



Estd. 1953

MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN

Muttambalam P.O., Kanjikuzhy, Kottayam- 686004

(Recognised by NCTE, Affiliated to Mahatma Gandhi University)

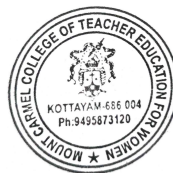
CRITERION III

RESEARCH AND OUTREACH ACTIVITIES

3.3: Outreach Activities

3.3.5: Number of awards and honours received for outreach activities from government/ recognized agency during the last five years

Appropriate certificates from the awarding agency



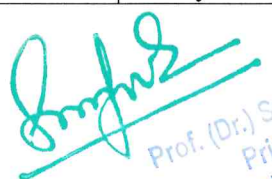
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JOSEPH

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**3.3.5 CONSOLIDATED LIST OF AWARDS AND HONOURS RECEIVED FOR
OUTREACH ACTIVITIES FROM GOVERNMENT/ RECOGNIZED AGENCY
DURING THE ASSESSMENT PERIOD 2018-2013**

No.	Year of award	Name of the activity	Name of the Awarding government/ recognized bodies
1	2022	Guest faculty for M.Sc. Nursing students	Caritas College of Nursing, Thellakam, Kottayam
2	2023	Visit and engages in various service like helping them in meal preparation, shared lunch with them and donated cloths.	Ashrya Charitable trust
3	2023	Adult Literacy Programme	Kottayam Prison
4	2022	CARMEX	Sr. Alphonsa UP School Chennamattom
5	2022	Social Visit and Christmas Celebration	AbhayaBhavan
6	2022	Social Visit and Christmas Celebration	ShanthiBhavan
	2021-22		
1	2022	Survey among Migrant labours	District Literacy Mission, Kottayam
2	2021	'Esperanto'	St. Teresas' Provincial House
3	2021	Christmas Celebration	Sr. Alphonsa UP School Chennamattom
4	2021	Extension Classes	Sr. Alphonsa UP School Chennamattom
5	2021	'Esperanto'	Sr. Alphonsa UP School Chennamattom
6	2021	Social Visit and Christmas Celebration	AbhayaBhavan
7	2021	Eye check-up camp	Vasan Eye Care
8	2021	Social Visit and Christmas Celebration	ShanthiBhavan
	2020-21		
1	2020	Online tuition	Sr. Alphonsa UP School Chennamattom
2	2020	Social Visit and Christmas Celebration	AbhayaBhavan
3	2020	Social Visit and Christmas Celebration	ShanthiBhavan
	2019-20	NIL	NIL
	2018-19		
1	2018	Flood Relief Camp	KottayamMunicipality




 Prof. (Dr.) Suma Joseph
 Principal
 Mount Carmel College of Teacher
 Education for Women
 Kottayam- 686 004

Immediate



**Kerala Prisons &
Correctional Services**

District Jail, Kottayam
Collectorate PO, Pin 686
002

☎:04812560572

✉:dj.ktym.prisons@kerala.gov.in

Dated : 07-08-2024

No WP-517/2024/DJKTM

From

The Superintendent
District Jail, Kottayam
Collectorate P.O.
Kottayam 686002

To

The Principal
Mount Carmel College of Teacher Education for Women
Mother Theresa Road, Kanjikuzhi, Muttambalam, P.O
Kottayam Kerala, PIN: 686004
mountcarmeltrainingcollege@gmail.com

Sir/Madam,

Sub : Prisons & Correctional Services, Keralam-District Jail, Kottayam-Letter of
Appreciation for Providing Services to the Prisoners

We thank the Faculty and Student Teachers of Mount Carmel College of Teacher Education for Women, Kottayam who have visited District Jail, Kottayam on 13th July 2024, under the esteemed leadership of Sr. Rosy Leema P. W., UGC Librarian. This visit was a significant step in promoting reading habits among the inmates. The library was reorganized by Sr. Rosy Leema P. W. to ensure its effective operation. Also the M.Ed. students have performed a cultural programme for the inmates on the importance of reading.

Sr. Rosy Leema P. W. visits Jail regularly to provide individual counselling and to take motivational classes for the prisoners. The institution has provided indoor game materials and books for the inmates. We appreciate their dedication to enhance the well-being of the inmates that reflects their strong commitment to social responsibility and community service.

Yours faithfully

Sarath V R
Superintendent



WP-517/2024/DJKTM



914524

CCN/CERT/191/22

September 30, 2022

Appreciation Letter

This is to certify that M.Ed. Faculty from Mount Carmel College of Teacher Education for Women, Kottayam has been taking classes for M.Sc. Nursing Students of our Institution from 2016 onwards.

- **Dr. Soosamma P. A., Associate Professor(from 2016 to 2022)**
- **Dr. Miliya Susan Joseph, Assistant Professor(2018 and 2019)**
- **Dr. Nidhu Neena Varghese, Assistant Professor(2021 and 2022)**

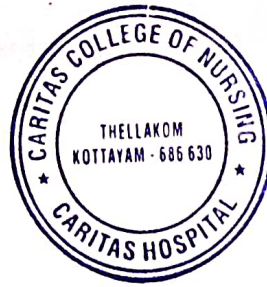
We are thankful to Mount Carmel College of Teacher Education for Women, Kottayam for permitting their M.Ed. Staff for academic pursuits in our College. Their classes were resourceful and our students benefitted from the educational interactions. We are looking forward for more cooperation from your Institution.



Prof. Mrs. Twinkle Mathew

Principal

Principal
Caritas College of Nursing
Thellakom P.O.
Kottayam - 686 630





MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN KOTTAYAM

Affiliated to Mahatma Gandhi University

RE-ACCREDITED BY NAAC CYCLE - II WITH 'A' GRADE

Estd. 1953

E-mail: mountcarmeltrainingcollege@gmail.com
mountcarmel_college@yahoo.com

Website : www.mountcarmelcollege.ac.in
Mob No : +91 9495873120, +91 8547105420
Office No : 0481-2573120, 2575820

CERTIFICATE

This is to certify that the 50 B.Ed. Students of Mount Carmel College of Teacher Education for Women, Kottayam has visited Abhaya Bhavan, Kottayam run by the Sisters of Missionaries of Charity as part of their social visit in relation to Christmas Celebration on 22-12-2022. The students interacted with the inmates, conducted cultural programmes and distributed Christmas gifts.



Kottayam

Date:22/12/2022

Signature
22/12/2022

Signature

Prof. (Dr) Soma Joseph
Principal

Mount Carmel College of Teacher
Education for Women
Kottayam-686 004, Ph: 9495873120



S. M. Francis



MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN KOTTAYAM

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mountcarmel_college@yahoo.com

Website : www.mountcarmelcollege.ac.in

Mob No : +91 9495873120, +91 8547105420

Office No : 0481-2573120, 2575820

CERTIFICATE

This is to certify that the 50 B.Ed Students of Mount Carmel College of Teacher Education for Women, Kottayam has visited Shanthi Bhavan, Kottayam run by the Social Welfare Society, Govt. of Kerala, as part of their social visit in relation to Christmas Celebration on 22-12-2022. The students interacted with the inmates, conducted cultural programmes and distributed Christmas gifts.

Kottayam

Date:22/12/2022



For Shanthi Bhavan

Superintendent



Suma Joseph
22/12/2023

Signature

Prof. (Dr) Suma Joseph

Principal
Mount Carmel College of Teacher
Education for Women
Kottayam-686 004, Ph: 9495873120



ASRAYA CHARITABLE TRUST

Reg. No. 158/07

GANDHINAGAR P.O., KOTTAYAM, KERALA, INDIA. PIN-686 008

Ph: 0481 - 2594965, Mob: 094487 34019, 8606532501

E-mail: asrayakottayam@gmail.com

Facebook : asrayacharitabletrust

Asraya Free Accommodation Centre
Asraya Counseling

Asraya Free Food-Supply Centre
Asraya Cancer Care and Pain & Palliative

Asraya Free Medicines and Clothes
Asraya Guidance Centre

CERTIFICATE

This is to certify that as a part of the extension activity of Mount Carmel College of Teacher Education for Women, Kottayam the faculty and student teachers visit Ashraya Charitable trust, Kottayam and extends their whole hearted support towards its functioning. The student teachers engage themselves in the regular activities of the trust and provide assistance and companionship to the residents. We deeply appreciate the institution's dedication to enhancing the well-being of its beneficiaries and the community at large.

Fr. John Ipe



Secretary



17/12/2021
85
20/21
vasan eye care
Hospital
ENHANCING VISION

A Vasan Healthcare Enterprises



17/12/2021

To

The Principal

MOUNT CARMEL COLLEGE OF TEACHER EDUCATION

KOTTAYAM

Dear Madam,

Greetings from Vasan Eye Care Hospital!

This is to convey the appreciation of Vasan Health Care, for the support for the screening camp conducted on 16th December 2021 at Mount Carmel College of Teacher Education Auditorium, Kottayam.

We inform you that the camp was highly successful and 72 students, teachers and non-teachers were benefited from this camp. Out of this 42 people were referred to Vasan Eye Care Hospital, Kottayam for further treatment.

We take this opportunity to express our sincere gratitude for your efforts and whole hearted co-operation to extend our eye health care service to the public. We look forward for continued support.

Thanking you

Sincerely,

Alby Cyriac

Public Relations Officer

Vasan Eye Care Hospital, Kottayam



Redisterd Office:

Vasan Healthcare Pvt. Ltd.

No. 70, Westminister, 4th Floor, Dr. R.K. Salai, Mylapore
Chennai-600004, Ph: 044-39890950, Fax: 044-43400999

info@vasanhealthcare.com

CIN: U85110TN2007PTC064072

Union Club Road, Karapuzha

Kottayam-686 003

Ph: 0431-3989000, 2302830, 9497702830

www.vasaneye.com



St. Teresa's Provincial House

Attipetty Nagar, Chembumukku, Thrikkakara Post, Kochi-682 021
Phone: 0484-2242651/2423653, csstkeralaprovince@gmail.com
website: www.carmelitesistersofstteresa.org

CERTIFICATE

This is to certify that Mount Carmel College of Teacher Education for Women, Kottayam as a part of their extension activities has conducted a One Week Online Summer Camp "ESPERANTO 2021" from 24/5/2021 to 29/5/2021. The students residing in various Girl's Homes under CSST educational agency actively participated in this innovative and adaptive programme, which helped our children to remain engaged and connected with others during the pandemic. The training sessions, activities, orientation classes and competitions were helpful in developing self-confidence and life skills among the participants. I appreciate their efforts and hard work.

List of Girls Home Participated in the Camp

St. Joseph Girls' Home, Kottayam

Mount Carmel Girls' Home, Kottayam

Sacred Heart Girls' Home, Mundakkayam

St. Teresa's Girls' Home, Konniyoor, Thiruvananthapuram

Little Flower Girls' Home, Palliport, Ernakulum

St. Joseph Girls Home, Thrissur

St. Teresa's Girls' Home, Ernakulum

St. Joseph Girls' Home, Chinnakanal, Idukki

Date: 02.06.2021



Sr. Anitha CSST
Council of Social Apostolate
Kerala Province

SR. ALPHONSA'S U. P. SCHOOL
CHENNAMATTOM, AYARKUNNAM - 686564

Ph: 8281324414

CERTIFICATE

This is to certify that Mount Carmel College of Teacher Education for Women, Kottayam as part of their extension activities has conducted free extension classes for one month from 13/09/2021 in Sr. Alphonsa's U. P. School, Chennamattom, Kottayam. B. Ed. Trainees actively and sincerely taught different classes which help our students to become more interested in learning and develop better understanding on the concepts dealt. I appreciate their efforts and hard work.



Joseph Antony
HEADMASTER
SR. ALPHONSA'S U.P. SCHOOL
CHENNAMATTOM, AYARKUNNAM

SR. ALPHONSA'S U. P. SCHOOL
CHENNAMATTOM, AYARKUNNAM - 686564

Ph: 8281324414

CERTIFICATE

This is to certify that Mount Carmel College of Teacher Education for Women, Kottayam as part of their extension activities has conducted an Exhibition of Teaching and Learning Aids for School Students named Carmex 2022 on 6th July 2022. the students from our school participated in the exhibition. It helps our students to become more interested in learning and they avail the opportunity to apply their ideas in unique way. I appreciate their effort and creativity.



[Handwritten Signature]
HEADMASTER
SR. ALPHONSA'S U.P. SCHOOL
CHENNAMATTOM, AYARKUNNAM

SR. ALPHONSA'S U. P. SCHOOL
CHENNAMATTOM, AYARKUNNAM - 686564

Ph: 8281324414

CERTIFICATE

This is to certify that Mount Carmel College of Teacher Education for Women, Kottayam as part of their extension activities has visited Sr. Alphonsa's U. P. School, Chennamattom, Kottayam on 22/12/2021 and distributed Christmas gifts for the marginalized students of the School. I appreciate their friendliness, generosity, and brotherhood.



Joseph Antony
HEADMASTER
SR. ALPHONSA'S U.P. SCHOOL
CHENNAMATTOM, AYARKUNNAM

SR. ALPHONSA'S U. P. SCHOOL

CHENNAMATTOM, AYARKUNNAM - 686 564

Ph: 9447522862

CERTIFICATE

This is to certify that Mount Carmel College of Teacher Education for Women, Kottayam as a part of their extension activities has conducted a One Week Online Summer Camp "ESPERANTO 2021" from 24/5/2021 to 29/5/2021. The students of Sr. Alphonsa U. P. School, Chennamattom actively participated in this innovative and adaptive programme, which helped our children to remain engaged and connected with others during the pandemic. The training sessions, activities, orientation classes and competitions were helpful in developing self-confidence and life skills among the participants. I appreciate their efforts and hard work.



Thyngal Antony
HEADMASTER
SR. ALPHONSA'S U.P.S.
CHENNAMATTOM, AYARKUNNAM




ജില്ലാ സാക്ഷരതാമിഷൻ, കോട്ടയം
DISTRICT LITERACY MISSION, KOTTAYAM
(GENERAL EDUCATION DEPARTMENT, GOVERNMENT OF KERALA)
വയസ്കരകൂന്ന്, കോട്ടയം - 686001. ഫോൺ: 0481- 2302055
Email: ktm.literacy@gmail.com

LETTER OF APPRECIATION

This is to certify that the staff and student teachers of Mount Carmel College of Teacher education for women has collaborated with District Literacy Mission Kottayam for the conduct of 'CHANGATHI' the literacy programme survey among the migrant labourers of Vijayapuram Gramapanchayat, Kottayam district. The staff coordinators Sr. Rosy Leema P.W. and Dr. Anjana B. Nair, Assistant Professor from Mount Carmel College of Teacher Education for Women, attended the planning meeting held on 04/04/2022. The B.Ed. and M.Ed. students of the college actively participated in the one week survey commenced on 10/04/2022. The contribution of the staff and students of the Mount Carmel College of Teacher Education for Women, Kottayam was highly appreciable.

30/05/2022




Dr. V. V. MATHEW

SR. ALPHONSA'S U. P. SCHOOL

CHENNAMATTOM, AYARKUNNAM - 686 564

Ph: 9447522862

CERTIFICATE

This is to certify that Mount Carmel College of Teacher Education for Women, Kottayam as a part of their extension activities has conducted free online tuition for our students from 20/8/2020 to 16/12/2020. This programme had helped the school to overcome the absence of regular teachers to educate the students. This helped the students to get a real life classroom experience during the Covid pandemic period.



Thyngal Antony
HEADMASTER
SR. ALPHONSA'S U.P.S,
CHENNAMATTOM, AYARKUNNAM

CERTIFICATE

This is to certify that **Mount Carmel College of Teacher Education for Women, Kottayam** functioned as a flood relief camp from August 19th to August 26th, 2018. Student teachers of the college played a crucial role in providing essential support to those affected by the devastating floods. The outstanding contributions made by student teachers include:

1. **Collection Drive:** From August 19th to 26th, 2018, student teachers collected essential items such as Food items, medicines, baby foods, napkins, and drinking water from the general public. These items were distributed to the inmates of the flood relief camp.

2. **Health Survey and Support:** Student teachers conducted a survey identifying individuals with high blood pressure, diabetes, and other epidemic diseases. The comprehensive report they compiled was handed over to the healthcare team.

3. **Community Outreach:** Student teachers also distributed bed sheets to students of **Holy Family School and Parambuzha U.P. School**.

These initiatives showcased the students' compassion, leadership and organizational skills in times of crisis. Their dedication and selflessness were truly commendable.

Kanjikuzhy
30-08-2018


ATLY P JOHN
Health Inspector
ATLY.P.JOHN
HEALTH INSPECTOR GR II
A-ZONE(KANJIKUZHY)
KOTTAYAM MUNICIPALITY
KERALA