

MOUNT CARMEL COLLEGE OF TEACHER EDUCATION FOR WOMEN

Muttambalam P.O., Kanjikuzhy, Kottayam- 686004

(Recognised by NCTE, Affiliated to Mahatma Gandhi University)

CRITERION III

RESEARCH AND OUTREACH ACTIVITIES

3.4: Collaboration and Linkages

- 3.4.3: Institution has linkages with schools and other educational agencies for both academic and outreach activities and jointly organizes
 - 1. Local community base activities
 - 2. Practice teaching /internship in schools
 - 3. Organizes events of mutual interest-literary, cultural and open discussions on pertinent themes to school education
 - 4. Discern ways to strengthen school based practice through joint discussions and planning
 - 5. Join hands with schools in identifying areas for innovative practice
 - 6. Rehabilitation Clinics
 - 7. Linkages with general colleges

Report of Academic and Outreach activities organized jointly with Schools and Other Educational Agencies

Prof. (Dr.) Suma Joseph Mount Carmel College of Teacher Education for Women

Kottayam- 686 004

CONSOLIDATED LIST OF ACTIVITIES ORGANIZED BY THE INSTITUTION WITH SCHOOLS AND OTHER EDUCATIONAL AGENCIES DURING ASSESSMENT PERIOD 2018 TO 2023

Year	Kinds of activities	Number of activity		Number of Institutions
		Academic	outreach	
2018-2023	Local community base activities	13	21	31
2018-2023	Practice teaching -internship in schools- B.Ed.	8		8
2018-2023	Practice teaching -internship in schools- M.Ed.	5		5
2018-2023	Practice teaching -internship in D. El. Ed M.Ed.	4		4
2018-2023	Organizes events of mutual interest- literary, cultural and open discussions on pertinent themes to school education	3	21	8
2018-2023	Discern ways to strengthen school based practice through joint discussions and planning	9		10
2018-2023	Join hands with schools in identifying areas for innovative practice	2		9
2018-2023	Rehabilitation Clinics		20	6
2018-2023	Linkages with general colleges	15	2	15



Prof. (Ur.) guma Joseph

Principal
Principal
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REPORT ON LINKAGES WITH SCHOOLS AND OTHER EDUCATIONAL AGENCIES FOR BOTH ACADEMIC AND OUTREACH ACTIVITIES

Institution plays a pivotal role in fostering collaborative efforts with various educational stakeholders, particularly schools and educational agencies. These partnerships are instrumental in advancing both academic excellence and community outreach initiatives. This report highlights the diverse range of activities and initiatives undertaken in conjunction with schools and other educational bodies.

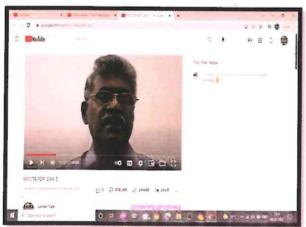
1. LOCAL COMMUNITY BASE ACTIVITIES

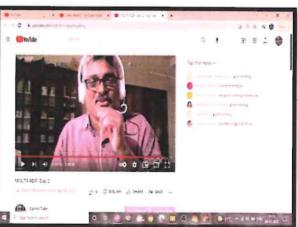
1.1 Academic

1.1.1 International Faculty Development Programme

One week online International Faculty Development Programme on "Prospects of Virtual Learning: Engaging learners and Empowering Teachers" was conducted by the IQAC of the Mount Carmel College of Teacher Education for Women in collaboration with School of Physical Education and Sports Sciences of M.G. University, Kottayam. It was held on 23rd September to 29th September. There were 206 participants including foreign delegates.









Prof. (Ur.) Suma Joseph
Principal
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1.1.2 School Adoption at 2021

The institution has adopted a school. Sr. Alphonsa UP School Chenamattom, and rendering services throughout the academic year.

➤ Commencement of Extension Activity (Free tuition) at Sr. Alphonsa School, Chennamattom-06-11-2020

The institution adopted St. Alphonsa U.P. School Chennamattom where there were no teachers. A zoom meeting with the head of the Alphonsa School was arranged to discuss the school's requirement on 6th November. Our students took the responsibility of taking classes for the students of standard 5, 6 and 7. Online classes were arranged on a regular basis and various programmes were conducted for the students. The programme lasted for 3 months. During Covid pandemic it was decided by the institution to initiate Each One Teach One programme. It ensured that each student teacher took the responsibility of teaching a neighbouring student.





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Visit to Sr. Alphonsa UP School

The entire NSS Unit Team, led by our Program Officer, Rev. Sr. Bindumol T. and other teachers, visited Sr. Alphonsa UP School in Chennamattam adopted school on 15/11/2022. As

aspiring educators, it brought great joy to engage extensively with the young students, providing them with study materials and chocolates. This day also afforded the opportunity to hold comprehensive discussions with the school administrators regarding the implementation of forthcoming NSS initiatives in these schools.



National Agricultural Day Celebration

NSS volunteers, alongside their esteemed Headmistress, Prof. Dr. Suma Joseph, and Program Officer, Rev. Sr. Bindumol T., commemorated National Agriculture Day on 23rd December 2022 at their adopted schools. With the collaborative efforts of all, they initiated a "Kutty Karshaksena" project to inspire children to plant trees, leading to the planting of numerous fruit trees. Clad in traditional farmer attire, the students enjoyed a rewarding experience alongside local farmers and volunteers.





1.1.3 District Social Justice Department, Government of Kerala organized an Online Awareness Programme

The college in collaboration with District Social Justice Department, Government of Kerala organized an Online Awareness Programme on the "Law of Protection and Welfare of Parents and Senior Citizens-2007" on 7th January 2022. The Resource Person was Advocate Shincy Gopi, District Court, Kottayam. The second session was led by Sri. Senzen Joseph, Director, Best Dementia Care Home, Kottayam, on the topic "Dementia". Smt. Chithra P.H.,



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Technical Assistant and Co-ordinator, Maintenance Tribunal, Kottayam gave initiative in organizing the event.



1.1.4 'Family Counselling- Marriage Laws and Rights' was conducted by the Department of Minority Welfare, Government of Kerala

A Seminar on 'Family Counselling- Marriage Laws and Rights' was conducted by the Department of Minority Welfare, Government of Kerala on 13th January 2022. Mr. Sanju T Kurian, was the Resource Person for the Programme.



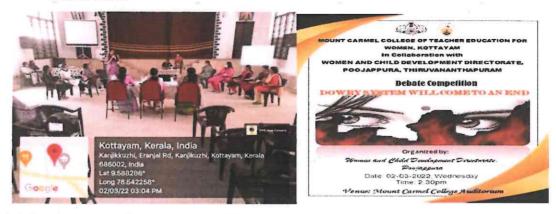
1.1.5 'Gender Awareness' named Kannal was organized in collaboration with District Women and Child Development Office

An Awareness Programme on 'Gender Awareness' named Kannal was organized in collaboration with District Women and Child Development Office and Women Empowerment Centre (Mahila Shakthi Kendra), Government of Kerala on 16th February 2022. The Resource Person was Ms.Benee Wilson, Assistant Professor, St. Albert's College, Ernakulam. Smt. Jebin Lolitha Sayin, DWCDO also participated.



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1.1.6 A Debate Competition - "Dowry System will come to an end" was organized by the Women and Child Development Directorate, Poojappura on 2nd March 2022.



1.1.7 Awareness Programme on Nirbhaya App

Two officials from the Police Department (Janamythri) conducted an Awareness Programme on Nirbhaya App for our students on 23rd December 2021. The officials Mr. Sunil Kumar and Ms. Ambika from the West Police Station, Kottayam addressed the students about safety issues they might encounter.



1.1.8 Pathway Social Life Wellness Program'- 7th to 9th February 2023

The 'Three-Day Pathway Social Life Wellness Program' 2022-2023 was organized for the B.Ed. and M.Ed. students from 7th to 9th February 2023. The sessions were arranged by the Minority Youth Training Centre, Kanjirapally. The wellness programme was inaugurated by Rev. Dr. Sibichen K. K., Director of Jeevadhara and former Vice- Principal of St. Joseph's Training College, Mannanam, Kottayam.

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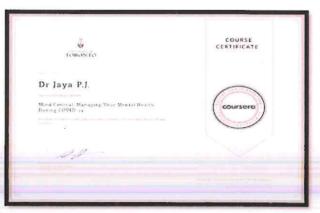
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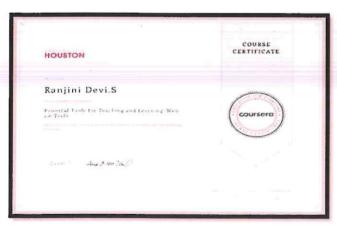


1.1.9 Online gateways and applications-coursera

Mount Carmel College of Teacher Education for Women collaborated with Coursera and initiated MCCTE- COURSERA learning programme to provide opportunity for the students and public to gain access to various courses and to secure MOOC certificates free of cost during the time of Covid -19 pandemic. MCCTE - Coursera programme offered 4547 courses of worldwide prestigious universities at no cost. In the programme initiated in July 2020, 1500 learners across the globe enrolled for various courses and obtained certification successfully.









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1.1 Out reach Programmes

1.2.1 Medical camps on 29-03-2023

♣ A Medical Camp was conducted in the college campus in collaboration with Medical Centre Hospital, Kottayam on 29-03-2023.





Free Eye Camp 16/12/2021 - Free Eye Camp Organized in collaboration with Vasan Eye Care Hospital for all staff and students on 16/12/2021. All the staff and the students got free eye check up on that day.72 students ,teachers and non-teaching staff were benefited from this camp.





Medical camp -14/10/2019- An eye testing and eye camp was conducted on 14th October, led by dr. Priya Nair from chaithanya eye hospital ,Thellakam





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1.2.2 'Changathi 'Literacy Programme conducted in Vadavathoor Grama panchayath On 10/04/2022

As part of the initiatives taken by the Government, CHANGATHI, the literacy programme for migrant labourers restarted again for the migrant labourers of Vijayapuram panchayat Kottayam district. Adult Education Programme 'Changathi' for other State Labourers was conducted on 4th April 2022. Sr. Rosy Leema P. W., UGC Librarian & Coordinator and Dr. Anjana B. Nair attended the meeting. Mission introduced this programme aiming to end this social exclusion by teaching them Malayalam, orient them to the culture of the state. Apart from introducing them to the social and cultural features of the state, it also aims at creating legal and health-related awareness.



1..2.3 Changathi Literacy Programme Survey @ Kottayam

Students from Mount Carmel College of Teacher Education for Women, Kanjikuzhi joined hands with Vadavathoor Gramapanchayath in conducting the Survey to collect the number of migrant labourers in the locality on 10/04/2022. The survey was inaugurated by the Panchayath President. Panchayath Vice-President, Programme Co-ordinator, Ward member, CDS chairperson and Sr. Rosy Leema P. W., Adult Literacy co-ordinator from Mount Carmel College of Teacher Education for Women, Kanjikuzhi were present at the meeting. There were 50 participants including Prerakhs, B.Ed. trainees and M.Ed. trainees. MRF quarters, Govt. H.S.S. Vadavathoor, Near J.K. Hospital, Ward 12 Perumkunnam, Vadavathoor Seminary, Christeen Retreat center, Kalathipady and ward 10 Manganam were the places visited. Participants reached the places and spoke to their contractors regarding the survey and they gave permission to collect their labourers details. Hindi and Malayalam Questions related to their interest in learning Malayalam language were asked and they informed that they knew all the basics which were required for daily life.

Education for Women





1.2.1 Fund Collection-07/02/2022

Raised funds to support marginalized children and made financial contribution to Armed Forces

Raised funds to support marginalized children and made financial contribution to Armed Forces by conducting a food fest and A small financial contribution was collected from the B.Ed. and M.Ed. students, to help the Armed Forces on 7th February 2022. The fund was donated to the Department of Sainik Welfare, Government of Kerala.





Food Fest for charity purpose-30-10-2018

Food Fest was conducted at our institution to collect funds for charitable purpose to help the underprivileged individuals in the community







Chief Minister's Distress Relief Fund (CMDRF)

Teachers and non-teaching staff of the institution contributed their two days salary total Rupees 77370.00/- to Chief Minister's Distress Relief Fund (CMDRF) on 15/08/2018

1.2.2 Adult Literacy Programme

M.Ed Students visited Kottayam Prison and its Library under the leadership of Sr. Rosy Leema PW., UGC Librarian on 13th July 2022 to promote reading habits among the inmates. The library was re arranged under the leadership of Sr. Rosy Leema P. W., UGC Librarian, for the effective functioning ofthe library. Talks on importance of reading were given by the M.Ed. students.



1.2.1 Rally on awareness regarding 'no to drugs'

Administering pledge and rally by B.Ed. Students of Mount Carmel College of Teacher Education For Women, Kottayam marked the awareness on drug prevention on 28th October, Friday. Dr. Mary Sheba Jose, Associate Professor and Principal-in-charge flagged off an awareness rally at 10.30 am within the College Campus. Students held placards on the ill-effects of drugs and how it affected health and society. From the Institution students moved on through Eranjal road and covered Mount Carmel AVLPS Kanjikuzhy, Nursery, Mount Carmel Vidyaniketan Senior Secondary School, Mount Carmel High School and Higher Secondary School campus and finally back to the college campus.



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1.2.1 'Drug Free Street' by Government of Kerala on 01/11/2022

In its battle on drug menace, the Kerala government on Friday informed it plans to start an antinarcotic campaign at Shastri Road, Kottayam named 'Drug Free Street'. Students from Mount Carmel College of Teacher Education took part in Flash Mob and Placard exhibition.



1.2.2 Christmas celebration at Sr. Alphonsa UP School

The School adopted by the college, Sr. Alphonsa UP School, Chennamattom, Kottayam was visited by our staff and students with Christmas gifts for the marginalized students of the school on 23rd December 2021.









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1.2.3 Carmel Tailoring Centre

The institution runs Carmel Tailoring centre and has been conducting certificate course in Tailoring for marginalized women of the locality since 2007. Carmel Training Centre has been started functioning in the college for the empowerment of marginalised women from the locality after the COVID Pandemic. After the completion of 4 months tailoring course, theory and practical examinations are conducted and a certificate of tailoring is given to them. This certificate course helps them to place in many tailoring shops as well as equip them to start a tailoring unit themselves. Education for Money

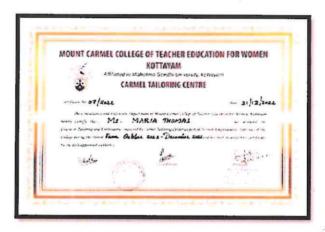
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1.2.9 Flood Relief Camp 16-08-2018 & 26-08-2018

Flood Relief Camp in campus was from 19-08-2018 - 26-08-2018. Student volunteers collected things of essential use such as medicines, baby foods, napkins and drinking water from the general public. The assistance was provided to the inmates of the flood relief camp by giving them clothes and bed sheets. Student teachers conducted survey of persons having high blood pressure, diabetics

and

epidemic diseases and the report handed over to the health care team. student teachers also distributed bed sheet to the students of Holy family school and Parambuzha U P school Kottayam.



♣ Flood Relief camp was organized in the college auditorium –14-08-2019

Due to heavy rain Flood Relief camp was organized in the college auditorium from 14th August to 20th August. Our students distributed food and clothes and took part in the works of relief camps.



1.2.10 Kanjikuzhy Market Cleaning-11-01-2019

An Awareness class on Plastic Pollution was held by DIMC on 11th January 2019 and after class as part of Extension activity senior students cleaned the nearby Market.











1.2.11 College provided facility for Storage and Packing Station

The college provided a Storage and Packing Station for Supply Co, in order to distribute grocery kits, to the underprivileged in Kottayam locality on 21st May 2021.

1.2.12 College provided facility for strong room during election – 2019

Mount Carmel college of Teacher Education for Women Kottayam, given facilities for strong room and Counting station for Pala, Kaduthuruthy, and vykkam legislative assemblies during Parlamental Election on 23/04/2019.

1.2.13 A One-week Online Summer camp 'Esperanto' was conducted for the school students studying in the CSST managed Girl's Home -24-05-2021-29-05-2021

The institution organized a one week online Summer Camp ESPERANTO for the inmates of Girl's Home under the care of Carmelite Sisters of St. Teresa. 86 girls belonging to 8 children's home from 5 districts of Kerala participated in the camp. The camp extended for 5 days at a scheduled time from 7.30 am to 9.00 am daily. The participants were divided into 6 groups about 10 student teachers were in charge of each group. The camp was made active and participatory with orientation classes, life skills training, action songs, quizzes, language games, awareness classes, handicrafts, cooking tips, physical exercises, journal writing etc. ESPERANTO was an innovative and adaptive programme, which was designed to help girls feeling supported, safe and healthy during the pandemic. By using digital tools and online platforms the summer camp supported girls to remain engaged and connected with others. This camp helped girls to combat feelings of isolation and disconnects during lockdown and offered safe, girl-friendly spaces, supporting them to develop new skills, continue learning, and stay connected with their peers. The activities, lessons and competitions across a variety

of topics, were helpful in developing self-confidence and life-skills in the participants. The Summer Camp was attended by students from the following Girl's Home and School

List of Girl's Home

- · St. Joseph, Kottayam
- · Mount Carmel, Kottayam
- · Sacred Heart, Mundakkayam
- · St. Teresa's, Konniyoor
- · Little Flower, Palliport
- St. Joseph, Thrissur
- · St. Teresa's, Ernakulam
- · St. Joseph, Chinnakanal

School

· Sr. Alphonsa's U. P. School, Chennamattom

Link - https://voutu.be/LwTXnaiVoX4 link for summer camp ONE WEEK

SUMMER_CAMP_ *ESPERANTO*





LINKAGE WITH OTHER INSTITUTIONS / INDUSTRIES

Women cell in collaboration with Kerala State Women's Development Corporation Ltd. (KSWDC)

The Kerala State Women's Development Corporation Ltd. (KSWDC) was incorporated on 22nd February, 1988 with the aim of expanding economic and social opportunities for the women of the State, especially those belonging to the marginalized and downtrodden sections of society. The prime objective of the Corporation is the empowerment of women by helping them overcome the constraints and challenges that hamper their growth and advancement. KSWDC aims at helping the younger generation to rediscover the strengths which lies inside them and to connect the youth with socially relevant issues. Women cell of Mount Carmel College in collaboration with KSWDC organises different activities every year. The fund

sanctioned by KSWDC 25000 used for conducting activities in the institution like selfdefense training programme, IT skill training, training on embroidery and tailoring, preparation of manuscript magazine etc. Every year institution celebrates Women's day and conducts different activities such as intercollegiate competitions and seminars. Women's Cell in collaboration with the M.Ed. Club 'Educere' of our Institution organized an inter coll egiate Photography, Malayalam Poem Recitation competition and an Intra optional Manuscript Magazine Competition on the topic: "Women in Action" on 8th March 2023 inrelation to International Women's Day Celebration-XYPNIOS2023.





Philco Media, Kottayam

Philco-media specializes in the performing arts, led by E.V. Philip, who offers classes in drama, art, documentary filmmaking, and short film production every year. The organization emphasizes hands-on experience, enabling students to engage actively in their learning process. Philco-media provides valuable practical training for student teachers, focusing on drama practice to enhance their teaching skills. Through immersive workshops and collaborative projects, students gain essential insights and develop their creative abilities, Mount Carmel College of Teacher preparing them for future endeavors in the arts and education.



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- Good Shephered Press, Kottayam

Good Shephered press, Kottayam in collaboration with Mount Carmel College of teacher education for women in the areas of regular consultations and idea exchanges to publishing Carmel Graphics, an annual peer-reviewed education journal, and the college magazine. Collaborations extend to record binding, college diary, and certificate printing. The press contributes to cooperative efforts in college extension activities.

👃 Bethlehem International School, Vazhakkulam

From 2016 onwards Bethlehem International School, Vazhakkulam, Thodupuzha is conducting interview for our students. The School conducted a Campus Placement screening session on 22nd March 2022. The following B.Ed. and M.Ed. Students got shortlisted.

- ←Mathematics Optional 1. Deena Maria Mathew 2. Miril Michael 3. Merin Dona
- ←Natural Science Optional 1.Mahima Mariam Philip 2. Agnes Lobo
- ← English Optional 1. Agatha Kurian 2. Annet Treesa Joseph 3. Aiswarya R. 4. Ani Sebastin
- ←Social Science Optional 1. Rose Mary





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MOODLE Training Programme

MOODLE Learning Management System (LMS) has been installed in the institution from 20th March, 2022. A hands-on Training programme was given to the staff on 22nd April

2022 under the guidance of Mr. Titus J. Sam, Consultant Software engineer, Kerala Digital University

Moodle Training Programme was organized for the staff of our college by Mr. Titus J. Sam, Consultant software Engineer, Kerala Digital University, Assistant Professor cum Software developer, Marian College, Kuttikanam, Kerala on 19th October 2022.











Suma Joseph

2. PRACTICETEACHING/INTERNSHIPINSCHOOLS

B.ED.PROGRAMME

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Four months Teaching Practice and one month Induction Programme for the B.Ed. was arranged every year. The main aim of induction programme is to acquire information about school and its environment.

KOTTA-AN 688 064 PR.9495873120 Practice teaching is an important component towards becoming a teacher. It provides experiences to student teachers in the actual teaching and learning environment. During teaching practice, a student-teacher is given the opportunity to try the art of teaching before actually getting into the real world of the teaching profession. Student-teachers also know the value of teaching practice and they perceive it as the important aspect of their preparation for the teaching profession. Teaching in the classroom is not only the objective of teaching practice, but also to provide training in all activities / work which student teachers are going to perform in future during their job. For this purpose they have to spend whole day in school as teacher. They have to participate in all the activities of school e.g evaluation of class work and home work, arrangement of tutorial groups, sports / games, morning assembly, co-curricular activities, duty during recess, duty as day master, duty before and after school timing, in look after and arrangements of A V aids room, science laboratories and library. Various programmes were organised by the Student teachers in the teaching practice schools like day celebrations, competitions etc.

The School Internship Programme for the Senior Batch students conducted from 17th November 2021 to 15th March 2022. As the Covid restrictions had been lifted, the Internship programme was conducted in offline mode.







Preparing students to perform the English Skit for Sub-District festival

Rice Distribution at Mount Carmel school

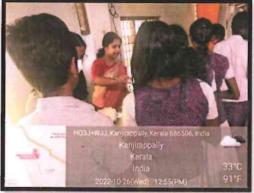






Kerala School Sasthrolsavam at M. T seminary HSS





Noon Meal duty @M.T. Seminary H.S. S.



MD Seminary - Examination Duty



Prof. (Dr.) Suma Joseph
Principal
Pr



Monitoring youth festival writing competitions at Baker Memorial School



Gandhi Jayanthi cleaning - at MT Seminary School at Baker school

♣M.ED.PROGRAMME

The Internship programme for the M.Ed. 2021-2023 batch was conducted in four phases. The First phase consisted of internship at Government T.T.I., Kottayam, Buchana Institute Teacher Training Institute (B.I.T.T.I.), Pallom, District Institute of Education & Training(DIET), Velloor, St. Teresas TTI and BMM Teachers Training Institute, Kottayam and from 18thOctober to 14thDecember 2022. Students took classes and participated in all activities held at their respective institutions. The Second phase of Internship of M.Ed. Students was at Government U.P. School, Muttambalam, St.Joseph's Convent GHS, Kottayam, St.Theresas L P S Vazhapally, Changanacherry and St.Joseph's U PSchool, Mundakayam from9th to 20th January2023. The School Internship Programme for the Senior Batch students conducted from 17th November 2021 to 15th March 2022.

The Internship Programme for the M.Ed. Batch of students was conducted in four phases. The first phase of the M.Ed. Internship Programme was conducted at Government T.T.L., Kottayam, B.I.T.T.T.I., Pallom and DIET, Kottayam from 06/09/2021 to 26/10/2021. The M.Ed. trainees took classes for the

KO113 - V 656 504 Ph.94#5873120 students and also participated in all the school related activities. In addition to this, the M.Ed. students organized various programmes for the benefit of the students. The Second phase of the M.Ed. Internship Programme was focused at Government U.P. School, Muttambalam, Kottayam, Government U.P. School, Manarcadu, St. Joseph's Convent G.H.S., Kottayam and St. Theresas LPS, Changanacherry. The M.Ed. students conducted classes and arranged various activities for the school students of upper primary stage during the period from 13/12/2021 to 23/12/2021. The Third phase of the internship Programme was held at Mount Carmel College of Teacher Education for Women from 06/01/2022 to 23/03/2022. The M.Ed. students took a few classes for the B.Ed. students as part of their training programme. The Fourth phase of the Internship Programme was undertaken at Mount Carmel Higher Secondary School, Kottayam and Govt. Higher Secondary School, Maloor from 25/01/2022 to 03/02/2022. The rest of the Training Programme was conducted at Mount Carmel High School, Kottayam and Government High School, Maloor from 07/02/2022to 15/02/2022. The objective of the Training Programme was to familiarize themselves with the organizational climate of school as well as the administrative aspects.











$The institution has Internship link age with the following {\tt Educational Institutions}$

- 1. Baker Memorial Higher Secondary School, Kottayam
- 2. M. D. Seminary Higher Secondary School, Kottayam
- 3. M. T. Seminary Higher Secondary School, Kottayam
- 4. St. Anne's Higher Secondary School, Kottayam
- 5. St. Joseph's CGHSS, Kottayam
- 6. Holy Family HSS, Kottayam
- 7. Mount Carmel Girls Higher Secondary School, Kottayam
- 8. Mount Carmel Vidyanikethan, Kottayam
- 9. DIET, Velloor
- 10. Govt. TTI, Kottayam
- 11. Buchana Institutions TTI, Pallom.
- 12. St. Theresa's TTI, Vazhappally.
- 13. BMM Teachers Training Institute, Mundakayam.
- 14. Govt.U P School, Muttambalam
- 15. St. Joseph's U P School, Mundakayam
- 16. St. Theresas L P S, Vazhapally, Changanacherry

Prof. (Dr.) Suma Joseph

Prof. (Dr.) Suma Jose



3. ORGANIZESEVENTSOFMUTUALINTEREST- LITERARY, CULTURAL AND OPEN DISCUSSIONS ON PERTINENT THEMES TO SCHOOL EDUCATION 3.1 Outreach

3.1.1 Carmel Fest – Inter-School competitions 23-02-2023

As part of the "CARMEL FEST 2023" held at Mount Carmel College of Teacher Education for Women, Kottayam on 23rd February 2023, A poetry writing competition was conducted by 'Daffodils' English Association, as part of the fest. Students from various schools participated in the competition. Maria Sara Mathew and Liya Rose George of Mount Carmel G.H.S.S., Kottayam won the first and second prizes respectively in the competition. Dr. Mary Sheba Jose, Associate Professor, distributed the prizes.

The programme "Mathletes" for high school students was presented on February 23, 2023, as a part of Carmel Fest by the mathematics association Ganithika. The multi stage competition, was organised into three categories. The five teams from various schools in Kottayam participated in the competition. The winning team in the competition was from Holy Family High School. In second and third place, respectively, were the teams from Mount Carmel Vidyaniketan and St. Joseph GHSS. The winners were awarded certificates and medals.

A quiz competition was conducted by the Physical Science Association "SCIENTIA". The theme for the Quiz competition was, "SCIENCE IN DAILY LIFE". The competition was held in the General Hall of the College and was of one hour in duration that commenced at 10:45 am. Five teams participated in the competition. The participants for the competition were students from different schools of Kottayam, including; Holy Family H.S.S, Mount Carmel Vidyaniketan, Mount Carmel G.H.S.S, St Joseph GHSS and M.T H.S.S.

A pencil drawing competition was conducted by the Natural Science Association "BIOS". The theme for the Pencil Drawing Competition was, "AGRICULTURAL CRISIS". The competition was held in the Natural Science classroom of M.Ed. block of the college and was of one hour in duration that commenced from 10:45 am. Ten students in total participated in the competition. Bilan Biju from Holy Family H.S.S secured the first prize, Devika Dhanish from Mount Carmel G.H.S.S secured the second prize, and Adheena Sabu from St. Joseph's C.G.H.S.S secured the third prize for the competition. The first-prize, second-prize, and third-prize winners were awarded gold medals and certificates.

ARCHIVES organized a poster-making competition for the high school students of various schools in Kottayam. Registration for the competition started at 9.30 AM and eight students from four schools registered for the same. The competition was held in the Social Science classroom from 10.45 AM to 11.45 AM. The topics were allotted as per the stream which is towards a

Peaceful workplace the pathway, we take for bringing growth and prosperity to society. The students expressed their views and thoughts on the given topic by drawing the poster one could see and feel. The valedictory and prize distribution ceremony were held as soon as the competition was completed. The winners of the competition: 1st Prize: Jonathan Roshan John (Holy Family HSS Kottayam) 2nd prize: Ruth Susan Shan (MT Seminary HSS Kottayam) 3rd prize: Jiya Jain (St Joseph's CGHSS Kottayam).





Carmel Fest-25th February 2020

The Carmel fest, one of the highlighting and landmark events of the college for the academic year 2019-2020 celebrated on 25th February 2020 at the College Campus. It was a blend of many a competition conducted under the banner of various clubs. The participants were students from our practice teaching schools.

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The students of the Literary Association Daffodils club had organised a competition on public speaking and advertisement, entitled as 'AD – MIN'. The students chose their topic of presentation seven minutes before the competition. They had put in a remarkable performance in order to convince the judges to buy the product within 10 minutes. At the end of the competition the team from Mount Carmel Girls High School was declared as the winner, followed by the teams from Mount Carmel Vidyaniketan and MD Seminary Higher Secondary School bagging second and third prizes respectively. Students of social science also conducted speech competition.



Mathematics Association Ganithika, club conducted a quiz competition for the school students aimed at upgrading their interest in Mathematics.





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Natural Science Association (BIOS) under the guidance of Dr. Jaya P.J conducted a cartoon making competition on the topic of 'Beat the Plastic'. Social Science Association Archives had arranged a poster making competition for the school students. The participants were asked to create posters based on the theme of democratic values and social relations. All the winners were awarded with mementos and certificates.





The members of the Scientia club conducted a quiz in the subjects of Physics and Chemistry for the school students of various schools.



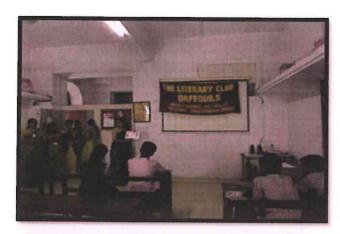


> Carmel Fest-26-02-2019

Our college conducted the 'Carmel Fest' on 26-02-2019 in which the students of our school internship schools were participated. A variety of events were conducted as part of the fest. All the associations of our college conducted different competitions and the winners were given prizes.













3.1.2 State Level Children's Maths Congress-12-01-2019

The Kerala Ganitha Shasthra Parishad organised 18th State Level Childrens Math Congress at Mount Carmel College on 12th January 2019 in cooperation with Ganithika. The function was inaugurated by Sri. B. Radhakrishna Menon, Financial Committee Chairman, Cochin Shipyard. A project presentation competition was organised for LP, UP, H.S and HSS on the topics, Wonder World of Numbers, Perimeter & Area, Triangles, Quadrilaterals & Circles, Conic Section & Applications respectively. Along with it there was a Mathematics drama competition as well.





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3.1.3 Reading week Celebration- 19-06-2019

Reading day was celebrated. The reading club of the college visited conducted a story reading competition and painting competition at Mount Carmel School Library, Kottayam. Seminar was taken on the topic "Vaikom Mohammed Basheerinte Novelukaliloode" by Ms.Suminamol .K. John in connection with reading week.



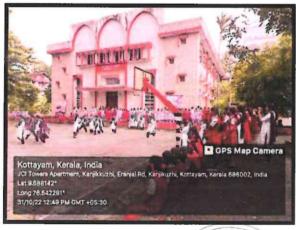






3.2 Outreach

3.2.1 Flash Mob- No To Drugs- "The students of Mount Carmel College of Teacher Education for Women conducted a flash mob on 31st October, 2022, on the theme "No To Drugs" in the Carmel School Campus, Kottayam. It was organized on the initiative of the Higher Education Department to raise awareness on the harmful effects of drugs among youth.





Prof. (Dr.) Suma Joseph

Prof. (Dr.) Suma Joseph

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3.2.2 Street Play on World Aids Day-

World Aids Day was conducted on 1/12/2022 at Mount Carmel College of Teacher Education for Women, Kottayam. The programme was organized by BIOS and HEALTH CLUB. The programme started with prayer song. The welcome speech was delivered by Natural Science student Ashly Babu. Natural Science Club 'BIOS' conducted a street play in order to give awareness on AIDS. The street play was also conducted in the Mount Carmel School basketball ground.



4. DISCERN WAYS TO STRENGTHEN SCHOOL- BASE PRACTICE THROUGH JOINT DISCUSSIONS AND PLANNING

4.1 Academics

4.1.1 Interface meetings

Interface meetings were organized every year before internship programmes in schools. An 'interface' with the Heads of Institutions and Senior Teachers was organized by Mount Carmel College of Teacher Education for Women on 13th October 2022 to provide proper instruction before the commencement of internship programme. Four senior teachers attended the meeting. All the teachers shared duties, responsibilities and expectations with the student teachers. They highlighted the need for using learning aids organization of programmes on important days. The suggestions and observations made by the participant teachers from various institutions were noted and considered. This is followed by an interactive session where student teachers raised their doubt and apprehensions related to school internship









4.1.2 Human right seminar

Every year B.Ed. and M.Ed. students attend Seminar on Human Rights organised by Human Rights Protection Council, Kerala at Darsana Auditorium, Kottayam on 10th December. Students from the B.Ed. and M.Ed. Departments presented seminar papers for the same. The college won a trophy for maximum student participation.





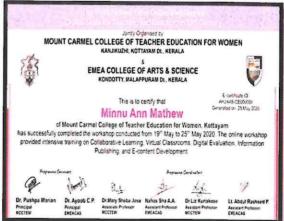
4.1.3 National level one week workshop on Digital Skills for Teaching and learning in the 21st century - 19-05-2020 to 25-05-2020

The webinar on Digital Skills for Teaching and Skills in 21st Century organized in collaboration with EMEA College of Arts and Science, Kondotty, Malappuram, Kerala, from 19th May to 25th May was a great success. Three hundred participants, far and near, from different parts of the globe, assembled digitally for this week-long virtual gathering.









5 JOIN HANDS WITH SCHOOLS IN IDENTIFYING AREAS FOR INNOVATIVE PRACTICE

5.1 Academic

5.1.1 Exhibition for Adopted School (Sr. Alphonsa U P School Chennamattom)

The B.Ed. Students conducted an Exhibition of various teaching-learning Aids to students of the adopted school, Sr. Alphonsa UP School Chennamattom, on 15th July 2022. They also arranged puzzles and games in order to entertain the school students.





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5.1.3 CARMEX-an exhibition of teaching-learning materials

The CARMEX an exhibition, showcasing the teaching aids prepared by the B.Ed. trainees, was held every year at Mount Carmel College of Teacher Education for Women, Kottayam. The exhibition was organized by the B.Ed. students, especially for the model school students aimed to provide a platform for educational enrichment and interactive learning. The exhibition included charts, working models, still models, etc. The students have arranged exhibition items in five stalls according to the optional subjects. To make this event more interesting a competition was held to find the best presentation of teaching aids.



> CARMEX 2023- on 22-02-2023

The CARMEX 2023, an exhibition, showcasing the teaching aids prepared by the B.Ed. trainees, was held on 22nd and 23rd February 2023 at Mount Carmel College of Teacher Education for Women, Kottayam. The event commenced with a grand inauguration ceremony on 22nd February 2023, at 10.30 am at Mount Carmel College auditorium. The honorable guest, Rev. Sr. Lynette CSST, Counsellor of Education of Kerala Province, inaugurated CARMEX 2k23. Numerous subject associations participated in the exhibition, each showcasing their contributions to the field of education. The Carmex 2023 Exhibition served as a reminder of the value of teaching aids in making education more accessible, engaging, and effective.



5.1.4 Remedial classes

Communicative English and Remedial classes - The English club started English classes for High School students of Mount Carmel Girls High School, Kottayam on 16th August, 2019. The classes are led and monitored under the constant guidance of Dr. Mary Sheba Jose, faculty in charge of the English optional class, and is continued on every Thursdays of the month. The members of the club provide training on various discourses of the English language as per the syllabus of the students along with training in Communicative English. Communicative English and Remedial classes for the disadvantaged students residing in the children's home of the campus were arranged on every Thursday 3.00 to 4.00 pm.

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- On 16th August 2019, the Archives club social Science Association started special classes for the students of Mount Carmel Girls High School, Kottayam. The extension programme aimed at equipping the teacher trainees with teaching skills and content knowledge as well as to create an attitude of service towards the community. The classes were led under the guidance of Dr. Anjana B. Nair, faculty in charge of the Social Science club.
- A remedial programme for assistance in Mathematics for school students was introduced from 16th August 2019 through this club. Initially the programme was carried out by conducting special classes for students residing in the Poor Home of Mount Carmel School. The classes were conducted twice a week soon after the school time. Further, it was noticed that the classes were really beneficial to the students, so the programme was extended to the students of the whole school itself. As a result many students, right from LP to High school, became beneficiaries owing to this programme. Hence it was deemed to be a very successful mission.
- The Natural Science optional class students began special classes for the students of Mount Carmel Girls High School, Kottayam on 16th August, 2019. The members took classes in the subjects of biology dealing with the important topics under each lesson. The classes were carried out in an interactive way by dividing the group of students according to their classes and specific needs of study. The special classes are continued periodically on every Mondays
- 4 On 16th August, 2019 the Scientia club began classes in the subjects of physics and chemistry for the students of Mount Carmel Girls High School, Kottayam, in relation with the extension programme of the B.Ed students. The classes are periodically taken on every Fridays of the month. The members on a rotational basis take lessons for the students.



6 REHABILITATION CLINICS

6.1 Academic- visit Special Schools

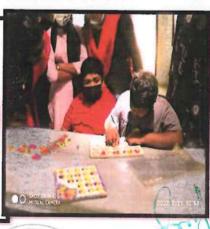
On 21st July 2022, M.Ed. Students of 2021-2023 Batch visited Sneha Bhavan Special School, Gandhinagar, Kottayam and S. H. Njanodaya School for the Deaf, Villoonni, Kottayam. And also M.Ed. Students of 2020-2022 batch visited Assisi School for Blind Kalaketty – Kanjirapally.













6.2 Out reach

6.2.1 Social visits

Le Social visit to Shanthi Bhavan

Mount Carmel College of Teacher Education for Women, Kottayam and Shanthi Bhavan, Charitable Trust managed by Kottayam Municipality a social serving the street destitute men and women. Student teachers will be engaging themselves in the regular activities of this institution such as interacting with them, cleaning, planning and conducting recreational activities and games for the residents during their regular visits and also while celebrating days of importance such as Christmas, new year and other cultural events for the well-being of the residents during their regular visit.

Together with the residents of Shanthi Bhavan, the B.Ed. students celebrated their Christmas 22nd December 2022. A team of staff and the students went to and gave the inmates various food items and other Christmas gifts.

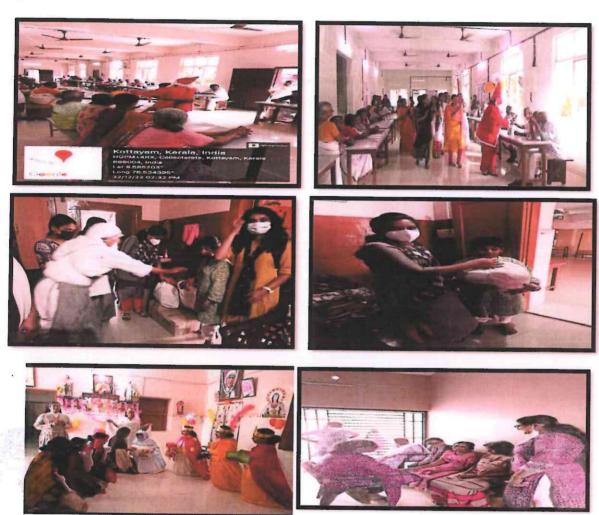




Social visit to AbhayaBhayan

Mount Carmel College of Teacher Education for Women, Kottayam and Abhaya Bhavan, Charitable Old Age Home run by Sisters of Missionaries of Charity. Formalizing the collaboration will enhance the quality and impact of the community service initiatives, providing clear guidelines and fostering a productive and ethical partnership. Student teachers will be planning and conducting recreational activities and games for the residents during their regular visits and also while celebrating days of of importance such as Christmas, new year and other cultural events. Together with the residents of Abhaya Bhavan the B.Ed. students celebrated their Christmas and gave the inmates various food items and other Christmas gifts 22nd December 2022.

Every Wednesday students visits residents of Abhaya Bhavan and interact with them. Sometimes students render their services such as cleaning, washing and serving food. Students donated clothes which they have collected.



4 Visit to Ashraya, Charitable trust

Mount Carmel College of Teacher Education for Women, Kottayam and Ashraya, Charitable trust, a social service organization serving the poor and weak people arriving at Medical College, Kottayam. Formalizing the collaboration will enhance the quality and impact of the community service initiatives, providing clear guidelines and fostering a productive and ethical partnership. Student teachers will be engaging themselves in the regular activities of this institution such as praying with the patients, interacting with them, cleaning, cooking, sorting the clothes in their cloth bank, collecting the clothes for the residents serving the noon meal at the gynecology ward of the Kottayam Medical college, planning and conducting activities for the well-being of the residents during their regular visit.

Ashraya Palliative Charitable Trust visit, service and clothing donation 24/03/2023





♣ Visit to Navajeevan trust-16-01-2019

Mount Carmel College of Teacher Education for Women, Kottayam and Navajeevan Trust, One of the leading psychiatric care centres established for the acute management and community based psychological rehabilitation for the abandoned and destitute psychiatric patients wandering on the roads. Student teachers will be engaging themselves in the regular activities of this institution such as interacting with them, gardening, cleaning, cooking, serving, planning and conducting activities for the well-being of the residents during their regular visit.

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Social visits Encouraging student teachers to contribute to community- building activities and to enhance their understanding of the weak, aging and elderly care. This will encourage student teachers to explore how they can contribute positively to the well-being of the elderly in their communities, foster intergenerational connections and to create a more compassionate and inclusive society.

7.LINKAGES WITH GENERAL COLLEGES- Academics

1.1 Resource person for the seminar on Language across the Curriculum

Dr.Nidhu Neena Varghese, M.Ed. faculty, Mount Carmel College of Teacher Education for Women, Kottayam has served as a resource person for the seminar on Language A cross the Curriculum organised by Mangalam College of Teacher Education, Ettumanoor, Kottayam on 24th February 2023.



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7.2 Webinar on 'Digital Tools for the smart Teacher's

A webinar on 'Digital Tools for the smart Teacher's was jointly organized by Mount Carmel College of Teacher Education for Women and St. Jospeh's Training College, Mannanam on 16th September 2020. Dr. K.S Sajan, Assistant Professor, NSS Training College, Ottapalam led the webinar.





7.2 Webinar on Water resource management in Kerala: Problems and Prospects

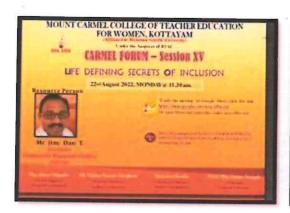
Dr. Suneethi A. S., Assistant professor, SNM Training College, Moothakunnam, served as are source person for the webinar conducted by Mount Carmel College of Teacher Education for Women on the topic Water resource management in Kerala: Problems and Prospects on 21-07-2022. Students, teachers and academicians from various Institutions in Kerala were part of the programme.



7.3 Webinar on 'Life Defining Secrets of Inclusion'

The Session XV of the Webinar Series - Carmel Forum on 'Life Defining Secrets of Inclusion' organised by Mount Carmel College of Teacher Education for Women, Kottayam was held on 28th August 2022 and Shri. Jiny Dan T, Lecturer of Composite Regional Center, Calicut served as a resource person. The participants from various institutions were benefited

from the webinar.





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7.4 Webinar on 'Zotero: An Aid in Managing References in Academic Writing'

The Session XVI of the Webinar Series- Carmel Forum was conducted by Mount Carmel College of Teacher Education for Women, on 23rd September 2022 on the topic Zotero: An Aid in Managing References in Academic Writing' by the Resource Person, Dr. Betsy Joseph., Assistant Professor, Titus II Teacher's Training College, Thiruvalla. The participants from various institutions were benefited from the webinar.



7.5 Webinar on 'Soft Skills for Smart Life'

The XVII Session of the Webinar Series - Carmel Forum organised by Mount Carmel College of Teacher Education for Women, Kottayam was held on 27th October 2022 which was led by Dr. Laya A. B., Assistant Professor, SNM Training College, Moothakunnam on the topic 'Soft Skills for Smart Life'. The participants from various institutions were benefited from the webinar.



7.6 Virtual Talk on 'Anxieties and Aspirations of an Emerging Young India

Virtual Inspirational Talk on 'Anxieties and Aspirations of an Emerging Young India,13-08-2022, organised by Loreto college, Kolkata, MoU signed with, and Prof. Sandeep Shastri, Vice Chancellor of Jagran Lake city University served as the resource person.

A virtual Inspirational Talk on 'Expectations of and From Young Citizens', organised by Loreto College, Kolkata, and the informative and invigorating session was led by Honourable member of the Rajya Sabha, Mr. Derek O'Brien on 24 September 2022. The students of Mount Carmel College of Teacher Education for Women attended the online streaming.

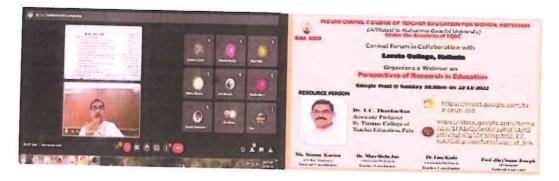






7.7 Webinar on Perspectives of Research in Education

XVIII Session of Webinar Series: Carmel Forum organised by Mount CarmelCollege of Teacher Education for Women was held on 22nd November 2022 in collaboration with Loreto College, Kolkata. The class on 'Perspectives of Research in Education was led by Dr. T.C. Thankachan, Vice Principal, St. Thomas College of Teacher Education, Pala,Kottayam. The participants from various institutions were benefited from the webinar.



7.8 Webinar Series - Teacher Metamorphosis- 14/07/2021

The second session of the Carmel Forum Webinar Series was on "Teacher Metamorphosis," with Dr.Joju John, Assistant Professor, Mar Theophilus Training College, Thiruvanthapuram as the resource person



7.9 Webinar Series: Self-transformation-06/08/2021

The third session of the Carmel Forum Webinar Series was on 'Self-transformation through Mindfulness,' led by Dr. Giby Geevarughese, Associate Professor, Mar Theophilus Training College, Thiruvanthapuram.



Ph.9495873120

Email ID:mountcarmeltrainingcollege@gmail.com

www.mountcarmelcollege.ac.in

7.10 An orientation programme on K-TET coaching

An orientation programme on K-TET coaching was conducted on the google platform on 1st March 2022 at 4pm. The programme was the joint venture of St. Joseph's College, Mannanam in collaboration with Mount Carmel College of Teacher Education for Women, Kottayam and St. Thomas College of Teacher Education, Mylacompu. Ms. Honey Mathew, Assistant Professor coordinated the programme .This was an endeavour to provide training to the B.Ed. and M.Ed. students various qualifying examinations like SET, KTET, CTET and the like.



7.11 Webinar on Gender Sensitization for Futuristic Society'

XXI Carmel Forum Webinar Series was conducted on the topic: 'Gender Sensitization for Futuristic Society' on 10th February 2023. The Resource Person for the session was Dr. Marin Jose, Assistant Professor, St. Joseph's College of Teacher Education for Women, Ernakulam. The participants from various institutions were benefited from the webinar.





7.12 Inter Collegiate Basketball Women Tournament

Prof. Dr. Suma Joseph, Professor, Mount Carmel College of Teacher Education for Women, Kottayam has attended the inter collegiate basketball Women tournament held at Assumption college, Changanassery from 10/11/2022 to11/11/2022

7.13 Guest faculty

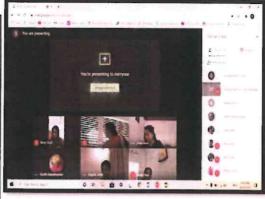
Dr. Susamma P A, Associate Professor, Dr. Nidhu Neena, Dr. Miliya Assistant

Professor Mount Carmel College of Teacher Education for Women, Kottayam has served as
a Guest faculty for 1st year. M.Sc Nursing students, at Carithas college of

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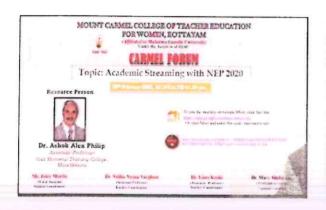
nursing, Thellakam, Kottayam from 01/08/2016 to 31/12/2022, 01/09/2021 to 30th September 2022,10/08/2018 to 30 /11/2019 respectively.





7.14 Webinar on "Academic Streaming with NEP 2020"

The session IX of the Webinar Series - Carmel Forum was organized on 28th February 2022. The Resource Person was Dr. Ashok Alex Philip, Associate Professor, Peet Memorial Training College, Mavelikkara and the topic of the webinar was "Academic Streaming with NEP 2020".





The collaborative efforts between Institution and schools/educational agencies emphasize a commitment to enhancing educational practices and community engagement. Through joint activities Institution has not only enriched academic discourse but also contributed significantly to the improvement of school-based practices and innovative educational initiatives. This serves as a cornerstone for fostering a dynamic educational environment that prioritizes excellence, inclusivity, and continuous improvement.



Prof. (Dr.) Suma Joseph

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Principal of Teacher

Principal College of Teacher

Carmel College of Women

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