher	49
9/11/23	12.30-1.10	Extra class (9C)	Academics	Teacher	49


Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
10/11/23	2.00-3.00	Practice session - English skit	Cultural	Teachers Volunteers	8
11/11/23	1.30-3.00	practice session	Cultural	Volunteers	8
13/11/23	9.00-9.40	Substitution (6B)	Academic	Teachers	27
14/11/23	9.00-10.00	children's day programme	Extension	Volunteers	
14/11/23	2.30-3.00	Substitution (9c) - Extra class	Academics	Teachers	53
15/11/23	12.40-1.10	Extra class (8B)	Academics	Teachers	45
16/11/23	11.10-11.45	Extra class (9c)	Academics	Teacher	48
17/11/23	2.00-2.30	Extra class (9c)	Academics	Teacher	54
17/11/23	9.00-9.40	Substitution (8B)	Academics	Teachers	45


 Signature of the Teacher in charge



Nature of Programmes / Activities

Academic <ul style="list-style-type: none"> • Substitution classes • Subject club activities • Question paper discussion • Revision, Remedial teaching • Catering to the needs of diverse learners • Planning and conducting enrichment activities etc. 	Cultural/ sports <ul style="list-style-type: none"> • Celebration of days of importance • Arts fest • Sports meet • Organising/ conducting cultural/ literary competitions • Conducting practice sessions for students • Judges for competitions etc.
Administrative <ul style="list-style-type: none"> • Time table preparation for substitution classes, tests, examinations, remedial teaching etc. • Exam invigilation • Discipline duties • Serving Mid-day meal • Duty as Volunteer • Maintaining documents/ registers, writing reports etc. • Grooming students for academic fairs/ fest and exhibitions • Participation in PTA, MPTA, Class PTA etc. 	Assessment <ul style="list-style-type: none"> • Setting question papers • Evaluation of exam papers • Preparation of result sheets, progress report • Analysis of the test results • Preparation and administration of achievement test, diagnostic test, student self-assessment • Peer assessment and case study • Assessment using digital tools etc.
Extension/ Outreach <ul style="list-style-type: none"> • Awareness talks • Communicative English classes • Planting trees/ maintaining school garden • Free tuition • Arranging Laboratory/ Library • Participation in the Extension activities of the School • Student mentoring/ counselling etc. 	

Months: August, September

Subject: Chemistry

INTERNSHIP TIMETABLE

DAY \ TIME	9:00-9:40 am	9:40-10:20 am	10:30-11:10 am	11:10 am - 11:45 am	12:30-1:10 pm	1:10-1:50 pm	2:00-2:50 pm	2:50-3:00 pm				
MONDAY	—	—	IX·B	—	—	—	—	VIII·C				
TUESDAY	IX·B	—	—	—	—	—	—	—				
WEDNESDAY	—	—	—	—	—	—	IX·B	—				
THURSDAY	—	—	—	—	VIII·C	—	—	—				
FRIDAY	—	—	—	—	—	—	—	—				

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Months : October , November

Subject : Physics

INTERNSHIP TIMETABLE

DAY \ TIME	9:00-9:40 am	9:40-10:20 am	10:30-11:10 am	11:10 am - 11:45 am	12:30 - 1:10 pm	1:10-1:50 pm	2:00 - 2:30 pm	2:30 - 3:00 pm				
MONDAY	—	—	VIII-B	—	—	—	—	—				
TUESDAY	—	—	—	VIII-B	—	IX-C	—	—				
WEDNESDAY	—	—	—	—	VIII-B	—	—	—				
THURSDAY	—	—	—	IX-C	—	—	—	—				
FRIDAY	—	—	—	—	—	—	IX-C	—				

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**MOUNT CARMEL COLLEGE OF
TEACHER EDUCATION FOR WOMEN
KOTTAYAM - 686004**



**B.Ed. Degree Programme 2022 - 2024
SCHOOL INTERNSHIP DIARY**

Name : ANJALY SCARIA

Reg. No. : 223240114557

Optional Subject: PHYSICAL SCIENCE

Name of the School: St. Anne's G.H.S. Kottayam

Certified that this is a bonafide record of ANJALY SCARIA

who had undertaken School Internship Programme at

St. Anne's G.H.S. Kottayam

from 07-08-2023 to 25/11/2023

Date:

Seal



Jay Thomas

Signature of the Head of the Institution



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
1	07/08/2023	2 nd	8C	Chemistry	Elements and compounds	Follow-up activity.
2	07/08/2023	4 th	8C	Chemistry	Origin of names and symbols of elements.	Follow-up activity.
3	07/08/2023	8 th	8C	Chemistry.	Atoms and molecules.	Assignment.
4	09/08/23	6 th	9B	Physics	Unbalanced external force and motion.	Test
5	08/08/23	7 th	9A	Physics	Equations showing v-t relation and u-t relation.	follow-up activity.
6	08/08/23	8 th	9A	Physics.	Third equation of motion	assignment.
7	09/08/23	2 nd	9C	Physics	Equation showing v-t relation and u-t relation.	follow-up activity.
8	09/08/23	7 th	8C	Chemistry	Compounds.	Assignment
9	10/08/23	2 nd	9A	Physics	Problems solutions. Equations of motion.	Test

P. Jeyapriya

Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
10	10/08/23	7 th	9A	Physics	Let us assess motion and laws of motion.	Follow-up activity.
11	10/08/23	3 rd	8C	Chemistry	Chemical equation	Assignment
12	10/05/23	4 th	9C	Physics	Third equation of motion.	Follow-up activity.
13	10/08/23	5 th	8C	Chemistry	Let us assess	test.
14	09/08/23	1 st	9B	Physics	Unbalanced external force and motion.	Follow-up activity.
15	10/08/23	4 th	8C	Chemistry	Revision	Test.
16	11/08/23	7 th	9C	Physics	let us assess	Follow-up activity.
17	14/08/23	5 th	9A	Physics	Revision (Equations of motion)	Test.

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 Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
18	14/08/23	8 th	8C	Chemistry	Basic constituents of matter - examination	tests.
19	04/09/23	5 th	9C	Chemistry.	Oxidation and Reduction.	Follow-up-activity.
20	07/09/23	2 nd , 3 rd	9C	chemistry.	Oxidation and Reduction	Follow-up activity
21	07/09/23	6, 7	8B	Chemistry.	Physical and Chemical change.	Assignment
22	08/09/23	2 nd	9C	Chemistry	Problem solving-oxidation & reduction	Test.
23	07/09/23	8 th , 5 th	9C	Chemistry.	Oxidation number	Follow-up-activity


 Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
24	12/08/23	1 st	9B	Physics	Mass and inertia, Homestars	Follow-up activity
25	11/08/23	8 th	9B	Physics	External unbalanced force, Galileo's observation	Follow-up activity
26	15/08/23	3 rd	9B	Physics	Newton's 1 st law of motion, inertia of rest, inertia of motion	Follow-up activity
27	12/08/23	5 th	9B	Physics	Newton's 2 nd law of motion	Assignment
28	14/08/23	3 rd	9B	Physics	Impulse	Follow-up activity
29	12/09/23	3 rd	8B	Chemistry	Photo chemical reaction	Follow-up activity
30	08/09/23	3 rd	9C	Chemistry	Method of determination of oxidation number	Follow-up activity

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Sujana
Signature of the Mentor Teacher

Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
31.	11/09/23	5 th	9C	Chemistry	Redox reaction and Rate of chemical reaction	Follow-up activity
32.	11/09/23	5 th	9C	Chemistry	Nature of reactants and rate of chemical reaction	Follow-up activity
33.	14/09/23.	6 th	8B	Chemistry	Thermo chemical reaction	Follow-up activity
34.	12/09/23	7 th	9C	Chemistry	Concentration and rate of chemical reaction.	Follow-up activity
35.	14/09/23	3 rd	9C	Chemistry	Redox reaction and rate of chemical reaction (unit test)	Test
36.	15/09/23	6 th	9C	Chemistry	Concentration ^{Surface area} and rate of chemical reaction	Follow-up activity

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 Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
37	18/09/23	5 th	9C	Chemistry	Temperature and rate of chemical reaction.	Follow-up activity
38	19/09/23	5 th	8B	Chemistry	Thermo chemical reactions	Follow-up activity
39	21/09/23	2 nd	9C	Chemistry	Catalyst and rate of chemical reaction.	Follow-up activity
40	21/09/23	6 th	8B	Chemistry	Electrochemical reactions.	Follow-up activity
41	25/09/23	5 th	9C	Chemistry	Let us assess	Test
42	26/09/23	7 th	9C	Chemistry	Unit test	Test
43	26/09/23	3 rd	8B	Chemistry	Electrolysis.	Follow-up activity

Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
44.	29/09/23	2 nd	8B	Chemistry	Different types of cells.	Follow-up activity
45.	29/09/23	6 th	8B	Chemistry.	Charged particles, environmental friendly charges.	project
46.	30/09/23	1 st , 2 nd	9C	Chemistry.	Periodic table and its history	Follow-up activity
47.	30/09/23	2 nd	9C	Chemistry.	Triads and law of octaves	Follow-up activity
48.	03/10/23	3 rd	8B	Chemistry	Chemical changes (unit test)	Test
49.	03/10/23	5 th	9C	Chemistry.	Mendeleev's periodic law, and Modern periodic law.	Follow-up-activity
50.	05/10/23	5 th	9C	Chemistry.	Electronic configuration and position in periodic table	Assignment

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Sujanya

Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
51	05/10/23	2 nd	8B	Chemistry	Class test, revision - chemical changes.	Follow-up, Test
52	09/10/23	3 rd	9C	Chemistry	Period number and family.	Follow-up activity.
53	10/10/23	6 th	9C	Chemistry	Representative elements, Noble gases.	Follow-up activity
54	10/10/23	2 nd	8B	Chemistry	General characteristics of ^{act} act	Seminar.
55	10/10/23	7 th	9C	Chemistry	Transition elements and Lanthanoids and Actinoids.	Assignment.
56	10/10/23	3 rd	8B	Chemistry	Malleability and ductility	Follow-up activity
57	11/10/23	5 th	8B	Chemistry	Hardness and metallic lustre	Follow-up activity
58	12/10/23	2 nd	8B	Chemistry	Sonosity of metals and Density of metals	Follow-up activity.

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Swarna

Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
59	13/10/23	5 th	8B	Chemistry	Thermal conductivity, Electrical conductivity	Homework assignment
60	16/10/23	3 rd	8B	Chemistry	Metals - Unit test	Test
61	25/10/23	6 th	9A	Physics	Force of Gravity, Mass.	Follow-up activity
62	31/10/23	3 rd	8C	Physics	Magnetic flux density	Assignment
63	01/11/23	8 th	8C	Magnetic Induction Physics	Magnetic Induction	Follow-up activity
64	06/11/23	2 th	8C	Physics	Permeability, Electromagnet	Follow-up activity.
65	07/11/23	8 th	8C	Physics	Magnetic induction in soft iron and steel	Follow-up activity.
66	26/10/23	5 th	9A	Physics	Universal law of gravitation	Follow-up activity

Signature
Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
67	29/10/23	5 th	9A	Physics	Force of Gravity	assignment
68	30/10/23	8 th	9A	Physics	Acceleration due to gravity	Follow-up activity
69	30/10/23	Special class	9A	Physics	Feather and coin experiment	Follow-up activity
70	31/10/23	2 nd	9A	Physics	Equation of motion using g.	Test
71	17/11/23	8 th	8A	Physics	Distance and displacement (LAC)	Follow-up activity
72	21/11/23	3 rd	8C	chemistry	Soft drinks.	Follow-up activity.
73	2/11/23	5 th	9A	Physics	work, equation for work	Follow-up activity
74	03/11/23	4 th	8C	Physics	Spherical mirrors	Follow-up activity
75	04/11/23	5 th	9A	Physics	Energy, K.E, P.E	Follow-up activity



Signature of the Mentor Teacher



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
08/08/23	11:45-12:00 am pm	Mid-day meal B	Extension/ Out reach.	Volunteer	
08/08/23	12:30-12:45 pm	Discipline Duty	Administration	Instructor	
09/08/23	9:00-9:15 am	Assembly (Little Kites)	Administration	Instructor	
09/08/23	11:45-12:00 am pm	Mid-day meals	Extension/ Out reach	Volunteer	
10/08/23	11:45-12:00 am pm	Mid-day meal B	Extension/ Out reach	Volunteer	
11/08/23	2:00-3:00 pm	Deepika Child Club - painting competitives	Administration	Instructor	136.
11/08/23	11:45-12:00 am pm	Mid-day meals.	Extension/ Out reach.	Volunteer	
15/08/23	9:00-10:00 am	Question paper bundling.	Administration	Trainee	
15/08/23	10:00-12:00 am pm	Exam invigilation	Administrative	Instructor	30.



Signature of the Teacher in charge

P. S. S. S.

Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
15/08/23	11:45-12:00	Mid-day meals	Extension/ Outreach	Volunteer	
16/08/23	1:30-3:00	Exams invigilation	Administration	Instructor	30
17/08/23	9:00-12:00	Exams invigilation	Administration	Instructor	30
18/08/23	9:00-11:30	Exams invigilation	Administration	Instructor	30
19/08/23	9:00-11:30	Exams invigilation	Administration	Instructor	30
21/08/23	11:45-12:00	Mid-day meals	Extension/ Outreach	Volunteer	
04/09/23	11:45-12:00	Mid-day meals	Extension/ Outreach	Volunteer	
05/09/23	9:00-3:30 pm	Discipline duty (Teacher's day)	Administration, Cultural	Instructor	
07/09/23	10:00-11:00 am 1:30-3:00 pm	Rice distribution	Administrative	Trainee	



Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
25/08/23	9:00-13:00 <small>am pm</small>	Onam celebration	Cultural	Administrations,	
08/09/23	10:30-11:45	Substitution (6C)	Administrative Academic	Academic, Teacher	32
08/09/23	2:00-2:30	Substitution (6C)	Academic	Teacher	45
08/09/23	9:00-10:25	Rice distribution	Administrative	Teacher	
11/09/23	9:40-10:30	Health education (9C)	Academic	Teacher	52
11/09/23	2:00-2:30	Physical education (6B)	Academic	Teacher	35
11/09/23	12:40-2:15 12:40-1:15	Substitution (5B)	Academic	Teacher	30
12/09/23	11:15-11:40	Physical education (7B)	Academic	Teacher	39
12/09/23	11:45-12:00	Mid-day meal	Administrative	Volunteer	

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Signature of the Teacher in charge

Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
13/09/23	9.40-10.25	Physical education (90)	Academic	Teacher	11
13/09/23	10.45-11.30	Note book valuation (80)	Administrative	Teacher	43
13/09/23	12.40-1.15	Health education (7A)	Academic	Teacher	38
13/09/23	2.00-2.30	Substitution (6A)	Academic	Teacher	31
14/09/23	9.40-10.30	Revision (9C)	Academic	Teacher	51
15/09/23	10.30-11.15	Substitution (6C)	Academic	Teacher	32
15/09/23	12.40-1.15	Substitution (5A)	Academic	Teacher	28
15/09/23	2.00-2.30	Substitution (7A)	Academic	Teacher	32
18/09/23	11.45-12.00	Mid-day meals	Administrative	Volunteer	

Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
19/09/23	2.00-2.30	March past practice	Sports	Teacher	300
20/09/23	11.10-11.40	Substitution (TB)	Academic	Teacher	35
20/09/23	10.30-1.00	Sports meet organisation duty. (check no: preparation arrangements)	Sports	Trainee	
20/09/23	2.00-2.30	March past practice.	Sports	Teacher	250
21/09/23	12.40-1.15	peer evaluation (Amarna Alex)	Assessment	Trainee	
23/09/23	full day	Sports day (Finisher for race)	Sports	Teacher	
25/09/23	10.30-11.15	Peer evaluation (Ashly Blair)	Assessment	Trainee	
25/09/23	12.40-1.15	Revision (gc)	Academic	Teacher	



Signature of the Teacher in charge

Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
26/09/23	11:10-12:40	Substitution (8B)	Academic	Teacher	43
26/09/23	2:00-12:30	Unit test (9C)	Assessment	Teacher	52
26/09/23	9:00-9:30	Value education (8C) Honesty	Academic	Teacher	43
27/09/23	12:40-1:15	Substitutions (5B)	Academic	Teacher	32
29/09/23	10:30-11:10	Substitutions (6A)	Academic	Teacher	33
29/09/23	11:10-11:40	Substitutions (7B)	Academic	Teacher	35
30/09/23	11:10-11:30	Exam (Basic Science) - (5C)	Assessment	Teacher	28
30/09/23	11:30-12:00	Moral Science (10B)	Academic	Teacher	55

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 Signature of the Teacher in charge

Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
30/09/23	2:00-3:40	Computer lab (IT practical) (CC)	Academic	Teacher	44
8/10/23	11:40-12:40	Case study	Assessment	Mentor	1
05/10/23	10:30-11:15	Lab Science club activity (SB)	Academic	Teacher	43
05/10/23	1:15-1:50	Science club activity (CC)	Academic	Teacher	52
06/10/23	11:15-11:40	Value education - 2	Academic	Teacher	43
06/10/23	2:00-2:30	Science club activity (Prize distribution) (CCB)	Academic	Teacher	40
06/10/23	2:30-3:00	Case study	Academic	Teacher	1
09/10/23	9:40-10:30	Club activity prize distribution result distribution	Academic	Teacher	3



Signature of the Teacher in charge

Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
11/10/23	2.00-2.30	Physical education. (TL)	Academic	Teacher	30
11/10/23	11.10-11.40	Yoga lesson (SA)	Academic	Teacher	38
13/10/23	10.30-11.15	Unit test (SB)	Academic	Teacher	45
13/10/23	11.15-2.00	Improved aid preparation	Academic	Trainee	1
16/10/23	2.00-2.30	Students self assessment (AC)	Administrative	Teacher	54
16/10/23	11.10-11.40	Substitution (QA)	Academic	Teacher	51
16/10/23	9.00-9.40	Substitution (TA)	Academic	Teacher	38
17/10/23	2.30-3.00	Substitution (TA)	Academic	Teacher	32

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 Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
17/10/23	12.40-1.15	Substitution (7A)	Academic	Teacher	32
17/10/23	12.40-1.15	Substitution (5C)	Academic	Teacher	26
20/10/23	10.30-10.70	Substitution (6B)	Academic	Teacher	28
21/10/23	2.00-2.30	Substitution (7A)	Academic	Teacher	29
21/10/23	11.45-12.00	Mid-day meals	Administration	Volunteer	
21/10/23	9.40-10.20	Students self assessment	Assessment	Teacher	52
22/10/23	11.45-12.00	Mid-day meals.	Administration	Teacher	
22/10/23	11.10-11.40	Substitution (5B)	Academic	Teacher	28



Signature of the Teacher in charge

Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
23/10/23	2:00-3:00	Achievement test	Assessment	Teacher	50
29/10/23	10:30-11:15	Substitution	Academic	Teacher	30
29/10/23	10:30-11:15	Substitution	Academic	Teacher	32
31/10/23	1:10-1:40	Substitution	Academic	Teacher	35
01/11/23	9:00-9:30	Assembly	Administrative	Instructor	
01/11/23	9:40-10:20	Substitution	Academic	Teacher	28
02/11/23	11:10-11:40	Substitution	Academic	Teacher	33
02/11/23	11:45-12:00	Mid-day meals.	Administration	Volunteer	
02/11/23	2:00-2:30	Drama practice	Culture	Teacher	10

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Signature of the Teacher in charge



Nature of Programmes / Activities

<p style="text-align: center;">Academic</p> <ul style="list-style-type: none"> • Substitution classes • Subject club activities • Question paper discussion • Revision, Remedial teaching • Catering to the needs of diverse learners • Planning and conducting enrichment activities etc. 	<p style="text-align: center;">Cultural/ sports</p> <ul style="list-style-type: none"> • Celebration of days of importance • Arts fest • Sports meet • Organising/ conducting cultural/ literary competitions • Conducting practice sessions for students • Judges for competitions etc.
<p style="text-align: center;">Administrative</p> <ul style="list-style-type: none"> • Time table preparation for substitution classes, tests, examinations, remedial teaching etc. • Exam invigilation • Discipline duties • Serving Mid-day meal • Duty as Volunteer • Maintaining documents/ registers, writing reports etc. • Grooming students for academic fairs/ fest and exhibitions • Participation in PTA, MPTA, Class PTA etc. 	<p style="text-align: center;">Assessment</p> <ul style="list-style-type: none"> • Setting question papers • Evaluation of exam papers • Preparation of result sheets, progress report • Analysis of the test results • Preparation and administration of achievement test, diagnostic test, student self-assessment • Peer assessment and case study • Assessment using digital tools etc.
<p style="text-align: center;">Extension/ Outreach</p> <ul style="list-style-type: none"> • Awareness talks • Communicative English classes • Planting trees/ maintaining school garden • Free tuition • Arranging Laboratory/ Library • Participation in the Extension activities of the School • Student mentoring/ counselling etc. 	

**MOUNT CARMEL COLLEGE OF
TEACHER EDUCATION FOR WOMEN
KOTTAYAM - 686004**



**B.Ed. Degree Programme 2022 - 2024
SCHOOL INTERNSHIP DIARY**

Name : ..ANUJA..MARIAM..KURIAN.....
Reg. No. : ...223240114558.....
Optional Subject:Physical Science.....
Name of the School: ..Baker.....Memorial G.H.S.S. Kottayam

Certified that this is a bonafide record of ...Anuja..Mariam..Kurian
.....who had undertaken School Internship Programme at
.....Baker Memorial G.H.S.S. Kottayam.....
from07/08/23...to...25/11/2023..

Date:

Seal:



(Handwritten mark)

(Handwritten Signature)
Signature of the Head of the Institution

Headmistress
Baker Memorial G.H.S.S.
Kottayam.

1



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
1	8/08/23	III	IX A	Physics	unbalanced force	Follow up activity
2	8/08/23	I	IX D	chemistry	law of conservation of mass	Follow up activity
3	10/08/23	I	IX D	chemistry	Balancing of chemical equation	follow up activity
4	5/09/23	I	IX D	chemistry	Oxidation & Reduction	Assignments
5	5/09/23	III	IX A	physics	external unbalanced force, observation of Galileo	Follow up activity
6	5/09/23	VI	IX A	physics	Newton's first law of motion	Follow up activity
7	5/09/23	VII	IX A	physics	Mass & Inertia momentum	Assignments
8	7/09/23	I	IX D	chemistry	oxidation number	Follow up activity


 Signature of the Mentor Teacher

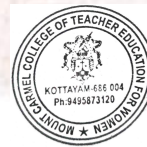


Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
9	7/09/23	I	IXD	chemistry	Method of determining oxidation number	Follow up activity
10	12/09/23	I	IXD	chemistry	Redox reaction & Rate of reaction	Follow up activity
11	12/09/23	I	IXD	chemistry	Nature of reactant & rate of reaction	Follow up activity
12	14/09/23	I	IXD	chemistry	Concentration & rate of reaction	Assignment
13	14/09/23	II	IXD	chemistry	Surface area of solid & rate of reaction	Follow up activity
14	14/09/23	III	IXA	chemistry	Newton's second law of motion	Follow up activity
15	15/09/23	III	IXD	chemistry	Temperature & rate of reaction	Follow up activity



 Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
16	15/09/23	IV	IX D	chemistry	Form catalyst and rate of reaction	Follow up activity
17	19/09/23	V	IX A	physics	Application of Newton's 2 nd law	Follow up activity
18	20/09/23	III	IX A	physics	Impulse	Follow up activity
19	20/09/23	IV	IX D	chemistry	periodic table and on to the history	Follow up activity
20	20/09/23	IV	IX D	chemistry	Lyards and Law of octaves	Follow up activity
21	21/09/23	II	IX D	chemistry	Mendeleev's periodic law and unode ^{xy} periods	Follow up activity
22	27/09/23	VI	IX A	physics	Newton's 3 rd law of motion	Follow up activity


 Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
23	4/10/23	III	IXA	physics	Newton's 3 rd law of motion	Follow up
24	4/10/23	IV	IXA	physics	whether action and reaction cancel each other	Follow up
25	5/10/23	III	IXA	physics	Law of conservation of momentum	Assignment
26	5/10/23	III	IXA	physics	circular motion	Follow up activity
27	5/10/23	VI	IXA	physics	uniform circular motion	Follow up activity
28	6/10/23	V	IXD	chemistry	Electronic configuration & Group number	Follow up activity
29	6/10/23	V	IXD	chemistry	Electronic configuration & position in periodic table	Follow up activity

Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
30	9/10/23	V	IX D	chemistry	Representative Element & noble gases	Follow up activity
31	9/10/23	VI	IX A	physics	Force of gravity, mass	Follow up activity
32	10/10/23	V	IX D	chemistry	Transition Elements & Lanthanoids, actinoids	Follow up activity
33	10/10/23	VI	IX A	physics	universal law of gravitation	Follow up activity
34	16/10/23	VI	IX A	physics	Kepler's law of planetary motion	Follow up activity
35	16/10/23	V	IX D	chemistry	Size of an atom in a group and period	Follow up activity
36	16/10/23	V	IX D	chemistry	Ionisation Energy & atomic radius	Follow up activity

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Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
37	19/10/23	VI	IX A	physics	Force of gravity	Follow up
38	19/10/23	VI	IX A	physics	Acceleration due to gravity	Follow up
39	20/10/23	VI	IX D	chemistry	Ionisation Energy in groups and periods	Follow up
40	20/10/23	VI	IX D	chemistry	Electronegativity & metalloids	Follow up
41	20/10/23	III	IX A	physics	Feather and coin Experiment	Follow up
42	20/10/23	III	IX A	physics	Equation of motion using g	Follow up
43	25/10/23	III	IX A	physics	Mass and weight	Follow up


 Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
44	30/10/23	V	IXD	chemistry	Acids	Assignments
45	30/10/23	V	IXD	chemistry	common compounds in acids	Assignments
46	30/10/23	VI	IXA	physics	Free fall and weightlessness	Follow up activity
47	2/11/23	I	IXD	chemistry	Basicity of acids	Follow up
48	6/11/23	I	IXD	chemistry	Basicity of acids	Follow up
49	6/11/23	III	IXA	physics	work	Follow up
50	6/11/23	III	IXA	physics	factors affecting work	Follow up


Signature of the Mentor Teacher



Student Teacher Engagement During Internship

A. Classroom Teaching and Evaluation

Sl. No.	Date	Period/ Time	Class/ Division	Subject	Topic	Assessment of student learning (follow up activity, tests, projects, quiz, debate, assignments etc.)
51	8/11/23	VI	IX A	physics	work done against gravitational force	Follow up activity
52	22/11/23	III	VIII B	chemistry	origin of names of elements	Follow up
53	22/11/23	III	VIII B	physics	push, pull	Follow up

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Signature of the Mentor Teacher



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
08/08/23	10:30-11pm	Substitution VB	Academic	Teacher	20
08/08/23	12:30-12:45 pm	Serving Mid-day Meal	Administrative	participant	
09/08/23	9:50-10:30	Substitution VII B	Academic	Teacher	25
09/08/23	12:30-12:45	Serving Mid-day meal	Administrative	Teacher	
10/08/23	1-2 pm	Deepika colour India painting competition Cup	cultural	Investigator	
10/08/23	12:30-12:45 pm	Serving Mid-day Meal	Administrative	participant	
11/08/23	11:50-12:30	Substitution VII C	Academic	Teacher	27
11/08/23	12:30-12:45	Serving Mid-day Meal	Administrative	participant	
11/08/23	1:00-2 pm	Deepika colour India painting competition	cultural	Investigator	
14/08/23	9:40-10:00 am	Deepika colour India painting competition	cultural	Evaluator	
14/08/23	12:30-12:45	Mid day Meal serving	Administrative	participant	


 Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
14/08/23	2-2:30pm	substitution vc	Academic	Teacher	20
15/08/23	9-10:30 am	Independence day celebration	cultural	Evaluator	
16/08/23	9:30-11:30 am	Exam duty	administrative	Invigilator	
16/08/23	12:30-12:45 pm	Serving Mid day Meal	Administration	participant	
17/08/23	9:30-11:30 am	Exam Invigilation	Administration	Evaluator	
17/08/23	12:30-12:45 pm	Serving Mid day Meal	Administration	participant	
17/08/23	1:00-3:00 pm	Exam Invigilation	Administration	Invigilator	
21/08/23	9:30-11:30 am	Exam Invigilation	Administration	Invigilator	
21/08/23	12:30-12:45 pm	Serving Mid day Meal	Administration	participant	
22/08/23	1:00-3:00pm	Exam Invigilation	Administration	Invigilator	
24/08/23	2:00-3pm	onam celebration criteria preparation	cultural	participant	

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Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
24/08/23	12:30-12:45 pm	Serving Mid-day Meal	Administrative	participant	
25/08/23	11:00-12:30 pm	Malayali Manga competition	cultural	Judge	
04/09/23	9:50-10:30 am	substitution VB	Academic	Teacher	20
05/09/23	10:00-10:30 am	planting trees	Extension	participant	
05/09/23	12:00-12:30 pm	serving Mid day Meal	Administrative	participant	
6/09/23	11:50-12:30 pm	substitution VIIc	Academic	Teacher	24
6/09/23	12:30-12:45 pm	Serving Mid-day Meal	Administrative	participant	
17/09/23	10:00-12:30 pm	work experience fair	cultural	Investigator	
11/09/23	12:00-12:30 pm	serving Mid-day Meal	Administrative	participant	
11/09/23	1:30-3:00 pm	work experience fair	cultural	Judge	
12/09/23	10.30-11:05 am	substitution VIIc	Academic	Teacher	20



 Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
13/09/23	10:50-12:30 pm	substitution VII B	Academic	Teacher	23
14/09/23	12:30-12:45 pm	Serving Mid day Meal	Administrative	participant	
14/09/23	1:10-1:50 pm	substitution VII B	Academic	Teacher	20
15/09/23	9:50-10:30 am	Data Entry (Noon meal)	Administrative	participant	
15/09/23	12:30-12:45 pm	Serving Mid day Meal	Administrative	participant	
15/09/23	2-3 pm	Data Entry (Noon meal)	Administrative	participant	
18/09/23	11:45-11:55 pm	Substitution IX B	Academic	Teacher	35
18/09/23	12:30-12:45 pm	mid day Meal serving	Administrative	participant	
19/09/23	11:15-12 pm	Experiment demonstration	Academic	Teacher	30
19/09/23	2-3 pm	Non stage Kalolsavam competition	cultural	Invigilator	
19/09/23	9-10 am	Laboratory cleaning and setting	Extension	participant	


 Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
20/09/23	1:30-3pm	Library cleaning and setting	Extension	participant	
21/09/23	11pm-12pm	Laboratory setting	Extension	participant	
25/09/23	9:15-10:20 am	substitution vc	Academic	Teacher	30
26/09/23	10-3pm	school sports day	sports	judge/participant	
27/09/23	9:15-10:20 am	Substitution vc	Academic	Teacher	30
27/09/23	11:15-12	peer evaluation	Assessment	Evaluator	
27/09/23	1:15-2pm	peer evaluation	Assessment	Evaluation	
29/09/23	10:-3pm	Jalotsavam	cultural	volunteer	
4/10/23	11:45-12pm	Grandhi Jayanthi PPT presentation VII A	cultural	Teacher	
4/10/23	12:30-12:45 pm	Serving Mid day Meal	Administrative	participant	
6/10/23	11:45-12:30pm	Health Education (substance VIII B abuse)	Academic	Teacher	


 Signature of the Teacher in charge




Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
6/10/23	12:30-12:45 PM	Mid day meal serving	Administrative	participant	
9/10/23	9:30-11 PM	work experience	cultural	invigilator	
9/10/23	11:15-11:50 PM	value Education (Hard work)	Academic	Teacher	
9/10/23	12-12:30 PM	Health education (First aid for drowning)	Academic	Teacher	
10/10/23	11:15-11:50 PM	substitution VB	Academic	Teacher	25
10/10/23	12:30-12:45 PM	Mid day meal serving	Administrative	participant	
11/10/23	1:15-2 PM	substitution VB	Administrative	Teacher	
11/10/23	12:30-12:45 PM	Mid day Meal serving	Administrative	participant	
13/10/23	11:15-12 PM	preparing students for VTP	cultural	Invigilator	
13/10/23	2:30-3 PM	Substitution VA	Academic	Teacher	
16/10/23	11:15-12:30 PM	working model preparation (CSAasthatholsavam)	cultural	invigilator	

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 Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
16/10/23	2:30-3pm	working model preparation	cultural	investigator	
17/10/23	9:30-12:30	SAT Exam conducting	Academic	Investigator	
17/10/23	1:15-3:30 pm	work model preparation	cultural	Investigator	
19/10/23	11:10-12:30 pm	Substitution 5A	Academic	Teacher	30
19/10/23	12:30-12:45 pm	Serving Midday Meal	Administrative	Participant	
19/10/23	9:15-10:30	Achievement test (GD)	Academic	Teacher	
20/10/23	9:50-10:30	Substitution (VB)	Academic	Teacher	20
20/10/23	12:30-12:45	Mid day Meal serving	Administrative	Participant	
25/10/23	12:30-12:45	Mid day Meal serving	Administrative	Participant	
25/10/23	1:15-1:50 pm	Substitution (VC)	Academic	Teacher	20
25/10/23	11:15-11:50 pm	Self assessment (IXA)	Assessment	Teacher	

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Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
30/10/23	9:10-9:30 am	Rashtra ektha Dn Assembly	cultural	participant	25
30/10/23	12:30-12:45	Mid day Meal Serving	Administrative	participant	
2/11/23	11:15-11:50 am	substitution (VA)	Academic	Teacher	
3/11/23	1:2-2:30 am	substitution (RD)	Academic	Teacher	
3/11/23	2:30-3pm	substitution (RC)	Academic	Teacher	
6/11/23	12:30-12:45 pm	mid day Meal serving	Administrative	Teacher	
7/11/23	9:15-10:30 am	CSM	cultural	Initiator	
14/11/23	10-3pm	Kalolsavam Duty	cultural	volunteer	
15/11/23	10-3pm	Kalolsavam Duty	cultural	volunteer	
16/11/23	10-3pm	Kalolsavam Duty	cultural	volunteer	
17/11/23	10-3pm	Kalolsavam Duty	cultural	volunteer	

Signature of the Teacher in charge



Student Teacher Engagement During Internship

B. Other Programmes/ Activities of the School

Date	Duration	Programme/ Activity	Nature of activity	Nature of Student Teacher involvement	No. of students Participated/ benefited
20/11/23	12:00-12:30	substitution VB	Academic	Teacher	20
20/11/23	12:30-12:45	Serving Mid day Meal	Administrative	participant	
21/11/23	11:15-11:30 pm	substitution IXB	Academic	Teacher	36
22/11/23	11:15-12 pm	LAC Lesson teaching (8B)	Academic	Teacher	

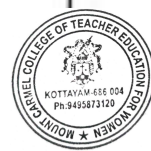
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Signature of the Teacher in charge



Nature of Programmes / Activities

<p>Academic</p> <ul style="list-style-type: none"> • Substitution classes • Subject club activities • Question paper discussion • Revision, Remedial teaching • Catering to the needs of diverse learners • Planning and conducting enrichment activities etc. 	<p>Cultural/ sports</p> <ul style="list-style-type: none"> • Celebration of days of importance • Arts fest • Sports meet • Organising/ conducting cultural/ literary competitions • Conducting practice sessions for students • Judges for competitions etc.
<p>Administrative</p> <ul style="list-style-type: none"> • Time table preparation for substitution classes, tests, examinations, remedial teaching etc. • Exam invigilation • Discipline duties • Serving Mid-day meal • Duty as Volunteer • Maintaining documents/ registers, writing reports etc. • Grooming students for academic fairs/ fest and exhibitions • Participation in PTA, MPTA, Class PTA etc. 	<p>Assessment</p> <ul style="list-style-type: none"> • Setting question papers • Evaluation of exam papers • Preparation of result sheets, progress report • Analysis of the test results • Preparation and administration of achievement test, diagnostic test, student self-assessment • Peer assessment and case study • Assessment using digital tools etc.
<p>Extension/ Outreach</p> <ul style="list-style-type: none"> • Awareness talks • Communicative English classes • Planting trees/ maintaining school garden • Free tuition • Arranging Laboratory/ Library • Participation in the Extension activities of the School 	



INTERNSHIP TIMETABLE

TIME \ DAY	1	2		3	4		5	6		7		
	9:45 - 10:25	10:25 - 11:05	11:05 - 11:15	11:15 - 11:55	11:55 - 12:30	12:30 - 1:10	1:10 - 1:50	1:50 - 2:20	2:20 - 2:30	2:30 - 3:00		
MONDAY												
TUESDAY	IX D							IX A				
WEDNESDAY			Interval	IX A		Interval			Interval			
THURSDAY	IX D											
FRIDAY												

