



MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN

Muttambalam P.O., Kanjikuzhy, Kottayam- 686004

(Recognized by NCTE, Affiliated to Mahatma Gandhi University)

CRITERION III

RESEARCH AND OUTREACH ACTIVITIES

3.3: Outreach Activities

3.3.2: Percentage of students participating in outreach activities organized by the institution during the last five years

Event-wise newspaper clippings / videos / photographs with captions and dates


Prof. (Dr.) Suma Joseph
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**OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION
DURING THE YEAR 2022-2023**

No.	Year	Name of the activity	Nature of the activity	No. of Students Participated
1	2022-23	Exhibition @ adopted school	Exhibition of Teaching and Learning aids	50
2	2022-23	NSS Programmes	Visit to adopted schools	50
2a	2022-23		National farming Day Celebration	47
2b	2022-23		Ashraya Palliative charitable trust visit - service and clothing donation	42
3	2022-23	World Environmental day	Distribution of Plants	42
4	2022-23	Adult Literacy Programme	Visit to Kottayam Prison and setting up of Library to promote reading habits among the inmates.	10
5	2022-23	Carmel Tailoring Centre	For the empowerment of marginalized women from the locality	9
6	2022-23	CARMEX 2022	Exhibition of Teaching and Learning Aids	50
7	2022-23	Social Visit	Visit to Special School	11
8	2022-23	Anti-Drug Campaign	Rally on Awareness regarding 'No to Drugs'	46
8a	2022-23	Anti-Drug Campaign	Flash Mob	12
9	2022-23	AIDS day	Street Play	12
10	2022-23	Social Visits	Visit to old age homes - AbhayaBhavan&ShanthiBhavan for celebrating Christmas	114
11	2022-23	Christmas celebration at Sr. Alphonsa UP School	Community Service	50
12	2022-23	CARMEX 2023	Exhibition of Teaching and Learning Aid	48
13	2022-23	CARMEL FORUM -Life defining Secrets of Inclusion	Webinar - Knowledge transmission	52
13a	2022-23	CARMEL FORUM -Zotero- An aid in managing references in Academic Writing	Webinar-Knowledge transmission	85
13b	2022-23	CARMEL FORUM - Soft Skills for a Smart Life	Webinar - Knowledge transmission	52
13c	2022-23	CARMEL FORUM -Perspectives of Research in Education	Webinar-Knowledge transmission	55
13d	2022-23	CARMEL FORUM - Entrepreneur Skills: A need for Millennial Teachers	Webinar - Knowledge transmission	95
13e	2022-23	CARMEL FORUM -Mentoring: Constructive Partnership	Webinar - Knowledge transmission	57
13f	2022-23	CARMEL FORUM -Gender Sensitization for Futuristic Society	Webinar - Knowledge transmission	80
13g	2022-23	CARMEL FORUM -A Teachers Role for India @75	Webinar-Knowledge transmission	50

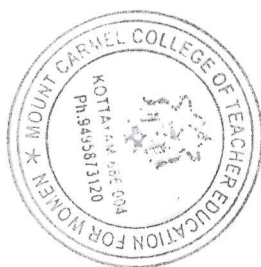


Signature

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**OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION
DURING THE YEAR 2021-2022**

No.	Year	Name of the activity	Nature of the activity	No. of Students Participated
1a	2021-22	Carmel forum-' From a teachers Diary'	Webinar Series -Knowledge transmission	70
1b	2021-22	Carmel forum-Teacher Metamorphosis	Webinar Series -Knowledge transmission	60
1c	2021-22	Carmel forum-Self-transformation	Webinar Series -Knowledge transmission	55
2	2021-22	Adoption of Sr. Alphonsa UP School	Community Service-Uplifting marginalized	50
3	2021-22	Carmel forum-Teacher Resilience	Webinar Series -Knowledge transmission	58
4	2021-22	Free Eye Camp	health services-Eye check up	57
5	2021-22	KTET Coaching	student enrichment	38
6	2021-22	Social visit to AbhayaBhavan	Interaction and charity	30
7	2021-22	Fund Collection	Raised funds to support marginalized children and financial contribution to Armed	45
8	2021-22	Study on regional history of Kanjikuzhy	Descriptive study on regional history of Kanjikuzhy	10
9	2021-22	Medical Camp	Health check up	67
10	2021-22	Adult Literacy Programme	Kerala literacy mission - teaching English	1
11	2021-22	'Changathi 'Literacy Programme	Adult Education Programme	10
12	2021-22	Changathi Literacy Programme Survey @ Kottayam	Survey of other state labours	38
13	2021-22	Carmel Tailoring center	Women Empowerment-Vocational training	0



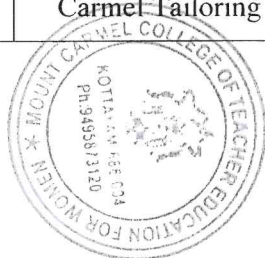
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**OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION
DURING THE YEAR 2020-2021**

No.	Year	Name of the activity	Nature of the activity	No. of Students Participated
1	2020-21	Public awareness about COVID 19: A comprehensive Survey	Community survey	25
2	2020-21	Creativity in Teaching'	A motivational session	97
3	2020-21	Digital Tools for the smart Teacher's	Webinar-Knowledge transmission	47
4	2020-21	"Prospects of Virtual Learning: Engaging learners and Empowering Teachers"	online -International Faculty Development Programme	0
5	2020-21	Extension Activity at Sr. Alphonsa School, Chennamattom	Free tuition	11
6		MCCTE- COURSERA	ONLINE course	92
7	2020-21	VENTEL	National level online workshop on VENTEL Action Plan in collaboration with MGNCRE, Ministry of Education,	48
8	2020-21	Carmeltube	YouTube channel	83
9	2020-21	Carmel Tailoring centre	Women Empowerment-Vocational training	0
10	2020-21	Storage and packing station	Supply-co	0
11	2020-21	'Esperanto'	One-week Online Summer camp	50

**OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION
DURING THE YEAR 2019-2020**

No.	Year	Name of the activity	Nature of the activity	No. of Students Participated
1	2019-20	Reading week Celebration	Competitions - reading and painting, seminar	16
2	2019-20	Flood Relief camp	Community support	8
3	2019-20	Remedial classes	Remedial classes for school students	10
4	2019-20	Medical camp -	health services-Eye check up	45
5	2019-20	Visit to AbhayaBhavan	Social visit -	51
6	2019-20	Visit to Ashraya Charitable Trust- Rehabilitation centre	Social visit	48
7	2019-20	Christmas celebration at AbhayaBhavan, Shanti Bhavan and Children's ward of District Hospital, Kottayam	Interaction and Distribution of essential materials	102
8	2019-20	Carmel Fest	Interschool Competitions	48
9	2019-20	Digital Skills for Teaching and learning in the 21st century	National level one week online workshop	65
10	2019-20	Carmel Tailoring Centre	Women Empowerment-Vocational training	0

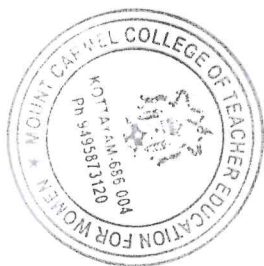


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**OUTREACH ACTIVITIES ORGANIZED BY THE INSTITUTION
DURING THE YEAR 2018-2019**

No.	Year	Name of the activity	Nature of the activity	No. of Students Participated
1	2018-19	Flood Relief Camp in community-	Community services	8
2	2018-19	Flood Relief Camp in campus	Community support	32
3	2018-19	Food Fest for charity purpose	charity purpose	49
4	2018-19	visits to AbhayaBhavan	social visit	50
5	2018-19	Food Fest	charity purpose-	48
6	2018-19	Christmas celebration at AbhayaBhavan and shanti bhavan	Interaction and Distribution of Gifts	104
7	2018-19	Visits to blind school, schools for intellectually	Internship to learn about inclusive set up	3
8	2018-19	Visits to Navajeevan trust	Community services	48
9	2018-19	Kanjikuzhy Market Cleaning	Swachatha mission	47
10	2018-19	State Level Children's Maths Congress	Knowledge sharing	87
11	2018-19	Carmel Fest	Inter-school competitions	47
12	2018-19	Carmel Tailoring Centre:	Women Empowerment- Vocational training	9
13	2018-19	National Science day Celebration	Workshop on Eco-friendly products	48



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**EVIDENCES OF OUTREACH ACTIVITIES IN THE COMMUNITY ORGANIZED
BY THE INSTITUTION 2022-2023**

1. Exhibition for Adopted School (St. Alphonsa UP School Chennamattom)- 15th July 2022



2. NSS - NATIONAL SERVICE SCHEME-The documents of outreach activities done as part of NSS are:

➤ **Visit adopted schools on 15/11/2022**



➤ **National Agricultural Day Celebration-23rd December 2022**



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3. ASHRAYA PALLIATIVE CHARITABLE TRUST VISIT, SERVICE AND CLOTHING DONATION 23/03/2023



4. PLANT SAPLING DISTRIBUTION AS PART OF WORLD ENVIRONMENT DAY ON 6TH JUNE 2022



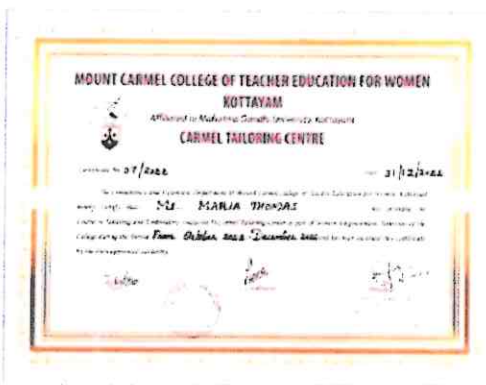
5. ADULT LITERACY PROGRAMME - VISITED KOTTAYAM PRISON AND ITS LIBRARY ON 13TH JULY 2022



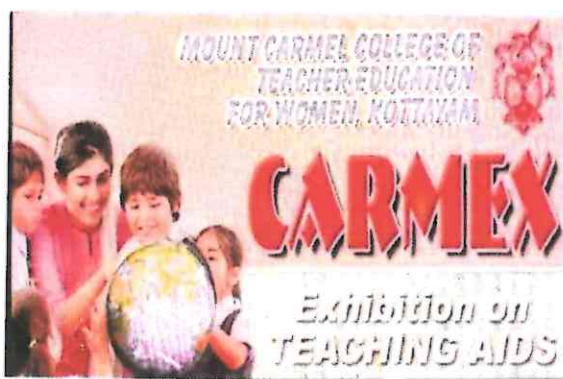
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6. CARMEL TAILORING CENTRE



7. CARMEX 2022-06/07/2022



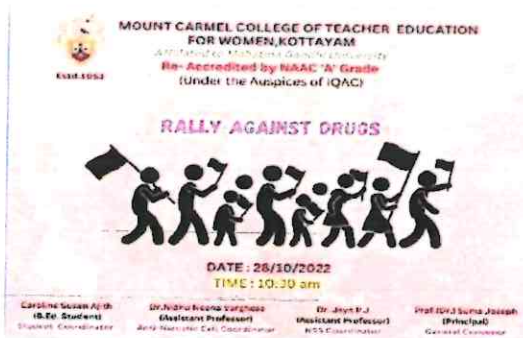

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8. VISIT TO SNEHA BHAVAN SPECIAL SCHOOL S. H. NJANODAYA SCHOOL FOR THE DEAF, VILLOONNI, KOTTAYAM - ON 21ST JULY 2022



9. RALLY ON AWARENESS REGARDING 'NOTODRUGS' - on 28th October



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10. Flash Mob on 31st October, 2022



Link <https://t.me/c/1430714961/1169>

11. STREET PLAY ON WORLD AIDS DAY on 1/12/2022



12. VISIT TO ABHAYA BHAVAN



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13. CHRISTMAS CELEBRATIONS WITH THE INMATES OF ABHAYA BHAVAN AND SHANTHI BHAVAN -22nd December 2022



14. CARMEX 2023- on 22nd and 23rd February 2023



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15. CARMEL FORUM



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EVIDENCES OF OUTREACH ACTIVITIES 2021-2022

1. Carmel Forum: -

Webinar Series - Session I-“From a Teacher’s Diary.”18/06/2021



Webinar Series.....Carmel Forum.....Inaugural Session.....
Carmel Forum Session I - Inaugural session- Dr. Lissy Koshi



Webinar Series.....Carmel Forum.....Inaugural Session.....

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Webinar Series - Session II: Teacher Metamorphosis- 14/07/2021



Webinar Series - Session III: Self-transformation-06/08/2021 1 day



2. Adoption of Sr. Alphonsa UP School -13/09/2021



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Webinar Series - Session VII: Teacher Resilience-15/12/2021



Carmel Forum Session VII

<https://www.youtube.com/watch?v=hXmeknV7n-4>

3. Christmas celebration at Sr. Alphonsa UP School-22nd December 2021



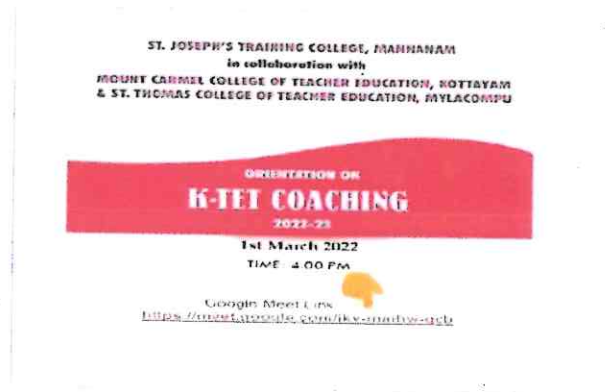
4.

5. Free Eye Camp 16/12/2021 with Vasan Eye Care Hospital



6. KTET Coaching

An orientation programme on K-TET coaching was conducted on the Google platform on 1st March 2022 at 4pm.



7. Social visit to Abhaya Bhavan

The Christmas Visit to Abhaya Bhavan, a Home for destitute was arranged on 22nd December 2021 as part of charity work. The college gifted the residents with useful gifts.



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8. Food fest for Fund Collection to help the Armed Forces on 7th February 2022



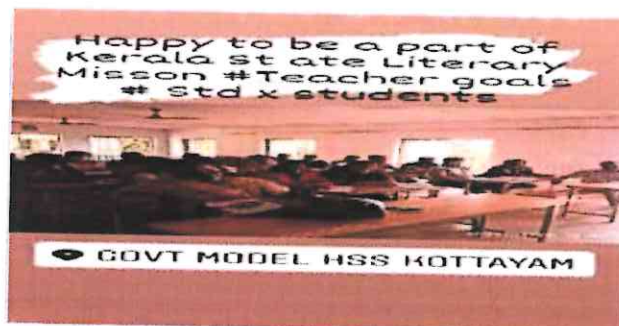
9. Study on regional history of Kanjikuzhy

10. Medical Camp by Medical Centre Hospital, Kottayam on 23/03/2022



11. Adult Literacy Programme

English Class for Adult Literacy Programme - Ms. Anju C., M.Ed. Student conducted a class for English at Govt. Model School, Kottayam on 20/03/2022



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12. 'Changathi 'Literacy Programme conducted in Vadavathoor Gramapanchayath on 10/04/2022



13. Changathi Literacy Programme Survey @ Kottayam

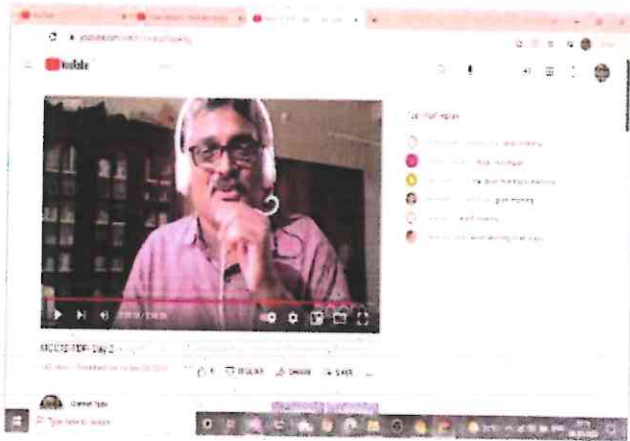
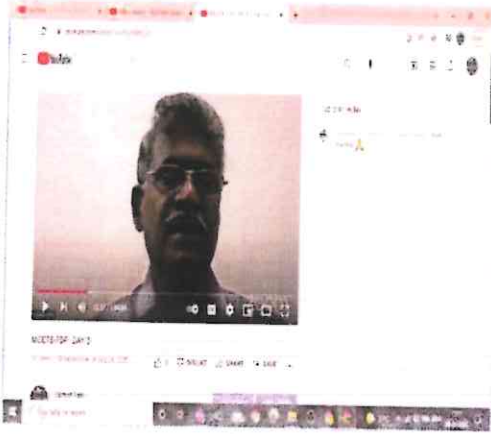
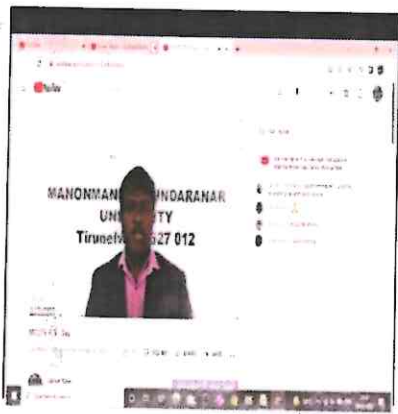


14. Carmel Tailoring Centre



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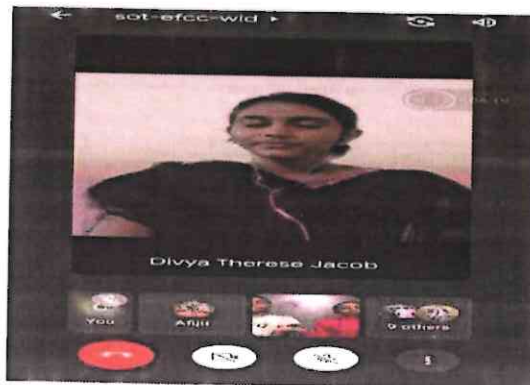




5. Commencement of Extension Activity (Free tuition) at Sr. Alphonsa School, Chennamattom- 06-11-2020



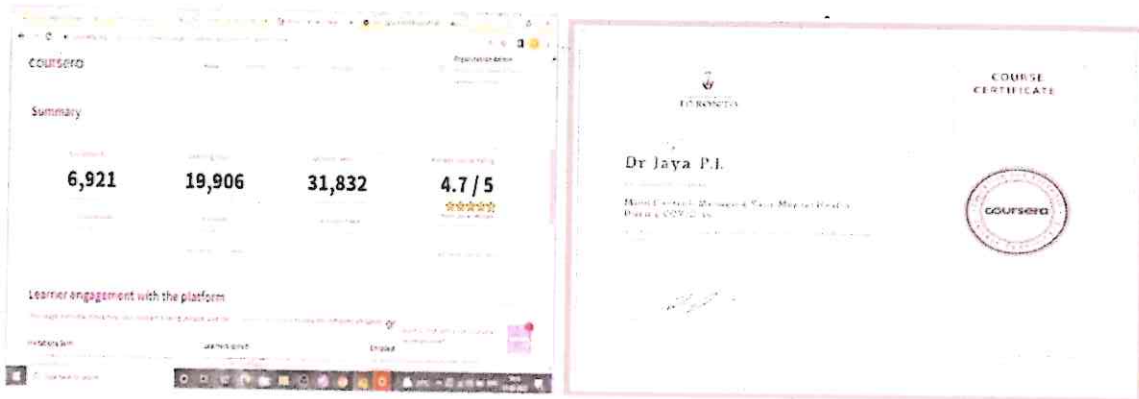
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Free Tuition



6. ONLINE GATEWAYS AND APPLICATIONS-Coursera



7. National level online workshop on VENTEL Action Plan in collaboration with MGNCRE, Ministry of Education, 21-10-2020 Vocational Education Activities-Hand Stitching Embroidery and Kitchen-Gardening'



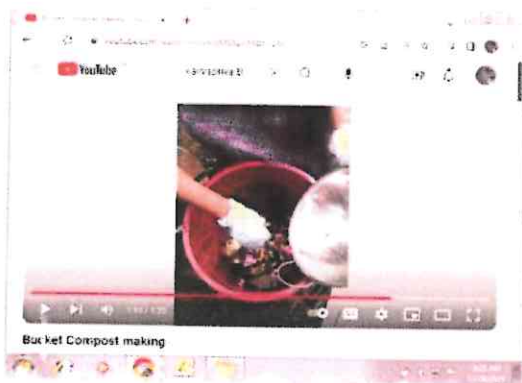
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Self-Reliance Activities

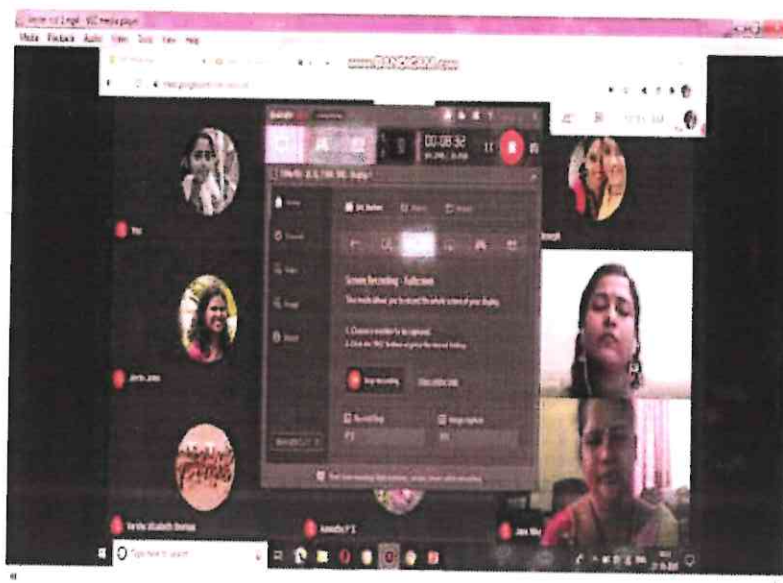


Swachatha and Health Related activities- Compost making and cleaning



<http://www.youtube.com/watch?v=cvloSMSSpnM&list=PPSV>vermicompost

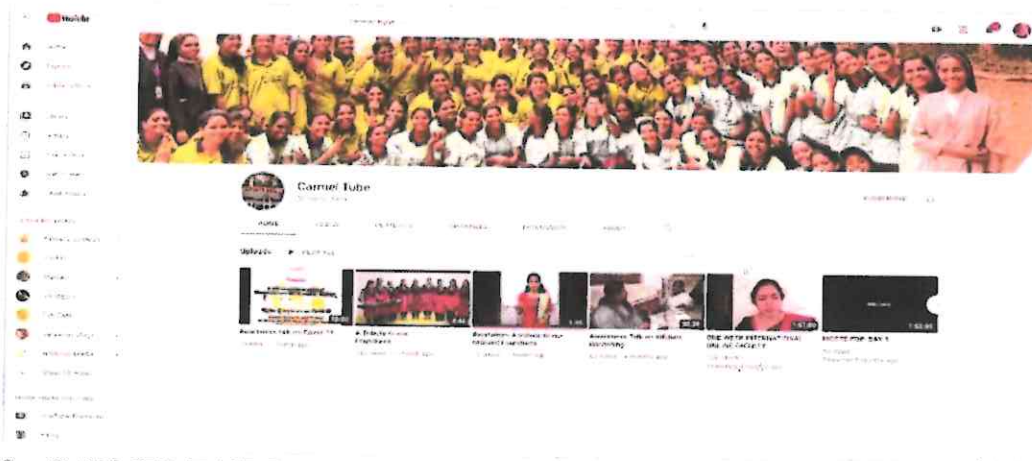
Community engagement activities- Online classes



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8. CARMEL TUBE-



9. CARMEL TAILORING CENTRE



10. College as Storage and Packing Station

11. A One-week Online Summer camp 'Esperanto' was conducted for the school students studying in the CSST managed schools-24-05-2021-29-05-2021

Link - <https://youtu.be/LwTXnaiVoX4> link for summer camp ONE WEEK SUMMER_CAMP_*ESPERANTO*

https://www.youtube.com/live/IDP_ZdRIZMc?si=CeINX-zAEWpKiNtX

https://www.youtube.com/live/8jpEKmS3hRY?si=W2L_GdzA8xEC90Ok

<https://www.youtube.com/live/VpcginFL-V0?si=EDNidsq67lt0ilss>

<https://www.youtube.com/live/jEIVIOEnzi4?si=rocBinCgD3pibZql>

<https://www.youtube.com/>



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[Com/live/F2TvZa_maJw?si=Jwadh04xGoiVvJcX](https://www.youtube.com/watch?v=maJw?si=Jwadh04xGoiVvJcX)



Summer Camp - ESPERANTO - Inaugural Ceremony



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Photographs with captions and dates of outreach activities organized by the institution during 2019- 2020

1. Reading week Celebration- 19-06-2019

Story reading competition and painting competition at Mount Carmel School Library, Kottayam.



2. Flood Relief camp was organized in the college auditorium –14-08-2019



3. Remedial classes

Communicative English and Remedial classes -



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On 16th August 2019, the Archives club (Social Science club) started special classes for the students of Mount Carmel Girls High School, Kottayam.




The Natural Science optional and Scientia club began special classes for the students of Mount Carmel Girls High School, Kottayam on 16th August, 2019



4. Medical Eye camp by chaithanya eye hospital ,Thellakam-14/10/2019




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5. Social visit to Abhaya Bhavan



6. Visit to Ashraya Charitable Trust- Rehabilitation center



7. Christmas celebration at Abhaya Bhavan- 18/12/2019



8. Christmas celebration at Children's ward of District Hospital, Kottayam- 18/12/2019



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9. Carmel Fest – Inter-school Competitions- on 25th February 2020



Literary Association Daffodils club had organized a competition on public speaking and advertisement, entitled as 'AD – MIN'. 25th February 2020



Mathematics Association Ganithika, club conducted a quiz competition for the school students aimed at upgrading their interest in Mathematics. 25th February 2020



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Natural Science Association Bios conducted a cartoon making competition on the topic of 'Beat the Plastic' and Social Science Association Archives had arranged a poster



Making competition for the school students-25th February 2020



The members of the Scientia club conducted a quiz in the subjects of Physics and Chemistry for the school students of various schools-25th February 2020



10. National level one week workshop on Digital Skills for Teaching and learning in the 21st century- 19-05-2020 to 25-05-2020



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11. Carmel Tailoring Centre:



Photographs with captions and dates of outreach activities organized by the institution during 2018-2019

1. Flood Relief Camp in community- 16-08-2018 & 26-08-2018
2. Flood Relief Camp in campus-19-08-2018 - 26-08-2018- 8 days




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3. Food Fest for charity purpose-30-10-2018



4. Social visits to Abhaya Bhavan



5. Social visits to Navajeevan trust



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6. X-mas celebration at Abhayabhavan and shanti bhavan



7. Awareness class on Plastic Pollution and KanjikuzhyMarketCleaning-11/01/2019



8. State Level Children's Maths Congress-12-01-2019



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10. Carmel Fest-26-02-2019

The English club "Daffodils" conducted a cartoon competition on the topic 'The importance of reading'



The members of Ganithika the mathematics club and Scientia the physical science club organized quiz competitions in mathematics and science respectively on 26-02-2019



Natural science association organized poster making competition on the topic 'Save nature, Save future'. Social science club conducted an inter-school Extempore competition in Malayalam on -26-02-2019



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11. Carmel Tailoring Centre:



12. National Science Day Celebrations-26-02-2019 –28-02-2019

A workshop on “ Eco Friendly Products”



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